

an essay deemed by the committee of award to be worthy of the prize shall have been offered.

Essays intended for competition may be upon any subject in medicine, but cannot have been published. They must be typewritten, and must be received by the Secretary of the College on or before May 1, 1906.

Each essay must be sent without signature, but must be plainly marked with a motto and be accompanied by a sealed envelope having on its outside the motto of the paper and within the name and address of the author.

It is a condition of competition that the successful essay or a copy of it shall remain in possession of the College; other essays will be returned upon application within three months after the award.

The Alvarenga Prize for 1905 has been awarded to Dr. Chalmers Watson, of Edinburgh, for his Essay entitled: "The Importance of Diet, an Experimental Study from a New Standpoint."

THOMAS R. NEILSON, M.D.,

Secretary.

THE TREATMENT OF MENORRHAGIA.

Consists, in the main, of measures directed toward the restoration of uterine contractile power. This can be accomplished by the administration of Ergoapiol (Smith) in doses of one capsule three times a day.

It is advisable to begin the use of the preparation one week in advance of the flow. When the menses have made their appearance, the remedy is withdrawn to be administered again for a week after the flow has ceased.

Ergoapiol (Smith) effects the relief of profuse menstruation by its powerful tonic influence upon the pelvic organs. It augments the contractile power of all the organs of regeneration, imparts vigor and encourages a healthy functioning of each organ.

The promptness with which Ergoapiol (Smith) exercises a reparative influence upon the organs, and the fact that it is entirely free from the objectionable by-effects common to other products of this class, makes its use particularly well suited to patients whose vital force has been exhausted by long continued suffering and a loss of recuperative powers.

In addition to relieving the patient of the exhaustion consequent upon the excessive loss of blood, Ergoapiol (Smith) tends to invigorate the general economy and add greatly to the physical and mental well-being of the patient.

For the relief of profuse menstruation occurring in advance of the menopause, Ergoapiol (Smith) is of great value on account of the gentleness with which it acts upon the organs.