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FLOUR "REGAL" 24 lbs., 49 lbs., 98 lbs., & bbls **Fully Guaranteed** Sold in Newcastle by Stothart Mercantile Co. NOTICE Legislation

BRONCHITIS or Sale in Newcastle and Nelson b E. J. MORRIS Here and There of the state favored its adoption.

TURE

Navigation of the St. Lawrence river is expected to open early in the month of April. According to pre-liminary schedules is used by the va-rious steamship companies operating between Canadian Atlantic ports and Europe, 192 ships will visit the port of Quebec in 1924.

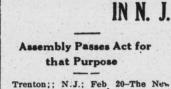
The Canadian Pacific Railway has inaugurated as a special feature the serving of afternoon tea regularly on all dining, cafe and buffet cars throughout the system. The taste-ful little menu which the company provides includes tea, coffee, choco-late, toast, muffins, cake, ice cream and preserves at reasonable prices.

The Spiller Company, a great British concern with \$150,000,000 eapital. has completed arrangements for the establishment of facilities in Canada which will entail an outlay of \$6,000,000 to finish the plant of the Alberta Flour Mills in Calgary, with another \$2,000,000 to build an elevator at Vancouver.

The second of the two large paper machines recently installed by the Belgo-Canadian Paper Company at Shawinigan Falls, Que., has com-menced operations. The machine, which is the product of the Domin-ion Engineering Company, is now producing newsprint. It will be tuned up and is expected to produce a commercial grade of newsprint at or above its daily capacity of 75 tons in the near future.

Speaking at Toronto recently, E. W. Beatty, President of the Cana-dian Pacific Railway, declared that "what Canada is suffering from is lack of men, lack of capital and lack of those forward policies which will enable the country to realize within a reasonable time its own manifest destiny." He added that he did not believe in "exaggerated whisperings or in any statements which are cal-culated to destroy the belief of Ca-nadians in their own country."

Captain S. Robinson, C.B.E., R.N.R., commanding the Canadian Pacific liner "Empress of Canada," was invested with the C.B.E. by Sir Harry Armstrong, British Consul-General at New York, when his ship arrived there on January 25th, prior to acting out an her great world arrived there on January 25th, prior to setting out on her great world cruise. Captain Robinson also re-ceived the freedom of the city of New York. These honors were in recognition of his gallant work when commanding the Canadian Pacific liner "Empress of Austra-lia" at Yokohama, at the time of the Jananese disaster

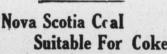


FORE MARRIAGE

EXAMINATION BE-

THE UNION ADVOCATE, TUESDAY, FEB. 26TH, 1924.

ersey assembly by a vote of 32 to ssembly bill providing for medical examination of all maics who apply for marriage licenses and for the postponment of the marriage of those afflicted with certain diseases. Opposed by members from Hudso county, who declared the measure an attempt to legislate morality into the people and who asserted that the ex. mination proposed, the bill was strongly defended by Miss Fort of Essex county, who stated that many of the large women's organizations



The Dominion Fuel Board is nov reparing a report on the coking o Nova Scotia soft coal at the coking plant recently established by a firm in Hamilton. Extensive tests have been made of the adaptability of Maritime soft coal to coking treat ment with a view to ascertaining its suitability as a substitute for anthracite. These tests proved that the Nova Scotia bituminous coal lent itself admirably to the coking

process. It is believed that the results of the Hamilton tests will be an incative to the establishment of plants in Toronto, Montreal and Ottawa

Three Banks To Merge Is The Latest Rumor

Montreal, Feb. 18-There are well defined rumors of another bank merger in which the names of three of the strong, moderate-sized banks are mentioned. It is realized that the small group of the largest banks are competing very keenly for business and that with their great organizations and facilities, the others have to face certain difficulties. Such a merger as that now being discussed would put another bank in the group of bigger institutions.

There is considerable speculation as to how the Government would

"Health Is After Ali Your Biggest Asset"

XCESSIVE mental strain—worries and anxieties consequent on the ups and downs of business—

The difficulties in estimating what the future holds in store-

These are some of the causes which have hastened the end for many prominent men during recent years:

Employer and employee alike have been subjected to greater strain of brain and nerves than ever before.

Too often the value of guarding the health has been overlooked and the results are a warning to the survivors to remember that health after all is our biggest asset.

It is comparatively easy to restore the exhausted nerves by the use of Dr. Chase's Nerve Food provided treatment is begun in reasonable time.

When digestion breaks down-when you cannot rest or sleep—when you find yourself nervous and irritable you may be sure it is time to ease up and begin the use of this restorative treatment.

The brain and nerve cells are not getting proper nutrition. Nor will they so long as too much nervous energy is wasted in worry and anxiety and too little left to control the organs of digestion.

PAGE SEVER

There is no magical way in which the depleted nerve cells can be restored.

They must be patiently nourished back to health and strength.

This restorative process is best brought about by the use of Dr. Chase's Nerve Food. This has been proven in so many thousands of cases that evidence is to be found in almost every community. Ask your friends and be master of your health by using Dr. Chase's Nerve Food.

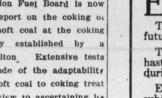
You will notice that while the price of Dr. Chase's Nerve Food has been increased to 60c. the box now contains 60 pills instead of 50 as formerly.

Likewise Dr. Chase's Kidney-Liver Pills are 35c. for 35 pills, instead of 25c. for 25

Edmanson, Bates & Co., Ltd., Toronto.

Canadian Rockies Lure Noted Artists





The Miramichi Hospital will make application to The Provincial Legislature at its next Session for an Act authorizing it to issue Debentures in aid of the construction of the Nurses Home, and also to dispose of certain securities held in trust and to reinvest the proceeds in approved securities under the terms of original Trust; also to provide that The Miramichi Hospital Aid shall have power to appoint or elect one Trustee to The Miramichi Hospital.

R. CORRY CLARK; Secretary. Newcastle, N. B. 12 February, 1924.

Notice to Advertisers

We again respectfully draw to advertisers, the attention of that change of copy MUST be handed "into this office OB 01 before or . Mondays. noon No copy will be re-sived later.

THE ADVOCATE

SCHOOL TAX BOOKS Poor and County Rate Books, Dog Tax Books, Receipt Books in Duplicate, Mill Sew Bills, Deed Forms, Teachers Agreements, for sale at the ADVOCATE OFFICE

Japanese disaster.

According to Canadian Pacific of-ficials, immigrants from Europe who spend a few hours in Montreal on their way west are re-discovering America—or rather Canada—at a great rate. Some days ago there were eighty Scaudinavians drum-ming their heels in the big waiting-rooms at Windsor Station, bored to tears. Then one of them suddenly discovered that the Province of Que-bec, unlike Sweden, is not "dry." The rush of the Danes on Alfred's Eng-land was as nothing compared to rush of the Danes on Alfred's Eng-land was as nothing compared to that with which the delighted Scan-dinavian gentlemen emptied that waiting-room. So excellent did they find the beer that they did not show up again till train-time, when they announced unanimously, though with slight difficulty, that "Canada bane one fine country."

To be stranded in a strange city with no worldly assets but a suit of dress-clothes and yet to come out of the adventure victorious is to achieve something. Joe and Bill ar-rived in Montreal a few nights ago, their baggage consisting of the clothes they wore, two dress suits, an adequate quantity of the need-ful and an enthusiastic determina-tion to see Life with a capital L. When they woke on the morning after, they found that someone had relieved them of everything they possessed except the dress suits they had slept in, and which they had worn for the previous night's affray.

had worn for the previous night's affray. In this predicament they appealed to the authorities at the Canadian Pacific Windsor Station, for work whereby to earn enough to take hem out of the wicked city. Sympa-thetic officials put them on the snow-showelling gang. And here these two stout fellows, in their dress suits, Joe with his feet wrap-ped in sacking to keep them warm. labored heartly for four days, earn-ing the price of their tickets back to the little old home town. So once more fliction and the movies are beaten.

view such a merger in the present circumstances.



is a common expression that makes up in force what it lacks in elegance. When or where or why it originated excites no interest in the victim. Head aches -eyes water-throat smarts-sneeze-cough-sore all over.



taken internally soon works a won derful change. For more than 100 years the internal use of this loctor's prescription has quickly mastered Grippy Colds, Bronchial Colds, Sore Throat, Chills, Cramps, etc., while for external use on Cuts, Burns, Bruises, Sprains, Strains, etc., it has no superior. For more than a century it has been praised and respected by the general pub-lic and the medical profession as well. Sold and commended by good dealers everywhere. 25 and 50c.

Noted artišts, famous moving picture directors and expert scenic photographers, like thousands of tourists, have succumbed to the lure of the innumerable beauties of Banff and the Canadian Pacific Rockies, Artists in increasing numbers each year spend the sum-mer on the trail in the mountains transferring these beauties to canvas. For seventeen years Carl Rungius, celebrated painter of wild animals in their native haunts has been a regular visitor to Banff. Now he lives there most of the year and has built his own bungalow and studio. In 1921 Rungius won the \$1,000 Altman prize, but, being foreign born, was disqualified, whereupon the National Academy of Design bought the painting for \$1,000 and it now hangs in the Corcoran Art Gallery, Washington. Belmore Browne, artist, author, explorer and conqueror of Mt. McKinley, 20,300 feet, lives in his own bungalow and paint them and their majestic scenic backgrounds, Richard M. Kimlel, landscape painter, hrs spent two summers in Banf and is painting at Lake O'Hara, near