

edifying example would be felt most powerfully throughout our Catholic community. If the mortified and silent Trappist should come amongst us, his whole life would be a continual reproach to our tepidity in the service of God. "Sedebit solitarius, et tacebit;" but there will be an eloquence in his silence, more powerful than words.

One of the passengers by the Caledonia, named Moore, died on the second day after the Steamer left Liverpool. He was an Irishman and a Catholic, and had gone to pay a farewell visit to his native land after many years' absence in America. There were three priests in the ship, the Rev. Messrs. Hayden, of Pittsburg, and Wylie, of Boston, returning from Italy, and a young French clergyman who is proceeding to Montreal. The latter who fortunately speaks English, having discovered the dangerous state of the dying passenger, heard his confession, and prepared him for death. May he rest in peace!

ROBBERY AT ST. MARY'S.

Two persons accused of the recent sacrilege, have been committed to prison, and are to take their trial for the offence in the month of November. Happily they do not belong to this community. We will say nothing on the subject which would prejudice the case, or excite any bitterness of feeling against the accused. They are to be exposed to the ordeal of a public trial, and as the law presumes that every one in their unenviable position is innocent until the contrary be fully proved, we will charitably do the same. We trust, however, that another such outrage on the religious feelings of the community will never more be perpetrated in Halifax.

NATIVITY OF THE B. V. MARY.

On the morning of the 8th of September, the Bishop will receive into the Order of Our Lady of Mount Carmel, such of the faithful as are anxious to be invested with the Scapular, out of devotion to the Mother of God, and from a desire to imitate her virtues. The pious children of Mary who have been recommended by their spiritual directors to enter this holy association will gladly avail themselves of this favourable opportunity to choose Her for their Mother and Model, in Her own Church, and on Her own Festival.

ST. MARY'S AND ST. PATRICK'S TEMPERANCE SOCIETY.

The Pledge of this Society will be administered to-morrow, after Vespers, by the Right Rev. Patron. All those who are anxious to be enrolled before the next Quarterly Meeting, are requested to attend on this occasion, together with the Office Bearers of the Society. "Brethren, be sober, and watch."

LITERATURE.

LETTERS FROM BELGIUM.

Continued.

LETTER II.

Belgium, ———, 1842.

DESCRIPTION OF A ROMAN CATHOLIC DAY.

In the morning as soon as it begins to be light the church bell is rung, to remind the people to offer a prayer in honour of the Incarnation. You would not understand in what the first part of this prayer consists, unless I explained many things, which I hope hereafter to do. The last part is that beautiful collect in your prayer-book, for the Annunciation—'Graft, we beseech thee, O Lord, in our hearts,' &c. Every body who is awake (and the bell generally awakes us) says this prayer, being directed to each part by three strokes of the bell. Thus we all pray together, honouring God for having given us his Son, to be born of a pure Virgin, and to take our nature upon Him. The first prayer we are taught to utter when we begin to rise, is a short address to the Holy Trinity, as 'Glory be to God the Father,' &c. very fervently and thoughtfully. Then we make an offering of ourselves to God for the day in our own words, something in this way: 'O my God, I offer myself up unto Thee this day, with every thing that I am and have. I offer unto Thee my thoughts, my words, my works, my feelings. Sanctify me wholly, and make me a living sacrifice, acceptable in thy sight.' Then the Lord's Prayer, and Ave Maria, which I will tell you about soon; then the Belief, a Confession of sins, and four short prayers called acts of Faith, Hope, Charity, and Contrition. I will not tell you yet of several things which Roman Catholics also do, such as making the sign of the cross with holy water, &c. because I must first explain these things, in order to show you how much such external signs assist our devotions. Now you would not think it could be so.

At every meal, and even before the slightest refreshment, God's blessing is invoked; and a thanksgiving offered after it is taken. This is most scrupulously observed. I used to think it very pretty at first, if I gave a little child an apple or a cup of coffee at the door, before tasting either it joined its little hands and whispered a short prayer, and then