Daily Tea-Table Talks News Notes About Women Katherine Leslie's Chat

# A PAGE FOR WOMEN

Cynthia Grey's Answers Tips on What to Wear Stories for the Children

### PEACH DESSERTS

RECIPES OF DESSERTS MADE FROM PEACHES TESTED BY CAROLINE COE. THE LONDON ADVERTISER'S COOKING EXPERT. Paste Them in Your Caroline Coe Cook Book.



desserts are far more wholesome and en-Joyable at this season than are the heavy pastries and puddings of the winter bill of fare. They also require less time and labor in preparation, thus proving an inestimable boon to the housewife during the months when kitchen work is the hardest. In my opinion, the peach heads the list of summer

fruits in points of healthfulness and delicious flavor, and certainly none lends itself to greater variety in serving.

PEACH SNOW.

Dissolve one-fourth box of gelatine in half a cup of poiling water, after soaking until soft in a very little cold water, the juice of a lemon, one-half cupful of sugar and the same of peach pulp which has been forced through a potato ricer or a colander. When the mixture begins to harden whip in lightly the stiffly beaten whites of five eggs and turn into individual molds. Serve in sherbet glasses, garnishing each portion with slices of peach and a single ripe blackberry. Macaroons may form the ac-

PEACH CUSTARD.

Fill sundae glasses about a quarter full of chopped peach, and then nearly to the top with soft custard. When ready to serve cover each portion with sweetened whipped cream and invert half of a chilled peach in the

PEACH BLANC MANGE.

Make a peach jelly by thickening a cupful of peach pulp with one and three-fourths tablespoonfuls of gelatine dissolved in a little water and adding sugar and lemon juice to taste. Mold in a single layer between two of plain blanc mange. Turn out upon a plate, garnish the top with half of a fresh peach and decorate the base with a border of alternate peach slices and candied cherries. PICKLED PEACHES.

Peel and weigh your fruit. Clingstone peaches are best. To every five pounds of fruit allow two and onehalf pounds of light brown sugar, one pint of vinegar, ten cloves, three sticks of cinnamon and a blade or two of mace. Let peaches lie in this syrup for two hours.

Drain and put juice over fire. Boil rapidly. Skin all marmalade should be thick, smooth and glossy at seum that rises. When no more seum appears put in end of this time. Put in small glasses or jars and seal enough fruit to fill one can and boil for seven minutes if at once.

KATHERINE I FSI IF'S

HOMEBUICHAT

The Fashionable Shoe and Its Absurdities.

It is really jerky, stiff, often very labored and

of appalling to wise? The present devotion to stiff-

see in the soled pumps with their heavy heels fashion sheets that drag the shoes off the foot at

short painful to see. How can it be other-

the peaches are firm and if they are nearly ripe boil only five minutes. Remove peaches from syrup and place on platter and allow to cool. Add the spice to the syrup and that these portions are not included in boil at least fifteen minutes longer or until a heavy syrup is produced. Pack cool peaches in glass jars, pour boiling syrup over them and seal at once.

PEACH TRIFLE.

Peel and slice enough peaches to make one quart. Put one cup of sugar and one cup of water into sauce pan and boil. Add peaches and six or eight stones. Boil until tender. Set aside to cool, then press through a colander. Line a dish with stale sponge cake soaked in on both sides light brown. some of the peach syrup, spread over them the peach pulp. When ready to serve cover with one pint of heavy cream sweetened and whipped. If desired add one-half

teaspoon of vanilla.

PEACH GELATINE. Soak one box of gelatine in one cup of cold water. Boil one and one-half cups of sugar and one cup of add corn, cream, seasonings. Bring to water and the rind of half a lemon for ten minutes. Pour the boiling point and pour over toast hot syrup over gelatine and stir until dissolved. Put one slices. Excellent luncheon dish. pint of sliced peaches in mold and add half a cup of blanched almonds. Fill mold with syrup and chill. Serve scraped from ear (or cold boiled corn), 2

with whipped cream.

PEACH FANCIES. This simple but delicious dainty is a combination of lemon sherbet and sliced peaches, served in glasses ded, 1/2 cup milk, yolk of 1 egg, i scant and garnished with green minted cherries.

PEACH COMPOTE. Peel and slice two dozen ripe peaches. Make syrup of one cup of water and one cup of sugar. Add four small pieces of stick cinnamon. When sugar is all dissolved and boiling add peaches. Boil slowly until clear and tender. Serve cold with meat.

PEACH MARMALADE.

Peel peaches and remove stones. To six quarts of fruit add one quart of water and put in preserving kettle and cook for one hour. Stir amost constantly so it may not burn. Add three quarts of granulated sugar and

#### Half an Hour With the Cook

contribute recipes or helpful hints along culinary lines for publication in this column, the desire being to make it one of mutual benefit. Original recipes, or any found to be tried and true, will be especially appreciated.

'Corn," or "maize," is without doubt ur national vegetable. From the time when the Indians and settlers used it. t has been in favor increasingly, and ustly deserves the place it holds in the housewives' esteem. Corn, by analysis, shows these ingredients: 75.4 water, 3.1

protein, 1.1 fat, 19.7 starch. They tell us that corn is largely a food, with a small proportion of protein. Since this is so, potatoes or rice should not be served at the same meal at which corn is eaten heartily. It is at its best either boiled on the cob or in many of the "made dishes" to which t lends itself so well, and in which the other food elements may be added, so that the dish may approach a "balanced" r complete meal.

Since corn is largely "starch" it is therefore a "heat-producer," and fattener, especially when combined with butter or other fat. It is the tough outer shell of each kernel that is often injurious to children, causing diarrhoea, and for that

Here are three toothsome corn dishes Corn Fritters .- Eight ears of corn, craped from the cob, 2 eggs, 6 level tablespoonfuls flour. 1/4 teaspoonful salt.

Corn Toast-One cup cold cooked corn or grated fresh corn, 2 level tablespoononion juice, 1/2 teaspoonful salt, 1/4 teaspoonful paprika, toasted bread slices, Put butter and onion juice in skillet,

Scalloped corn.-Two cups corn pulp tablespoonfuls butter, 2 tablespoonfuls flour, 1 teaspoonful salt, 1/2 finely-chopped onion, 1 small green pepper finely shredoup fine cracker crumbs,

Cook pepper, onion and butter five min-utes. Add flour mixed with seasonings, and then pour on milk, stirring constantly. Bring to boiling point and add egg and cracked crumbs. tered baking dish and bake in hot oven

### The Poets' Corner

THE PANSY AND THE BOOK. Following across the moors a sound

We found a church, the smallest that could be. Hid in a tamarisk-grove beside the

And graves of shipwreck'd men set round with shells. We enter'd when the prayers were almost done: The little children nodded on their

The preacher's voice was drown'd in hum of bees That danced about the lectern in the

Awhile we knelt I let a pansy glide Between her sweet, grave face and open book. And whisper'd as she turn'd with chid. ing look-

'Heaven has not will'd, dear heart, that aught divide Love pure as ours, nor blames if thought of me Comes like this flower between thy

God and three.' -Matilda Edwards.

## WOMEN'S INSTITUTES

The Woman's Institute will meet at he home of Mrs. Skelton on Thursday afternoon, Sept. 4. Dr. Armstrong will address the meeting on "Contagious Diseases Among Children." Topics will also be taken by Mrs. Stephenson and Miss V. Bailey. All ladies are invited to attend.

COLDSTREAM. The Coldstream Women's Institute will be held on Friday, Sept. 12, at the nome of Mrs Jonah Zavitz. Date test linen, moisten the goods changed to accommodate London Exhiwith the tip of the tongue. If it is bition visitors, Sentiments on labor linen the wet spot will immediately saving devices in the home. All ladie

beautiful when on land, it is very, very

Sometimes you will see a whole flock

graceful flying through the air.

# The Book of Fall Fashions

# Is Now Opening for Your Perusal

### SILKS

Our fall stocks were never so beautiful. Our range was never so wide nor the qualities so good. All our goods were purchased in anticipation of being in our new store. Therefore our stocks are much larger than ever before, and we can show. you the finest range of Silks of all kinds that we could gather together.

#### **VELVETS**

Velvets will hold a prominent place amongst the materials for fall and winter. We are showing many new lines in these, such as brocade, shot, whipcord and other fancy corded and twotoned velvets, in addition to a very complete range of both silk velvets and velveteens. An early inspection of our early choice will give you the lines. pick of the novelty goods.

NEW FALL GOODS NOW IN.

MANY NEW LINES ARRIVING DAILY.

In the last two weeks we have opened out several shipments of new linens. These include goods from the very best Irish manufacturers. J. S. Brown's Old Bleach and Webb's.

We have now a stock of Linens second to none in Western Ontario. We invite your

### SUITINGS

We are showing such a large and such a varied range of new goods for fail srie and that to pick out any one material or shade as the powest or the most popular would be hard to do. Suffice it to sar that the roughfinished and fancy weave materials are having preference over the plain weaves for early

### COATINGS

We are showing an extensive range of Coatings (which will be as much in demand as ever) this season. These come in the best shades, and in a number of new and pretty combination of shades. The prices vary from, yard ........\$1.50 to \$3.00

AGENTS FOR THE LADIES' HOME JOURNAL PATTERNS.

## Ladies' Ready-to-Wear Garments.

#### NEW MOTOR WRAP FOR FALL RIDES



Among the newest motor wraps

one of dark red ratine cut in a long, full kimono shape, the ends brought up and thrown over the shoulders. To do this one must slash the back and place under it a sharp point of the plain cloth. This wrap is beautifully braided and finished with tassels. It is lined In Its Long Beak—Feeds on Fishes throughout with pale blue satin.

## Hints That Help

If a piece of sugar is put into the water that flowers stand in, they will keep fresh quite a long time

Wet shoes should be stuffed with paper before they are put away. They will dry more quickly and not be so hard. Finger marks on the doors will clean

off easily if the cloth is first dipped in kerosene. Then wash in the usual In preparing eggplant press it under water instead of just salting it. This prevents the vegetable from turning

Wall paper can be cleaned by makbrush off. Half a lemon squeezed into a glass

Linen can be rendered non-inflam- to enjoy the duck dinners!" here mable by washing it in a solution of London lady smiled reminiscently.

lon of water.

It is best to from underwear on the Wisited wrong side. This makes the surface smooth and it will not be apt to irri- Edmonton.

### Tea-Table Talk

The London woman A London Lady's Trip.

who has spent the sumteresting things the other day about her trip and her impresions of the vast Canadian West.

The lady from the Forest City was ecompanied on her long trip by her three children, and it was not the least part of her charming description to hear of the kindness accorded her all along the route by other travelling folks. "On one occasion through some error, sleeping accommodation had not been reserved for me, but a fellow traveller immediately insisted upon my accepting his berth for the night. was the same everywhere. All along all in their power to make it easier for

me and the children," she said. "Another thing that impressed particularly in the West was neighborliness of the people in farming country around Edmonton. their houses, and whenever one family was going to 'town' they would telephone around the neighborhood to see there was any errands to do or pur chases to make for them. It was not 'Are you going to town? Will you get me this?' but 'We are going to town.

Can we do anything for you? Then on Sunday evenings two three or more families meet together and sing hymns and enjoy a few hours chat. Their sociability and friendliness with each other is remarkable to one from the east. These gatherings are quiet, and the weird, dismal cry of the azalea for a romping place and a woncovote comes across the prairies, often derful sky of blue for a cover. By inounding quite near, the stranger is apt to get rather blue.

"In the section I visited they seem in a fair Solve way to solve the church Church

union problem. The Union. same building is used for Methodist and Presbyterian services, a Methodist minister reaching one Sunday, and a Presby erian the next." "And do the Presby erians attend the Methodist services and vice-versa?" was asked. "Yes, very well, indeed, but what

noticed most of all was the number of men in the churches there. In many cases they quite outnumbered the women, and not old men either-it was young fellows, and men of 30 and 40 who filled the seats and made up the larger part of the congregation." Of the climate and beauty of the country in and around Edmonton the

London lady spoke very highly. "The climate is very bracing," she said. "And the days delightful, neither cold nor hot. Although we were there in the supposedly hottest months, I cannot recall one day's discomfort because of the heat. The nights were almost cold at times. In fact, we often used to have as much bedding in July as we do in December at home. It was all so strange to us and especially the long days, for the darkness does not descend

\* \* \*
"The time passed very quickly, while we were Prairie visiting on the prairies. Pleasures. We were allowed the use of a pony and took

until ten and eleven o'clock.

long drives across country quite frequently. I had expected nothing but ing a paste of whitening. Lay it thick flat, level land, but around Edmonton is on the marks, allow it to dry; then is beautifully undulating, and one drives along the roads with grassy banks at each side, thickly sprinkled of warm water and drank before with pretty wild flowers, blue, yellow breakfast is said to be good for the and pink. Duck shooting is a popular complexion.

In Edmonton, where part of her time was spent, the lady from the East was impressed with the progressiveness

to anything the older provinces have to show, she told the writer, and the size and beauty of the public buildings astonished her. In spite of manifold improvements, the tax rate this year is but 16 mills. The playgrounds movemer in the vicinity of ment is a live one in Edmonton, she Edmonton told the writ- stated, some \$3,000 having been voted er some delightfully in- to a chief supervisor by the board of education for the purpose of equipping

two or three playgrounds in the city. There was but one thing I missed there and that was the trees." seemed good to come home to the big maples that one has grown to love. Yet Edmonton is taking a step in the right direction. Shade trees are planted on many of the city boulevards, and in 25 years it should be a beautiful city.

"It is a wonderful country, and one of great opportunity. In fact, the trouble is that many English people come there expecting to pick gold from the bushes. Workingmen, broken-down the journey both men and women did gentlemen, or lords, it is al the same, they come from the old land quite unaware and unprepared for the trials of the new. Then they cannot understand it when they fail to get great returns. "It is good to get home again. After a trip across the continent London ap-Practically all have rural telephones in pears to be a very satisfying, homelike city." And though we have never been "out West" we quite agreed with

### her statement. JAPANESE EDUCATION.

In Japan only a blind child could be insensible to color, after long days under the pink mist of the cherry blossoms and the crimson glory of the particularly enjoyable to the newcomer. maples, in the sunny green and yellow For in the evenings when the house is fields or with mountain slopes of wild heritance and environment he is an artist in the use of color. - was

#### You Ought to Know that disfiguring growths of hair on the face, neck or arms can



### Superfluous Hair

EL-RADO is a scientifically prepared, thoroughly tested and absolutely safe depilatory; it not only acts instantly wherever applied, but leaves the most delicate skin perfectly smooth and clear. Its superiority can be demonstrated with a single ap-

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Suits, Cloaks, Dresses and Millinery In all the newest, fancy and plain

Ladies' and Misses' Fall

Wolf & Sons

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## seen. Women's feet step along as without gradual deformation, and yet though each foot were the end of a have a seemly and comely appearance, wooden stilt, and the usual walk is how eagerly we should all adopt it! DROBLEMS OF THE FAIR SEX SOLVED BY CYNTHIA GREY

the foot at the heel up so high one would have no grievance, for com-

that one in reality walks upon an mon sense would declare that there incline, and a steep one at that— is no need to buy the modern footall the time. Yet the women who deformers we call shoes, etc. But one

wear these dreadful foot deformers is forced into buying the high-heeled,

contribute towards missions in China, stiff-soled monstrosities of fashion,

one of whose aims is to reform the especially in slippers, because outside

feet of the Chinese women! It is of these there is nothing but things quite impossible to have the heel so that are the extremes of ugliness,

high without forcing the ball of the commonness and cheapness, and the

foot and the toes into the ridiculously so-called "common-sense shoe" or slip-

inadequate space ending in points the per is a thing of discomfort and

size of the great toe, and designed to hideousness. So that we do really have

hold the whole five toes. Is it any a grievance against the boot and shoe

wonder that grace in walking is a makers. If one could only find a shoe,

thing of the past? The easy undula- boot or slipper that in even a small

tion in motion that the moderate heel way approximated to the shape of the

and flexible sole gives is no longer foot, into which the foot could go

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letters can be answered privately.]

Spots on Blue Dress.

Dear Miss Grey: Will you be so kind as to help me with my trouble?

I have a Copenhagen blue silk dress and I got some spots on it, which I think is cream, I tried benzine, but it did not do any good, so could you tell me of something that will remove the spots? I remain. ANXIOUS

A .- Benzine is usually effective where cream stains are concerned, but since it has failed you might try applying a paste of magnesia and ben-

## Daily Healthogram

Anaemia will be found among persons of all ages, but should be especially guarded against among school children. A proteid diet is required to overcome it. Red meat once a day, also eggs, milk, butter and cream, should be given. Fish, poultry, cracked wheat botatoes, beans and fresh vegetables are allowed.

zine. Spread it thickly over the stain and leave it on until quite dry. Then brush off, steam and press carefully.

Photo in Tanglefoot. Dear Miss Grey: I have had an ac-

cident like many others and come to you for help. 1. I had a photo fall face downward in the "tanglefoot." What will take it

2. What do you think of my writ-3. When are you going to have some

off without injuring the pictures?

vacation? Soon, I hope. Yours, MOLLIE. A .- I am afraid the photograph is in a hopeless state. I believe turpentine or pocket it looks very small. But it and rubbing with pumice soap will remove tanglefoot from surfaces like may be widened so that several fish wood, oilcloth, etc., but I have yet to learn of anything that would remove the sticky substance without defacing the photograph, If any reader has any suggestion based on past experience, I shall be happy to pass it on to Mollie Your writing, while not particu-

larly graceful, is easily read. 3. I hope your intimation about holidays is not a hint that you are tired its turn pushing its bill down the of this column? How do you think mother's mouth to take out fish to eat. of these white birds going at a great folks would get along if Miss Grey

ou for some advice:
1. I am nearly 19 you for some advice:
1. I am nearly 19 years of age, have dark brown hair, dark brown eyelashes and brows, dark blue eyes and fair complexion, with rosy cheeks. How should I wear my hair, and what are my colors?
2. Do you think I am old enough to have a gentleman friend, and how often should become? a. What are the meanings for Jean, Eva, Mandle, Katle, Ernest and Montrose?
4. I am 5 feet 6½ inches tall. Am I too

was not at hand to solve their prob-

She's Nearly 19.

Dear Miss Grey,-As I am a reader of

your valuable columns, I am going to seek

Will someone please tell me how to serve garden lemons and vine peaches? 6. What do you think of my writing?
Hoping to see this in print. Thanking you in advance, I remain, SUSANNA.
Answer.—1. The best way, I think, is to study the hairdressing of other girls, and then adopt some style that you think will be become to you. I connot give special shoes, pumps and slippers for wowhen the pump is removed at night, the strain to the foot is felt in cramps and pains that make life a burden.

Now, if there were other nice-looking to you. I cannot give special directions for hairdressing in this column, is should fancy that the darker browns and clear, rather bright blue, should be very becoming.

very becoming.

2. Yes, Susanna, I give my gracious permission, at least. What does your mother think? There is no "written law," so far as I know, about the number of times a young man should call. Once or twice a week might be quite a safe rule.

3. Jean, a feminine form of John, meaning "Cifft of God". Eva life, Mandie de-"Gift of God": Eva. life: Mandie, de

surname given as such. 4. Not if you are stout enough to be well This query is passed on to the houseife readers of this column.

6. It is neat and quite attractive in for-

on the wrong side.

# THORNDALE. rivative of Amanda, worthy of love; Katie, from Catharine, pure; Ernest, earnest; Montrose is not really a Christian name,

After washing a China silk dress do

in a towel for half an hour. Then iron

Comical Creature Has Cute Pocket

not hang it out to dry, but roll it up

AS TOLD BY AUNT GERTIE

makes up for it in the water.

such a comical creature.

It isn't a bit pretty on land, but it

When it stands on a rock with its

eb feet spread out and its thin neck

The pelican, you know, is as large

and bill curved like a hook, it, looks

as a swan. Its white feathers are usu-

ally tinged with red, while the breasts

of the really old birds are quite yel-

The remarkable feature of the pell-

can is its beak. The upper part is long,

large and flat, and has a hook at the

end, which curves over the lower part.

Mother Nature has provided this

When there is nothing in this pouch

You see, the pelican is a wonderful-

y clever fisher and fishes for its food

When there are baby pelicans the

old mother pelican catches fish, but

doesn't swallow them. Instead she keeps them in her pouch till she gets

back to her babies. Then she opens her beak and each baby pelican takes

Although the pelican is not at all height overhead,

every day in the streams and ponds.

strange bird with a sort of pocket in

the lower part of its beak into which

And what do you think?

t can put fish.