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Tangle.

CHAPTER XVI.

David's struggle With Conscience.

rendered hate impossible; but even i he had tried to harden his heart would be faithful and loyal even unto

would gladly end his life if he could

change lightly," he said to himself: "for good or ill, that man will reign

Exhausted Nerves | was apparent, despite the fact that h Sleepless Nights

Continually Crew Worse Until Or. Chase's Nerve Food Restored Vigor and Strength.



What misery to lie awake nights and think of all sorts of things with-

out being able to get the rest and sleep which is necessary to restore the nervous energy wasted in the tasks of the day.

This symptom of sleeplessness is one of the surest indications of an exhausted nervous system. You must have sleep or a breakdown is certain. Dr. Chase's Nerve Food feeds the feeble, wasted nerves back to health had the instincts of a gentleman in. and strength. In a few days you ob-

ity to the nerves and strength to the whole body.

Mrs. Sarah Campbell, 108 Alma street, St. Thomas, Ont., writes: "For months I was so bothered with nervousness that I could not sleep nights. There were other symptoms of exhausted nerves, but none caused so much misery, and I found myself continually getting worse.

"I began using Dr. Chase's Nerve Food, and it was not long before I noticed great improvement in my health. It built up the nervous system wonderfully, strengthened the nerves and enabled me to rest and sleep well."

Dr. Chase's Nerve Food, 50c a box, Dr. C

Newfoundland, will be pleased to quote prices A Terrible in her heart. She will do her best to forget him; if I were to go back she

nade no plans. Sometimes he would

other Elizabeth might stretch out her hand to him. And he wanted to be there to answer if ever she should do

And then one day, suddenly, an unexpected pleasure came to him. Entering his house, after one of his sojournings in the poorer quarters. this time in the shipping quarter, he

He saw before him a delicate-look

ing man, whose physical weakness wore the look of one who had jus landed from a voyage.

On his side, Malcolm was instantly attracted by the man who stood be

He had a strange sense of constraint ipon him as he began to play the part n which Ottershaw had coached him. "I am a stranger to you, even by

name, Mr. Barostan," he said, "but I have been bidden to approach you by cour-your friends in England, I have come out here to see if I can pull up ny strength. I was very ill when I eft England. The voyage has done ne heaps of good, but my present conlition is not much to boast of."

"I am glad to see you," said Barosan, in his straightforward way, and ne gripped the other man's hand warmly. You must put up with me for a little while. Where are you staving?

"I only landed this morning at La Plata," Malcolm answered, in a low voice. The more he looked at this

The sleep or a breakdown is certain. Chase's Nerve Food feeds the ble, wasted nerves back to health strength. In a few days you obtain the natural, restful sleep which is so materially in restoring vital-to the nerves and strength to the ble body.

It is sarah Campbell, 108 Alma et, St. Thomas, Ont., writes: "For this I was so bothered with nerveness that I could not sleep nights, re were other symptoms of exsted nerves, but none caused so the misery, and I found myself timually getting worse. I began using Dr. Chase's Nerve d, and it was not long before I ced great improvement in myth. It built up the nervous syswonderfully, strengthened the res and on well."

The effectiveness of this simple remedy is surprising. It seems to take hold instantly, and will usually stop the most obstinate cough in 24 hours. It tones up the jaded appetite and is just laxative enough to be helpful in a cough, and has a pleasing taste. Also excellent for bronchial trouble, throat tickle, sore lungs and asthma, and an unequaled remedy for whooping cough and croup.

This recipe for making cough remedy with Pinex and Sugar Syrup (or strained honey) is a prime favorite in thousands of homes in the United States and Canada. The plan has been imitated, though never successfully. If you try it, use only genuine Pinex, which is the most valuable concentrated compound of Norway white pline extract, and is rich in gualacol and all the natural healing pine elements. Other preparations will not work in this recipe.

You say you came from friends,"

"You say you came from friends,"

Baying It seems to take hold instantly, and will usually stop the most obstinate cough in 24 hours. It tones up the jaded appetite and is just laxative end, as the startly as a pleasing taste. Also excellent for bronchial trouble, throat tickle, sore lungs and as the startly, and will usually stop. The startly has a pleasing taste. Also excellent for bronchial trouble, throat tickle, sore lungs and as the startly, and will usually stop.

The felt convinced that it w tain the natural, restful sleep which helps so materially in restoring vitality to the nerves and strength to the

rom Elizabeth, and it ran: nan, who is in bad health. I am in-

It was signed with her name. For a beginner, Ottershaw had succeeded very admirably in imitating the writing of another person.

At any rate, the forgery was no forand slipped it into his pocket.

"You bring me a message from my pite himself his voice trembled. "That s the best introduction in the world.

In a strained way, Malcolm gave the interview his servant, James Malcolm

least, as a respectable member of hunanity, and capable of earning so

elf-respect that restored health had rought to him during the long voyge, the reawakened desires to find he best in life once more, had carried im along as in a sort of dream; and low he paused

"Five hundred pounds is a large um," he said, slowly, to himself. "It rould carry such joy to the old home. But it seems to me now that Ottershaw s paying a very large sum for very ittle work. If he really is this man's riends, why should he pay anyone?" But he quickly banished these

"Well, this is not my business," he aid to himself almost harshly. "1 m pledged to do what Ottershaw

It gave David Barostan an extraorinary amount of pleasure to receive his unexpected guest.

The fact that he came with a word rom Elizabeth enhanceed the plea-

He made all sorts of plans to inerest and amuse this stranger within is gates. Malcolm's arrival changed

ne whole outlook for him. He had absolutely forgotten that it moking and chatting with Malcolin hen his servant brought him some

There was the usual large envelope ddressed in Richard Gooch's handriting, and beneath this, slipped beween some envelopes bearing the ocal postmark, there was a letter vhich sent the blood coursing wildly bout his heart as he saw it.

"Will you excuse me?" he said to falcolm, and, passing into his own room, he sat down to open Elizabeth's

"It will be something about this oung fellow," he said to himself;

Famous "Pint of Cough Syrup" Recipe

No Better Remedy at Any Price. Fully Guaranteed.

Make a plain syrup by mixing two cups of granulated sugar and one cup of warm The Celebrated JOHN COTwater and stir for two minutes. Put 21/2 ounces of pure Pinex (fifty cents' worth) man before him, the more difficult be- in a 16-ounce bottle, and fill it up with cause the task which Ottershaw had the Sugar Syrup. This gives you a family supply of the best cough syrup at a saving of \$2. It never spoils. Take a teaspoonful every one, two or three hours.

The effectiveness of this simple remedy

Barostan read purported to have come his decision was taken; no matter England, he would not hesitae in go-

Richard Gooch's letter gave him further information of Elizabeth's doings. She had practically arranged the discussing with Mr. Gooch a sugges tion of devotiing a certain portilian of gery to David Barostan. His hands her money to a charitable institution

pleasure. To live at the White Farm,

When David Barostan rejoined hi guest there was a light in his face tha made him ten years younger.

(To be continued.)

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