

# RHEUMATISM WAS MOST SEVERE

Dreadful Pains All The Time Until He Took "FRUIT-A-TIVES".



**MR. LAMPSON**  
Verona, Ont., Nov. 11th., 1915.  
"I suffered for a number of years with Rheumatism and severe Pains in Side and Back, from strains and heavy lifting. When I had given up hope of ever being well again, a friend recommended 'Fruit-a-tives' to me and after using the first box I felt so much better that I continued to take them, and now I am enjoying the best of health, thanks to your remedy."

**W. M. LAMPSON.**  
If you—who are reading this—have any Kidney or Bladder Trouble, or suffer with Rheumatism or Pain in The Back or Stomach Trouble—give "Fruit-a-tives" a fair trial. This wonderful fruit medicine will do you a world of good, as it cures when everything else fails. 50c. a box, 6 for \$2.50. Trial size, 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

## White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.  
AIM—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.  
MOTTO—For God and Home and Native Land.  
BADGE—A Knot of White Ribbon.  
WATCHWORD—Agiatate, educate, organize.  
OFFICERS OF WOLFFVILLE UNION.  
President—Mrs. L. W. Sloop.  
1st Vice President—Mrs. J. Cutten.  
2nd Vice President—Mrs. H. Reid.  
3rd Vice President—Mrs. Geo. Fitch.  
Recording Secy—Mrs. W. O. Taylor.  
Cor. Secretary—Mrs. L. E. Duncan.  
Treasurer—Mrs. H. Pines.  
SUPERINTENDENTS.  
Laborer Work—Mrs. Fielding.  
Lumbermen—Mrs. J. Kempton.  
Willard—Mrs. M. Freeman.  
Temperance in Sabbath-schools—Mrs. (Dr.) Brown.  
Evangelists—Mrs. Purves Smith.  
Saus and Arbitration—Mrs. J. Reid.  
Press—Miss Margaret Hays.  
White Ribbon Bulletin—Mrs. Walter Mitchell.  
Loyal Temperance Legion—Mrs. L. Reid.

A firm of distillers in Dayton, O., made a special offer of 'private stock' whiskey at a special 'introductory' price to Dr. A. T. Abernethy, and failing to hear from him with the order expected they sent a 'follow-up' letter, expressing surprise that he had not accepted 'the greatest offer ever presented to the men of America.' They further said:

"Thousands of men jumped at the opportunity to try this superior whiskey, and we cannot understand why we did not hear from you—man to man—can't you use a quart of rich, pure whiskey in your home?"  
Then Dr. Abernethy made answer—  
"You say that you cannot understand why you did not hear from me. Yes, and I, too, am surprised that you have not heard from me. I have used your rye whiskey in the past, and I have tried rye whiskey of other distillers of your kind, and I am surprised that they have not all heard from me."

You should have heard from me when I drew a fortune of \$30,000 out of the banks and wasted it in riotous living, reveling with other unfortunates under the demonic alchemy and spell of your devilish deception. You should have heard from me when I threw away a reputation equal to that of any young man in America for the privilege of making an out-cast and wreck of myself drinking your vile whiskey.

I will admit I have been remiss in not letting you hear from me long before this time. I should have written you with a pen made from the plumage plucked from the bird of paradise that I drew from my contented and happy home; I should have penned you in my heart's blood on the occasion of the burial of my grey-haired mother, whose heart I broke by my conduct while under the devilish influence of your damnable stuff; I should have kept you informed, I should have reported progress. When I woke to this sad realization that, from a man carrying degrees and titles of honor from the greatest universities, and started well up the ladder of recognition as the author of more than sixteen historical works I had fallen into mental, moral, physical and financial bankruptcy I should have called on you. I should have wended my way into your richly decorated private office in Dayton, the walls of which are crimson with the blood of thousands of

A certain officer of the Royal Horse Artillery having his batteries divided into half batteries which were garrisoned more than forty miles apart, by road, applied that he might have an allowance granted him for an extra charger, it being his duty frequently to visit both portions.  
The War Office ruled that this allowance was inadmissible saving, "Measured by the ordinance map as the crow flies the distance is found to be only thirty-three miles and a half."  
For a time the officer was nonplussed, but an idea struck him and he seized his pen and wrote, "There would appear to be some misunderstanding regarding my application. I am making an application for an additional charger, not an additional crow. I do not ride a crow. I ride a horse."

**HAVE YOU WEAK LUNGS?**  
Do colds settle on your chest or in your bronchial tubes? Do coughs hang on, or are you subject to throat troubles?  
Such troubles should have immediate treatment with the rare curative powers of Scott's Emulsion to guard against consumption which so easily follows.  
Scott's Emulsion contains pure cod liver oil which peculiarly strengthens the respiratory tract and improves the quality of the blood; the glycerine in it soothes and binds the tender membrane of the throat. Scott's is prescribed by the best specialists. You can get it at any drug store.  
1101 & 1070, Toronto, Ont.

human wiles, and their demand of you that you give me the reward of my faithful vassalage to your devilish, demoralizing, disease-making, mind- wrecking business.  
But if I have been remiss in letting you hear from me, remember that you will hear from me in the future. I am now a preacher of the Gospel, and am making it my business to let not only you but every other man in the world know that I am being heard from. You make your appeal to me as man to man—and it is because you are not a man, and because your infernal business unman me that I am fighting it to the bitter end with all the reconsecrated powers left in the form of man that your demoralizing dope could not destroy.

You speak of talking as man to man. Why, you would not dare stand before a man and insult his manliness with the proposition to unsteady his nerves, destroy his digestion, disturb his heart action, muddle his mind, demoralize his demeanor, abuse his activity and cloud his conscience with the use of your material. You urge me to stop and consider; and it is because I have stopped and considered that I am eternally and everlastingly the sworn enemy to your infernal business so long as I shall hereafter be permitted to live.

**Everlasting Leap-Year.**  
So far as proposals of marriage are concerned, in New Guinea it is always leap-year, for in that island the men consider it beneath their dignity to notice women, much less to make overtures of marriage. Consequently, the proposing is left to the woman to do.  
When the ebony belle falls in love with a man she sends a piece of string to his sister, or if he has no sister, to his mother, or another of his lady relatives.  
Then the lady who receives the string tells the dusky masher that the particular damsel is in love with him. No courting follows, however, for it is considered beneath a New Guinea gentleman's dignity to waste time in such a pursuit.  
If the man thinks he would like to wed the lady, he meets her alone, and they decide straight away whether to marry or drop the idea.  
In the former case the betrothal is announced. The man is then branded on the back with charcoal, while a mark is cut into the woman's skin.  
No breach-of-promise actions are possible in New Guinea, though if the lady is jilted her friends may hunt her lover up and "go" for him. On the other hand, if the dazed damsel proves faithless, she is liable to be beaten by her betrothed if he catches her.

I fell from a building and received what the doctor called a very bad sprained ankle, and told me I must not walk on it for three weeks. I got MINARD'S UNIMENT and in six days I was out at work again. I think it the best Liniment made.  
ARCHIE E. LANDRY,  
Edmonton.

**A Terrible Epidemic.**  
The evidence of infantile paralysis is spreading in New York and getting to other cities. In New York and vicinity there have been 750 cases and a large percentage have been fatal.  
It is now reported in Chicago and some two or three cases have been found in Montreal.  
Six experts from Washington are working on these terrible diseases in connection with the New York Board of Health.

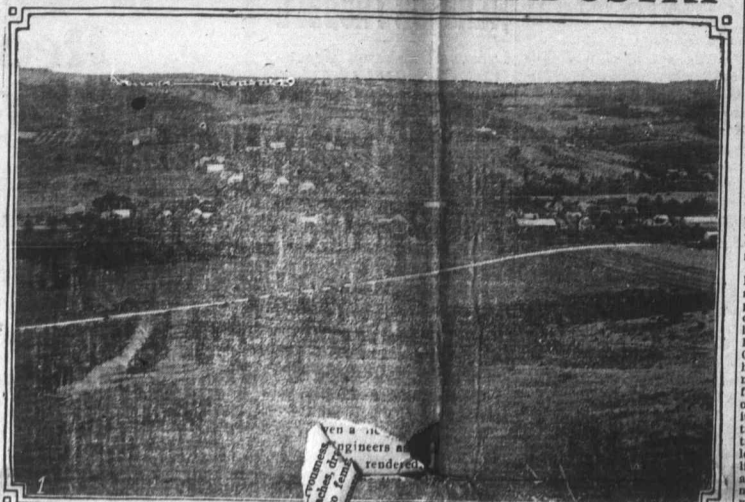
**CASTORIA**  
For Infants and Children.  
The Kind You Have Always Bought  
Bears the Signature of *Dr. J. C. Watson*

A political office in a small United States town was vacant. The office paid \$250 a year and there was keen competition for it. The Democratic candidate, Ezekiel Blinks, was a shrewd old fellow, and a substantial campaign fund was got together for him. To the astonishment of all, however, he was defeated.  
"I can't account for it," said one of the Democratic leaders glo mily. "With that money we should have won. How did you lay it out Ezekiel?"  
"Well," said Ezekiel, slowly, scratching his head, "Ver see that office only pays \$250 a year salary. I didn't see no sense in payin' \$500 out to get the office so I just bought me a little farm instead."

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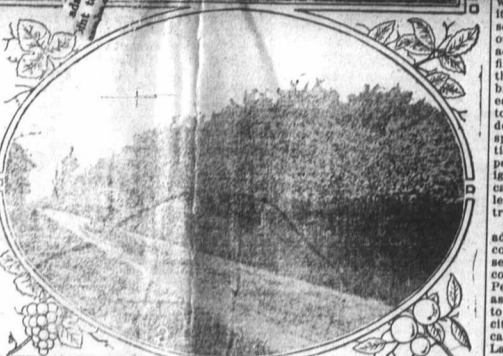
**Children Ory FOR FLETCHER'S CASTORIA**  
"Lucky at cards, unlucky at love," quoted the wise guy.  
"Well, either is simply a case of holding hands," said the simple son.

# IMPORTANCE OF FRUIT INDUSTRY.



(1) Gaspereaux Valley, King's Co.  
(2) Starr's Point, King's Co., N.S.  
(3) Packing Room at Hillcrest, N.S.

It is said \$140,000,000 has been invested in Canadian fruit production so that this is one of our great national industries. In a year of average production 15,000,000 bushels of Canadian apples are marketed, of which Ontario alone ships on an average 1,200,000 carloads into the prairie provinces.  
Most famous of all orchard areas is the Annapolis Valley in Nova Scotia nine miles wide and sixty miles long. With the Dominion Atlantic Railway running through the valley the growers are enabled to pack and ship their produce to all parts of the world. Plums and pears are also grown here on a commercial scale.  
Ontario is the proud possessor of the original McIntosh Red Tree which still stands at Dundas. Large apple orchard districts are found (1) Along the lake shore line of the C.P.R. (2) West of Toronto bordering on Lake Erie and Lake Huron. (3) In the Georgian Bay District, and (4) in the Niagara Peninsula which affords produced 95 per cent of the Ontario peach crop. Plums and pears are grown wherever apples are produced in Ontario.  
British Columbia has developed its fruit industry during the past few years. The number of fruit trees is increasing from 650,000 in 1911 to approximately 2,000,000 in 1915, and the production of apples from 23,000 bushels in 1910 to 787,700 bushels in 1915. The principal production section of the Province is the Okanagan Valley, where fruit is packed and marketed largely in cooperation with the growers of Nova Scotia and Ontario. There is also a large apple production in the Kootenay Lake District on the Lower Mainland. Pear and plum trees are also grown very extensively in these sections of the province already mentioned, and peaches have been planted quite extensively in the southern part of the Okanagan Valley.



Between 1,200,000 and 1,500,000 barrels of Canadian apples are consumed in the United States, and the most of these in Great Britain. The growers of Nova Scotia and Ontario cater especially to the export market, though some British Columbia

fruit is also marketed in the United States. A very serious situation would arise if it were not for the fact that Canada, of its own accord, has agreed to supply the United States with a certain quantity of fruit in the event of a shortage in the latter country. The security of the situation would only be assured by continued cooperation on the part of the consuming public and those who cater to its demands.

# FIGHTING FOREST FIRES

Five Dollars a Head is Cost For Forest Fires in Ontario

The forest fires in Ontario during 1915 cost every family a five-dollar bill. This statement is mathematical exact for the reason that Ontario loses over three million dollars' worth of her forest wealth between April and November of that year.

Practically all of this destruction was due to the fires which could have been prevented. Nearly eighty per cent of what Ontario burned was due to carelessness on the part of settlers, prospectors and others brought into contact with the standing timber. Between Peabroke and North Bay this average of destruction was proved by actual records of the fire rangers.

Annual forest losses in Quebec and British Columbia are due to practically the same cause, although these provinces unlike Ontario have overcome much of the evil by excellent legislation in the form of Permit Laws. Before a Quebec or British Columbia settler is allowed to burn his brush or his clearing stumps, he must first obtain a permit from the forest ranger or other official. In stead of this requirement working hardship, it acts in a manner exactly the contrary. One careless settler in a district is not allowed to burn the wood lots and standing timber of nearby limits without penalty befitting the act. The innocent and law-abiding neighbor is not involved in the blame with the guilty man, and responsibility is placed where it belongs. Every settler is obliged to observe a ranger's advice as to the correct way of using fire in timbered areas. For instance, the settler is encouraged to stack his brush in the open and not on the edge of growing timber; he is advised to choose a day when the wind will blow down and wash carefully for stray sparks. These are simple instructions which any one might be expected to take. Unfortunately through ignorance of the danger involved by carelessness, many settlers require legal restrictions. This assures equal treatment for all.

Evidence in the hands of the Canadian Forestry Association, proves conclusively that the settlers themselves in British Columbia have been an enthusiastic supporter of the Permit Law, recognizing it as quite as sensible as any other law designed to prevent incendiarism in towns or cities. Indications are that a duplicate of the British Columbia Permit Law will be introduced in Ontario, and a welcome reception in Ontario, and that the settlers would soon realize that such a measure can be worked without any bothersome "red tape."

**GROWTH**  
After we are born our rate of growth decreases steadily, until we are full grown.  
You can see how regularly growth decreases after birth by watching the increase in a baby's weight.  
In six months quadruples its weight in thirty-six months.  
You grow in a series of spurts which follow a regular order. There is a grand maximum of growth during the first few weeks of life, then it rapidly decreases up to three years, decreasing still more up to nine or eleven years in boys and from the ninth to the tenth year in girls.  
There is a short period when growth almost ceases.  
A man's height rarely increases after he is twenty-five years old, but woman may add as much as an inch to her height up to the age of thirty or even beyond.

**LIQUID OXYGEN**  
It has long been known that liquid oxygen mixed with substances like cotton wool forms a powerful explosive, but serious difficulties were encountered in its practical use. A new method has now been discovered for handling this oxygen that makes it practical for commercial, industrial and domestic use.  
Bags are filled with a special form of lampblack which are soaked in the liquid oxygen for a few minutes just before they are required for use.  
If the bag is now lighted with a match it will burn quietly and very slowly, but if detonated it explodes with the force of dynamite, and the cost is much less.  
Much less carbon monoxide is given off than by most other explosives, and there is no danger from a misfire as the oxygen will evaporate in a short time.

**MERCURY BICHLORIDE**  
How to Prevent Accident by Mistaking For Other Medicines  
Various methods designed to prevent the mistaking of bichloride of mercury for medicine, or some other harmless substance, have been proposed with the idea of making it possible to use this deadly poison as an antiseptic without incurring any danger. Two of the latest of these are extremely simple but evidently effective. One method consists in stringing the tablets together and then bottling them in the usual manner. A tablet can only be detached by cutting the string, and this apparently does away with all possibility of mistake. The other method is to incase the tablets in metal guards having sharp prongs, so that it is impossible to swallow them. The tablet can be dissolved with the guard in place or can easily be removed from the guard.

**NEW BRUNSWICK RIVER**  
Great Size of Restigouche, the Salmon Stream  
The Restigouche of New Brunswick meaning in the Micmac tongue "Five Finger River" has received its name from its five principal branches—the Matapedia, Uplatchich, Patepedia, Kedgewich and main river. All Matapedia is the terminus of the railroad which runs through the Gaspereaux Peninsula, skirting the Gulf, Bay and river. At Matapedia, at its junction with the main river, the scenery is very grand. Occasionally in the spring, when an ice-jam occurs, the river flows over the top of the banks and at Matapedia, the houses have been flooded—the inmates being compelled to flee, leaving the furniture floating around. Hannay, made is a high mountain, known as the "White Mountain," rising in three natural terraces on a point of land between the Restigouche and Uplatchich, which enters the main river from the south. This tributary is wide—fully one hundred and fifty yards—at the mouth. Above, for a great part of its course the main river is two hundred yards wide; then Matapedia, thirty miles beyond is reached, which in addition to the main river above Kedgewich, and the Kedgewich, have been reserved by the Government for salmon breeding purposes.

**Good Excuse For Smoking**  
In spite of his diatribes against the "sin of society," Father Vaughan is by no means an ascetic, and he has a great contempt for the person who goes about denying himself every pleasure that life can give. And "thereby hangs a tale."  
On one occasion Father Vaughan ordered a good cigar to a very poor-looking, hunched type of minister who belonged to another persuasion than himself. The pious one rejected the offer and said:  
"It was not sent into the world to smoke," he said, holding up his hands in protest.  
"Ah," replied Father Vaughan, "I belong to a church that prefers to get its smoking done in this world. I hope you won't mind me lighting up!"

**Tea-growing in India**  
Scattered all over India we find the British-owned and managed tea gardens. From insignificant beginnings has grown up a huge industry, till we now have 500,000 acres growing tea, and employing 700,000 persons both sexes. Producing 250,000,000 pounds of tea, India sends her teas all over the civilized world. India is now the greatest tea-exporting country in the world. Australia, New Zealand, Canada—all the British dominions beyond the seas—have shared in this expansion of the tea trade.

**Unskilled seamen in a ship's crew are called "boys," no matter what their age.**

**E. B. SHAW**  
Repairing of Boots and Shoes of all Kinds  
Has resumed business at the old stand in his new building.  
Orders Solicited and Carefully Executed

**R. J. Whitten & Co.**  
HALIFAX  
Receivers and Sellers of all kinds of Farm Produce.  
Consignments Solicited.  
Prompt Returns.

**J. H. HICKS & SONS**  
Furniture and Builders' Materials  
Factory and Warerooms, BRIDGETOWN, N. S.



A Serbian in Native Costume  
This gaily dressed and happy looking individual with the long-stemmed pipe is a typical Serb—one of the thousands that fought so well against the Teutonic hordes. Holiday clothes such as these will be unknown for many years probably, most of the men of the country having worn nothing but military uniforms for so long, and there being no occasion for holiday raiment in Serbia nowadays.

**Expert Piano Tuning Guaranteed.**  
Voicing, Regulating, Repairing Organs Tuned and Repaired.  
M. C. COLLINS.  
P.O. Box 321, Wolfville, N. S.

**C. PURVES SMITH**  
M.B.—C.M., Edinburg  
OCULIST.  
Consultation Hours: 11 a.m.—12 noon  
2 p.m.—4 p.m.  
Monday Excepted. Telephone 163.  
Westward avenue, Wolfville, N. S.

**McKenna Block**  
WOLFFVILLE  
Is the place to get your SHAMPOOING MANICURING CHIROPODY MASSAGE  
Scalp and Face Treatment a specialty. All promptly attended to.  
**MRS. B. MELANSON**  
**PUBLIC NOTICE.**  
The public are hereby forbidden the use of my property as a thoroughfare for teams between Main and Front Streets. Persons persisting in this trespassing will be prosecuted without further notice.  
EVANGELINE D. BOWLES.  
Wolfville, Sept. 10th., 1915.

**Yarmouth Line**  
SUMMER SERVICE.  
Steamship Prince Arthur and Prince George  
Leave Yarmouth every Saturday at 6 p. m. Arrive Boston every Monday except Saturday at 3 p. m.  
Consist of the D. A. Dunton Atlantic and Halifax, and South Western to and from Yarmouth.  
Tickets and Stations at Wharf Office.  
**BOSTON & YARMOUTH STEAMSHIP CO., Ltd.**  
A. E. Williams, Agent, Yarmouth, N. S.

**Wolville Time Table**  
DOMINION ATLANTIC RY  
STAMPSHIP LINES  
YARMOUTH TO BOSTON VIA  
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DOMINION ATLANTIC RY  
LAND OF EVANGELINE ROUTE  
Effective July 1st, 1916  
Service daily, except Sunday.  
ARRIVING  
Express from Kentville 6.15 a.m.  
Express from Halifax & Truro 9.33 a.m.  
Flying Bluenose from Halifax 11.11 a.m.  
Accom. from Middleton 11.45 a.m.  
Accom. from Halifax 1.25 p.m.  
Flying Bluenose from Yarmouth 2.40 p.m.  
Express from Yarmouth 4.15 p.m.  
Express from Halifax 6.45 p.m.  
LEAVING  
Express for Halifax and Truro 6.15 a.m.  
Express for St. John and Yarmouth 9.33 a.m.  
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Express for Kentville 6.45 p.m.  
Express trains leaving at 9.33 a.m. daily, except Sunday, and 6.45 p.m. on Saturday only connect at Kentville with O. V. Beach train for Kingsport.

**ST. JOHN AND DIGBY**  
Daily Service (Sunday Excepted)  
Canadian Pacific Ry. train arriving in Digby at 10.00 a.m. Leaving Digby 2.15 p.m. arriving St. John 5.00 p.m. making connection at St. John with train to Canadian Pacific Ry. for Montreal and the West.

**Boston Service**  
Express train leaving at 9.33 a.m. for Yarmouth connects with steamers of the Boston & Yarmouth S. S. Co., sailing daily, except on Sunday, for Boston.

**Electrical Supplies**  
Dealer in Electrical Supplies of every description. Electrical Wiring a specialty. All work guaranteed. Store next to Calkin's Drug Store. Open every evening. P. O. Box 1, Wolfville.  
**L. W. PORTER**

**Building Repairs.**  
We manufacture and keep in stock building finish necessary for repair work or new buildings.  
Ask for our prices on soft and hardwood flooring, sashes, doors, veranda stock, sheathing, gutters, mouldings, frame stock, shingles and laths.  
Ask for our Furniture Catalogue.

**J. H. HICKS & SONS**  
Furniture and Builders' Materials  
Factory and Warerooms, BRIDGETOWN, N. S.

## Professional Cards.

### DENTISTRY.

**Dr. A. J. McKenna**  
Graduate of Philadelphia Dental College  
Office in McKenna Block, Wolfville,  
Telephone No. 43.  
EST. Gas Administration.

### C. E. Avery deWitt

M. D., O. M. (McGILL)  
One year post graduate study in Europe.  
Office hours: 8-1 a. m.; 1-3, 7-9 p. m. Throat work a specialty.  
Tel. 81. University Ave.

### M. R. ELLIOTT

A. B., M. D. (Harvard)  
Office at residence of late Dr. Bowles,  
Telephone 23.  
Office Hours—8-1 a. m., 1-3, 7-9 p. m.

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BARRISTERS, SOLICITORS  
NOTARIES, ETC.  
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