THE STERLING BANK

OF CANADA

Your Manager Will Tell You

Do you think your farm could be made more profitable ? Are there any points in regard to crops or stock that you are doubtful of?

If so, ask the Sterling Bank manager. He possesses information that will help you. Call and see him

War Bond Interest Coupons and Cheques Cashed Free.



The Merchants Bank will cash all War Loan coupons or interest cheques when due, on presentation, without making any charge whatever for the service.

If you have not a Savings Account, why not use your interest money to open one with

Head Office: Montreal. OF XCANADA

F. A. MacLEAN, Manager.
G. H. C. NORSWORTHY, Manager. WATFORD BRANCH. ALVINSTON BRANCH.

How Can I Save-With Profit?

Many wage-earners are asking themselves this question.

They do not want to put a quarter in the bank at a time, and before they know it, it is gone for trifles.

The Government has provided a simple plan to enable you to save that quarter in such a way that it will earn you

Twenty-five cents buys a Thrift Stamp. Sixteen Thrift Stamps become a War Savings Stamp, for which the Government will pay you \$5.00 in 1924.

If you lend the Government your savings in this way, you can make your money earn over $4\frac{1}{2}\%$ compound interest as often as you save \$4.00 odd.



In May

Cost \$4.04

In June

W-8.S.

Cost \$4.05

This is not only easy and profitable investment, but patriotic investment, because the Government needs money for the heavy financing of the reconstruction period.

War Savings Stamps can be bought where ever this sign is displayed.

Make Your Savings Serve You and Serve Your Country-Invest Them in War Savings Stamps.

DO you consider your bread a Luxury as well as a Necessity? If so, then you want the best. Our everincreasing trade and satisfied customers are reasons why you will not be disappointed if you give us a trial.

Now is the time for Weddings and your weding will not be complete unless you have one of

State of Ohio, City of Toledo,

State of Ohio, City of Toledo,
Lucas County. ss.
Frank J. Cheuey makes oath that he
is senior partner of the firm of F. J.
Cheney & Co., doing business in the
City of Teledo, County and State aforesaid, and that said firm will pay the
sum of ONE HUNDRED DOLLARS for
each and every case of Catarrh that
cannot be cured by the use of HALL'S
CATARRH MEDICINE. FRANK J.
CHENEY

CATARKH
CHENEY
Sworn to before me and subscribed
in my presence, this 6th day of December, A. D. .886. A W. GLEASON,
Notary Public.

ber, A. D. .886. A W. GLEASON,
(Seal) Notary Public.
Hall's Catarrh Medicine is taken internally and acts through the Blood on the Mucous Surfaces of the System. Send for testimonlals, free.
F. J. CHENEY & Co., Toledo, O. Sold by all druggists, 75c.
Hall's Family Pills for constipation.

F. H. LOVOI

BAKERY, CONFECTIONERY
AND ICE CREAM PARLORS

Climbing to the top of a steel tower in quest of a bird's nest, John Haskett, aged 16, came in contact with a high tension

electric wire at the Tunnel Friday evening and was instantly killed by being electrocuted. The boy, who is a son of Robert Haskett, Rose street, was accompanied by two companions when he climbed the tower. His head and hands eame in contact with the wire and he received the full force of the current before being knocked to the ground. When a physician arrived, shortly afterwards, the bov's cap was still burning.—Sarnia Canadian-Observer.

Guide-Advocate

WATFORD, JUNE 6, 1919

NOTE AND COMMENT

Says The Review: "A Kincardine man says we would not have prohibition now if the hotelkeepers had observed the license as faithfully as they did the food regulations.

Fred. Gardner, a boilermaker, who addressed the industrial relations commission at Fort William the other day, is reported as saying that "increase of wages was of no use. As soon as wages rose, up went the price of grub. The speculators were watching wages, and shoving up prices so that they more than eat up any little increase." There is the beginning of wisdom in that statement. are a large factor in production and when wages are increased the prices of commodities are raised accordingly and the incressed wages go no farther than before in purchasing goods. If more attention were given to the discovery of economic "leaks," and to their stoppage, real progress might be made in the problem of making their conditions easier. At present we are all just travelling

The Oil for the Athlete.—In rubbing down, the athlete can find nothing finer than Dr. Thomas' Eclectric Oil. It renders the muscles and sinews pliable takes the soreness out of them and strengthens them for strains that may be put upon them. It stands pre-eminent for this purpose, and athletes who for years have been using it can testify to its value as a lubricant.

Schools for Mothers a

New Move in England

Under its new educational bill Great Britain is making provision for schools for mothers. The curriculum will include instruction in the management of the home, practical nursing, simple dietetics for babies and children, and kindred subjects. In connection with the schools there are to be established baby clinics and dispensaries. Medical service will be given without charge and in cases of need, food and medicines will be provided. The hope is expressed in England that these schools may become a permanent part of the system of adult education. Certainly nowhere else does help seem to be more greatly needed, for most of the mistakes for which the children are compelled to pay so dearly in after years, are solely the results of ignorance.

Worms in children work havoc. These pests attack the tender lining of the intestines and, if left to pursue their ravages undisturbed, will ultimately perforate the wall, because these worms are of the hook variety that cling to and feed upon in-terior surfaces. Miller's Worm Powders will not only exterminate these worms, of whatever variety, but will serve to repair the injury they have done.

Real Home Lite.

There is no greater token of respect and affection than an invitation to enter the real heart and home life of a family. And yet how seldom do we offer ourselves the relaxation and our friends and neighbors the pleasure of such an invitation? Is a guest coming? Straightway we get to work to clean house from garret to cellar; we cook and bake and stew and fuss and sigh and work as though some terrible calamity were about to befall us, instead of that which should be the most delightful anticipation, the visit of a friend. If the house is clean and fair enough for our nearest and dearest, why not for a friend If dinner is enough for our nearest and dearest, why not for our friend? If dinner is ample for the family, why not for an added guest? And will not the day and the visit be more delightful for both hostess and guest, if the fare is plain and the faces at the table bright and fresh, not wearied and flushed as with an added burden instead of an added pleasure? Can we not learn to offer ourselves sincerely and simply, just as we are, in our everyday clothes and manners, to those who come to us. Let social intercourse be frank and frequent and friendly. Let us be honest and genuine and fine and courteous in our daily lives, so when the friend comes he will find us untroubled and serene, as we always are, ready to receive the good thought, the story, the laugh, and to give him ourselves in return, our best in conversation, and appreciation, and that will make the humblest dinner a feast for kings.

Warls are unsightly blemishes, and corns are painful growths. Holloway's Corn Cure will remove them.

Full weight of tea in every package

TEA is good tea

Sold only in sealed packages

The finishing touch to a good meal-Silverwood's Ice Cream.

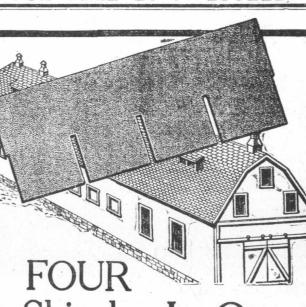
Its creamy taste and pure fruit flavors are a real delight.

Many fine dishes can be served with ice cream, making dainty desserts for special occasions.

Silverwood's is pure pasteurized cream—homogenized. SILVERWOOD'S LIMITED, LONDON, ONT.



FOR SALE BY F. LOVELL



Shingles In One Brantford

Slab Slate

HE newest idea in roofing. Just think of the time and cost of labor saved in laying the roof of a big barn, freight shed or other large building with this new Brantford Asphalt Slab Slate which is four shingles in one. Fewer nails are also required. Brantford Asphalt Slab Slates are so cleverly designed that a roof laid with them has the appearance of

being covered with individual size shingles One size only: 32 inch x 12 inch, with cut outs five inches. They are laid five inches to the weather. Red or green color.

Brantford Asphalt Slab Slates are made of the same materials as our famous Brantford Asphalt Slates which have given such satisfaction for artistic homes.

The same roofing in roll: is called Brantford Crystal Roofing and weighs 80 to 85 lbs. per square. Particulars about these roofings furnished on request.

Brantford Roofing Co. Limited

Head Office and Factory: Brantford, Canada Branches at Toronto. Montreal, Halifax, Winnipes

For Sale By GEO. CHAMBERS EST.

ALL STYLE

Bra \$:

Whit Beds

> Woo in a var \$8

MATTRE

VERAN

BAB with

Harp FURNITURE

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WE Gt MAR. 100% (except a few cannot lead a made i lead, p with cc proport incessas respect tints, w oil and and to from v whiting teratio SUBJE CAL A