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THE WINGATE CHEMICAL CO., Limited. MONTREAL, Canada.

HOUSE AND HOME

Conducted by Helene.

Has it ever struck you what a sweetener of life has in a few words of appreciation and encouragement? How few of us take the trouble to stop a few minutes and praise the work of an employee for work well done, or even pause to tell our nearest and dearest how we appreciate all the daily services which we have apparently never noticed.

Many inherit weak lungs, and as disease usually assails the weakest point, these persons are continually exposed to attacks of cold and pulmonary disturbances. The speedy use of Bickel's Anti-Consumptive Syrup will be found a preventive and a protection, strengthening the organs so that they are not so liable to derangement from exposure or abrupt atmospheric changes. Bickel's Syrup is cheap and good.

FASHION NOTES.

The vogue for black has brought jet and spangled trimmings to the front.

Touques of color when well chosen are introduced on modish tailored gowns. The material is heavily braided and is used for collar, cuffs and vest.

The longcoats are smarter with the plain fitted skirt than jackets of shorter length.

Combs are again popular and are set in pins, hatpins, necklaces, combs and brooches.

Many elegant costumes are this season made of soft pliable satin instead of broadcloth.

For Inflammation of the Eyes.—Among the many good qualities which Paramee's Vegetable Pills possess, besides regulating the digestive organs, is their efficacy in reducing inflammation of the eyes. It has called forth many letters of recommendation from those who were afflicted with this complaint and found a cure in the pills. They affect the nerve centres and the blood, and the result is almost immediately seen.

A ROYAL NURSERY.

The little heir to the Spanish throne has begun his babyhood in a suite of rooms arranged entirely after the fancy of his royal mother. Spanish etiquette requires her to conform to ideas other than her own on most points, but in the fitting of the nursery her word is law. The furnishing, decorating and entire arrangement are English, and offer everything that could possibly conduce to a baby's health and happiness.

The suite, directly over the queen's apartments, on the sunny side of the palace, consists of living-room, dining-room, bedrooms, for the baby and head nurse, bath and sewing-room. The living-room is decorated in green and white, with showers of little pink roses. The vaulted ceiling is enameled in white, and round the walls runs a frieze of animals in Noah's ark-like procession. Light green shades temper the sunshine. The angles of furniture and walls are

are all softly rounded, so the approved method of standing a naughty child in the corner face to this wall could hardly be adopted in this case. With the exception of the rose-colored English carpets, everything in the suite is washable.

The wide window-sills are cosily cushioned; an iron lattice, light and lace-like, but very strong, secures the windows from without.

In the bedroom three large paintings represent "Morning," "Noon" and "Night." The first is a sunshiny picture of a baby awakening in his little bed. "Noon" shows him busy with porringer and spoon, and in "Night" he has folded his chubby hands in prayer before going to sleep.

The woodwork is white enameled, and round the ceiling a frieze of dancing children charms the eye, as does the exquisite tint and design of the blue and white tiling of the fireplace.

The little prince sleeps in the cradle that rocked father and grandfather before him. It is a stately affair, resting on four Corinthian supports. It was formerly curtained in the richest lace, flowing from beneath a Spanish crown; but the young queen mother had the crown removed, lest it fall and injure the royal sleeper below; and the lace curtains were suppressed to allow freer access of air.

The cradle linen shows embroidery of fairy-like fineness, the outer coverlets sown with butterflies and roses in white silk.

The dining-room furniture is white mahogany, with the royal arms of Spain skilfully inlaid in each piece. Throughout simplicity and good taste distinguish this ideal dwelling for a young child.

The rooms are considered the best ventilated in all Madrid, for the young queen inherits her love of fresh air from her illustrious grandmother, the late Queen Victoria of England.

A PHYSICIAN CHAMPIONS CANDY

"At its worst, candy is not half so dangerous as hash, soup out of a stock pot, bread pudding, or any other of the sacred mysteries wrought out of stale and decaying odds and ends, which are worshipped by many model housekeepers," says Dr. Woods Hutchinson, in the Christmas Woman's Home Companion. "The substitution of starch for butter or cream, to give body to the cheaper creams and pastes, while very digestible, is absolutely harmless, and like the use of rancid butter, or even cheaper fats, such as suet and lard, will promptly reveal itself to the unblunted palate. In fact, candy is peculiarly protected from many adulterations and dangers by the very delicacy and purity of the flavor demanded of it.

"At one time arsenic was said to be used to give the green color to the cheaper grades of candy, but it is never common, and has passed out of use entirely since the introduction of aniline dyes.

"To sum up, candy when eaten in moderate amounts and towards the close, or shortly after a meal is a harmless and often beneficial addition to our diet.

"While a liking for it is perfectly natural and wholesome, an excessive craving is generally a sign of disease. Those young ladies who are said to live chiefly upon candy and pickles do not owe their pallor to the candy they eat, but to some definite morbid condition, most generally based upon a lack of proper exercise in the open air or of sufficient sleep. This should be corrected by proper hygienic or medical means, and then their normal appetite for more substantial foods will return. Failing this, it is perfectly idle to try to cut off their supply of candy. They had better eat that than nothing, which will be their choice until their normal condition is restored."

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A Marriage of Reason

(Continued from Page 3.)

languidly assented that it was, Katharine was disenchanted. Not the delicious luncheon, the wonderful conservatory, or the china, or the little silver boxes of marrons glacés which Wirt had for the ladies, with the right monogram on each, made her forget the censor or the fragments of brocade.

It was a clear, Indian summer afternoon, and they went back to town on the top of the brake, Katharine avoiding Wirt and talking to Ferdinand Carey. This gave the Major a paragraph for one of his "society" columns, and, on paper, the "beauty of the season" was transferred to Mr. Carey—Lord Marchmont being now in New York and the Lady Alicia supposed to be engaged to Mr. Wirt Percival.

"Biddy, as Katharine noticed, was in the best possible humor going home. And at the dinner, which the Major gave at a hotel on Broad street, that fashion sometimes favored, she was positively brilliant. Katharine came to the conclusion that her friend must have heard good news. She did not know that Mrs. Percival had that day told her that Wirt was no longer a suitor of Katharine's.

Lady Alicia had few friends. She had learned to love Katharine, for she was warm-hearted and loyal. She had a specially haunting fear, and this was that she should not be able to make a "good" marriage—a marriage of reason. Rank without money, as she too well knew, was delusion and a snare; she had no money. In a few years she must be old, settle down as a dependent on some reluctant relative. She would not work, for she had been brought up to consider work as a degradation. Marriage was her only refuge, and so far Wirt Percival was the only available husband within sight. She felt that a marriage with the owner of Bolingbroke would fulfill the most sanguine hopes of her American visit.

"Do you really like him?" the Marquise, nee Miss Worth, had asked her. "He is better than I expected," she had answered. "In Dublin we don't expect much of Americans. If they are not vulgar and don't speak too much through their noses, we are content."

The Marquise laughed; it was useless to contend against Biddy's prejudices. "Mr. Percival is not clever; but he is good-natured; I think I could twist him around my finger."

"My dear," said the Marquise, "no man is good-natured unless he has his own way,—you have no idea how awful Georges can be, if he is crossed. But I must say that American husbands are more easily managed than any other kind," continued the Marquise, with a sigh. "Papa was always mamma's slave,—always! I didn't have all the money and Georges wasn't, so poor, he would be a real tyrant." The Lady Alicia sighed, too. If she had only a little money, she would never marry any man. Her father had been a tyrant, and she believed that all men, except, perhaps, Wirt Percival, were tyrants. She would have preferred to marry a Catholic, of course, even if he were a little tyrannical,—for a Catholic has something to be afraid of; but as there were no eligible Catholics in the Worth set, she felt that she must marry Wirt,—if Katharine did not want him. Nothing would induce her to interfere with Kitty's settlement in life—nothing.

Mrs. Sherwood had resolved that Katharine should keep Wirt Percival dangling about her, if possible, until Lord Marchmont, or some other more eligible should appear. She was furious when Wirt laughingly told her of the episode of the screens. She concluded to bring Katharine to her senses. No chance came until the day after the drive to Bolingbroke. Herr Teufelsch had just left and Katharine was trying a new song at the piano.

"Fleur de ma terre! Lane de mon ciel! Coeur de mon coeur, O mon printemps!" "Do you want to be an old maid?" suddenly asked her aunt. "I beg pardon," said Katharine, turning on the piano stool.

"I was about to say," continued Mrs. Sherwood, raising her voice, "that, if you want to be an old maid, you have chosen the right way. You show your low, Irish superstition; you devote your time to learning religious hymns in Latin."

Katharine stared, and then turned to the piano, to conceal a reprehensible giggle. "Fleur de ma terre" is not a hymn, aunt—it is only a little song.

"No matter what it is!" cried Mrs. Sherwood, "I don't approve of your superstitious notions. You are out at six o'clock Mass every morning, giving a bad example to the servants."

Katharine faced her aunt, and, to save her life, she could not help smiling. It seemed such an odd way of giving a bad example to the servants. The smile exasperated Mrs. Sherwood, though Katharine suppressed it at once. "Do you think Wirt Percival was pleased yesterday by your words about his screens. I think you said he had been guilty of a sacrilege or something like that,—'sacrilege' was the word you used, I believe."

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The PEDLAR People (Incl. Ottawa, Toronto, Montreal, London, Winnipeg)

riage that will somewhat repay me for the trouble I have taken with you. I say again that I am disappointed in convents. I have always understood that they make girls perfectly docile and obedient. It is your business to encourage Wirt Percival until perhaps a better opportunity occurs.

Katharine held her head very high. "The lesson you are trying to teach me now is not to be learned in convents," she said. "There is nothing unwomanly taught there."

"Do you mean to say that I am unwomanly?" cried Mrs. Sherwood, making a gesture as if she would have liked to smite Katharine with her open hand. Her face flushed, the bangles at her wrist jingled. "Do you mean to say that I am unwomanly because I look to the future? It's your business to do the best you can for yourself,—to settle yourself in life. Do you think that you are always to be ornamental,—sitting at the piano, singing idiotic German songs, or holding flowers at a dance? Am I working my fingers to the bone trying to make you the fashion, that you may do nothing by way of return? You ought to have caught Lord Marchmont, if you had not been such a fool!"

Katharine had grown her face and neck; she felt an impulse as if to turn aside from the sight of something that shocked her.

"Aunt," she said, "you cannot mean what you say, you cannot! My uncle surely didn't—"

"Your uncle expects you to do your duty."

"But not that—not to—to catch—"

"My words are too vulgar, are they?" demanded Mrs. Sherwood, losing her temper altogether. "They shock your modesty; but I'd like to know who's to pay for your frocks, and all your luxuries? Your uncle will do it, if you make a good marriage; but if you don't, you'll be simply an idle girl about the house!"

Katharine's impulse was to cry out that she would leave the house. Her aunt divined her thought.

"You'll go away? No; you will not, my dear,—not when all the goods of this world are thrown at your feet, and you don't have to work for them. Why, that gown you have on to-day cost your uncle a lot of money. When you come to your senses, and regain your temper, you can come to my room and talk things over. You can't always live in a fool's paradise!"

And Mrs. Sherwood was about to leave the room with a great jingling of bangles, when a servant pulled aside the portiere. He gave Mrs. Sherwood a note, the envelope of which bore Wirt Percival's coat of arms, which made a labyrinth of quarterings. She tore it open. (To be continued.)

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The second period that constitutes a special drain on the system is during pregnancy.

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In all three periods Milburn's Heart and Nerve Pills will prove of wonderful value to tide over the time. Mrs. James King, Cornwall, Ont., writes: "I was troubled very much with heart trouble—the same being to a great extent due to 'change of life.' I have been taking your Heart and Nerve Pills for some time, and mean to continue doing so, as I can truthfully say they are the best remedy I have ever used for building up the system. You are at liberty to use this statement for the benefit of other sufferers."

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What is meant contained in the ten Word of God ditton, the unv Writing over Basil said: "T trines preserved Church, derived documents, part Tradition, which same force in r no one contradic knowledge of (Lab de Spir The Protestant God saving the ten Word.

But this positio non-Scriptural, no warrant for It is (b) anti-Scr from the Scriptu Lord Himself tau but by word of commissioning H on, propagate ar work, the mean was preaching.

The Apostles command to "pre every creature," by preaching. In Apostles wrote n they did write, called forth by es and were usually vate individuals.

St. Paul wrote ians: "Therefore, fast, and hold th you have learned, or by our epistle Timothy: "And t thou hast heard o nesses, the same d faithful men who teach others also." The Protestant c consistent with P for Protestants u to use Tradition t number of the Can to fix the sense mysteries of the fa by Tradition, agai prove the obligati the Sunday, the la baptism, the val when conferred by J "Without Traditio VIII, in his reply would not know th pels. Had not th us the authenticit Gospel, how could ed it? Why, then, lieve the Church wh hold her authority Founder?"

Then, to exclude is (d) unreasonable, makes unity of faith shall we know the t Scripture, if there Tradition, no infall Church are containe Scriptures, or is D the unwritten Word The Church from t first General Coun first day, has from ti as occasion requir, claimed and explicit doctrine which was o implicitly in the orig faith. But to that never made an additio trary; she obliged all der pain of anathema vation of God was and entire on the day —N.Y. Freeman's Jour

BIRTH

TRAINOR—In this G ber 1904, a son to Simon Trainor.