

Table talks

By Mrs. Knox

Speaking of Prunes-

LET me tell you of an interesting table talk that I recently had at a club meeting. One of our members told me how each Monday she planned her menus for the following week. Then from her original ideas, cook books and magazine recipes she studied how to make and serve many old familiar dishes in entirely new and different ways saying that my cook books had been most helpful in teaching her new ways of serving rice, fresh and canned fruits, left-over meats and vegetables, etc., which naturally was pleasing to me.

She gave me her original recipe for serving the old standby—Prunes—in a whip, by combining them with Knox Sparkling Gelatine. It is so good that I am giving the recipe below.

PRUNE WHIP

1/2 envelope Knox Sparkling Gelatine
1/2 cup cold water 1/2 cup sugar
1 cup prune pulp Whites of two eggs
2 tablespoons beaten stiff
lemon juice 1 doz. chopped nuts

Soak gelatine in cold water five minutes. Put prune pulp, lemon juice and sugar in saucepan, and bring to the boiling point, stirring constantly. Add soaked gelatine, stir until cool. When mixture begins to thicken, fold in whites of eggs beaten until stiff, turn into wet mold or paper cases, sprinkle with chopped nuts.

Send for My Recipe Book

In my booklet "Dainty Desserts" you will find other prune recipes such as "Oriental Cream," "Prune Jelly" and numberless other recipes that are easy and economical to make—yet each with some individual touch that makes it different and new. There are also recipes for meat and fish molds, relishes, salads, desserts of all kinds, candies and invalid dishes. Write to me for it. Just enclose 4c in stamps to cover postage and mention your grocer's name.

KNOX

SPARKLING GELATINE

Dept. F. 180 St. Paul St. W., Montreal

"Wherever a recipe calls for gelatine think of KNOX."



Plain Sparkling Gelatine for general use

Contains Lemon Flavor in Separate Envelope

What Does Your Writing Indicate

It May Give the Key to Your Character, and in Conjunction with Your Photograph, May Assist You to Choose Your Life-work Wisely

A few of our readers' questions which are of general interest, are selected for publication in these columns. All questions for this Department are answered promptly by mail by

PROFESSOR ARTHUR BLACK FARMER

An Unusual Gift

Q I am eighteen and have finished school. I did not seem to have special talent for any subject and was just an average student, but I am fond of drawing, painting and out-door sports, though not at all musical. What work would you suggest for me?

A Your writing and photograph show a very happy and optimistic disposition, with a lot of humour and imagination, and a natural love of mimicry, such as are usually characteristic of children between four and eight years. They are most desirable and admirable qualities, but are too often lost as folks grow older, so you are lucky to have kept them so long.

Temperamentally, you are changeable, fond of companionship and entertainment, and very responsive. The kind of work I think you would do best is either kindergarten teaching or reciting and entertaining. If it is not possible for you to train in the latter work professionally, at least take it up for your own pleasure, and it might bring in a little extra money even then.

Three Daughters.

Q Will you tell me something about my three daughters from their writing and snapshots? They are twenty-two, twenty and sixteen years old respectively. The eldest wants to be a doctor, the second a nurse, and the youngest is undecided.

A Your eldest girl has many of the qualities that go to make a good doctor. She is a keen observer, has sympathy and a lot of independence. But to become a physician requires a long, hard course of training, which is no task for a person with a lazy bone in her body. This girl, I fear, would have to overcome quite a bit of natural laziness in order to succeed. Perhaps one of the newer branches of the healing profession might appeal to her, such as chiropractic, in which the preparatory training does not take nearly so long as does a medical course. Unless there is a radical change in this character I do not think she would have the energy or determination to get through as a doctor.

In the case of No. 2, who has thought of nursing as a profession, it is a question whether she has quite the necessary patience for regular nursing duty. If, however, she cared to take her nurse's training and then specialize in dietetics, she would find a field for which she is admirably suited. Her best talent is undoubtedly in the direction of handling foods, therefore dietetics or domestic science should be her final choice. In business she could make use of this special study of foods in a restaurant or tea-shop, such as are often started and successfully run by household science graduates.

Your third daughter is a girl of rather peculiar mentality; she has a splendid head for figures and a lot of natural literary ability, but a dislike of detail that will make her a particularly poor house-keeper, through her shirking when it comes to putting things away and cleaning up. Her best ability is along literary lines, and I think she would be wise to go ahead and teach school for a while, trying later to specialize in the teaching of either literature or history. She would be quite strong in either branch, and with the proper training would find such work both pleasant and more profitable.

For The Baby-Lover.

Q I am a widow of more than thirty, and find it necessary to do something that will earn money for myself and four children. What do you think I could do, that would not take me from home either in learning or practising? I started a course in shorthand and typing but never finished.

A So far as I can judge from your writing, your strongest interest in the world is children. If you could find something to do in connection with babies or little kiddies—the making of their clothes or toys, or even teaching them if you have education enough—you would be both happy and successful. Your chief weakness is a tendency to start things and never finish them—a characteristic that would make book-keeping particularly distasteful to you. You should select some line of work where

will soon show you where your fondness for babies can be turned to account.

Slow And Sure.

Q For many years I have been dissatisfied with my present position, which is that of a labourer, but I am one of those dreamers who are sustained by visions of a better future. I have taken up several courses but only to lay them aside half-finished, to take up something that seemed at the moment more profitable, alluring and immediate. I shall never make a decent living at my present employment and would like to know if you could suggest any particular kind of work for which I am suited and which I may take up with profit and success.

A You are, presumably, quite mature, but you have been engaged so much in manual labour that your writing presents the same difficulty of analysis as does that of a schoolboy, and I should have

How to Ask This Department for Advice

THE aim of this CHARACTER AND PERSONALITY DEPARTMENT is service rather than mere entertainment. The more complete the information submitted, the more valuable the service we can offer.

Sometimes much may hinge on the interpretation of a scrap of handwriting or a single photograph. In such cases we are glad to do our best, provided you state clearly the point you wish cleared up. But when any question of disposition, education, self-improvement or occupation is to be settled, it is always desirable that photographs as well as handwriting should be submitted—unretouched photos are best—and all other information that may have a bearing on the problem.

When Asking Regarding Your Best Vocation

Give your age, the grade at which you left school. Any special studies, private, school or correspondence you have up since leaving school. Your parents' education and occupations, and accompany with preparation for your life work if necessary? Have you done anything to earn a living so far? If so, what?

When Asking Regarding Children

GIVE age. Present grade if at school. Any special aptitudes or interest shown so far. Education, occupation and any special interests or accomplishments of father and mother. General health in infancy and since—any particular health troubles, after effects of illnesses. What educational opportunities will be within reach? Can the child count on going to school until fourteen, eighteen, twenty or twenty-five years of age if necessary?

For Opinions on Other People

WHETHER a friend, employee, employer or in any other connection, give as much general information as you can, enclose both handwriting and photos, and state clearly just what you wish to know.

each task could be completed at one sitting, or very nearly so—and here again the working out of ideas in connection with children would be suitable. You might study catalogues and magazines, getting all the ideas possible and then making up pretty little things for birthdays, Easter and Christmas. Send out some personal letters, inviting your townswomen to come and view your little display—which of course need not be entirely confined to the babies but might include dainty things for prospective brides, and so on. There are several magazines that contain lovely sketches of children's things, any of which could be successfully carried out by clever fingers. You could also undertake to cater for children's parties, making those special dainties that appeal to the little ones and that busy mothers so seldom have time to fuss with. I am sure a little thought

to see your photograph before I could give you a really useful outline. Just a couple of points do seem to stand out, though—one, a natural independence, and the other, a sense of responsibility and thoroughness. Regardless of anything else, from these characteristics I think you would be wise to get into some business for yourself and would particularly suggest some line where absolute trustworthiness and reliability will be of great importance and will fairly soon be recognized. If you could start up in competition with a firm with which there is already dissatisfaction on account of slipshod and unreliable service, you would not be long in making a success. You are probably rather slow as a workman, but very careful, and for this reason you ought to select a line of work where carefulness, rather than speed, is the important point.

