adduced in support of lodge practice that will stand a moment's inspection. On the other hand, it is easy to show that the very worst of results are constantly arising from the lodge system. Those who take lodges are doing the profession a great wrong. In time they are going to reap the evil effects themselves. All the while the worst methods of electioneering, competition, cut rates, lowering medical dignity, etc., are rampant. Why not simply give it up?

The Ontario Medical Association.

Notwithstanding the strong counter-attraction, the coming British Medical Association, there was an average turn-out at our Provincial Association which met last month in Toronto. Dr. Jno. Coventry, of Windsor, made a splendid chief executive officer; and he was ably supported by the various other officers of the Association. The committee on papers had too long an array of good papers; there being lack of time for discussion. The members of the committee on Arrangements worked well to see that every detail of the entertainment was arranged for. A successful meeting is always assured when these two committees perform their duties as did those under Drs. Britton and Machell.

Dr. Britton, the president elect, in response to the toast at the banquet, expressed his ardent wish that the sympathies of the whole profession should be enlisted in the Ontario Medical Association. We are sure that the large staff of men who have been appointed to assist the President for the coming year will actively cooperate with him in order to bring about this much-to-be-desired end.

THE HIDDEN DANGERS OF CYCLING.—Dr. A. Shadwell, London, England, in *Medical Age* for April 10th, calls attention to the dangers of cycling. Among these is heart trouble, which may come on very suddenly and in a severe form though the speed of the wheel may not Again, cycling has the effect of completely using have been great. up some people. It is often said they overtaxed their strength; ye. it does not appear that they rode very far or hard. The most marked evil from cycling is the nervousness sometimes caused by it. face puts on an expression which the writer calls the bicycle face. The many forms of breakdown from years of bicycling cannot be accounted for by any theory of over exertion. They seem to point to a cerebral and not to a muscular origin. They are not associated with other severe forms of exercise, as foot-ball, rowing, running, etc.