

MAY 26, 1904

THE FARMERS ADVOCATE.

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that in its present situation, it will be more vigorous in its growth, and more beautiful in its appearance; that its stalk will not be broken by the fierce wind; nor its tender shoots scorched by the burning sun, or nipped by the pinching frost; that its blossoms will never be a prey to the rude worms, nor its fruit to the tempest.

All this we know, and He has sent us His word that what we know not now, we shall know hereafter.

DESIRE-TO-HELP.
(Formerly known as Mrs. A. S.)

ABOUT THE BADGE.

Dear Dame Durden,—We have had the "Advocate" nearly a year in our home and enjoy reading it very much, especially the Ingle Nook Chats. I certainly think a badge would be very nice to wear to represent the Ingle Nook. I think that same ribbon, yellow and black, would be very nice, with four streamers, and a little rosette fastened in the top. I have only seen but one announcement about the badge, so I thought I would send in my liking.

E. D. ANDERSON.

Wetaskiwin, Alta.

FROM "DON'T SIGH" HOUSE-KEEPER.

Dear Dame Durden,—In reply to Mrs. J. E., I will send the American yeast recipe. I am sure she will find it very handy at this busy season, when we are all so busy housecleaning. I thought of giving a few hints on housecleaning. We always just take one room at a time, and do it thoroughly, have done so for years, and find it very helpful, especially when any of our friends drop in unexpectedly. It is nice to have the rest of the house in order. My floors, I paint, with borders, any colors which will blend nicely. I think they improve a room very much. We stop our cleaning, so as to be dressed up before the children get from school, and prepare a nice hot dinner for six o'clock, and then are not too tired to spend a pleasant evening with our family.

American Yeast.—Peel and slice two quarts of potatoes; boil soft; put through colander. Add: half a cup sugar, half cup flour, three quarts of water. Have your yeast milk-warm; then add two cakes of Royal yeast cake, previously blended in warm water; set in a crock covered warmly, and stir occasionally for a couple of hours. Next day, you can make your first batch of bread. This amount of yeast makes about twenty-four loaves.

For a baking of eight loaves, take one and a half quarts of yeast and same amount of water; make milk-warm; add salt; have your flour thoroughly warm; mix stiff; then knead well on bakeboard. Cover up warmly for nearly two hours, then knead again. In one and a half hours put in the pans, and in one and half hours bake from one to one and a quarter hours. Cover the rest of your yeast with cloth and lid in cellar for your other batches. Be sure and keep the bread warm till it is baked.

Raspberry Cake.—Two eggs; half cup sugar; one cup preserved raspberries; half cup butter; two tablespoons butter-milk; one teaspoon soda; two cups flour. Beat all together thoroughly. Bake in a moderate oven, and ice as desired.

Buns.—When you are panning your bread, reserve a piece the size of a loaf; add half a cup sugar, and one egg. Mix well; let stand two hours; then form into little loaves the size of an egg; let rise three hours in warm place; bake, and you will have two dozen of lovely buns hot for tea.

DOING UP LACE CURTAINS.

Miss Emma Schenk writes, asking how to do up lace curtains. . . . Wash your curtains separately from other things, being very careful in handling them, so that you may not tear the lace. If yellowed at all, a little turpentine or coal oil put in the boiler will help to whiten them. Rinse well and blue, testing the blue water with a bit of white cotton before putting in the curtains to see that it is the right shade. Nothing looks worse than curtains that are too blue. Have a thin boiled starch made; immerse your curtains in it quickly, and press out. Do not

wring, as that would be destructive to the lace. Now, if you have curtain frames, you may stretch your curtains on them, taking care to have the lace spread out smoothly and evenly, and all the points pinned out in place. If you have no curtain frames, spread clean white sheets on the floor in some unused room, pinning them to the carpet if there is one. Now spread and stretch your curtains very carefully on these sheets, pinning them all round, and pulling all the points out carefully and gently into place. Now close up the room to lessen the possibility of dust blowing in, and leave your curtains to dry. If you have any old worn ones, you might try this plan with them. Mend the holes with bits of old lace, wash as above, then before starching mix in with your boiled starch enough yellow ochre to make the curtains a pretty old gold shade. Now you may not think these would be a bit pretty when reading about them; the name "yellow ochre" doesn't seem to go well with "lace curtains," does it? Nevertheless, I can assure you that curtains which I have seen after this treatment looked very pretty indeed, especially in bedrooms in which the color scheme was yellow and white. Besides, in these old gold curtains you never seem to see the mends at all.

D. D.

THAT JUNE WEDDING.

As the matter was already arranged for this number before "Earnest Reader's" letter arrived, it has been found impossible to answer her question regarding the "June Wedding" this week. We shall try to help "Earnest Reader" in our next issue, however, and hope that what hints we may give will not be too late.

DAME DURDEN.

Oiled with Cheerfulness.

When the sailors heave the anchor, they start a song, to the music of which they keep time. When a regiment marches to battle, the band plays martial airs to stimulate and strengthen them. When the machinery of daily occupation runs smoothly and without friction, the wheels must be well oiled with cheerfulness.

"Give us, Oh give us," cried Carlyle, "the man who sings at his work! Be his occupation what it may, he is equal to any of those who follow the same pursuit in silent sullenness. He will do more in the same time—he will do it better—he will persevere longer. Wondrous is the strength of cheerfulness; altogether past calculation is its power of endurance!"

The dull day grows bright and the dreary burden grows light with the coming of cheerfulness.—[East and West.

Solid Scholarship.

At a political meeting an excited Irishman had risen to yell his satisfaction. "Sit down!" called the man behind him, twirling his coat tails. "Don't you know you're opaque?" "And that I'm not!" cried the other, "I'm O'Brien."

V. C. tell a story of Professor Huxley, which suggests that he may have heard of the Irishman. The professor had made a demonstration, and asked a student:

"You follow me?" "Yes, sir," he replied, "except at one point, when you were between me and the blackboard."

"Well," said the professor, "I always try to be clear, but I can't make myself transparent."—[East and West.

THE WOUNDS OF A FRIEND.

The small boy who wrote the following letter was so eager to express his gratitude that he did not notice just what his letter seems to include under benefits received:

"Dear Uncle Thad," he wrote. "I received the knife you sent me; it is just beautiful. I cut myself with it five times since I got it. I thank you ever and ever so much for the knife."

"Your affectionate nephew, Ted."

Local Treatment for Women's Disorders.

The health we enjoy depends very largely upon how the blood circulates in our bodies; in other words, if we have perfect circulation we will have perfect health.

There is a constant wearing out of the tissues in every part of the body. The blood flowing through the veins carries off this waste or dead matter, while the blood coming from the heart through the arteries brings the fresh new living tissue, the essence of the food we have digested, to replace what has been carried off. This constant wearing out and expelling of the dead matter and the replacing of it with new matter, atom by atom, goes on day and night, until in about 7 years a complete change has been effected. Thus every man and woman has an entirely different body in every particle of it from what he or she had 7 years before.

It sometimes happens, however, from a variety of causes, that the blood becomes congested in certain portions of the body. This means that the blood vessels in these parts become weakened, and the circulation in that section of the body becomes sluggish and stagnant. The consequence is that the dead matter in that part of the body is only partially carried away, and that but little of the new, vital matter is introduced there to build up and strengthen the tissues and nerves.

This condition invariably exists in all cases of female disorders. The dead matter retained in the circulation, which should have been expelled, causes irritation and inflammation of the delicate membrane, and oppresses the nerve centres. This condition is the cause of the grievous physical and mental suffering which accompanies female troubles.

To obtain relief it is evident that the first thing to be done is to get rid of the dead matter which is being held in the circulation. If this dead matter is allowed to remain there a species of blood poisoning will result and nature will endeavor to get rid of it by forming ulcers, tumors, etc.

The above explanation will also show why ORANGE LILY is so successful in curing this condition. It is a local treatment, and is applied direct to the affected organs. Its curative elements are absorbed into the congested tissue, and from the very start the dead matter begins to be discharged. A feeling of immense relief, both mental and physical, accompanies it, and the improvement is constant and positive. This feature of the expelling of the dead matter is always present to a greater or less extent, and in some cases it is so marked as to be amazing. The case described in the following letter is not exceptional:

Dr. Coonley—I am thankful to Mrs. F. V. Currah, your Canadian representative, for my health restored by your wonderful remedy. I have suffered for 17 years, but not so bad until 3 years ago. Then I had a doctor, who told me I had a tumor, and could live no more than him again, and he gave me up to die. My husband then sent for another doctor, who performed an operation, and it did me much good. I doctored with him 3 or 4 months, but became bad again that I thought I could live no longer, and I began to long to die. One day my husband came home and threw a slip of paper to me with Mrs. Currah's address and told me I was to die. I would die anyway. I could not lift a teacup without hurting me. Then the first doctor told me I was worse than ever. However, my husband sent for ORANGE LILY, and the third treatment brought away one tumor. Others followed, until 7 tumors had been expelled, 3 large ones and 4 small ones. I know if it had not been for ORANGE LILY, I would have died, for I could not live much longer. I would have thought it cheap at one hundred dollars for a month's treatment, instead of one dollar. It is worth its weight in gold.—Mrs. Geo. Lewis, Huntsville, Ont.

The above letter is published with Mrs. Lewis' permission. All letters received are treated as being sacredly confidential, but occasionally some patient feels so grateful for being cured that she is willing to make the matter known for the benefit and encouragement of her suffering sisters.



I am so anxious that every suffering woman may satisfy herself, without cost to her, that ORANGE LILY will cure her, that I hereby make the following

ORANGE LILY is a positive, scientific remedy for all disorders of the female functions. As explained above, these troubles are of local origin, and require local treatment. It is just as sensible to take medicine internally for female troubles as it would be to take medicine internally for a bruise, a boil or an ulcerated tooth. In all these cases some dead matter is being retained, and the cure is effected by employing local methods for expelling the dead matter. ORANGE LILY has antiseptic, soothing and healing properties, and also tones up and invigorates blood vessels and nerves.

Free Trial Offer.

I will send, without charge, to every reader of this notice who suffers in any way from any of the troubles peculiar to women, if she will send me her address, enough of the ORANGE LILY treatment to last her ten days. In many cases this trial treatment is all that is necessary to effect a complete cure, and in every instance it will give very noticeable relief. If you are a sufferer, you owe it to yourself, to your family and to your friends to take advantage of this offer and get cured in the privacy of your home, without doctors' bills or expense of any kind.

Should any lady desire medical advice or information on any special feature of her case, I will be happy to refer her letter to the eminent specialist in women's diseases, Dr. D. M. Coonley, President of the Coonley Medical Institute, Detroit, Mich., and he will answer her direct. Dr. Coonley is the discoverer of ORANGE LILY, and has had over 30 years' experience in the treatment of these diseases. No charge will be made for this medical advice. Address Mrs. Frances V. Currah, Windsor, Ont.

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