tiest co-operation. Get everybody interested, if possible, and keep them interested by giving them something to do. Make active members of everyone in the organization.—Eben E. Rexford, in 'Lippincott's Magazine.'

Selected Recipes

Creamed Dried Beef.—Creamed dried beef is a simple dish, yet it is often badly prepared. The beef should be looked over, the rind and fat removed and the slices broken into smaller pieces; unless it is but slightly corned it is then to be placed in the frying-pan, covered with cold water, heated to the scalding point and drained. One tablespoonful of butter is added to it, and, when melted, one tablespoonful of flour is dredged in and stirred until absorbed. To this is added one-half of a pint of milk and the contents of the pan are stirred until the sauce is smooth and thick. A little pepper is stirred in, salt if necessary, and five minutes' simmering makes it ready to serve.

Ginger Snaps.—Two eggs, two cups of

Ginger Snaps.—Two eggs, two cups of molasses, one cup of white sugar, one teaspoon of ginger, two teaspoons of soda, one tablespoon of vinegar. Heat the molasses scalding hot, and pour over the eggs and sugar previously beaten together, stirring thoroughly, then add soda dissolved in a little water, then the vinegar; no salt. Flour to roll hard; don't bake hard. These ginger snaps are soft and nice for chilginger snaps are soft and nice for chil-dren, and are not expensive, as there is no butter or shortening of any kind in

Brown Bread.—Two and a half cupfuls of sour milk, half a cupful of molasses, one heaping teaspoonful of soda, one teaspoonful of salt, two cupfuls of yellow corn-meal, one cupful of graham flour. Steam three hours, in one large can or in one-pound baking powder cans.—Selected.

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