

The Children's Poem.

Bird Songs.

HELEN M. RICHARDSON.

The robin sings: "Cheer up! cheer up!"
 The bluebird: "Tru-al-ly!"
 The meadowlark: "Spring o' the year!"
 Goldfinch: "Per-chic-o-ree!"
 The crow sends forth his: "Caw! caw! caw!"
 Redwing his: "O-ka-lee!"
 And we all know the blithesome song
 Of merry chickadee.

And then who has not heard bobwhite
 His name call o'er and o'er,
 From fence rail or an old stone wall
 Where he has perched before?
 "Chewink! chewink!" ground robin says,
 "Teacher!" the oven bird;
 And I suppose there're many notes
 That I have never heard.

The Fashions.

How to Order Patterns.

Order by number, giving age or measurement as required, and allowing at least ten days to receive pattern. Also state in which issue pattern appeared. Address Fashion Department, The Farmer's Advocate and Home Magazine, London, Ont. Be sure to sign your name when ordering patterns. Many forget to do this.

POSITIVELY NO PATTERNS WILL BE SUPPLIED EXCEPT THOSE ILLUSTRATED.

When ordering, please use this form:—
 Send the following pattern to:

Name.....
 Post Office.....
 County.....
 Province.....
 Number of Pattern.....
 Age (child or misses' pattern).....
 Measurement—Waist..... Bust.....
 Date of issue in which pattern appeared.....

3234. A New Play Apron.
 Cut in 5 sizes: 1, 2, 3, 4 and 5 years.
 A 4-year size will require $1\frac{1}{2}$ yard of 36-inch material. Price 15 cents.

3247. A Charming Gown.
 Cut in 7 sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. A 38-inch size will require $4\frac{3}{4}$ yards of 36-inch material for the dress, and $1\frac{1}{4}$ yards for the jumper or over-blouse. The width of the skirt at lower edge is $1\frac{1}{4}$ yard. Price 15 cents.

3223. Girl's Dress.
 Cut in 4 sizes: 4, 6, 8 and 10 years. A 6-year size will require 2 yards of 27-inch material for the guimpe, and $2\frac{1}{2}$ yards for the overdress. Price 15 cents.

3219. Lounging Robe.
 Cut in 4 sizes: Small, 32-34; medium, 36-38; large, 40-42 and extra large, 44-46 inches bust measure. A medium size will require $7\frac{1}{4}$ yards of 36-inch material. The width of the skirt at its lower edge is 2 yards. Price 15 cents.

2871. A Simple Dress.
 Cut in 4 sizes: 2, 4, 6 and 8 years. Size 4 requires $2\frac{1}{2}$ yards of 36-inch material. Price, 15 cents.

3221. Misses Dress.
 Cut in 3 sizes: 16, 18 and 20 years. For an 18-year-size, $4\frac{3}{4}$ yards of 38-inch material will be required. Width of skirt at lower edge is about $1\frac{1}{4}$ yard. Price 15 cents.

2893. Girl's Dress.
 Cut in 3 sizes: 12, 14 and 16 years. Size 14 requires $4\frac{1}{2}$ yards of 36-inch material. Price, 15 cents.

3225. Ladies' Apron.
 Cut in 4 sizes: Small, 32-34; medium, 36-38; large, 40-42; extra large, 44-46 inches bust measure. A medium size will require 4 yards of 36-inch material. Price 15 cents.

3230. Ladies' Dress.
 Cut in 7 sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. A 38-inch size will require $5\frac{1}{4}$ yards of 36-inch material. The width of the skirt at lower edge is $1\frac{1}{4}$ yard. Price, 15 cents.



3238. Girl's Dress.
 Cut in 4 sizes: 4, 6, 8 and 10 years. A 6-year size will require $3\frac{3}{4}$ yards of 27-inch material. Price, 15 cents.

2991. Ladies' House Dress.
 Cut in 7 sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. Size 38 requires $5\frac{3}{4}$ yards of 36-inch material. Width at lower edge, is about $2\frac{1}{4}$ yards. Price, 15 cents.

2905. Ladies' Corset Cover.
 Cut in 4 sizes: Small, 32-34; medium, 36-38; large, 40-42; and extra large, 44-46 inches bust measure. Size medium requires $1\frac{1}{4}$ yard of 36-inch material. Price, 15 cents.

3231-3218. A Charming Costume.
 Waist, 3231 cut in 7 sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. Skirt 3218 cut in 7 sizes: 22, 24, 26, 28, 30, 32, and 34 inches waist measure. For the entire costume $7\frac{3}{4}$ yards of 36-inch material will be required for a medium size. The width of the skirt at lower edge is about $1\frac{3}{4}$ yard. TWO separate patterns 15 cents FOR EACH pattern.

3246. A Dainty Dress.
 Cut in 5 sizes: 4, 6, 8, 10 and 12 years. A 10-year size will require $3\frac{3}{4}$ yards of 27-inch material, and $1\frac{1}{4}$ yard for the jumper or over-blouse. Price 15 cents.

3023. Ladies' Apron.
 Cut in 4 sizes: Small, 32-34; medium, 36-38; large, 40-42; and extra large, 44-46 inches bust measure. Size medium requires $1\frac{1}{4}$ yards of 36-inch material. Price 15 cents.

Christ will take the trouble to read the "Quiet Hour." Those who are real Christians are living by faith every moment. With their gaze fixed on Christ's perfect life they cannot help feeling repentant, because they are so unlike the Great Example set them. When they set out to obey their Captain's orders the very first step is baptism (S. Matt. 28:19). The next step (if we may judge by Acts 19:5, 6) seems to have been the "laying on of hands." As for the doctrines of the resurrection of the dead and of eternal judgment, they are never forgotten by those who are living with the life after death always in view.

If I have said little about these things it is not because they are unimportant in my estimation, but because they are so tremendously important that I take it for granted every sincere Christian has, deep down in his life, the six-fold foundation spoken of in our text. Our "first principles" (according to the Epistle to the Hebrews) are repentance, faith, baptism, laying on of hands, and the certainty of resurrection and eternal judgment. The writer of the Epistle says: "let us cease to speak of the first principles of Christ, and press on unto perfection."

When a foundation is laid it remains there to uphold the building. It is of the greatest importance, but the objective of a builder is not reached as soon as the foundation is laid. Those who rest all their hopes on Christ, turning from their own poor works in deep penitence and putting all their faith in Him, cannot be satisfied as if they had "already attained, either were already perfect," as St. Paul puts it. The Great Objective is as far beyond our attainment as the sun is out of our reach in the sky. And yet we can never rest satisfied short of the ideal our Lord has held up in the words: "Be ye therefore perfect, even as your Father which is in heaven is perfect."

If the Pharisee had really been as good as he thought himself to be, his way of sitting down in self-satisfaction would at once have proclaimed him a failure. Until we are perfect, as our Father is perfect, we must press toward the mark. It is related of a man who was president of a great Rail Works in the U.S. that when a visitor asked the secret of his business he answered: "We always try to beat our last batch of rails. That's all the secrets we have, and we don't care who knows it."

A Christian, who keep his eyes on the beauty of the Master's life, can never grow self-satisfied. If he measures himself by other men—especially if he chooses the most degraded person he can find—he may think that he is as good as his neighbors. Perhaps better than the average. The tree that looks only at the little bushes on the ground may feel very high up. But, if it looks up at the sun, its attainments don't seem worth boasting about.

Why do we struggle after perfection? Is it because we expect to be paid well for goodness when this earthly life is over? Some people talk as if our only object in trying to be holy were for the sake of the eternal reward. What do you think of a man who is only honest because he thinks that is the best policy? A man who is honest when it is not good policy is really trustworthy.

Our Lord tells His disciples to return blessing for cursing, love for hate, prayers for persecutions. The reason He gives for such behaviour is "that ye may be the children of your Father which is in heaven: for He maketh His sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust." He goes on to explain that if we only love those who love us we have no right to call ourselves children of the God of Love. "What do ye more than others?" He asks. "Be ye therefore perfect, even as your Father which is in heaven is perfect."

Our objective towers high above us. Shall we—like the Pharisee—choose one more easily reached? There would be no lasting peace in such a compromise. It is our business to "press on unto perfection, no matter what our past record has been. Coningsby Dawson tells of an Englishman who hurried from Mexico to offer his services to England during the War. He was consumptive, but was eager to do his bit. "I could last six months," was his eager assertion, "it would be something. Heaps of chaps don't last as long."

In Christ's army there is room for every

Hope's Quiet Hour.

Our Objective.

Be ye therefore perfect, even as your Father which is in heaven is perfect.—S. Matt. 5:48.

Wherefore let us cease to speak of the first principles of Christ, and press on unto perfection, not laying again a foundation of repentance from dead works, and of faith toward God, of the teaching of baptisms, and laying on of hands, and of resurrection of the dead, and of eternal judgment.—Heb. 6:1, 2, (R. V.)

One of our readers has found fault with me for "preaching sermons" when I have never been ordained. I have no desire to "preach" and our weekly talks are not intended to be sermons. My friend has also told me that he can't find in my writings any mention of "faith" or "repentance" or "baptism" or the "laying on of hands."

I thought that I was speaking each week to real Christians—it is hardly likely that those who care nothing for