

cut the hair short all around the spots, and apply with brush Coster's paste, which consists of :

℞ Tr. Iodii. ʒ ii.
Ol Picis..... ʒ i. M.

Lichen.—The remedy *par excellence* is arsenic internally—Fowler's solution most commonly used. Some soothing lotion should be used externally such as the appended :

℞ Sodæ Biborate.....
Sodæ Bicarb.....aa ʒ ii.
Acid Hydrocyan. dil..... ʒ i.
Glycerine..... ʒ ii.
Aquæ ad. ʒ viiss. M.

Hutchison says in lichen planus start with liq. sodæ arsenitis, but if it does not get better give liq. arsenicalis, or both combined.

Acne.—You will find the following treatment of acne to be the most satisfactory. The face should be steamed every night by holding it over a basin of hot water for a few minutes. The skin should be then well rubbed for five or six minutes with soap and flannel, or a soft nail brush may be used with advantage when the skin will bear it ; the soap should then be sponged off with warm water. When the face has been dried the following lotion should be applied, and allowed to dry and remain on all night :

℞ Sulphur precip..... ʒ ii.
Glycerini..... ʒ ii.
Spt. Vini..... ʒ i.
Aquæ Calcis.....
Aquæ Rosæ.....aa ʒ iii. M.

In inveterate cases of acne the following will be found particularly serviceable :

℞ Sapo Mollis..... ʒ i.
Spt. Rectificate..... ʒ iiss.
Ol. Levandulæ..... M xx.
Aquæ ad..... ʒ vi. M.
Ft. Lot

The lotion should be applied with a piece of flannel and vigorously rubbed on the skin. It should be washed off and then the sulphured lotion applied. In treating diseases of the skin one should always bear in mind the late Professor Hebra's admirable advice : whatever course be adopted, constancy and perseverance are of the utmost importance. He who is always changing his plan of treatment is sure not to attain his object so quickly as one who steadily and patiently applies whatever remedy seems best suited to his case.

INSANITY.

By JAMES T. STEEVES, M.D.

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(*The Annual Address, delivered before the New Brunswick Medical Society at St. John, N.B., July 18, 1882.*)

GENTLEMEN OF THE NEW BRUNSWICK MEDICAL SOCIETY,—In accordance with a time-honored custom which prevails in medical and other associations, for the President to deliver an annual address, suited to the aims and object of the association, I propose to present for your consideration a few thoughts connected with the great subject of insanity. Before proceeding upon this theme, permit me to thank you for the honor which you were pleased to confer in electing me the first President of your distinguished body. I regret that I am not able to bring to the discharge of the tasks involved in the acceptance of the presidency that ability and eloquence which the position demands, nor that learning and efficiency which distinguishes gentlemen before me, who will in the future grace this chair. In choosing a subject to bring before you on this occasion, it seems to me fitting that I should select the one which of late has been principally my study and practice, which has largely occupied my thoughts, and therefore the one upon which I may be able to refresh your memories, or perchance offer you a few hints. It is proposed to consider briefly the prominent causes which produce neurotic disease and develop insanity: following this will be allusions to the question so earnestly asked, Is insanity on the increase? Also, what are the relations of civilization to insanity? and lastly, a word upon the question of prevention.

The subject of insanity at the present time, whilst it is receiving very much greater attention from the medical profession than in the past, is also one in which the general public are manifesting a deep interest. Legislators, philanthropists, metaphysicians and lawyers all from their various standpoints have their minds forcibly drawn to its consideration, and take a keen interest in the questions so constantly presenting themselves in connection with the developments of this intricate disease. The ingenuity of man has taxed itself in vain to frame a definition wholly acceptable—that will comprehend all, but nothing more and nothing less than that which we understand by the word insanity. Happily for our purposes, an exact definition is not necessary. During the past year we have had, both in America and Europe,