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We beg to announce the publication of the necessary Books. Envelopes, Cards, etc., prepared and recommended by the Sabbath School Committee of the General Assembly of the Presbyterian Church in Canada, which are now for sale at the following prices—: Sabbath School Class Register, - 4 1-2 cts

Sabbath	School	Superintendent's Record	10	
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This book has been prepared with a view to record in simple form all the work done in the Sabbath School, in as far as it is necessary to answer the questions asked for by the General Assembly.

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HEALTH AND HOUSEHOLD HINTS.

Vinegar for soaking lamp wicks makes a brilliant light.

It is not good to dine when in a state of mental or physical weakness.

Vinegar used to wash the wall before papering will help the paper to stick.

Two pounds of potatoes contain as much nutriment as thirteen pounds of turnips.

Abuse of the stomach at dinner will be repaid sooner or later by that punishment which comes to the glutton.

To loosen readily the scales of fish, to cut the slime and to freshen and make firm sea fish, pour vinegar over them.

Clover tea is a good remedy for whooping cough. Stew the dry branches and blossoms in water until of the desired strength, according to the child's age, then pour off, cool and sweeten to taste. It has a mild taste.

In preserving, the syrup sometimes be-gins to rise so rapidly that there is no time to remove the heavy kettle aside. In such a case it is well to know that a teaspoonful of cold water thrown into the syrup will make it subside immediately.

Comforters of white cheese cloth with cotton batting filling comes nearest to perfection, because they combine lightness with warmth, Tied rather closely with red yarn, they are quite pretty. In order to save laundering the whole quilt so often, make a strip of the cheese cloth about twelve or fourteen inches wide, and long enough to reach across the ends of the quilt. Tack this on firmly, and when it becomes soiled it may be taken off and washed and replaced with little trouble or labor.

Fried Tomatoes.—Slice green tomatoes thin, dust with flour and fry brown in butter, turning them that both sides may brown.

Peach Sauce.—Beat a quarter of a pound of butter to a cream and add gradually a half cup of powderd sugar, beat until very, very light. Mash or press two large mellow peaches through a colander, add a little at a time to the butter and sugar, beating all the while. When very light turn into a pretty dish and stand in the refrigerator to

Baked Tomatoes.—These are a pleasant variation. Slice fresh tomatoes and spread in layers with salt, pepper, curry, sugar and butter, and lastly a layer of bread crumbs. Bake until tomatoes are tender. Five minutes before taking out pour over them a cupful of whipped cream sweetened. It will brown before it melts and makes a piquant sauce for the dish.

Summer Squash.—Cut the squash in quarters, remove the seeds and skin, cover with salted boiling water and boil until done. When cooked mash the squash and add one ounce of butter for each small one. Moisten with gravy or broth and put in little pans or dishes; cover with bread crumbs, place tiny bits of butter on the top and bake a delicate brown in a brisk oven.

Drop Cakes.—Beat one cup of butter and one and one half cups of sugar to a cream, add three well-beaten eggs and a cup of milk. Sift one heaping teaspoonful of baking powder with three cups of flour. Beat all to a smooth batter and flavor with spices to the taste, or with lemon or vanilla. Drop with a spoon, three inches apart, on a well-buttered baking pan, sprinkle a few currants on top and bake in a hot oven ten minutes.

Peas.-Put a quart of nice young green peas and about an ounce of butter into a saucepan, and a small sprig of fresh green mint and as much warm water as will cover, and let them stand for ten minutes. Then strain off the water and put them back into the saucepan. Cover it and stir every now and again. When they have become a little tender add a desertspoonful of castor sugar and an ounce of butter mixed with a tea-spoonful of flour; keep stirring them now and again, and if you find it becomes too thick you might add a teaspoonful of cream, milk or hot water.

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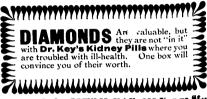
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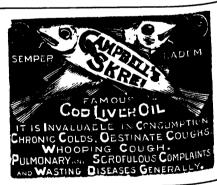
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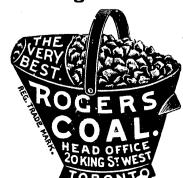
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