



Have You Seen The New "Galt" Shingle?

In justice to yourself, you should at least investigate "Galt" Steel Shingles before deciding on the roof for your new barn or the new roof for your old barn. Present wood shingles are failures and are being discarded—to use them is a step backward. Don't put a fourth-class roof on your first-class barn. "Galt" Galvanized Steel Shingles is the roofing, now and for the future. Roof your new barn with "Galt" Steel Shingles and you won't have to apologise for it now or at any time in the future.

Listen, you won't have time two months hence to investigate this roofing question. And yet the roof of your barn is an important part of your real estate and should be selected carefully. Won't you drop us a card now for our booklet "ROOFING ECONOMY" telling all about "Galt" Shingles? If you haven't paper and ink handy, tear out this advertisement, write your name and address on the line at bottom and mail us. We'll know what you mean. You'll never have a better chance than right now.

Name _____ Address _____
THE GALT ART METAL CO., Limited, GALT, ONT.
Watch for the advertisements with The Fids from Galt. 4A

Agriculture for Women

One of the new courses of study offered by the Missouri College of Agriculture is a four years' course for women, leading to the degree of Bachelor of Science in Agriculture. This course is intended to give to women, not only a knowledge of home economics, but a thorough training in those farm practices in which women are particularly interested. The course includes Farm Crops and Soils, Dairying, Botany, Gardening, Care of Flowering Plants and Fruit Cul-



Out to Feed the Young Brood

The illustration shows Mrs. Clayton Telford of Peterboro Co., Ont., as she was photographed this past summer by an editor of Farm and Dairy while attending to the poultry. The Telford farm was a prize winner in the Interprovincial Prize Farms Competition.

ture, besides the usual studies that have heretofore been included in the regular Home Economic course.

It is expected that this course will prove popular with a large class of young women who intend to spend their lives on farms or in teaching in connection with agricultural schools. It is a well balanced course, affording a wide range of studies from which students may elect work outside of the Agricultural and Home Economics departments.

A Sideglance on a Self-made Man

"A Traveller," Peterboro Co., Ont.

"I am a self-made man." How often we hear this assertion nowadays made with great pride and satisfaction by men who in a comparatively few years and with few opportunities have raised themselves from poverty to affluence. Many of the self-made men swell themselves out as they say it with all the self-conscious pride of a gaily plumed peacock, and one would think that they had done the whole thing themselves without assistance from anybody. I have run across a good many of these self-made men and become acquainted with several, and when the whole story is told we find that some quiet woman has had quite as much to do with their success as they had themselves. The wise advice and kindly encouragement of the wives of these self-made men in many cases tells almost the whole story.

The self-made farmer—and we have many of them in this country—boys who came here with nothing at all and now have splendid farms well stocked and paid for, owe more to their wives than any other class of self-made men. I have in mind at the present moment a self-made man who is very proud of the fact and who delights to tell of the day when he arrived in Canada with nothing at all, a homeless English lad, and then points to his splendid 300-acre farm and says, "and I done it all myself. His neighbors tell a different story. That man has a wife!

She is a quiet, hard-working and almost worn-out woman. She has so little to say that you would hardly

know she was around the house at all. But in the early days when she and her husband first purchased the worn-out farm it was the money that she made peddling fresh vegetables and the cash that she made from their poultry that gave them their first start. She was an excellent butter maker, and the reputation she obtained for her butter was the chief factor of building up a large and profitable dairy industry on the farm. While her husband was investing in expensive machinery that made work for himself easier, she got along with the old scrubbing brush, the broom instead of the carpet sweeper, and the wash-tub instead of the washing machine, in order that money might be saved to pay for their farm and to increase their bank account. Her husband is now on easy street, but she is performing the same old grind; it never seems to occur to him that without her heroic assistance and self-denial he could not to-day be on easy street.

These self-made men make me tired. Why cannot they tell the whole truth and give to the woman in the case her due credit?

Slouching

Slouching is nothing but negligence and displays a lack of self-control. Don't give way to it, but see if a little energy won't overcome it. It may seem but a trifle to you, but not to others. These will not be so lenient in judging your slouching habit, and not only will criticize it severely but may eventually form an entirely wrong opinion of you.

The stooping position of the back and shoulders is not only far from beautiful, but highly unsanitary, severely handicapping the respiration and preventing all the internal organs from performing their duties properly.

The habit of letting the shoulders droop and the back stoop may have been acquired by rapid growth, or by overzealous study, but whatever the cause it should be remedied as speedily as possible.

Let the arms hang freely at the sides. Don't fold your hands in front of you, and train yourself to walk with free, long strides, instead of hopping or waddling, as so many women



A Jolly Time at Farm Work

Miss Gladys and Miss Mariel Kennedy and Mr. Garfield Kennedy of Victoria Co., Ont., appear in the illustration, they having been taken on the latter's farm near Boboysgon.

do, and, above all, see to it that the poise of your head is correct, well thrown back, instead of being a half a mile in advance of your body. Then it is easy to do, and the habit firm and keep it so, and it will not be awry.

As in everything else, the secret of success lies chiefly in a firm, determined will to overcome the difficulty, paying no heed to discouraging failures in one's efforts, which are bound to occur when one first commences to break with the slouching habit.

"We Us and Co." is a winning concern. The trouble on many farms is that the sterner half too often thinks that he is the whole firm. He isn't!

It pays to advertise. Try it.

High-Class Telephones and Construction Materials



The strongest ringing and talking telephone made.

WE make the highest-grade telephones on the market. We guarantee them against defects in material and workmanship for 10 years. We handle everything in high-grade equipment and construction materials. We ship promptly. Write for Price List. Also send for a copy of our

No. 3 Bulletin

It contains the latest information on how to build, equip and maintain rural telephone lines. At the same time ask for particulars about our

Free Trial

offer, which enables any municipality or company to test, try and judge the efficiency of our telephones before investing a dollar.

Canadian Independent
Telephone Co. Limited

24 DUNCAN STREET, TORONTO

GRANGE

A Grange

Farm and Dairy. Interested in the time a lady may have been elected legislator. Mrs. Agnes L. Rider applies to a woman Honorable Agnes sound strangely her correct title sound of it.



AGNES L. RIDER

The First Hon. Agnes L. Rider. Some interesting joining. Through to publish this ill-

The accompany which we are inde Grange Monthly a formation from w a prize money, show deck in the Color indicates also her her name and the represents are p her desk, the same colleagues, by v rounded.

MAKING GOOD IN

In addition to tion of being the Grange who has any legislator. N secretary of the Grange, a member Board of the State lege, and the friend political represent ers is three count these three positio aid to be making sense of the word.