

SUFFERED EVERYTHING

For Years, Restored To Health by Lydia E. Pinkham's Vegetable Compound.

Canadian women are continually writing us such letters as the two following, which are heartfelt expressions of gratitude for restored health:

Glanford Station, Ont.—"I have taken Lydia E. Pinkham's Vegetable Compound and never found any medicine to compare with it. I had ulcers and falling of womb and doctors did me no good. I suffered dreadfully for years until I began taking your medicine. I also recommend it for nervousness and indigestion."—Mrs. HENRY CLARK, Glanford Station, Ont.

Chesterville, Ont.—"I heard your medicines highly praised, and a year ago I began taking them for falling of womb and ovarian trouble. "My left side pained me all the time and just before my periods which were irregular and painful it would be worse. To sit down caused me pain and suffering and I would be so nervous sometimes that I could not bear to see any one or hear any one speak. Little specks would float before my eyes and I was always constipated. "I cannot say too much for Lydia E. Pinkham's Vegetable Compound and Liver Pills, for there are no medicines like them. I have taken them and I recommend them to all women. You may publish this testimonial."—Mrs. STEPHEN J. MARTIN, Chesterville, Ontario, Canada.

Guide-Advocate

Watford, Ont. PUBLISHED EVERY FRIDAY. SUBSCRIPTION—\$1.00 per annum in advance. \$1.50 in advance to the United States.

ADVERTISING RATES. Space One Year Half Year 3 Months One column 80¢ 40¢ 22¢ 12¢ Half column 45¢ 22¢ 12¢ One fourth column 25¢ 12¢ 7¢ Shorter periods 12 cents per running inch.

Advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at slight extra cost. Copy of change must be in printer's hands by Tuesday afternoon. LOCAL ADVERTISING—First insertion per line, 10 cents; subsequent insertions 6 cents each time per line. Axial measure 14 lines to the inch. BUSINESS CARDS—One inch and under, per year \$5.00. Achromatic Cards—\$5.00 a year. Local—10¢ per line each insertion. Minimum charge 25 cents. Advertisements without specific directions will be inserted till forbid and charged accordingly. HARRIS & CO. PROPRIETORS.

Guide-Advocate

HARRIS & CO. PROPRIETORS. WATFORD, APRIL 10, 1914.

NOTE AND COMMENT.

The Masonic craft of Canada will take a prominent part in the celebration of the one hundred years of continuous peace between the British people and the people of the United States to be held this year. At a meeting of the board of general purposes of the Grand Lodge of Canada, it was decided to appropriate a sufficient amount of money for the entertainment of the grand masters from all the grand lodges in the United States, Canada, England, Ireland and Scotland.

"If there were in existence a properly constituted international court of justice," says Alfred Noyes, who lectured in Toronto last week, "a council of methods and manhood, the Mexican question would have been solved before this. In the hands of such a tribunal Mexico would be as powerless as a drunkard in the hands of the police. I realize all the political reasons which will be urged against this possibility, but they weigh lightly in the scales against the lives of a thousand innocent men."

The church as a social centre will reach the fullest development yet known in a nine-storey building which a Methodist congregation in Los Angeles is putting up at a cost of \$750,000. There will be restaurants, a gymnasium, 350 bedrooms, sleeping porches and shower baths, and a roof garden with tennis and

SHILOH

quickly stops coughs, cures colds, and heals the throat and lungs.

basketball courts. The auditorium, seating 2500, where the Sunday services will be held, is to be open the other six nights for lectures, concerts and other high-class entertainments. Throughout the week billiard rooms, social halls and even a nursery will be accessible to the public. This great combination of church, hotel and club is to be managed by the pastor, Dr. Sealeman, who aptly describes such an enterprise as "first century Christianity with twentieth century action."

Interesting experiments with a new anaesthetic have been conducted at Cambridge laboratory. The substance, which is called urethane, is a combination of urea and alcohol. It is administered hypodermically, and drowsiness soon becomes very deep, unconsciousness and insensibility to pain is complete. There is perfect security when it is used in any operation. The advantage claimed for the new anaesthetic is that heart failure never occurs when it is properly used while a majority of the deaths from chloroform are due to heart failure.

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address: F. J. CHENEY & CO., Toledo, Ohio. Sold by all Druggists, 75c. Take Hall's Family Pills for constipation.

Selling Good Cows Cheap

Dominion Department of Agriculture Dairy Branch

The following is a sample of what is discovered by the simple weighing of milk and testing of samples. A four year old cow gave in one month 920 pounds of milk containing 35 pounds of fat. In the same herd a five year old gave only 330 pounds of milk and 19 pounds of fat. Thus the first cow gave more than the other two combined.

This further fact is interesting: this particular cow was sold by a man absolutely ignorant of her value or dairy capacity. The present owner, though keeping individual records, knows her better and would not sell her for less than thirty dollars more than he paid for her.

Another fact is worth careful attention: the total of the herd for a day or a month will never reveal these good individuals. What the owner needs to know for certain is obtained only from a record of each cow he keeps. You can save labor and good feed by bestowing them on cows that you know are worth keeping; you will then be in a position to keep your best cows, and will not lose money by selling good cows cheap.

OUR HOME WOMEN HAVE BEAUTIFUL HAIR

Next time you go to the theater or to the "movies" just notice, if you please, how many of our home ladies have beautiful hair—glossy, lustrous, and well-dressed. Then, if you will pick out five or ten of those whose hair seems to be particularly pretty and will ask them what they use on it, we feel sure that at least more than half of them will say "Harmony Hair Beautifier." It is fast becoming the rage with both men and women who are particular about the appearance of their hair.

Sprinkle a little Harmony Hair Beautifier on your hair each time before brushing it. Contains no oil; will not change color of hair, nor darken gray hair.

To keep hair and scalp dandruff-free and clean, use Harmony Shampoo. This pure liquid shampoo gives an instantaneous rich lather that immediately penetrates to every part of hair and scalp, insuring a quick, thorough cleansing. Washed off just as quickly, the entire operation takes only a few moments. Contains nothing that can harm the hair; leaves no harshness or stickiness; just a sweet cleanliness. Both preparations come in odd-shaped, very ornamental bottles, with sprinkler tops. Harmony Hair Beautifier, \$1.00. Harmony Shampoo, 50c. Both guaranteed to satisfy you in every way, or your money back. Sold only at the more than 7,000 Rexall Stores, and in this town only by us. J. W. McLAREN, Watford.

NO MORE PAIN

"KEPHALDOL" CAN NOW BE HAD AT YOUR DRUGGIST'S

Her Doctor Stohr the famous Austrian nerve specialist, first used KEPHALDOL prescription in his private practice and hospital work, in Vienna. Other noted physicians and surgeons adopted this formula in treating severe cases of Rheumatism, Sciatica and Lumbago, La Grippe and Colds, Neuralgia and Headaches. The wonderful properties of KEPHALDOL became known in England, where a company was formed to prepare KEPHALDOL TABLETS and supply them to the public at a nominal price. Canadians, visiting the Old Country, heard of KEPHALDOL, tried them—and brought them back to Canada. So great became the demand for KEPHALDOL here, that a Canadian office was established to distribute these tablets on this side of the ocean. So what one famous physician did in Austria, has resulted in thousands and thousands of sufferers being cured of pain. KEPHALDOL is absolutely safe, having no ill-effects on the heart or other vital organs. If your druggist should not have KEPHALDOL, a 50c tube of tablets may be obtained by remitting the price to Kephaldol Limited, 31 Latour Street, Montreal.

IN LOVING MEMORY

of all who perished in the Atlantic, when the steamship Titanic sank to her ocean grave on April 14th, 1912.

Out upon the broad Atlantic 'Neath a starry April sky In the stillness, through the darkness O'er the waters came the cry: "Come at once, our ship is sinking, Settling by the forward deck And we fear before the morning She will be a total wreck."

Men remained to do their duty Men remained to render cheer To the helpless, frightened creatures Round whom death was hovering near For they said we must be British British to the heart's deep core Save the women, save the children 'Though we never see the shore.

Noble women, too, were standing By their husbands on that deck Women whose unflinching courage Calls forth every heart's respect. May their memories be cherished All down the coming years For in them we see the Love-God Conquerer by deathly fears.

As the giant ship was sinking Sinking to her ocean grave Hundreds leaped into the water Hoping thus to save their lives. But the cruel, cold Atlantic Hungered for its Human prey And ere morn their pallid faces Lay upturned to the spray.

Ah, dear reader, here's a lesson You and I can learn today We, like ships, are smoothly sailing Thinking danger far away But if on some hidden ice-berg Our frail bark should strike some day Have we on the gospel life-belt Are we ready for the fray?

—By LILLIE FORBES GUNTHER.

Spare the children from suffering from worms by using Miller's Worm Powders, the most effective vermifuge that can be got with which to combat these insidious foes of the young and helpless. There is nothing that excels this preparation as a worm destroyer, and when its qualities become known in a household no other will be used. The medicine acts by itself, requiring no purgative to assist it, and so thoroughly that nothing more is desired.

Read a Dictionary Twice

(The Christian Science Monitor) To illustrate the abilities of General C. B. Cushing, one of New England's famous men, a writer in 'The New York Sun' vouches for the following remarkable feat. It was in the fifties that the publishers of Webster's Dictionary requested General Cushing to write a friendly notice of the work. General Cushing replied that he had read it and that if they expected complimentary notice of a work that contained five thousand errors they would be disappointed. The publishers replied that if he would prove his statement to the satisfaction of the editor, Professor Porter, of Harvard, they would believe him. Thereupon he read the dictionary through a second time and mailed a list of five thousand errors to Professor Porter. This extraordinary achievement, declares the writer, justifies the statement made in 1876 by Wendell Phillips that he considered General Cushing to be the most learned man of the day.

When Holloway's Corn Cure is applied to a corn or wart it kills the roots and the festivity comes out without injury to the flesh. Montreal, April 2.—Mrs. J. Barrette died here to-day, aged 107. She was born in St. Joseph de Maskinonge. Almost to the last Mrs. Barrette was able to walk around, could read without glasses and was mentally quite keen.

Noticing the court dress of a woman at the Belgian court ball extremely deollete and the skirt slit up the side, King Albert whispered to the court marshal, who escorted her out of the ballroom, saying the king had noticed her dress was torn.

Children Cry FOR FLETCHER'S CASTORIA

Dad's Dope

In course of time Mrs. Pankhurst's appetite for hunger strikes may fall her. Forty bananas was the per capita consumption of that nourishing fruit in the United States last year. The banana belt lets out another notch every year.

King George has disposed of his patent for a portable fireplace. Between Ulster and the militants His Majesty can dispense with artificial heat at present.

A beauty specialist advises people who sleep in the open to never go to bed without a nightcap. The advice is superfluous as far as the male slumberers are concerned. A Paris firm has written to a California grower for quotations on fig leaves by the ton. Is it possible that there is to be a revival of the costumes worn in Eye's time?

A mathematical crank has figured out that a man of 60 has spent three years buttoning his collar. This does not include the time lost in searching for the missing button.

Four kinds of money are in circulation in Mexico at present and merchants have to do some lightning calculating to fix the standard value when they make a sale.

Lord de Broke advocates compulsory service for rich men in the army. If there is anything in a name his lordship ought to be exempt. The Ontario department of education has issued a book of etiquette for the benefit of the public school pupils. When "de empire" declares "Skinny" out on a close decision social amenities are apt to be forgotten.

WHEN YOU'RE SICK YOU'RE WAGES STOP

You know what that means—misery—worry—big bills—delat! You know you can't afford to get sick. Keeping in good health means food and clothing for you and your family. It is up to you to take care of yourself. It is up to you, whenever you don't feel right, to take something to make you right, to strengthen you, build you up, ward off worse sickness—protect you and your family. The thing we have in Rexall's Oil Emulsion. It offers it to you, we protect you against money-risk, personally promising you that, if it does not restore your health, we will give back your money without word or question. We believe it is the best builder of health, energy and strength you can get. It is helping many of your neighbors. If it don't help you, we will give back your money.

Rexall Olive Oil Emulsion is composed principally of pure Olive Oil and the Hypophosphites. Each has long been endorsed by successful physicians. Here they are for the first time combined. The result is a remarkable nerve, blood and strength-building remedy that is both food and medicine. For all who are nervous, run-down and debilitated—no matter what the cause; for old people; for convalescence; for puny children, we know of nothing that will give health and strength as quickly as Rexall Olive Oil Emulsion. It is a real builder of good blood, strong muscles, good digestion. Pleasant to take, it contains no alcohol or habit-forming drugs. If you don't feel well, economize both money and strength by beginning today to take Rexall Olive Oil Emulsion. Sold only at the Rexall Stores, and in this town only by us. J. W. McLAREN, Watford.

She Made Her Hang Up

From Everybody's Magazine A young lady took down the receiver of her telephone one day and discovered that the line was in use. "I just put on a pan of beans for dinner," she heard one woman complacently informing another. She hung up the receiver and waited for the conversation to end. Upon returning to the telephone she found the women still talking. Three times she waited, and then, at last, becoming exasperated, she broke into the conversation. "Madam, I smell your beans burning," she announced crisply. A horrified scream greeted the remark and the young lady was able to put in her call.

THE HOWDEN EST.

GROCERIES

Our grocery department is always well stocked with the best we can buy in staple and fancy eatables. Lowest prices. If you are not already a customer, try us.

TINSMITHING, PLUMBING

No job too large and nothing too small to be taken care of. Furnaces, hot water heating and eavetroughing at reasonable prices.

THE HOWDEN EST.

WHEN BUYING YEAST INSIST ON HAVING THIS PACKAGE



DECLINE SUBSTITUTES

A. D. HONE & SON Painters, Decorators

Good Work. Prompt Attention. Reasonable Prices. Estimates Furnished. Satisfaction Guaranteed.

A. D. Hone Clarence Hone RESIDENCE 25 ST. CLAIR ST. WATFORD

CENTRAL Business College

Stratford, Ont. Become a specialist in business. It offers more opportunities than any other calling. To reap the full measure of success you must have the best possible training. This is Ontario's Best Business School. We give individual attention. You may enter our classes at any time. Three Departments, COMMERCIAL, SHORTHAND and TELEGRAPHY. Write at once for our free catalogue. D. A. McLAGHLAN - PRINCIPAL.

Sit on the Lid and Laugh

Build for yourself a strong box, Fashion each part with care, And when it's as strong as hands can make it. Put all your troubles there. Hide all the thoughts of your failures, And each bitter cup that you quaff; Lock all your heartaches within it, And sit on the lid and laugh. Tell no one else of its contents, Never its secrets share; When you have dropped in your care and worry, Keep them forever there. Hide them from sight so completely, That the world will never dream of them. Fasten the strong box securely, And sit on the lid and laugh.

Wroming, April 2.—Robert Edie has sold his fruit farm of 8 acres, situated on the east side of the village, within the corporation, to Mr. McCutcheon, of Petrolia.

CASTORIA For Infants and Children

The Kind You Have Always Bought Bears the Signature of Dr. J. C. Watson

THE HOWDEN EST.

CHINA

We import direct from the European factories and have a large stock to choose from in dinner and tea sets, toilet sets, fancy china and cut glass

HARDWARE

Aluminum ware Builders' Hardware Stoves and Furnaces Enamelled ware Cutlery and Edge Tools. Sherwin-Williams' Paints Pumps and piping

Children C

CAS

The Kind You Have Always Bought in use for over 30 years

Dr. J. C. Watson

All Counterfeits, Imitations, Experiments that try Infants and Children

What is

Castoria is a harmless, gentle, Drops and Soothing substance. Its age is and allays Feverishness, Colic, It relieves Teething and Flatulency. It is a Stomach and Bowels, The Children's Panacea

GENUINE CASTORIA

Bear Brand

The Kind You

In Use

Peter McDonald, aged eighty, years a resident of Brooke town for thirty years a resident of died at his home in the latter Wednesday of last week, after a extending over some time. He this country from Scotland as a funeral was held to Stratroy Friday afternoon.

Wise mothers who know the Mother Graves' Worm Exterminator have it at hand, because its value.