

INFLUENZA LEAVES THE BLOOD THIN, THE NERVES WEAK

The Danger From the Disease is Seldom Over When the Acute Stage is Passed—Tonic Treatment Strongly Recommended.

Doctors have agreed that Spanish influenza is really a severe form of the grippé which became known in this country a number of years ago under the French name of "la grippé" and which has been epidemic several times since.

The danger from grippé is seldom over when the characteristic symptoms, the fever, the catarrh, the headache and the depression of spirits pass away. The grippé leaves behind it weakened vital powers, thin blood, impaired digestion and oversensitive nerves—a condition that makes the system an easy prey to pneumonia, bronchitis, rheumatism, nervous prostration and even consumption. Too much stress cannot be laid on the importance of strengthening the blood and nerves during convalescence. Until the blood is built up there can be no complete recovery of strength and health.

COULD HARDLY CRAWL ABOUT

Among the many victims of la grippé who proclaim the value of Dr. Williams' Pink Pills is Mr. Amos Kauback, of Petite Riviere, N.B., who says:—"I was taken down with a severe attack of la grippé, or influenza. After a time the early symptoms of the trouble left me, but I did not regain my usual strength, and I had always been a strong man. There were times when I felt I could hardly crawl about, and I was so run down I could scarcely go about my business. I continued taking medicine but it did me no good. Then I found the trouble was affecting my digestion and the disagreeable feeling from this added to my general misery. I was finally advised to take Dr. Williams' Pink Pills, and I decided to try them. I had only been taking the pills a few weeks when I found my strength returning, my appetite improved, and still continuing the use of the pills a few weeks more found me restored to my old-time vigor. I can most strongly recommend Dr. Williams' Pink Pills to all who have passed through an attack of influenza, as a safe medicine for renewing their strength."

REGAINED FLESH AND STRENGTH

To rebuild the blood, to strengthen the weakened nerves and to get back the lost flesh and strength is the problem of the victim of an attack of influenza. How Mr. Charles Darling, of No. 14 Week street, Bath, Me., accomplished this is best told in his own words. "My doctor treated me successfully for the grippé," he says, "but he did not seem to help the after-effects of the disease. I had headaches nearly all the time, my strength was nearly spent and I often had to lie down and rest. I was pale and lost in weight and had

WEAK AND RUN DOWN

Miss Irene Bootes, Portsmouth, Ont., says:—"I take much pleasure in recommending Dr. Williams' Pink Pills, because I have proved their worth in my own case. Last winter I had a severe attack of la grippé and it left me weak and all run down. I had severe pains in the chest and under the arms, palpitation of the heart and attacks of neuralgia which left me with the feeling that life was scarcely worth living. I was taking doctor's medicine, but it did not help me, and I was much discouraged. I was advised to try Dr. Williams' Pink Pills and began their use only on the principle that I would try anything that might better my condition. I had only been using the pills a couple of weeks when the pains began to leave me. Gradually my strength returned, my appetite improved, and in a little more than a month I felt my old-time vigor had returned. I am sincerely glad I was persuaded to try Dr. Williams' Pink

HELPED HIM WONDERFULLY

Following an attack of grippé, Mr. William Fielder, of No. 132 First street, Albany, N.Y., suffered from stomach trouble. He says:—"I was very much run down after having the grippé and lost both in weight and strength. My stomach was often sour and was very weak. A dull aching pain in the back of my head caused me much distress. An article in the paper brought my attention to Dr. Williams' Pink Pills and I gave them a trial. Before the first box was finished I felt stronger and kept on with the remedy. I am feeling good, and my stomach is as strong as it ever was. I have gained in weight and strength and no longer suffer from headaches. Dr. Williams' Pink Pills certainly helped me wonderfully and I am glad to recommend them."

GRIP VICTIMS NEED A TONIC

The debility that invariably follows the grippé is not a disease of any one organ. It is a general condition of unfitness. It must be met by a remedy whose good results will be quickly generalized throughout the entire system. In fact, it must be corrected by building up the blood which, when rich and red, carries renewed health and strength to every part of the body. Dr. Williams' Pink Pills are a tonic, not a stimulant. They build up the blood and not only cure the disastrous after effects of grippé, but are also a specific for all troubles due to poor blood, such as anemia, rheumatism, indigestion, women's ailments, and the generally worn out feeling that affects so many people. You can get these pills through any dealer in medicine, or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Souvenir From the War Zone

Orders of Gen. Macdonell to Belleville Boys Before Final March Into Germany

Mr. and Mrs. William P. Clarke, 93 Front St., has received an interesting souvenir from the war zone from her son, Gunner Clifford Clarke. It is the card conveying the special war order of Major-General A. C. Macdonell, commanding officer of the First Canadian Division, just before the final march into Germany. Mr. and Mrs. Clarke have two boys serving with the colors of which they may well be proud. The elder son, Pte. Melville Clarke, went from Canada with the First Contingent. After two years and nine months on active service in France, during which time he had only six days' leave, he was shell shocked and was granted an extended furlough in which he took time to return home. He soon returned however, and took up duty with the medical staff of H.M.S. "Essequibo."

Gr. Clifford, who forwards the souvenir, enlisted nearly three years ago. For twenty-one months he was on the firing line but had the good fortune to come through without wounding or injury. He is now with the Canadian army of occupation along the Rhine.

Following is Gen. Macdonell's order:—

Special Order of the Day By Major-General A. C. Macdonell, C.B., C.M.G., D.S.O.

The final act of the war drama, in which this 1st Division has been privileged to play no inconsiderable part, now commences.

The old 1st Canadian Division, and all that that means, in truth the old Guard Division of the Canadian Corps. Carry your minds back to Valcartier and the determined eagerness there; trace their movement and their record throughout and you will carry your heads high, and march more proudly because of it.

1915 adds the 2nd Battle of Ypres placed Canadians at one bound, by universal opinion, in the front rank of the troops in France; the Battle of Festubert and holding the line, French raiding inaugurated by the

2nd C.I.B., through winter of 1916, holding the line in the Bloody Salient and all that that meant, the hard fighting in June of that year, Canadians still more than holding their own; the Battle of the Somme, the fierce attacks and heavy losses but still success; the winter of 1916-1917, holding the line on the Vimy Ridge, the continuous raiding, the glorious victory of Vimy Ridge, and after, Arras and Fresnoy, the battle of Hill 70 and after, the Battle of Passchendaele; the winter of 1917-1918, the Spring and early Summer, again many splendid days, raids, holding the line. Our glorious record since August of this year is too well known to require itemized comments. Let us suffice to say that we have had the honor of being in the van every time there was heavy work to do, and every time we broke the enemy's lines and fulfilled the trust our Chief (the Corps Commander) placed in us. Witness the following telegram received from him on the night of the 2nd September, which should be known by heart by every member of the Division:—

"Major-General A. C. Macdonell:—Please convey to all ranks of the old Division and attached units, my sincere admiration for and pride in the magnificent success you have achieved today. Your record since taking over the line on August 23rd has been simply splendid."

In starting on this final march for German territory let us do so with the firm resolve to quit ourselves throughout like men, real soldiers, men entrusted with the honor of Canada and the good name of this old 1st Division.

I request that every man who has the honor of wearing the "old red patch" shall so govern himself as to be a model of soldierly efficiency in whatever rank he has the honor to serve, treasuring the fame and good name of the Division in his heart, and enhancing it by his own deportment, zeal and conduct. If this march is conducted in this way it will be a pride and joy for every Canadian who has the good fortune and honor to take part in it in any capacity.

Before closing, I ask that every member of this splendid old Division that I have the honor to command, give sincere thanks to Almighty God for His protection and the splendid victory vouchsafed for us. Viewing the past with pride and

the future with confidence, let us do the work at hand thoroughly and well, with a prompt and soldierly efficiency that will win the praise of our military superiors and bring joy to the heart of our revered Chief, the Corps Commander.

A. C. Macdonell, Major-General Commanding 1st Canadian Division. November 17, 1918.

Late Librarian Laid to Rest

Impressive Obsequies of Late A. R. Walker on Tuesday Afternoon.

All that was mortal of the late Alexander R. Walker, Librarian of the Public Library, was laid to rest in the family plot in Belleville cemetery. The obsequies were marked by deep public sympathy and sorrow. All classes of citizens turned out to pay their last tribute of respect to an honored citizen and a friend. The funeral was under the auspices of the Masonic Order, the late Mr. Walker having been a past master of Eureka Lodge No. 283 and a member of the Masonic Grand Lodge. At the opening of the lodge, the District Deputy Grand Master the Rev. E. W. Pickford, of Brighton, paid a tribute to the deceased and his work in Masonry. The Masons were present in large numbers.

At the residence, corner of Pinnacle and Campbell streets, an immense crowd gathered. Rev. Dr. Scott of Bridge street Methodist Church and Rev. Dr. Baker of Albert College conducted the service. Feeling remarks were made by both as to the life and work of the deceased as a member of Bridge street Methodist Church and a public-spirited citizen. The Masonic service was taken by Rt. Wor. Bro. Rev. E. W. Pickford and Bro. Rev. Dr. C. T. Scott.

The cortege was large and representative of all classes of the community. The bearers were Messrs. H. J. Clarke, F. D. Diamond, H. F. Ketcheson, C. N. Sulman, W. H. Morton and Charles Walters. The pall bearers were Judge E. B. Frazer, Judge J. F. Willis, R. Tannahill, F. M. Clarke, E. F. Milburn and P. E. O'Flynn. The Masonic service at the grave was conducted by W. Bro. Dr. M. A. Day and R. W. Bro. F. D. Diamond.

A wealth of floral tributes to the memory of the late Mr. Walker was a silent token of the public's sorrow.

Dominion Drive Newslets

By the Organizer

If the response given last night at the City Hall Rally is an criterion of what Belleville will do, success is sure.

Pte. Davies got them going. After his appeal \$150 was laid at his feet on the platform. One gentleman gave five dollars for a doughnut, well that will go in the fund for the "boys" too.

The K. of C. representative backed up the endorsement of S. A. work with a healthy looking check which is appreciated.

If any one who was present last night at the rally ever doubted that the Salvation Army failed to reach the men at the front, they were set right after hearing Sergt. Cawstow of Montreal.

Nearly one hundred workers lined up this morning for canvass and would it not look good if Belleville got half through the first day. All right reader, its up to you.

Some surprises are in store or I shall be surprised. It will just keep our ears and eyes open for the report of the team captains.

Chairman Sinclair is a busy man and is to be congratulated on that splendid citizen's committee. The "never give up" spirit follows from father to son for we have heard that Lieut. Sinclair led a company of our boys over the Rhine.

The chairman of the Belleville Drive will lead his forces "over the top" to victory.

The municipal body was represented last night on the platform by Aldermen Hanna and Woodley.

Red Cross, G.W.V.A., K. of C. Y. M.C.A., I.O.O.F., Salvation Army and other organizations are all invited to give the drive a boost.

Judge Deroche's speech was loudly applauded. It is true the S.A. was on the job early. Immediately following the invasion of Belgium, S.A. workers were then until today a mighty army of Salvationists are working for the soldier, the widow and the orphan.

The press will acknowledge the larger donations and the total for each day will be announced.

"Do it now" is our campaign slogan and reader we believe you will not turn down the appeal. Your part will help spell "success."

Sudden Death of Mrs. W. N. Penton

Mrs. (Lieut.-Col.) W. N. Penton died at her residence, Sidney Cottage, quite suddenly and unexpectedly, at nine o'clock this morning.

Although in frail health for several years past she was yesterday as well as usual and spent last evening chatting pleasantly with her family and friends. In the early hours of the morning, however, she was taken suddenly ill and it soon became apparent that her condition was serious. She gradually became worse and death ensued this morning. A more extended obituary notice will appear in tomorrow's issue. The funeral will be held on Friday afternoon.

MARMORA

Rev. W. P. Woodger is in Toronto for a few days.

Mrs. C. Dunlop, of Toronto, is visiting in Marmora.

Mr. Jas. Ryan, of Tweed, was in town a few days this week.

Miss Florence McWilliams, of Toronto, is visiting relatives in town.

Mr. A. H. Connor has been confined to his home through illness for a couple of weeks.

Miss Olive Deacon returned to Toronto yesterday after spending a couple of weeks at her home here.

Pte. Manley Cole, brother of Mr. an Osborne, who was overseas for our years, has arrived at his home in Timmins.

Mr. Thos. McIntyre, Jr., has been very low with pneumonia during past week, but is reported to be improving for the last couple of days. Owing to the death of a near relative, Rev. E. W. Pickford, D.D.G.M., for Prince Edward District, No. 13, A.F. and A.M., had to postpone his visit to Marmora. As a re-

sult the banquet, which had been planned, was also postponed.

The annual euchre party and dance of the Catholic Order of Foresters, which was held in the town hall last evening, was one of the most successful ever held. There was a large attendance and everything passed off in a very pleasing manner. The lady's prize for euchre was won by Miss Shea, and the gentleman's by Mr. Hugh Crawford.

Sunday morning was the coldest of the year, the thermometer registering 20 below zero. The weather has been exceptionally mild since then, although we have not had the usual thaw with rain and mist. Skunks are out, one being seen on the road between the village and the C.P.R. on Monday evening, which is very unusual for this season of the year. It is considered a sign of soft weather.—Herald.

COUNTY AND DISTRICT

Faux Fined

Peterboro, Jan. 22.—In Saturday morning's police court Emmet Faux was fined \$500 and costs for a breach of the Ontario Temperance Act. He was one of the men who, three weeks ago, secured a quantity of Columbian spirits. Two of the men, Walter Irwin and Omer Bourgeois, died due, it was alleged, to drinking quantity of the spirits. Analysis of the spirits, which Faux admitted he supplied to Bourgeois, showed that it contained over 73 per cent. proof spirit. Faux was then charged with a violation of the Temperance Act, with the above result.

Two Lads for Pen.

Charles Cooper, the murderer of Theo. Taylor, was sentenced on Saturday at Halesbury to be hanged on April 18th. Fuller and Thomsen, who were with Cooper when the murder was committed, pleaded guilty to robbery and violence, and were sentenced to fourteen and ten years respectively, in the Portsmouth penitentiary. Fuller is only nineteen years of age while Thomsen is only sixteen years old.

Meat Prices in Cobourg

Here are meat prices in Cobourg as advertised by Mr. Mitchell in the Cobourg World: Smoked picnic hams 23c; unsmoked, 30c; good steak as low as 28c; choice breakfast bacon, 45c; sliced, 50c; tender roasts as low as 22c; home-made sausages 20 and 22c.

Rector's Widow Dead

The death occurred suddenly at her home in Brockville of Mrs. Lily B. Stephenson, widow of the late Rev. F. S. Stephenson, rector of St. Peter's Anglican Church, and a daughter of the late W. R. S. Bedford, of Perth. She had resided in Brockville for about thirty-three years, going to that town when her husband was rector of St. Peter's. Three sons survive. The late Rev. R. L. Stephenson, rector of Perth was a brother-in-law.

Former Kingstonian Wins Fourth Honor

Kingston, Jan. 22.—According to a report as published in the London Gazette of Dec. 31, among those Canadians mentioned by Sir Douglas Haig in his despatch of Nov. 8th, 1918, as deserving of special mention was Lt.-Col. W. H. P. Elkins, D.S.O. Lt. Col. Elkins commanded the Royal Canadian Horse Artillery Brigade of this city at the front and is now thought to be somewhere in France or Belgium. This is the third time he has been mentioned in despatches and he has been awarded a bar to his D.S.O. He is a son-in-law of Mrs. Iva E. Martin, this city.

Broke Leg at Ankle

Coming down the steps at the public school last Friday, Gerald Brining, son of Mr. and Mrs. Geo. Brining, slipped and broke his leg at the ankle. A short time ago he had the misfortune to break his ankle, Cobourg World.

IN MEMORIAM

In Memory of Rev. W. Fleming, Jan. 22nd, 1915.

Fold him, O Father in thine arms, And let him henceforth be A messenger of love between Our human hearts and Thee.

—Daughter Emily.

An Oil That Is Famous.—Though Canada was not the birthplace of Dr. Thomas' Electric Oil, it is the home of that famous compound. From here its good name was spread to Central and South America, the West Indies, Australia and New Zealand. That is far added enough to attest its excellence, for in all these countries it is on sale and in demand.

WANTED
POTATOES and TURNIPS
We Will Pay For Delivery in September:
Table Potatoes \$1.00 per bushel delivered to evaporator Belleville
Field Run Potatoes according to grade.
Turnips 30c per bushel delivered to evaporators at Frankford, Concession or Belleville.
GRAHAMS Limited.

FOR SALE
PAY DRIVING MARE, 1100;
pair bay Geldings, 2700; set of Bay Sleighs, Heavy Wagon, good as new; Buggies, Cutters, Harnesses of all kinds. Horses bought and sold or handled on commission. Horse dentistry at same barn just back of Sanford's Fish Market. Jas. B. Foster. 122-21d, 11w.
PONTIAC PRIDE OF RAYSIDE,
our herd sire, is a son of Pontiac Hermes, his Dam Trenton Keyes, is a 100-lb cow. He is a grand bull in every way, and at not yet 4 years old. To avoid in-breeding would sell him at a price. If you need a well backed bull, write or come and see him. H. W. Langabeer, Belleville, Route 5. 121-21d, 11w.

WE HAVE TEN TO FIFTEEN
tons of Oil Cake Meal left at reasonable price, quantities to suit. Buy at once and save money. Belleville Milling Co. 122-1md.

FARM FOR SALE
200 ACRES, WELL BUILT,
watered and fenced, eight acres wood land, Lot 16, 2nd concession Thurlow, 2 miles east of Grand Trunk station, R. R. No. 6, Belleville. James McAvoy. 9-41w.

FARM FOR SALE
IN THE COUNTY OF PRINCE EDWARD,
containing 118 acres of first class soil, strong sandy loam and clay loam. There is a first class up-to-date frame dwelling, barn and drive house, fair; plenty of wood and water, also some good building material, fall plowing done. In good shape for crop, convenient to church, school and cheese factory, only 3 1/2 miles from Northport canning factory. Rural mail and telephone in house. First class neighborhood. A bargain at \$3,500. For further particulars address John C. Wager, Demorestville, P.O., R. R. No. 2. 19-41w.

BRICK RESIDENCE FOR SALE
THE DESIRABLE RESIDENCE
premises of the late Richard Lausne, Number 149 East side of Charles St., Belleville, splendid frontage lot with barn, about 100 feet frontage. For particulars write to undersigned and he will arrange to send parties. Ryerson Badgley, R.R. No. 1, Shannonville, Ont. 111-6td, 21w.

PURE BRED HOLSTEIN BULLS,
rising two years old, registered. For particulars apply to Richard Sine, Frankford, R.R. No. 2. 16-3td, 31w.

FARM FOR SALE, SIXTY ACRES
good clay loam adjoining village of Plainfield. Good buildings well fenced, plenty of water, ploughing done. Apply Mrs. H. Shepard Plainfield. 119-51w.

SPAN BAY MARKS, 6 AND 10
years old and one bay pony, single and double harness, new and second hand blankets, halters, extra collars, one cutter, open buggy. Horses, harness, rigs handled on commission. Give us a call—just back of Sanford's Fish Market. J. B. Foster. 19-4td, 21w.

ANNUAL MEETING
For election of officers and closing up business for the year 1918, of the Frankford Agricultural Society will be held in Frankford at treasurer's office, Frankford, on Tuesday January 21, 1919, at 1 p.m. R. McMurphy, President, open house. Secretary, J. N. Simmons, Treasurer. 9-21w.

FARMER'S ATTENTION
If you want the best in fanning mill for your money, why not buy a "Kline," none other can equal it for cleaning, grading and weighing grain, from 75 to 100 bushels an hour. Sold at auction sales for double its price new. Will take out all wild oats out of grain. For particulars write The Kline Fanning Co., Beeton, Ont. 116-11w.

LOST
GENTLEMAN'S GOLD WATCH &
lost between Zions Hill and Belleville on Monday, January 13th. Finder please leave at this office. 116-2td&11w.

Mrs. A. A. Affleck, of Belleville,
is confined to the Port Hope Hospital suffering from an attack of appendicitis. An operation was performed this morning by Dr. Scott. Mrs. Affleck's many Port Hope friends hope for her speedy recovery.—Port Hope Guide.

If weather conditions continue as at present, the Tankard games for this district will be played at Belleville tomorrow, beginning at two o'clock in the afternoon. It is expected that two clubs from each of the following clubs will compete—Campbellford, Cobourg, Oshawa, Port Hope, Picton and Belleville. Should the ice become soft, there might be a postponement.

DOWNY COAL CO.
We can now supply all sizes of the D.L.&W. Scranton Coal in any quantity; either at yard or delivered. 123-21w.

DOWNY COAL CO.
WINTER WEATHER HARD ON LITTLE ONES
Our Canadian winters are extremely hard on the health of little ones. The weather is often so severe that the mother cannot take the little one out for an airing. The consequence is that baby is confined to overheated, badly ventilated rooms; takes colds and becomes cross and peevish. Baby's Own Tablets should be given to keep the little one healthy. They regulate the stomach and bowels and prevent or cure colds. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Mr. J. C. Green, of Cleveland,
Ohio, is visiting his sister, Mrs. J. Richardson, River Valley and relatives at Smithfield.—Leader.

Minutes

1919 met on

received from and Hospital for moved by Fargy, cheson, that the d to send for six elpal World—car organ, seconded by grant of \$5 be giv- for Sick Children

roduced and pass- several readings ap- wing: Frank Her- sh, auditors; Pet- ry Inspector; An- member Board of Golden and George Downey, Daniel Keene, sheep val- Blair's taxes were

following accounts: Dr. Eagleson, M. 0; Ben Brough, D. onnan, D.R.O., \$4; O.O., \$4; David Hol- Sick Children's nicipal World \$6; refund dog tax, \$1; \$20.60; Council-

gan, seconded by d adjourn till the ebruary. Fleming, Clerk.

Prohibits Tobacco Children

rs ago a bill was n, prohibiting the any form before years. This be- resenting the bill, ildren in our pub- me to smoke cheap the consequenc- ar will bring our the miserable con- s like China and, pacco, like opium, oisons, which be- a system, weaken of our children ng; and thus to ational policy, we hit the smoking ildren and young pect to make this o the nations of eia, we must not a common schools, e fathers and mo- y in the near fu-

to this peril if we

RECIPROCAT

the Salvation Army and in t and help the ade no general being content to the meagre res- al. ctically exhausted funds, but the shed its work. It here is any con- troops with its coffee, its motor he hundred and a disposal of the they have the the air if they ed.

reds of thousands ty homes, hotels ns in Canada to turning soldiers of soldiers; and all the attention y upon them. Do n Army fail to ce that it desires ck of funds. Give drive "over the Army was the ation to serve, it l.

Sidney Cottage, Wednesday mcrn- 2nd, 1919 May 2nd, beloved wife pet Ponton.

house on Fri- 30 o'clock.

ville, Tuesday, Lillian Blanche of Mrs. ie, in her 21st