

Young Folks' Circle

Where Uncle West Presides

HELPING ALL I CAN

I must be doing something for the weary and the sad,
I must be giving forth the love that makes my heart so glad;
For God so fills my spirit with a joy that passeth show,
I fain would do His bidding in the only way I know.

So to suffering and to sorrow I shall always give my heart,
And pray to God that every day I may some good impart,
Some little act of kindness, some simple word of cheer,
To make some drooping heart rejoice or stay some falling tear.

And when I've crossed the river and passed its waters o'er,
And feel that some will miss me upon the other shore,
My grateful spirit ever shall bless the Lord divine,
Who crowns the humblest efforts of a human love like mine.

UNCLE WEST'S MESSAGE

My Dear Boys and Girls:—I think you must have forgotten your Uncle West, or perhaps you are out in the garden making ready to have a splendid show of flowers and vegetables for our Progress Club's show. In case you have forgotten the objects and the aims of the Progress Clubs, I will give you the aims again. The following are the rules of the Progress Clubs:—

Article 1.

The Club to be known as The Canadian Progress Club (each branch add school name).

Article 2.—Objects.

To inspire young and old to help themselves upward and onward.

By such training and education, experience, and development, work and play, that each may use and enjoy all her or his physical, mental, moral and spiritual powers:—

For health and happiness, efficiency and prosperity.

To cultivate patriotism, non-sectionalism, loyalty, character, honesty, earnestness of purpose, faithful service, obedience, reverence for the laws of God and man.

To make the Golden Rule a living reality and thus unite young and old in truer brotherhood.

The aim will be to make the Canadian people leaders in everything that conspires to human welfare and the true progress of the world. This movement shall consist of Progress Clubs formed by boys and girls and older people also. Such clubs may be organized within the schools or without, or may consist of pupils at school or those who have left school.

By joining a Progress Club you will get much more fun and benefit from the experiments, tests and exercises that will be suggested from time to time for use in the school, than if you are not a member.

To join the club also gives you experience in organization. Remember this is the day of organized efforts. Three girls or three boys who unite their efforts can accomplish more than a dozen girls or boys each working singly.

Wisely directed organization is one of the greatest forces. It makes for human progress. For further particulars ask your teachers to write to Uncle West, or write yourselves and show your letters to the teachers.

I think we could not do better than have a motto, and I would like my boys and girls to choose one for the Club.

I would like the boys and girls to write me a letter stating what they intend to make a specialty of in their gardens this year. Quite a number of letters have come to hand, and one boy tells me he is going to specialize on cabbages; another on sweet peas; another on squash; another one tells me he is going to grow tomatoes; another one has taken my advice and is going to grow mushrooms for profit. All of these things mentioned are good, but there

is still a wide field for others to choose from, so now hurry up and let Uncle West know just what he can write about to help you all.

Your own,

UNCLE WEST.

THE LITTLE TRUTHTELLERS

By Esther Miller.

"I saw a great big tiger out in the garden," asserted small Hugh, as he was being put to bed. His mother looked worried. The tales Hugh invented were becoming a source of alarm to his truth loving parents.

"But it was just a pretend tiger, wasn't it?" she suggested. He turned big, reproachful eyes upon her. "Oh, no, mamma,—a weedy, two-toed tiger. An I shot him dead wif my gun, an' den I cut him up—an' den I et him—an' den—"

His mother interrupted. There was no limit to the proportions the story might take on. "Never mind it to-night, darling. It's time little boys were by-bye."

When he was off into dreamland, probably killing more tigers, she went downstairs. Eight-year-old Elsie was working at the table. "Lessons not

done yet, little daughter?" asked her mother.

"Why, no, mamma, I've only got two sums done. They're so awfully long!"

"But you've been sitting here two hours, dear."

Elsie's curly head bent lower over her task and she chanted solemnly, "Four and five are nine, and three are twelve, and six are—"

Her mother passed into the sitting room where grandma sat reading, and the little voice instantly ceased.

"I'm so troubled about Hughie," sighed the mother, taking up her darning basket. "I'm afraid he isn't truthful!"

Grandma looked up. "Do you know, Helen, there is no more reason to worry about Hughie's 'untruthfulness' than about Elsie's?"

"Elsie! Why, mother, she never told me a falsehood in her life; and Hugh's tales are absolutely appalling."

"Hughie's tales are the product of his baby imagination. He will outgrow them. And Elsie—" "Elsie, mother?" "Take to-night, for instance. She wanted to sit up late, and she has spent two hours pretending to do three sums she could finish in ten minutes. I don't believe the child is conscious that she is deceiving any more than Hugh is. But, when she has a point to gain she very often speaks or acts an untruth. Watch her."

The mother did watch and found that the grandmother was right. Then, having got at the root of the untruthfulness in the older, as well as in the younger child,

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In addition to its palatable and highly nutritive properties, Bovril is a valuable aid to digestion when taken with other foods

Mix a little with your soups, gravies, bouillons, sauces, stews, salads, etc.

she set herself to make both her darlings truthful in word and deed. Constant, prayerful attention won the day. Under his mother's teaching, Hugh learned that the world was full of real wonders,—that the robin's nest in the tree and the rose opening from the bud were more marvellous than his imaginary tigers; and Elsie became willing to do without the thing she most wished for, rather than win them by an untruth, spoken or acted.—The Primary Quarterly.

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Many exhibitors will have interesting souvenirs for you. Come, surely, and bring every member of your family.

Free Illustrated Lecture at Every Stop

See this Time Table for Date of Arrival

Port Arthur, Ont.	May 20th	Greenell, Sask.	May 29th	Morse, Sask.	June 5th
Fort William, Ont.	May 21st	Walsley, Sask.	May 29th	Swift Current, Sask.	June 5th
Kemora, Ont.	May 22nd	Sistaluta, Sask.	May 30th	Maple Creek, Sask.	June 6th
Winnipeg, Man.	May 23rd	Indianhead, Sask.	May 30th	Medicine Hat, Alta.	June 6th
Morden, Man.	May 24th	Qu'Appelle, Sask.	May 30th	Tabor, Alta.	June 7th
Carleton Place, Ont.	May 24th	Regina, Sask.	May 31st	Macleod, Alta.	June 7th
Killarney, Man.	May 24th	Moose Jaw, Sask.	June 2nd	Lethbridge, Alta.	June 9th
Bellevue, Man.	May 24th	Tuxford, Sask.	June 2nd	Clareholm, Alta.	June 10th
Deloraine, Man.	May 25th	Eyebrow, Sask.	June 2nd	Stavely, Alta.	June 10th
Napinka, Man.	May 25th	Elbow, Sask.	June 2nd	Nanton, Alta.	June 10th
Hartney, Man.	May 25th	Outlook, Sask.	June 2nd	High River, Alta.	June 10th
Souris, Man.	May 25th	Milestone, Sask.	June 4th	Okotoks, Alta.	June 10th
Brandon, Man.	May 27th	Yellowknife, Sask.	June 4th	Langdon, Alta.	June 11th
Virden, Man.	May 28th	Weyburn, Sask.	June 4th	Strathmore, Alta.	June 11th
Elkhorn, Man.	May 28th	Festoon, Sask.	June 4th	Gleichen, Alta.	June 11th
Mononmin, Man.	May 28th	Caron, Sask.	June 5th	Bassano, Alta.	June 11th
Broadview, Sask.	May 29th	Mortlach, Sask.	June 5th	Brooks, Alta.	June 11th

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100 Interesting Exhibits.

Don't Miss It.