CANADA

HEALTH JOURNAL,

A MONTHLY MAGAZINE OF

PREVENTIVE MEDICINE,

-EDITED BY--

EDWARD PLAYTER, M.D.

Public Bealth und National Strength und Wealth.

CONTENTS:

The Shortcomings of some Modern Sanitary		Consumption in Cows-Cheap Dinners-	
Methods	193	No Politics in Health Matters-New	
How to Avoid "Taking" Infectious Disease .	195	Museum of Hygiene in Berlin-Teething,	
Ventilation The two chief Obstacles-Heat-		etc., etc	206-269
ing	196	The Public Health for July	210
Walking the best exercise for Mind and Body	199	Mortuary Statistics	211
Fish and Brain Food	200	Ordinances of the JOURNAL, etc	212
Tobacco and Wine two and a-half Centuries		Editor's Special Corner-Early Impressions-	
ago	201	The Bad Book- Notes on Reports of Local	
Food Adulteration-its Prevention	203	Boards of Health	213-215
The Mothod of Appointment, etc., of Health		Observations and Annotations-Injuriousness	
Officers	204	of Filters-Precocious Children-Arsenical	
Miscellaneous Notes and Selections - Disinfec-	j	Wall Papers, etc	215-218
tion of Dwellings-Adulteration of Candies	. (Notes on Current Literature	218

Subscription Price, \$2.00 per year; Single Copy, 20 Cents.

ADDRESS ALL COMMUNICATIONS,

"HEALTH JOURNAL, Ottawa."