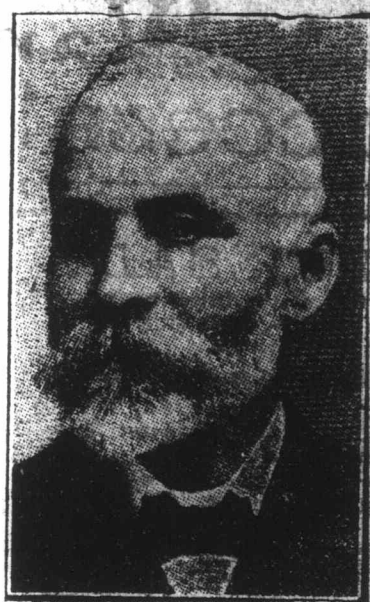


War



MANUFACTURER DEAD.
Robert Kilgour, of the firm of Kilgour Bros., Toronto, who died Wednesday, in his 71st year.

Not a Bite of Breakfast Until You Drink Water

Says a glass of hot water and phosphates prevents illness and keeps us fit.

Just as coal when it burns leaves behind a certain amount of combustible material in the form of ashes, so the food and drink taken each day after day leaves in the alimentary canal a certain amount of indigestible material, which if not completely eliminated from the system each day, becomes food for the millions of bacteria which infest the bowels. From this mass of left-over waste, toxins and ptomaine-like poisons are formed and sucked into the blood.

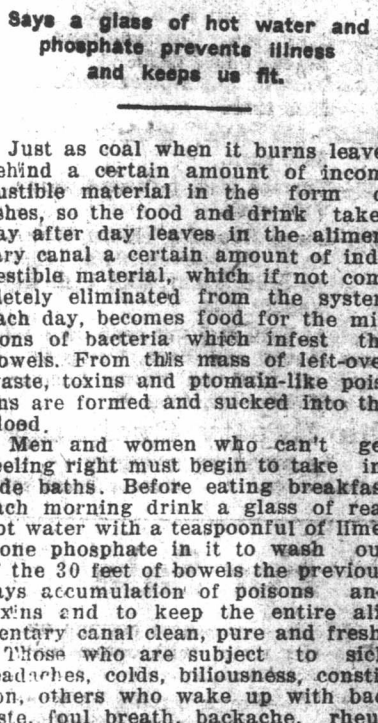
Men and women who can't get feeling right must begin to take inside baths. Before eating breakfast each morning drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash out of the 30 feet of bowels the previous days accumulation of poisons and toxins and to keep the entire alimentary canal clean, pure and fresh. Those who are subject to stiff headaches, colds, biliousness, constipation, others who wake up with bad taste, foul breath, backache, rheumatic stiffness or who are unable to get a quarter pound of limestone phosphate from the drug store, and begin practicing internal sanitation. This will cost very little but is sufficient to make anyone an enthusiast on the subject.

Remember inside bathing is more important than outside bathing, because the skin pores do not absorb impurities into the blood, causing poor health, while the bowel pores do. Just as soap and hot water cleanses, sweetens and freshens the skin, so hot water and limestone phosphate act on the stomach, liver, kidneys and bowels.

RHEUMATISM IS PAIN ONLY. RUB IT AWAY

Instant relief from pain, soreness, stiffness follows a rubbing with "St. Jacobs' Liniment". Stop "dosing" rheumatism. Pain is only in one case in fifty requires internal treatment. Rub soothing, penetrating "St. Jacobs' Liniment" right on the "tender spot" and by the time you say Jack Robinson—out comes the rheumatic pain and distress. "St. Jacobs' Liniment" conquers pain! It is a harmless rheumatism. Rheumatism which never disappoints and doesn't hurt the skin. It takes pain, soreness and stiffness from aching joints, lumbago, backache, neuralgia and reduces swelling.

Linger up! Get a small trial bottle of old-time, honest "St. Jacobs' Liniment" from any drug store and in a moment you'll be free from pain, aches and stiffness. Don't suffer! Rub rheumatism away.



Rippling Rhymes

FREEDOM'S DAY.
Now freedom on her mountain height is feeling gay and wearing elms; her boots have won the biggest fight of which the page of his story tells. We've seen the tyrant's scepter drop, the tyrant sinking in despair; our precious boys are still on top, our heroes' right side up with care. We've heard the hour of justice strike, we've seen right triumph over wrong, so let us for the love of Mike, be happy as the day is long, and hear next say "We're faced to face with problems that will wear our souls; how shall we teach the Russian race to strive for better, higher goals? The flag of justice will fly, we fear us much, in every breeze; how can we throw our hats on high, and face conundrums such as these?" I say, "One problem at a time, we'll solve them all or break a slat; we've stopped the Prussian course of crime, and paralyzed the autocrat. This is the hour of our delight, our cause is gained, the battle's won. And freedom on her mountain height is shooting fireworks by the ton." And freedom's eyes are bright as stars as from her mountain she looks down, for in the crimson glare of Mars she won the jewels in her crown. Oh, may her course be calm and sweet in all the future years, to come, so let us, for the love of Pete, take off the lid and make things hum.

FLAX SHIPMENT
By Courier Landed Wire
New York, Dec. 9.—A shipment of flax, one of the few cargoes from a Russian port received here for some time, arrived today on the United States Shipping Board steamer Ascutney from Archangel.

LADY'S WAIST.

The clever thing about this lady's waist is that it can be worn in any one of three ways. The front is double breasted and as shown in the left view the right side is turned back to form one wide reversed lap with contrasting color. The edge is trimmed with loops and the corresponding buttons are sewed on the left side of the waist, so that the revers may be buttoned up in Russian side closing effect. Again both revers may be rolled back to form a V-neck. The sleeves may also be finished in two ways—with the open cuffs on the three-quarter length or with the narrow roll on the long close fitting.



To Obtain This Pattern Send 15c to The Courier Office, or two for 25c.

SUTHERLAND'S WATERMAN'S IDEAL FOUNTAIN PENS

From \$2.50 to \$25 each

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IS THE BEST \$1 FOUNTAIN PEN MADE

ALL OUR PENS FULLY GUARANTEED

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NEW ROAD COMMISSIONER
Arch W. Campbell, familiarly known as "Good Roads" Campbell, who has been appointed by the government for the purpose of studying the question of good roads and what part the Federal authorities should take to provide excellent highways.

THANKSGIVING SERMON PREACHED

Rev. Dr. Henderson Concluded His Address of a Week Ago
Dr. Henderson, pastor, preached two very powerful sermons in Wellington Street Church on Sunday, in the morning on "The Grace of Humility," and in the evening completing his unfinished sermon of the previous Sunday on "Thanksgiving and Thanksgiving." The work of the choir was never better and was conspicuous for the number of Wellington Street soloists who assisted. Those doing solo work were Mrs. Webb, Messrs. S. H. Jones, Morley Hill, J. W. Stubbins and W. G. Darwin. Mr. A. S. Miller played a fine organ prelude to the evening service. Mr. Darwin's organ work was well up to the standard throughout the day. Mrs. Leeming was unable to sing owing to illness.

BRIG. BETTRIDGE VISITED THIS CITY

Salvation Army Leader Conducted Special Services at the Local Citadel
The special services conducted by Brigadier and Mrs. Bettridge of the Salvation Army Citadel during the week-end, were of a very successful character. From the commencement on Saturday night to the closing service on Sunday night the crowds and interest increased, and the soulful, spiritual exhortations of a character rarely equalled. The addresses throughout were replete with incidents and illustrations from the speaker's experience and were irresistible to both young and old alike.

In the evening the Brigadier spoke on "The Kingdom Come," and reminded us that the Kingdom of God was a kingdom of righteousness and peace, with telling effect he contrasted the righteousness of Christ's kingdom with the injustice and unrighteous acts perpetrated by the enemy during the war.

PROMISE ACTION RE LEVEL CROSSINGS

Dominion Railway Board Will Give Question a Hearing

As a result of a letter sent by Mayor MacBride to the Dominion Board of Railway Commissioners, that Board has agreed to hold a session at an early date in regard to the level crossing question as it affects Brantford.

The Mayor wrote the following letter: Brantford, Dec. 9, 1918. Sir: I have the honor to acknowledge the receipt of your letter of the 7th inst. and in reply to inform you that the Dominion Railway Board, Ottawa, Ont., has agreed to hold a session at an early date in regard to the level crossing question as it affects Brantford.

Music and Drama

THE BRANT.

Mary Pickford's latest picture, "Johanna Enlista," is no less welcome in times of peace because it is a war picture. Mary is always welcome, and under all circumstances, "Johanna Enlista," in which Miss Pickford is seen at the Brant the first of this week, gives the star an opportunity for another character comedy role such as she portrayed in "Amateur Foot Ball Alley," and is in general as delightful a vehicle as she has had in a long time. Douglas McLean and other well known players support Miss Pickford. Percy Hopkins, the noted Broadway beauty, appears in the first of a series of comedies, produced under the supervision of the cartoonist, James Montgomery Flagg, "Fanny Hopkins" is the first in this unusual series, and is a new departure in the realm of comedy. Walter Catlett is a silver voiced tenor of exceptional range, in which he demonstrates in a number of delightful selections. Leah Baird and Sheldon Lewis appear in the second of a series of comedies, "Fanny Hopkins," "Wives of Kultur." For the last of the week, Manager Moule announces as a special attraction "Shoulder Arms," Charlie Chaplin's latest comedy, the second of his new series, produced by his own company.

THE REX.

Tom Moore, one of the veteran favorites of the screen, and still comparatively a young man in point of years, is seen at the Rex the first of this week in his latest Goldwyn production, "Thirty a Week," a delightful romantic comedy of a chauffeur, who, of course, he would tell in love with his employer's daughter, and of the manager in which the afore said daughter forced him to pop the question. After which, and after a great deal, they lived happily after. Max Tallulah Bankhead, a new screen star, plays with Mr. Moore in "Thirty a Week." The Harry Holt Trio have a novelty vaudeville offering, in which they stage a basketball game on bicycles. Charlie Chaplin appears in a made-over comedy, "A Reckless Fling," while the serial, "The Lion's Claw," featuring Marie Wickenburg, is also shown.

AT THE GRAND.

"Cinderella," a pantomime production, founded upon the famous fairy story of the same name, will be the offering at the Grand Opera House for one night only, Wednesday, Dec. 11th.

WITH THE WILSON PARTY.

Mrs. Gordon Auchincloss, daughter of Col. E. M. House, will be one of the American women in the official party at the Peace Conference. She sailed with the Wilsons on the George Washington. Her husband is with Col. House in Europe as special assistant for the state department.

ROOLEMASTICUS.

Correspondents who have been unable to verify the Biblical words suggested by Mr. Rudyard Kipling as fit for place on the battlefield memorial stones to the soldier dead, of Britain have been looking for them in Ecclesiastes instead of Ecclesiastics. They are found in the latter book of the Apocrypha (Chapter XL, Verse 4). Their name is not to be overdone.

CASTORA

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In Use For Over 30 Years
Always bears
Signature of *Dr. H. H. H. H.*

NONCOMBATANT HELP.

Great Hosts from Uncivilized Parts Working Behind the Lines.
One phase of the war about which comparatively little is heard, but the importance and possible effects of which it would be difficult to exaggerate, was the enormous assemblage of non-combatant labor from the semi-civilized peoples of the world to be found behind the lines on the western and other fronts. From time to time special mention is made of that this people or that people have contributed in the way of fighting men and labor to the war, and most writers of war books have alluded to the polyglot crowds behind the lines. It is to be expected, however, that few people, even yet, have any clear idea of the vast melting pot of races which is to be found behind the Allied front, all the way from the North Sea to the Swiss frontier, to take only one instance. In this region are to be found, not in small numbers, but in hundreds and thousands, Chinese, Burmans, Indians, both those from India and those from Canada and the United States, Filipinos, Algerians, Moroccan Senegals, representatives of every race in South Africa, and so on through a long list.

South Africa's contribution is particularly interesting, because among the native races at present in France are to be found representatives of all those peoples who at one time or another during the last thirty or forty years have been in arms against the British rule in South Africa. Zulus, Basutos, Matabeles, and so on are all recorded in the history of South Africa as one-time opponents of Great Britain, and now to-day they are giving of their best to help the British and the Allied cause. They are to be seen in Sir Herbert Sioley, a former resident commissioner in Basutoland, has said, felling trees and handling timber in the forests of the Selva very much as they chop, lop, and strip the wattle plantations in Natal. They shift cargoes in French ports and railway stations in the style they have learned in Cape Town and Durban, while their familiarity with railway construction and the blasting processes of the Johannesburg and Kimberley mines makes them valuable as quarrymen and railway workers.

The whole idea represents a remarkable development, but perhaps the most interesting and important outcome of it all will be, the effect that the return of these men will have upon their people. It is pointed out that it is never possible to say exactly how a South African native will view a situation or what will be the outstanding impression which he will take away from it, but that he will share in the vast pooling of thoughts and ideas, hopes and aspirations which is taking place on all the battlefronts cannot be questioned. No one who has had any experience of what this means can have any doubt that the result will mean progress, whatever the exact form it may take.—Christian Science Monitor.

THE COST OF VICTORY.

War is the great devourer. The lining of a 1000 ft. gun is worn out by 170 shots. A shot requires but the thirtieth fraction of a second. Computation shows that the effective life of a big gun is but three and four-tenths seconds.

In an airfield in France is an attendant. He wakes the boys, looks after their clothes. That is all he is fit for now. But he is treated with the greatest respect, for he was once an aviator himself. Sometimes he murmurs to a newcomer as if in apology for his present occupation, "I spent 500 hours in the air." Five hundred hours! and he is now a nervous wreck!

Danish Socialists Split.
The pro-German attitude and activities of a large section of the Danish Social Democracy have led to a split in that body and the formation of a new Socialist group, according to a report in 'L'Humanite' of Paris quoted in the 'Berliner Tageblatt' of Sept. 19. In outlining the position of the new party, M. Nicolaisen, a leading Danish Socialist, said: "On social questions the new party program is exactly the same as that of the old party. We left the old party merely because the Danish working class has become tired of the management of Danish ultra-nationalist leaders as Borgerberg and Stauning, who have simply become tools in the hands of the German Government. This position is objectionable to us, first because we are Socialists and second because we are also Danes."

CHILDREN OY FOR FLETCHER'S CASTOR A

With Large Symphony Orchestra, conducted by Jules Brizzi. The most wonderful Photo-Play in America.

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Bargain Matinee Prices: 25c, 50c

Seats Now on Sale at Boles' Drug Store.



HERO IN A TAME JOB.
Lieut. Harold T. C. Walker, of the British navy, one of the officers on the flagship Vindictive, which headed the naval raid on Zebrugga, is in Washington with a shattered forearm to remind him of that historic encounter. Lieut. Walker has both a boxer and a football player at Dartmouth, and was one of a picked team which left their ship and rushed the mole. He is now attached in Washington to an exhibition of war-time photographs.

Fat That Shows Soon Disappears

Prominent fat that comes and stays where it is not needed is a burden; a hindrance to activity, a snarl upon pleasure. You can take off the fat where it shows by taking after each meal and at bedtime Marmola Prescription Tablets. These little tablets are as effective and harmless as the famous prescription from which they take their name. Buy and try a case to-day. Your druggist sells them at 75 cents or, if you prefer you may write direct to the Marmola Co., 364 Woodward Avenue, Detroit, Mich. You can thus say good-bye to dieting, exercise and fat.

GRAND OPERA HOUSE

Wednesday, Dec. 11th

F. Stuart-Whyte Presents His Third English Pantomime Success

"CINDERELLA"

A Fanciful Musical Fantasy, Founded Upon The World's Greatest Love Story
—GIRLS AND GORGEOUSNESS—
Better Than "Robinson Crusoe."

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