

Billie Burke's Advice to  
Girls Re Letter-Writing.  
The Suffragette Pilgrimage

# WHAT EVERY WOMAN WANTS TO KNOW

Recipes and Style Tips.  
Cynthia Grey's Answers.  
Poor Baby Billy's Story.

Billie Burke Says: "Go Ahead, Girls—Write All the Silly, Gushy Letters You Like—And Burn Them!"

Problems of the Fair Sex  
Solved by Cynthia Grey

SENATOR'S DAUGHTER ON PICKET DUTY IN  
GARMENT STRIKE.

Kingsmills

Final  
Clearance  
OF  
Women's and  
Misses'  
COATS

Come now; buy one of  
this season's newest  
Coats. Reversibles,  
tweeds, blanketings,  
chinchillas and rough  
weaves, also broadcloth  
and fur collar coats, and  
12 fur (black cone)  
Coats.

\$15 and \$18 Coats...\$9  
\$18 to \$25 Coats...\$13  
\$25 to \$35 Coats...\$18  
\$45 Fur Coats...\$29

Over 100 Coats in this  
lot.

Kingsmills

steam a little longer. When done the  
apples must be quite dry and un-  
broken; slide carefully onto flat dish  
and serve either hot or cold. May also  
be served with whipped cream.

WHAT  
is a  
KITCHEN  
without  
Old  
Dutch  
Cleanser

A PLACE OF GREASE AND GRIME  
AND DRUGGERY. "OLD DUTCH"  
CHANGES ALL THAT. TEST IT!  
See full directions and many  
uses on large Sifter-Can 10¢

This Will Stop Your  
Cough in a Hurry

Save \$2 by Making This Cough  
Syrup at Home.

This recipe makes 16 ounces of better  
cough syrup than you could buy ready  
made for \$2.50. A few doses usually con-  
quer the most obstinate cough—stops even  
whooping cough quickly. Simple as it is,  
no better remedy can be had at any  
price.

Mix two cups of granulated sugar with  
one cup of warm water, and stir for 2  
minutes. Put 2½ ounces of Pinex (10¢  
per ounce) in a 15-ounce bottle; then  
add the Sugar Syrup. It has a pleasant  
taste and lasts a family a long time. Take  
a teaspoonful every one, two or three  
hours.

You can feel this take hold of a cough  
in a way that means business. Has a  
good tonic effect, braces up the appetite  
and is slightly laxative, too, which is  
helpful. A handy remedy for hoarseness,  
croup, bronchitis, asthma and all throat  
and lung troubles.

The effect of pine on the membranes is  
well known. Pinex is the most valuable  
concentrated compound of Norwegian  
white pine extract, and is rich in gualac  
and all the natural healing pine elements.  
Other preparations will not work in this  
formula.

This Pinex and Sugar Syrup recipe has  
attained great popularity throughout the  
United States and Canada. It has often  
been imitated, though never successfully.

A guaranty of absolute satisfaction, or  
money promptly refunded, goes with this  
recipe. Your druggist has Pinex, or will  
get it for you. If not, send to the Pinex  
Co., Toronto, Ont.

COMFORT SOAP  
A Good Soap for All  
Household Purposes

## One Good Reason

The Martin-Orme Piano  
costs as much to make as  
any other piano. You nat-  
urally ask: "Why can I buy  
it for less?" One reason is  
that the firm don't add \$100  
to the price because of the  
name. The name doesn't  
improve a piano and, al-  
though the name MARTIN-  
ORME has come to be as-  
sociated with one of the  
finest instruments made,  
the firm don't charge for it.

Callaghan's

613 Wellington Street  
N. B.—First Door North of Vic-  
toria Park.

## Home Dyeing

Is the way to Save Money and  
Dress Well. It's Clean and as  
Simple as "A.B.C." if you use

1847 ROGERS BROS.

The Celebrated "ONE DYE  
for All Kinds of Goods."  
Mistakes are impossible. Don't  
fail to send for Color Card and  
Booklets. : : : : :  
The Johnson-Richardson Co. Limited, Montreal.

## Silver for Service

When purchasing silver  
you are sure of depend-  
ability and beauty if it is

1847 ROGERS BROS.

This brand, known as  
"Silver Plate that Wears"  
assures long service because  
it is the heaviest silver plate.  
Look for the trademark.  
Sold by Leading Dealers

MOTHER and  
BABY and Doctor  
Helen MacMurchy

BILLY STEVENS—His Story

XII.—Billy's References.

(Copyright.)

References exchanged in this case  
as they always should be. The hos-  
pital has known Billy nearly all his  
life. He has the power of inspiring  
love, which, as the greatest power of  
all, it is currently  
admitted that the head  
nurse has been caught  
red-handed, or rather white-handed,  
in the act of feeding that needy in-  
fant when Big Ben counted out twelve  
strokes and the moon, not the sun,  
was high in the sky and the night  
nurses were in full charge of the hos-  
pital. Such conduct is in contraven-  
tion of all rules, but on account of her  
previous and subsequent good con-  
duct the governors of the hospital  
have not yet dismissed the head nurse  
of the Sky Ward for staying on duty  
till midnight, the reason being that  
they know better.

Billy, in fact, is a talking child. He  
is not sick. He can be seen on appli-  
cation to the head worker of the  
Social Service Department of Toron-  
to General Hospital.

Mrs. Katchpane said he was a Can-  
adian and since he is native born  
why—"A Health to the Native Born,"  
that is, to Billy. Don't all speak or  
write at once, but don't wait too long  
before you write, because there will  
be many applications for Billy.

## Practical Recipes

Fig Dessert.

One pound of dried figs, six ounces of  
granulated sugar, one ounce of granu-  
lated gelatin, one lemon and one pint of  
water. Cut the figs into small pieces,  
put them into a stewpan with the  
water, sugar, the juice and thinly cut  
rind of the lemon and simmer until  
tender. Dissolve the gelatin in three  
tablespoonsful of water, add it to the  
mixture into one large or several small  
wet molds. Place on ice to harden.  
Serve with slightly sweetened whipped  
cream. This will take about one-half  
hour to prepare and is sufficient for  
five or six persons.

Potahoi.

Potahoi, an Indian breakfast dish for  
one person.—A piece of butter the size  
of a walnut, a large tomato (or two  
small ones) cut into pieces and a cold  
till tender in the butter with (if liked)  
a teaspoonful of minced onion and  
half a red pepper minced or pepper,  
and a little salt. Add an egg well  
beaten, stir all together, and cook till  
a nice consistency, and serve.

German Coffee Cake.  
Heat a cup of milk to scalding, but  
do not let it boil. Stir into it while it

## The Birthday Calendar

IF THIS IS YOUR BIRTHDAY  
You may expect checks cashed by you  
to return, but money loaned to your  
acquaintances will not return. In general  
your year will be successful.  
Those born today will have pleasant  
and generous dispositions and many  
friends. They will be whimsical and will  
have strange fads, but their sunny dis-  
positions will counterbalance these and  
give an interesting character.

Now, Ethel, perhaps I had better not  
chat with you any longer today. Re-  
member, you are still an invalid, so  
take your chicken broth, or a piece of  
that nice, juicy orange, and have an-  
other nap.

To "A Motherless Girl."  
A Motherless Girl—I fear you made  
a mistake in being so lenient with the  
young man. You should, I think, have  
given him to understand that you could  
not overlook such an offence so lightly.  
However, that cannot be helped now,  
but if he makes further overtures to  
regain your friendship do not give him  
the impression that you are just wait-  
ing to fall into his arms. It is your  
right to be reserved and somewhat cool  
until he proves that he is sincerely  
sorry for his conduct. If he does not  
do this, and avoids you, I must use  
every endeavor to quit thinking about  
him as a lover. I am heartily sorry  
that you have to sign yourself "moth-  
erless," for yours is just a case when  
a wise mother's guidance and advice  
are most needed. Come to me again if  
I can help you. Perhaps it helps a lit-  
tle just to tell your troubles to some-  
one else, and I'm always ready to lis-  
ten, my dear.

2. Legally speaking, 18 is the age, I  
think, but most of us need the control  
and direction of an older person wise in  
experience and the ways of the world,  
for years after this. It is not all fun  
"being your own boss," as your letter  
might intimate.

3. You must cover the hat closely  
with a piece of cotton, and dip  
the spray into gasoline, rubbing it gen-  
tly between the fingers. It will come  
out limp, but in a few minutes it will  
commence to dry and "puff" again.  
Take care to carry on the process in a  
room without a fire or artificial light.  
Another method might be to cover the  
hat and rub finely powdered starch into  
the spray. Let it remain for a few hours  
and then shake off the loose powder.

Recipe for Bread.

Dear Miss Grey: I mislaid Tuesday's  
(Jan. 28) paper with Mrs. Norton's re-  
cipe for baking bread. Could you  
please furnish the same?

Hoping to see it before long in the  
inquirers' column, I am,

"DOREEN."

A.—Scald a cup of milk, add 1  
tablespoonful of sugar, 1 of butter, 2  
of yeast, then cool with one  
cup of water, and add one cake of com-  
pressed yeast that has been thoroughly  
mixed in 2 tablespoons of lukewarm  
water. Then stir in about 2  
pints of sifted bread flour and knead  
thoroughly. Set to rise in a covered  
pan, buttering the top slightly if you  
choose. When it is double its bulk,  
shape into loaves, using as life as pos-  
sible, or knead at all. Let it rise  
again till double in bulk, then bake  
thoroughly done. Rolls may be  
made from part of this dough, but be  
sure they are small enough to be  
thoroughly baked.

A bread mixer, if you get one that  
can be easily cleaned, will shorten the  
process.

Just for Once.

Dear Miss Grey:—This is the first  
time I have asked you to help me.  
Would you kindly answer my few  
questions? Would you publish the  
birthday calendar for Nov. 18 and  
Sept. 8? Hoping I have not troubled  
you to much. Thanking you very  
much.

SUNBEAMS.

A.—I had almost made it a strict  
rule not to publish any more of these  
questions, but because of the space  
in my column because of the space  
reading, I will make an exception  
in your case.

(Sept. 8.)—Fortune smiles and you  
will have a prosperous year. In your  
home life pleasant events will occur.  
Those who are kind and clever  
and show marked talent along art-  
istic or literary lines. If carefully  
managed this will not prevent them  
from acquiring a large fortune.

(Nov. 18.)—Strict attention and  
perseverance will accomplish what  
you desire. There is not time to  
spend in useless argument as later  
your success will be convincing proof.  
If in employ follow employer's wishes  
and carefully study results. Those  
who today will be successful, espe-  
cially if allowed to follow their own  
ideas in constructive work. Their  
faults will be those of the heart  
rather than the head, and their ex-  
hibitions of thoughtless cruelty will  
earn many of their best friends  
against them.

Ethel Has "La Grippe."

Dear Miss Grey: I have the "grippe"  
I have been passing away a time  
reading. The Advertiser, and this  
rhyme came into my head which I  
am sending you.

I won't feel insulted if you think it  
is too silly to print, but a nice little  
note from you, through your column,  
would help the gripper, I think, and  
perhaps you can tell me something  
else that would be good for it. I  
am sorry I have to use pencil, but my  
hand is too shaky to use ink. I would  
like to put my first letter to you,  
but I will promise not to commit such  
a breach of etiquette again.

I would like to ask you what you  
thought of my writing, but this is not  
a fair sample.

Did you ever have la grippe?

ETHEL.  
A.—You poor child, so you have the  
"grippe!" I sincerely hope that by the  
time you read this you will be com-  
pletely, and out of the clutch of the  
monster. I have been very fortunate,  
and so far in my life have escaped the  
malady. And from what other people  
tell me of the experience, I am not at  
all anxious to contract it.  
I enjoyed the vein in which your  
verse was written very much, but fear  
it is too long to print in my depart-  
ment. However, your remarks amuse  
The Advertiser are very much appre-  
ciated.

Although you decided not to ask for  
my opinion on your handwriting, I  
may say that I think it very pleasing,  
indeed, even though your hand was  
shaky. It is neat, graceful in appear-  
ance, and easily read, and the latter  
qualification is really what counts more  
than anything else. Under the circum-  
stances you are quite forgiven for using  
a pencil.

Now, Ethel, perhaps I had better not  
chat with you any longer today. Re-  
member, you are still an invalid, so  
take your chicken broth, or a piece of  
that nice, juicy orange, and have an-  
other nap.

Write me again whenever you feel  
like it, and here's a sincere wish that  
the troublesome grip will "let go" of  
you soon.

## Daily Healthogram

COLDS are caused by germs.  
The best way to avoid them is to  
eat lightly, harden one's self,  
keep the nose clean, avoid people  
with colds, and keep out of warm  
rooms, and badly ventilated  
rooms. Dress suitably.

## TO MAKE FARM LIFE MORE ATTRACTIVE

Topic Discussed at Meeting of Bel-  
mont Women's Institute.

The monthly meeting of the Bel-  
mont Women's Institute met at the home  
of Mrs. H. J. Barons. Owing to the ex-  
tremely cold weather the attendance  
was not as large as usual. Neverthe-  
less considerable business was trans-  
acted. The most interesting feature  
of the meeting was a paper given by Mrs.  
Harry Cole, entitled "How to Make  
Farm Life More Attractive." Mrs. Cole  
soon convinced the audience that she  
was mistress of the situation, proving  
that "farm life was pure gold to the  
core," and if her ideas were carried  
out there would not be that exodus  
from the farm to the city that we see  
at present.

The musical part of the program was  
given by Misses Soole and Walker.  
On account of extra business at this  
meeting the buttonhole contest was  
postponed until the next meeting. A  
request from the library board for  
assistance was taken up, and on being  
assured that in future there would be  
a modern library run on an up-to-date  
plan, the request was granted. The  
next paper will be given by Mrs. Bar-  
ton.

## MISSIONARY LIFE ALONG NEWFOUNDLAND COAST

Most Descriptive Address by Rev. Mr.  
Whitmore Before All Saints'  
A. Y. P. A.

An address of exceptional interest  
was delivered on Tuesday night in All  
Saints' Church, under the auspices of  
the A. Y. P. A. Rev. Mr. Whitmore  
was the speaker, and described most  
graphically life among the deep-sea  
fishermen on the Newfoundland coast,  
in which territory he spent some ten  
years as a missionary.

The hardships are many, Mr. Whit-  
more stated. For the first year or  
two his only means of conveyance from  
place to place was a rowboat, and  
many were the narrow escapes he and  
his little craft had in the angry waters.  
Later he was able to procure a small  
sailing vessel on which, however, the  
missionary was his own skipper. In  
fact, a missionary occupies many posts  
in a barren country like the Newfound-  
land coast. Mr. Whitmore was at once  
engineer, doctor, surveyor, clergyman,  
teacher and justice of peace.

An interesting description of the  
common mode of living on this black  
coast, with many touching incidents  
was given by Mr. Whitmore. The views  
which he showed were most excellent.  
A hearty vote of thanks was tendered  
the speaker at the close of his lecture.

Molekin is one of the fashionable  
furs that go beautifully with ermine.  
The combination is much used in the  
new muff and scarf sets.

Brown will be popular this season,  
and many of the smart suits already  
received from Paris are fashioned of  
material of that color.

Open Evenings.  
For inspection of millinery styles,  
Madame Allenby's millinery parlors, 819  
Richmond street.



A letter straight from your heart to  
your best young man, go ahead and do  
it. Pour out your very soul. Say as  
many foolish, loving little things as  
you wish. "Get it out of your system."  
AND THEN BE SURE AND BURN  
THE LETTER UP.

Don't ask the man to whom you send  
it to "burn this." Remember one of  
America's greatest statesmen lost the  
presidency because the State be-  
cause he asked the other fellow to  
"burn this" instead of burning it be-  
fore sending it.

So, girls, when you feel like writing

It is better never to write a let-  
ter than to write one that will send  
you five minutes after you have  
mailed it to the box and see if you  
can dig it out with your hatpin.

Letters, my dear girls, and young  
men, are very dangerous things, with  
the awful propensity of bobbing up be-  
fore your face when you least expect  
them and making you blush with grief  
and shame.

Many a man has had to pay and pay  
well, in dollars as well as in ridicule,  
for the foolish letters he has written,  
and they are not always love letters.  
You can hardly take up a newspaper  
without seeing where the "deadly letter  
writer" has gotten in his work.

Do you know, he continues, "I  
think I shall choose my wife from  
her letters. If she can write a sen-  
sible letter that is bright and  
newsy and not too self-conscious,  
I'll know she has brains; and if  
she can write a letter which will  
give me to understand that she  
cares for me without gush and pal-  
aver, I will understand that she has  
good sense.

Give a girl a nice, clean piece of  
paper, a bottle of ink and a pen, and  
she seems to just go crazy if she cares  
for the man to whom she is writing."

This man did not tell me to say any-  
thing about a man who would read a  
letter written him by a girl who had  
an idea not only that he cared for her,  
but also that he was worthy of her love  
and good opinion.

A man who would read a letter of  
this kind to a roomful of his fellows  
should be made to understand what a  
dispicable cad he is.

This chap who writes to me, how-  
ever, is quite right about the foolish  
letter-writing habit. But it is not a  
habit to which women are addicted.  
Indeed, all history, both ancient and  
modern, tells of the foolish letters that  
men have written, and you will find  
more "lovely devices" and "X. X. X."s  
than mean kisses, and silly "baby talk"  
signed by men's names than you could  
possibly find in a woman's letter.

"What is there about love?" asks  
greatest lover, "that makes the strong-  
est-minded man into the silliest fool?"  
And if you read the daily papers you  
will not wonder that he asked the ques-  
tion.

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writer" has gotten in his work.

Do you know, he continues, "I  
think I shall choose my wife from  
her letters. If she can write a sen-  
sible letter that is bright and  
newsy and not too self-conscious,  
I'll know she has brains; and if  
she can write a letter which will  
give me to understand that she  
cares for me without gush and pal-  
aver, I will understand that she has  
good sense.

Give a girl a nice, clean piece of  
paper, a bottle of ink and a pen, and  
she seems to just go crazy