

Electric Home Comforts

In the Dining Room the *Toaster*.
 In My Lady's Room the *Curling Iron*.
 In the Nursery the *Heating Pad*.
 In the Laundry the *Iron*.
 For cleanliness the *Vacuum Cleaner*.
 All over the house the *Best Light*.

Call Main 3975 for trial proposition

THE TORONTO ELECTRIC LIGHT COMPANY,
 Limited

Summer Time Table

OF THE

**INTERCOLONIAL
 RAILWAY**

Takes Effect June 4th.

Canada's Summer Train the "OCEAN LIMITED"

will leave Montreal 7.30 p.m. daily except Saturday for Quebec, Lower St. Lawrence Resorts, Moncton, St. John Halifax, The Sydneys

Direct connection for Prince Edward Island. "Maritime Express" will leave at 8.15 a.m. daily for Quebec, Campbellton, daily except Saturday for St. John and Halifax.

Grand Trunk Expresses from Toronto make direct connection Bonaventure Union Depot, Montreal.

French NATURAL Sparkling Table Water

perrier
 "The Champagne
 of Table Waters"

NORWICH UNION FIRE

Insurance Society
 Limited

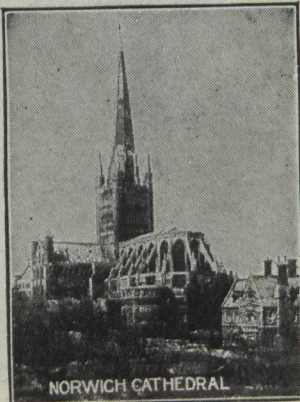
Founded 1797

\$125,000,000 PAID FOR LOSSES
 \$496,900 DEPOSITED AT OTTAWA

Head Office for Canada, TORONTO

JOHN B. LAIDLAW, Manager

A. H. RODGERS, Branch Secretary



NORWICH CATHEDRAL

Most Folks Crave a Wheat Food

The craving of the normal system for wheat food is natural. Wheat is the most perfect food given to man—his "staff of life" for four thousand years. The whole wheat berry contains ALL the elements needed to build the healthy human body.

SHREDDED WHEAT

Biscuit is the whole wheat prepared in its most digestible form. Nothing added—nothing taken away.

The crispness of the shreds compels thorough chewing and a thorough mixing with saliva, which is the first process in digestion.

Shredded Wheat Biscuit every morning for breakfast, served with milk or cream, will build sturdy, robust bodies—best for children or grown-ups. Delicious in combination with fruit. Your grocer sells them.

ALL THE GOODNESS OF THE GOLDEN WHEAT.

Made by

Canadian Shredded Wheat Co., Ltd., Niagara Falls, Ont.

D65

"Lacqueret" is the right thing for renewing the beauty of floors that are dull and lustreless.

There are so many uses for "Lacqueret" in the home that the marvel is that any well-regulated household should be without it. "Lacqueret" beautifies everything to which it is applied—makes old furniture look like new and adds a lustre to worn floors that gratifies the particular housewife.

How to apply "Lacqueret" to floors.

Remove all dust, dirt and grease from the floor. Use one coat of colored "Lacqueret" for refinishing worn, stained and soiled wood floors. If the surface is badly worn and requires a second coat, use clear "Lacqueret" after the colored coating is thoroughly dry. Two coats of colored "Lacqueret" is apt to produce too dark a finish. Stained, natural wood, painted oilcloth and linoleum floors that are in good order but simply dull and lustreless only require one coat of clear "Lacqueret." This retains the original color effect.

Write for our Free Booklet, "Dainty Decorator," and learn for yourself the many uses of this household beautifier.

The most prominent Hardware and Paint Dealers sell "Lacqueret."

International Varnish Co.
 Limited
 Toronto—Winnipeg 2343

LACQUERET