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you will follow these directions you will find a ready market for your biggest dish full, no matter what other goodies you are to have. I heat the milk and butter together, and add after the potatoes have been mashed and salted. Then I mash again, after which the real artist's work comes in, in beating, as you would the whites of eggs. Beat 'until the last armed foe expires,' and the delicious concoction is as light as your heart, and as creamy as your best pan of milk. Dish into a hot uncovered, but deep dish.

**GINGER OMELET.**—Ginger omelet is delicious. For the filling use some ginger from a jar, cut into dice and heated. Warm up the syrup, and pour it round the dish. Care should be taken not to make the omelet too sweet at starting, and to add no flavoring that would clash with the filling.

**PARSNIPS A LA MODE.**—Scrape them thoroughly and boil tender, mash them smooth, picking out the fibers, season to taste with salt and pepper. Add four tablespoonfuls cream and one of butter. Heat to steaming point, turn into a heated dish and mold into loaf shape quickly, and with a back of silver knife mark off like a French loaf of bread.

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