

INFLUENZA LEAVES THE BLOOD THIN, THE NERVES WEAK

The Danger From the Disease is Seldom Over When the Acute Stage is Passed—Tonic Treatment Strongly Recommended.

Doctors have agreed that Spanish influenza is really a severe form of the grippé which became known in this country a number of years ago under the French name of "la grippé" and which has been epidemic several times since.

The danger from grippé is seldom over when the characteristic symptoms, the fever, the catarrh, the headache and the depression of spirits pass away. The grippé leaves behind it weakened vital powers, thin blood, impaired digestion and oversensitive nerves—a condition that makes the system an easy prey to pneumonia, bronchitis, rheumatism, nervous prostration and even consumption.

COULD HARDLY CRAWL ABOUT a dull, languid feeling most of the time. My blood was very thin and poor and my stomach troubled me.

WEAK AND RUN DOWN Miss Irene Bootes, Portsmouth, Ont., says:—"I take much pleasure in recommending Dr. Williams' Pink Pills, because I have proved their worth in my own case.

REGAINED FLESH AND STRENGTH To rebuild the blood, to strengthen the weakened nerves and to get back the lost flesh and strength is the problem of the victim of an attack of influenza.

Souvenir From the War Zone

Orders of Gen. Macdonell to Belleville Boys Before Final March Into Germany

Mr. and Mrs. William P. Clarke, 93 Front St., has received an interesting souvenir from the war zone from her son, Gunner Clifford Clarke.

Special Order of the Day By Major-General A. C. Macdonell, C.B., C.M.G., D.S.O.

The final act of the war drama, in which this 1st Division has been privileged to play no inconsiderable part, now commences.

Late Librarian Laid to Rest

Impressive Obsèques of Late A. R. Walker on Tuesday Afternoon.

All that was mortal of the late Alexander R. Walker, Librarian of the Public Library, was laid to rest in the family plot in Belleville cemetery.

MARMORA

Rev. W. P. Woodger is in Toronto for a few days.

IN MEMORIAM

In Memory of Rev. W. Fleming, Jan. 22nd, 1915.

An Oil That is Famous.—Though Canada was not the birthplace of Dr. Thomas' Electric Oil, it is the home of that famous compound.

Sudden Death of Mrs. W. N. Penton

Former Kingstonian Wins Fourth Honor

Kingston, Jan. 22.—According to a report as published in the London Gazette of Dec. 31, among those Canadians mentioned by Sir Douglas Haig in his despatch of Nov. 5th, 1918, as deserving of special mention was Lt.-Col. W. H. P. Elkins, D.S.O.

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Broke Leg at Ankle

Coming down the steps at the public school last Friday, Gerald Brining, son of Mr. and Mrs. Geo. Brining, slipped and broke his leg at the ankle.

MISS FLORENCE McWILLIAMS, of Toronto, is visiting relatives in town.

MISS OLIVE DEACON returned to Toronto yesterday after spending a couple of weeks at her home here.

MR. ASHBY, brother of Mr. Osborne, who was overseas for our years, has arrived at his home in Timmins.

MR. THOS. McINTYRE, Jr., has been very low with pneumonia during the past week, but is reported to be improving for the last couple of days.

THE MASONIC SERVICE at the grave was conducted by W. Bro. Dr. M. A. Day and R. W. Bro. F. D. Diamond.

A wealth of floral tributes to the memory of the late Mr. Walker was a silent token of the public's sorrow.

Dominion Drive Newslets

By the Organizer

If the response given last night at the City Hall Rally is an criterion of what Belleville will do, success is assured.

Pte. Davies got them going. After his appeal \$150 was laid at his feet on the platform.

The K. of C. representative backed up the endorsement of S. A. work with a healthy looking check which is appreciated.

HELPED HIM WONDERFULLY Following an attack of grippé, Mr. William Fielder, of No. 132 First Street Albany, N. Y., suffered from stomach trouble.

Nearly one hundred workers lined up this morning for canvass and world it not look good if Belleville got half through the first day.

Some surprises are in store or I shall be surprised. It will just keep our ears and eyes open for the report of the team captains.

Chairman Sinclair is a busy man and is to be congratulated on that splendid citizen's committee.

Two Lads for Pen. Charles Cooper, the murderer of Theo. Taylor, was sentenced on Saturday at Halesbury to be hanged on April 18th.

The municipal body was represented last night on the platform by Aldermen Hanna and Woodley.

Red Cross, G.W.V.A., K. of C. Y. M.C.A., I.O.D.E., Salvation Army and other organizations are all invited to give the drive a boost.

Judge Deroche's speech was loudly applauded. It is true the S.A. was on the job early.

eat Prices in Cobourg Here are meat prices in Cobourg as advertised by Mr. Mitchell in the Cobourg World: Smoked picnic hams 23c; unsmoked, 30c; good steak as low as 28c; choice breakfast bacon, 45c; sliced, 50c; tender roasts as low as 22c; home-made sausages 20 and 22c.

Rector's Widow Dead The death occurred suddenly at her home in Brockville of Mrs. Lily B. Stephenson, widow of the late Rev. F. S. Stephenson, rector of St. Peter's Anglican Church, and a daughter of the late W. R. S. Bedford, of Perth.

The press will acknowledge the larger donations and the total for each day will be announced.

"Do it now" is our campaign slogan and reader we believe you will not turn down the appeal. Your part will help spell "success."

Sudden Death of Mrs. W. N. Penton

Mrs. (Lieut.-Col.) W. N. Penton died at her residence, Sidney Cottage, quite suddenly and unexpectedly, at nine o'clock this morning.

Mr. Jas. Ryan, of Tweed, was in town a few days this week.

Miss Florence McWilliams, of Toronto, is visiting relatives in town.

The funeral will be held on Friday afternoon.

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The annual euchre party and dance of the Catholic Order of Foresters, which was held in the town hall last evening, was one of the most successful ever held.

COUNTY AND DISTRICT

Faux Fined Peterboro, Jan. 22.—In Saturday morning's police court Emmet Faux was fined \$500 and costs for a breach of the Ontario Temperance Act.

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WANTED POTATOES and TURNIPS We Will Pay For Delivery in September. Table Potatoes \$1.00 per bushel delivered to evaporator Belleville Field Run Potatoes according to grade. Turnips 30c per bushel delivered to evaporators at Frankford, Concession or Belleville. GRAHAMS Limited.

FOR SALE PAY DRIVING MARE, 1100; pair bay Geldings, 2700; set of Best Sleighs, Heavy Wagon, good as new; Buggies, Cutters, Harnesses of all kinds. Horses bought and sold or handled on commission. Horse dentistry at same barn just back of Sanford's Fish Market. Jas. B. Foster, 122-2td, 11w.

WANTED A MAN TO WORK ON FARM with machinery. Apply stating wages and experience to B. Mallory, County Treasurer, Belleville, J21-6td, 11w.

Ottawa Winter Fair—Fair—HOWICK HALL, OTTAWA. January 14, 15, 16, 17, 1919. \$10,000.00 in Cash Prizes. Excellent classification for all classes of Horses, Cattle, Sheep, Swine, Poultry and Sleds. Large Harness Horse classes Pure bred Stallion sale. For railway rates see local agents. Apply to the secretary for prize lists. Wm. Smith, M.P., Pres. Columbus, Ont. W. D. Jackson, Secretary, Carp, Ont. Reduced rates on all Railways. Fare and one-third for round trip.

20% Discount Off. Blouses and Sweaters Sale Starts Wednesday. Be on Hand Early Special Values All Over the Store. Wims & Co. AUCTION SALE FARM STOCK, IMPLEMENTS, hay, grain, potatoes. Lot 33, concession 3, Sidney, Wednesday, Jan. 23, at 12:30 p.m. Goods and chattels of the late Thos. Waterhouse. John L. Palmer, Auctioneer, J23-1td, 11w.

FARMER'S ATTENTION If you want the best in fanning mill for your money, why not buy a "Kline," none other can equal it for cleaning, grading and weighing grain, from 75 to 100 bushels an hour. Sold at auction sales for double its price new. Will take out all wild oats out of grain. For particulars write The Kline Fanning Co., Beeton, Ont. J16-1tw.

LOST GENTLEMAN'S GOLD WATCH & Job between Zions Hill and Belleville on Monday, January 13th. Finder please leave at this office. J16-2td&1tw.

DOWNY COAL CO. We can now supply all sizes of the D.L.E.W. Scranton Coal in any quantity; either at yard or delivered. J23-2tw.

WINTER WEATHER HARD ON LITTLE ONES Our Canadian winters are extremely hard on the health of little ones. The weather is often so severe that the mother cannot take the little one out for an airing. The consequence is that baby is confined to overheated, badly ventilated rooms; takes colds and becomes cross and peevish. Baby's Own Tablets should be given to keep the little one healthy. They regulate the stomach and bowels and prevent or cure colds. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont. Mr. J. C. Green, of Cleveland, Ohio, is visiting his sister, Mrs. J. Richardson, River Valley and relatives at Smithfield.—Leader.

Minutes

1919 met on... being present... declaration of qualification of office and

received from and Hospital for Moved by Fargey, Cheson, that the d to send for six dical World—car-organ, secured by grant of \$5 be given for Sick Children

roduced and pass-veral readings ap-ving: Frank Her-sh, auditors; Pet-ry inspector; An-ember Board of lden and George Downey, Daniel Keene, sheep val-

following accounts: Dr. Bagleson, M. 0; Ben Brough, D. onnan, D.R.O., \$4; O., \$1; Ward Hol- Sick Children's nicipal World \$6; refund dog tax, \$1; \$20.60; Council-

gan, seconded by el adjourn till the d 14th.

Flaming, Clerk.

Prohibits Tobacco Children

rs ago a bill was n, prohibiting the n form before e years. This be-resenting the bill, lildren in our pub-ic to smoke cheap e consequence- ar will bring on the miserable con- s like China and opium, which be- a system, weaken of our children-

ng; and thus to ational policy, we hit the smoking lildren and young pect to make this o the nations of ea, we must not a common schools, e fathers and mo- y in the near fu-

RECIPROCATÉ

the Salvation Army France and in t and help the ade no general being content to the meagre re- sal.

ctically exhausted funds, but the shed its work. It here is any con- troops with its office, its motor he hundred and disposal of the they have the the air if they e.

reds of thousands ty homes, hotels ns in Canada to turning soldiers of soldiers; and all the attention y upon them. Do n Army fail to ce that it desires ck of funds. Give drive "over the Army was the tion to serve, it l.

Sidney Cottage, Wednesday morn- 2nd, 1919 May 2nd, beloved wife et Ponton.

house on Fri- 30 o'clock.

ville, Tuesday, Lillian Blanche, ter of Mrs. e, in her 21st