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is still a wide field for others to ch

about to help you all. Your own, UNCLE WEST.

from, so now hurry up and let Uncle West know just what he can write

THE LITTLE TRUTHTELLERS

By Eather Miller. "I saw a grea' big tager out in de garden," asserted small Hugh, as he was being put to bed. His mother looked worried. The tales Hugh invented were

secoming a source of alarm to his truth

becoming a source of alarm to his truth loving parents. "But it was just a pretend tiger, wasn't it?" she suggested. He turned hig, reproachful eyes upon her. "Oh, no, mamma,—a weely, twooly tager. An' I shot him dead wif my gun, an' den I cut him up—an' den I et him—an' den—"

## HELPING ALL I CAN

I must be doing something for the weary and the sad,

I must be giving forth the love that makes my heart so glad; For God so fills my spirit with a joy that passeth show, I fain would do fils bidding in the only

way I know.

So to suffering and to sorrow I shall always give my heart, And pray to God that every day I may

some good impart, Some little act of kindness, some simple

word of cheer, To make some drooping heart rejoice or stay some falling tear.

And when I've crossed the river and passed its waters o'er,

And feel that some will miss me upon the other shore,

My grateful spirit ever shall bless the Lord divine, Who crowns the humblest efforts of a

human love like mine.

## UNCLE WEST'S MESSAGE

My Dear Boys and Girls:---I think ou must have forgotten your Uncle West, or perhaps you are out in the garden making ready to have a splen-did show of flowers and vegetables for our Progress Club's show. In case you have forgotten the objects and the aims of the Progress Clubs, I will give you the aims again. The following are the rules of the Progress Clubs :-

## Article 1.

The Club to be known as The Cana-dian Progress Club (each branch add school name).

Article 2 .- Objects. To inspire young and old to help themselves upward and onward.

By such training and education, ex-perience, and development, work and play, that each may use and enjoy all her or his physical, mental, moral and spiritual powers:

For health and happiness, efficiency and prosperity.

To cultivate patriotism, non-sectionalism, loyalty, character, honesty, earnest-ness of purpose, faithful service, obedience, reverence for the laws of God and man

To make the Golden Rule a living reality and thus unite young and old in truer brotherhood.

The aim will be to make the Canadian people leaders in everything that con-spires to human welfare and the true progress of the world. This movement shall consist of Progress Clubs formed by boys and girls and older people also. Such clubs may be organized within the schools or without, or may consist of pupils at school or those who have left school.

By joining a Progress Club you will get much more fun and benefit from the experiments, tests and exercises that will be suggested from time to time for use in the school, than if you are not a member. not a member.

To join the club also gives you ex-perience in organization. Remember this is the day of organized efforts. Three girls or three boys who unite their efforts can accomplish more than dozen girls or boys each working singly. Wisely directed organization is one

Wisely directed organization is one of the greatest forces. It makes for human progress. For further particulars ask your teachers to write to Uncle West, or write yourselves and show your letters to the teachers. I think we could not do better than have a motto, and I would like my boys and grips to choose one for the Club.

and girls to choose one for the Club.

would like the boys and girls to write me a letter stating what they intend to make a specialty of in their gardens this year. Quite a number of gardens this year. Quite a number of letters have come to hand, and one boy tells me he is going to specialize on cab-bages; another on sweet peas; another on squash; another one tells me he is going to grow tomatoes; another one aas taken my advice and is going to grow mushrooms for profit. All of these going things mentioned are good, but there

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THE GRAIN GROWERS' GUIDE

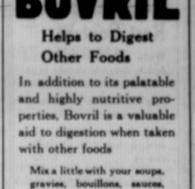
done yet, little daughter?" asked her moth

"Why, no, mamma, I've only got two sums done. They're so awfully long?" "But you've been sitting here two hours. dear

Elsie's curly head bent lower over her task and she chanted solemnly, "Four and five are nine, and three are twelve, and six are-

and five are nine, and three are tweive, and six are—" Her mother passed into the sitting room where grandma sat reading, and the little voice instantly ceased. "I'm so troubled about Hughle," sighed the mother, taking up her darning basket. "I'm afraid he isn't truthful!" Grandma looked up. "Do you know, Helen, there is no more reason to worry about Hughle's 'untruthfulness' than about Elsie s?" "Elsie! Why, mother, she never told me a falsehood in her life; and Hugh's tales are absolutely appalling." "Hake to-night, for instance. She wanted to sit up late, and she has spent two hours pretending to do three sums she could finish in ten minutes. I don't believe the child is conscious that she is could finish in ten minutes. I don't believe the child is conscious that she is deceiving any more than Hugh is. But, when she has a point to gain she very often speaks or acts an untruth. Watch her."

The mother did watch and found that the grandmother was right. Then, hav-ing got at the root of the untruthfulness in the older, as well as in the younger child,



stews, salads, etc.

she set herself to make both her darlings truthful in word and deed. Constant, prayerful attention won the day. Under his mother's teaching, Hugh learned that the world was full of real wonders, —that the robin's nest in the tree and the rose opening from the bud were more mar-vellous than his imaginary tigers; and Elsie became willing to do without the thing she most wished for, rather than win them by an untruth, spoken or acted. them by an untruth, spoken or acted. The Primary Quarterly.

