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Mainly About Women

BY ELIZABETH BAILEY TELEPHONE 2380

Mrs. Alfred Kilborn and Miss Lillian are spending the week-end in Banff.

* * *

Mr. and Mrs. D. V. Shouldice of Carmangay are guests in the city.

* * *

Mr. and Mrs. D. B. Niblock and family have left for Prince Rupert and the coast.

* * *

Miss Lydia Kinsley of Jamesville, Wisconsin, is the guest of Mrs. D. C. McFarlane, Sixth avenue west.

* * *

Mr. and Mrs. E. R. Matthews and daughter Ruth left last night an a ten days' trip to Vancouver.

Miss Sadie Elliott of Regina is the guest of Mr. and Mrs. R. J. Priestley, sixth avenue west.

* * *

Mrs. Mason and Mrs. Sanson will serve tea at the Calgary Lawn Tennis club today when the final contests for the Alberta Provincial championships will be fought out.

* * *

Mrs. Peter Fisher of Wingham, Ont., is visiting Mrs. W. J. Budd, Twelfth avenues west.

* * *

Miss Elsie Jacobs of Battleford, is the guest of her brother, F. L. Jacobs, at Twenty Sixth avenue west.

* * *

Mrs. C. B. Munro and Miss Pauline Swigart returned last night from a week's holidays spent in the mountains.

* * *

Mr. and Mrs. W. J. Budd and Miss Gertrude, leave tonight for Toronto where they will visit friends for a month.

* * *

Y.M.C. Give a Lawn Party

The Young Men's club of Central Methodist church, gave a most enjoyable lawn party last night at the home of Mr. and Mrs. W. H. Cushing, who graciously placed their beautiful lawn at the disposal of the club. The guests, who included the young people of the church and the newcomers were received by Mr. and Mrs. Cusning.

Musical selections, which were enjoyed by everybody, were rendered by the Young Men's Club orchestra.

Games were played, the old-fashioned romping kind and they were played with the school-day vim.

The refreshments were served from a long table which was decorated with vases of sweet peas encircled with pansies.

CUPID'S KNOTS

BURROWS-CRUMPTON.

Mr. Alfred Burrow and Miss Ethel Crumpton, both of Calgary ,were united in marriage on Thursday evening by Rev. T. E. Armstrong.

* * *

HIDE-BELL.

The nuptials of Mr. Herbert Henry Hide and Miss Eva Bell, of Rymn Cheshill, England, were solemnized at the First Baptist church yesterday.

Rev. H. S. Mollowne of Owen Sound, who is taking Rev. Mr. Sycomore's place, officiated. Mr. and Mrs. Hide will reside at 602 Thirteenth avenue east.

* * *

MARTIN-HILL.

A very pretty wedding took place on Monday, August 5, a tthe home of the bride's sister, Mrs. W. M. Anderson, 2117 17a street west, when Miss Jennie Hill, youngest daughter of Mrs. Thos. Hill, late of Glenboro, Manitoba, was united in marriage to Mr. Oliver C. Martin, of Calgary, in the presence of a number of intimate friends. The ceremony was performed by Rev. W. E. Galloway, of Bankview Methodist church. The bride was atended by Miss Hunie Reynolds, while Mr. F. H. Goodman assisted the groom. After the ceremony a dainty luncheon was served. The bride was the recipient of many beautiful gifts, including a piano from her mother. Mr. and Mrs. Martin will reside in Calgary, having taken apartments in the Dick Block.

Coming Events

Mrs. Kyrl Money of Winnipeg, and Miss Mable Burkeholder of Hamilton, will be the guests of the Women's Press club this afternoon at the Sherman Grand.

* * *

Dr. Wingate Hall of Chicago will lecture at the Y. M. C. A. on Saturday night at 8 p.m., on "What the 20th Century Woman Ought to Know."

EXTREMES OF TYPES OF ENGLISH WOMEN

Vienna Doctor Divides Women of England Into Two Classes

One is Masculine and Energetic; the Other is Doll Like and Infantine

Vienna, August 9.—In an interesting article entitled "Impressions of a Physiological Analyst in London," which he contributed to "Image," a scientific review, Dr. A. Maeder, of Zurich, divides the women of English into two classes, which are represented by the extremes of the masculine and the doll-like types.

"The first may be immediately recognized," he writes, "by the build, which shows masculine traits, the face being angular with something rough about the features, while the gait has something disagreeably decided, energetic and heavy. The suffragette belongs to this type. Her manner of thought and feeling is 'ego-central.'

Lack of Womanliness

"The impression of a want of womanliness is received everywhere in London. Compare, for instance, two theatrical performances, the one in Paris and the other in London. In London dancing and ballet are merely gymnastic exercises, completely lacking in womanly character and feminine grace. The English idea of beauty is that of a Botticelli Madonna. No full, ripe forms are aimed at, but the attainment of the straight line. The undeveloped girl is the ideal of the English woman who wears skirts at 50. The Rubens type is never seen.

"To this ideal much of the refusal to eat sufficient food on the part of the English girl is no doubt due. I gained the impression that many of these girls did not desire marriage, or at least wished to put it off as long as possible. The other type, the 'doll,' which we very seldom see here, is quite infantine and undeveloped. She seemed to me like a pretty plaything."

CRESCENT HEIGHTS PASTOR AND BRIDE GIVEN A RECEPTION

Crescent Heights Methodists Welcome Rev. J. B. and Mrs. Francis Home

Crescent Heights Methodist church was crowded to its utmost extent last night by the members and adherents of the congregation who assembled to welcome Rev. Mr. and Mrs. J. B. Francis, who have just returned from their honeymoon. Mr. Bull occupied the chair.

A splendid program was provided, those taking part being Mr. H. Robertshaw, organist and chlurmaster; Mrs. Carter, violinist; Miss Clarke and Miss Mayberry, elocution ists; Mrs. Haskins, soloist; and Miss Gertrude Murray and Miss Jessie Allan, girl violinists. The choir rendered two anthems: "Gloria' and "March On."

Rev. Mr. Francis spoke briefly. He remarked on the loyalty of the congregation and expressed his appreciation of their support.

The ladies of the congregation are particularly to be congratulated on the satisfactory arrangements of the evening's entertainment.

All strangers in the city are invited to the church. The congregation will be pleased to welcome them.

TENNIS CLUB BALL

The annual ball of the Lawn Tennis club was a splendid success as to attendance, music, refreshments and "fair women."

The only drawback was the excessive heat, and the street in front of the Al Azhar Hall was lined with promenaders, who flocked outside, after each dance.

The orchestra rendezvous was banked with ferns and palms, and to the dancers it was good to hear the favorite, popular dance music of last winter once again, luring all dance lovers to join in the waltz or two-step.

Some of the ladies' names noticed are in the very incomplete following list:

Mrs. H. S. MacLeod in a modish pale blue satin gown, with wide bandings of Oriental embroidery.

Mrs. Stirrett, wearing black satin, with beaded passamentrie trimming.

Miss Nellie Lee, in a black velvet, combined with black and white net.

Mrs. Clarke, who wore a royal blue jet embroidered tunic draped over cerise satin.

Mrs. Pritchard, wearing a stylish creation of white lace over cream brocaded satin.

Miss Ruby Young, in a white ninon gracefully draped over white satin, with crystal trimmings.

Mrs. E. M. Adams, in a pretty frock of organe and black ninon over white silk.

Miss I. Allan, gowned in green flowered chiffon over green silk.

Miss Rovers, in an elaborate ivory satin duchess gown, with crystal embroidered bolero.

Miss Jean Fletcher, in royal blue silver-edged chiffon tunic over white satin.

Mrs. J. K. Johnston, wearing mauve eclienne, with maltese lace garniture and large bouquet of American Beauty roses.

Miss Boggs, in a white satin and chiffon gown.

Miss McVeigh was in yellow, black fringed tunic over maize satin.

Mrs. Dickson wore baby blue satin, with shirred finishings.

Mrs. McMahon chose an elaborate gown of smoked grey ninon veiling, pink satin, with Dresden and pearl.

Miss Griffith was in Copenhagen blue embroidered sequin robe, over satin of the same hue.

Miss V. Ruse was in a gown with black drapings of chiffon over pale green silk.

Miss Nora Johnston wore a pea green satin duchess frock, with lace finishings.

Miss Miller was wearing a stylish frock of deft blue chiffon tunic over white satin.

Mrs. Britton was in white embroidered batiste, with ball-fringed peplum.

Miss Peggy Pinkham wore a cerise satin with over-dress of same hue and gold girdle.

Miss Moffat, in rose embroidered over-drape, with foundation of pale pink satin.

Miss Marie Costigan was a dainty figure in white satin, with crystal edging.

Miss Wetherall chose a gown of turquoise blue satin.

Miss Peel wore baby blue dewdrop tunic over pink satin.

Miss Wetherall wore a blue satin gown, with marabout trimming.

Miss Rita Wetmore wore a lingerie gown, with pink designings.

Miss N. Ings, in a frock of blue crepe de chene.

Miss Jessie McLeod looked very pretty in a modish frock of baby blue nion, Persian designed, over blue satin.

Miss E. Ings was in a Dresden patterned mouseline over pink satin.

Miss M. Hall (Winnipeg) was prettily gowned in mauve chiffon, draped over white satin, with cerise velvet and gold borders.

Mrs. W. McLean was in wisteria chiffon, the bodice elaborately trimmed with lace.

Mrs. Brewster wore a black princess gown, with yellow facings.

Miss Pinkham was in yellow ninon, with gold bandings.

Miss McVeigh wor a grey silk, with grey trimming of applique.

Miss Elliot (Prescott, Ont.) was in a beautiful gown of baby blue satin, with white chiffon trimmings.

Miss Kavanagh (Cardinel, Ont.) chose a pretty gown of white satin, with an elaborate pearl ornament on the bodice.

Mrs. Percy Johnstone wore a dainty gown of pink crepe de chene, with Valenciennes inset.

Miss Sylvia Johnston wore a turquoise blue tunic over orange satin.

Miss Woly Dod was in white crepe de chene, with lace bodice.

Miss Shepherd wore a gown of soft white silk, with Dresden ribbon and guipure lace accessories.

Some of the men were: Messrs. P. Johnston, V. Graham, Percy Columbric, Hill, Wolly-Dod, Redman, Whittaker, Pritchard, Campbell, Dickson, Tait, J. Johnston, Jack McLeod, Robertson, Fraser, Ings, Miller, Sholley, Prescott, Manfell, Castlemain, Temple (The Homestead), Arthur Gorman, Riley, Young, H. Hill, Hodson, Harwell, Clark, Hooley, Norton, Anderson, Naismeth, Langton, Penny, Sweeting, Iohnston, Dr. Parks, Longsdale, Pinkham, Gotch, Francis Stead, Porteous and Richardson.

BARNES' EXPERIMENTS IN ICEBERG DETECTION

Montreal, Aug. 9.—Dr. H. T. Barnes was back in the city today after his recent trip up the straits of Belle Isle, made for the purpose of experimenting in iceberg detection.

Dr. Barnes stated that it had proved a successful trip from the experimental point of view, that he had been able to take careful measurements of icebergs and also to observe the effect of land and shoals on the temperature of the water.

PRINCESS PATRICIA AND THE DUCHESS OF CONNAUGHT TO BE ENTERTAINED

Women's Canadian Club and Daughters of Empire Will Receive Royal Guests

The Duchess of Connaught and Princess Patricia will be received and welcomed by the members of the Calgary Women's Canadian club and the Daughters of the Empire at the city hall on the afternoon of September 6, from three to three-thirty

It was proposed to give a military ball but owing to the recent illness of the duchess, the more strenuous forms of entertainment could not be considered

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Hints on Washing Windows

Processes of windaw cleaning: Such being the method of handling a window, I tremains to consider the processes involved in its cleaning. Remove, or push away all draperies. Take down or roll the shade to the top; and brush the blinds as far as possible. The field being so cleared for action, dust first, better with a cloth than with a brush. Then wash. The necessity of rinsing will depend on the mthod employed in cleaning. Drying and polishing follow. If the drying of the panes is done with much force, there may not require further polishing. For the sashes, polishing will probably include oiling. You may have to go back to wipe dry the sashes if they need to be left to soak in oil.

Cloths: For dustaing use a cloth soft and rough in the sense of wooly, not rough to feel. This does not mean wool; for flannel is expensive, hard to wash, and gets hard itself. Cheesecloth, medium grade, and unbleached, is about the best.

For washing, wool holds the most moisture, but takes it slowly. Linen takes quickly, and holds fairly well. Old linen is good, old table linen, for example. But linen is rather too valuable for medical purposes to use this way. Old cotton, old sheets are good, if not so old as to be linty. Old underwear (gauze underverts) make very good cleaning cloths. (Say "cloths," not "rags" to a maid. It engenders more respect for the article, and is likely to secure for it greater care.)

Absorption is the point to be considered in a drying cloth. If it had not a higher value, linen would be the fabric par excellence for this. Cheesecloth is very good. For polishing chamois is fine, but expensive, and one must know how to wash it. Newspapers do excellent polishing.

Methods: Consider the kind of glass, the weather, and the temperature, then choose that method which best satisfies these conditions at the time.

Use of water: Make it a rule to use as little as possible; never enough to run. That piles up rubbing for you. A damp chamois does excellent work for cleaning. Many people use three chamois.

Ammonia: On fine plate glass windows, clear water, preferably tepid, may be used with advantage. Hot water evaporates too soon, and cald water woes not attack grease. A little bit of ammonia is safe and acts much quicker on the windows. Being an alkali, it will cut the grease. Being a volotil alkali, it would evaporate in hot water.

Lillian Russel's Beauty Secrets

The Unconsciousness of Real Grace

A woman has entered our midst with the glorious mission of teaching the American society woman grace. She advertised the fact that she is to show our ultra fashionable women in the most vivid possible manner just how to rise, to sit, to leave and enter a carriage, to courtesy and to do endless gymnastics that society women are called upon to do.

The chief principle of the instruction is thinking right. "If one always thinks beautiful thoughts one will always be beautiful." That is quite true, and if one thinks of the thing one wants to do, and not just how one is going to do it, one will have all the necessary grace required for the doing.

This teacher of grace speaks much about center polse, and says that American women sit upon their backs and not upon their spines. All this is diverting and beside the point. She speaks much of deep breathing and poise. Summed up, she means that physical exercise is the secret of poise and grace.

Our American women do not exercise enough. Sitting down immediately after meals is conducive to heaviness. Women who have adopted the fad of walking or standing immediately after eating are more graceful by far than those who lounge about a room. Grace is inborn—there are women who are graceful in anything they undertake to do or say, and there are women who cannot be graceful under any circumstances.

Cultivation of grace is the cultivation of the physical body, but is entirely mechanical unless a gentleness of manner accompanies it. To enter a carriage gracefully, to sit, to rise, to great a friend, to courtesy to royalty or a walk across a room is entirely a matter of physical condition.

A woman whose muscles are pliant, and who carries little flesh, is always more graceful than a fat woman. She can bend and turn in a lithe manner without stiffness or jerkiness, whereas a heavy woman—I mean not only heavy in weight, but heavy in muscle and mind—will be stiff and awkward in anything she may do.

If this woman can instill in her audiences a desire to be graceful in manern through kindness of heart and good fellowship, her work will be a boon to all womankind. To find your center poise you must find your motive, and from that motive and honestness of purpose, combined with a desire for making others happy instead of gathering happiness from others, you will add grace to every action, either physical or mental.

Remember: Whether the knee bends to the deity or royalty the grace is in the humility.

O. L.—There is usually some internal cause for dark circles under the eyes—anaemia, lack of sleep, eye strain or dissipation of any kind. Sometimes the trouble is hereditary. If they are caused from some internal trouble the treatment cannot be permanent while the cause exists. Bathe the eyes frequntly with cold water and use friction. A weak salt water is also good for bathing the eyes. Make the water about as salty as tears. At night gently massage under the eyes with a good skin food, being certain that you do not press on the eyeball. Then fill in the hollows of the eyes with the skin food. In the morning bathe the eyes with a good eye wash. I shall be glad to send you the skin food and eye wash if you will send me a stamped addressed envelope.

ETTELEDE: Do you wear tight hsoes, tight collars, or other tight clothing? This is sometimes the cause for a red nose. Do not eat rich, spicy foods, avoid sudden changes in temperature, do not drink tea or coffee. The condition of the nose depends upon the digestive organs and the general health of the person, and if it is inflamed or red, a permanent cure can only be affected by improving the general state of health.

MRS. B. K.: Children with large or prominent ears should sleep in ear caps made from various lengths of wide tape sewn together to form a little cap coming down well over the ears and tied under the chin. Even in after years this disfigurement can be much reduced by sleeping in a cap of this sort.

G. L. B.: Great care must be exercised in the choice of skin food. One must be secured which, while nourishing the skin, will not in any way encourage the growth of superfluous hair, nor make the skin greasy during the day, and before applying it the face and neck should be gently sponged over with warm water, into which a few drops of tincture of benzoin have been shaken.

BABY'S MOTHER: Frequently prickly heat appears because the child is too warmly clothed. The little bright red spots which you see are the heads of the stopped up sweat glands. When they appear the child should be put in a warm bath, and when dried powdered freely. If this preparation is freely used after her ordinary baths it will be good as a preventive. Clothe her lightly. Flannel and woolen mixtures are too irritating to the tender skin when in contact with it, and either linen or silk should be worn next to it. You must be careful in feeding the child that she is given her food regularly, and not allowed to eat between meals. Her diet should be light and easily digested, and her bowels must be well regulated.

H. L. B.: Exercise is one of the best methods of flesh reduction about the hips and waist. There is no need of any new exercises. Those of which I have so often told you are as good as ever. The standing straight and stretching the hands and arms up over the head as far as you can and rising on the tip toes, putting everything on the stretch, and then bending over at the waist and touching the floor if you can with the finger tips. The rollers made of wood which are made for massage will reduce flesh if persistently used. They should be applied with good pressure, for that is the way to reduce the tissues.

ADMIRER: There is no excuse nowadays for a woman not being good looking. No matter how poor your features are, there are certain tricks in this age by which ven the most homely face and figure can be framed to look attractive at least. If you wish to appear well groomed and immaculately clean, you must take a daily bath. You must decide for yourself what kind of a bath is suited to you—hot, cold, or tepid. Nervou people should not take acold bath. A tepid bath is best.

WHILMA. I am afraid there is nothing you can do to bring your hair back to its original color, but in time, with good care, it may return to its natural shade. One is foolish to bleach the hair. Got to a reliable beauty shop and have your hair treated by experts.

F. L.: When selecting a face powder, be sure that you get a good grade. I think a good grade of rice powder about the best for the face. Powder is harmless if it is allowed to stay on the face overnight. The face should be cleansed thoroughly each night before retiring, so as to get all the dirt out of the pores. If one would only do this, ne would never have blackheads or pimples. First cleanse the face with a good cold cream, and then wash it in warm water, using a good soap complexion brush, which cleanses the pores more thoroughly than a wash clth. Rinse the face with warm water and then cold. The cold water will make the flesh more firm and close the pores. If you will send me a stamped addressed envelope, I shall be glad to send you the formula for a cold cream and my treatment for removing blackheads.

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