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barous nations where culinary art and medicine have as yet made little prog-

merable. There are very few fruits

which are not improved in preserves, pickles and pastries by the addition of

more or less of this delicate bark. It is

and in many varieties of pies and puddings. In chocolate, confectionery, candies, cordials and liqueurs cinnamon

contributes an incomparable flavor. Its medicinal value is well known

as an antispasmodic and carminative and tonic. Its use is recommended as a preventive and remedy for cholera.

and in seasons when stomach troubles

prevail cinnamon drops are recom-

of candy for children. The discovery of the valuable prop-

erties of cinnamon antedates recorded history, as it is mentioned in the Bible,

in the book of Exodus, as one of the

ingredients of the sacred oil with

which the priests were anointed. So

highly was the sweet bark esteemed by the ancients that even a small piece

was considered a fit gift for a king. It

is always mentioned as an especially choice substance by Greek writers pre-

vious to the Christian era. It is said that the Arab traders, who first brought it to Egypt and western Asia,

surrounded its history and production with special tales of mystery and

The cinnnamon tree is a member of

the laurel family, which in the tropics

is represented by a large number of aromatic and medicinal trees and

There are several closely allied cin-

namon trees, but the finest bark is pro-

cured from a species native to the is-land of Ceylon, distinguished by bota-

nists as Cinnamonium zeylanicum; In

a state of nature this grows to be a

ended as the most wholesome form

ential flavoring in all spice cakes

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magic

shrubs.

In the latter part of the eighteenth entury, while England was for a time Its uses in sweet cookery are in

ion of the spice islands, cinin post namen plants were among the choice products that were imported into various other tropical regions, including the West Indies, where in Cuba and several other islands it has become a several other islands it has become a considerable article of commerce. Un-der cultivation it is not alleved to grow into a tree, as the richest bark is taken from shoots of from two to four years' growth. The young tree is, therefore, cut and shoots from the root are accountanged to grow. The majority are encouraged to grow. The majority of these are cut when about ten feet in height and the bark is detached in ten or twelve inch lengths. After lying in bundles for a few days the bark is scraped by hand, both outside and in,

until reduced to a thin sheet. These sheets are then made up into composite "quills" by placing the narrower and shorter pieces inside and rolling tightly, forming firmrods, which after further drying are made into bundles weighing about eighty pounds and wrapped for shipping. Grocers divide. assort and very neatly combine poi tions of these quills into small packets for the convenience of their customers. The oil of cinnamon is made by grinding the coarser pieces of the bark and soaking them for two or three days in sea water, followed by the process of distilling. Two oils, one heavier and the other lighter than water, are the product, both possessing similar properties. The color varies from cherry red to pale yellow, the latter being preferred by most pur-

chasers. The work of distilling is light, and an oil equal to the best Ceylonese is now produced in Trinidad and various other localities in Cuba and other West India islands.

As cinnamon commands a good price

following Sunday. In speaking of this custom a clergyman says:

"When Christianity was first promul-gated, all preaching was done externporaneously. Such a thing as prepar ing a sermon was unknown. Many gifted men expressed their views on various subjects, then added a few words of good advice to their listeners. This practice is still continued in the Roman Catholic church of the present day, and I think that a very limited number of the priests ever write a ser-mon. Not all ministers, however, adhere to this rule by any means. Henry Ward Beecher was asked on what day he prepared his sermon, he replied, 'On Sunday morning, of replied, course.'

"'Well, Mr. Beecher, don't you think that is a rather dilatory habit for you to get into? asked another. "'Oh, no, not at all,' replied Mr.

Beecher in his quick way. 'You see, I look at a sermon like some do on a pancake. They can be served hot or cold, and I like mine hot; th.t's all.'"

Girls Help Waiters to Cheat. Among hotel employees sex does not appear to make any difference so far as honesty is concerned, says the Brooklyn Eagle. Certain young women who act as checkers in hotels work with certain waiters. Whenever one of the girls obtains a position the men soon follow her, and the hotel proprie tor is victimized accordingly. The er who is in league with the checker makes a small private mark on the check with which he desires to cheat. She sees it, and instead of stamping the prices against the articles ordered she puts her fingers over the figures on the die so that a slight blotch is all that is recorded in the place for figures. The waiter does the rest. She keeps her account against her confederates, and they settle up later on the outside.

men very quiet," said a man from up in the frozen region the other day. "The habit is acquired, I suppose, in tramping, when the altitude makes it necessary to use all your breath for breathing and leaves you none for talking. The result is that the men talk very little. They become almost speechless and will sit about at night, each thinking his own thoughts and allowing his fellows to do the same"

Great Gamblers

In Europe and the new world the most inveterate gamblers are the Spanlards and their descendants. Among African tribes the Haussas run th Chinese very close, and there are some Kanaka tribes in the south seas who push the hazard of gambling beyond the grave and stake their very bones on a last throw of the cowrie shells, which they use as dice.

A Call Down. "Pa, ain't you a director of the school board?" "Yes, I am. What of it?"

"Well, teacher called me down to-day, and she was awfully impolite about it." "Were you on the schoolhouse prem-

ises when she called you down?" "Yes; I was on the roof.".

152 Still Under the Spell. Mrs. Powers-Hezekiah, if you wer to live your life all over again and it

came to the matter of choosing a wife do you think you would choose me? Mr. Powers (submissively)-There's no doubt about it, Maria, provided you wanted me.

All the actions and attitudes of children are graceful because they are the offspring of the moment, without affectation and free from all pretense .-Fuseli.

Sox, Rubbers, **Overshoes**

W. J. MANN.

We mean

Business.

We thank our friends and patrons for their liberal patronage during the year 1902, and wish all a Happy and Prosper-ous New Year. We will con-tinue to make a specialty of Drugs and Medicines and such other goods as are usually kept in an up-to-date Drug Store.

J. E. RICHARDS.