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relieved. I don't like too much medicine for baby. Castor oil is all right once in a while. I feed him whenever he is hungry. A baby cries either when hungry or colic or is not dry.

My little girl is three years and is a big fat girl, and I raised her the very same way.



Erven Orval Hagen

My baby is not bothered with summer complaint, but a good remedy for that is to take the milk away and give them lighter oatmeal gruel or barley water boiled for three hours straight, and give the juice thereof strained through a cloth and sweetened, until the trouble is stopped.

From yours truly,
Mrs. E. Hagen.

Hyde Park Homemakers' Club

THE Hyde Park Homemakers held their monthly meeting on July 11th at the home of Mrs. James Brandon.

There was a crowded meeting, ten members being present, five visitors and quite a few children. The meeting opened with the singing of "The Maple Leaf." Minutes and correspondence were then read and dealt with. A letter was read from the secretary of the Hyde Park Exhibition Committee asking the ladies to arrange about the refreshments

for the exhibition. It was proposed that the money raised was to go to the Red Cross and Y.M.C.A., that took quite a long time to discuss and elect a committee for same.

It was then thought we had better bring the meeting to a close and have a little music and friendly chat. We then sang the National Anthem.

We were very pleased to welcome Mr. and Mrs. Rayner among our midst, our new minister and wife, also so many new faces from Hillside district. Mrs. Brandon then brought in a very dainty lunch which we all enjoyed.

The time for departure arrived. The next meeting is to be held at Mrs. Shepherd's on August 8th. We hope all who can possibly come will do so. It will be the final meeting to arrange about refreshments for exhibition.

We are sorry we did not get May and June report in, but our reporter was away. Our May meeting was held at Mrs. McNabb. June meeting at Mrs. Parkhouse.

(Mrs.) A. J. Marsh,

Hartney H.E.S.

THE members of the Hartney H.E.S. met at the home of Mrs. Thos. Fry, of Melgund, on Thursday, July 4th. Members were taken by auto to the home of Mrs. Fry, a distance of six miles from Hartney, our usual meeting place.

Miss Annie Robson read an interesting instructive paper entitled "A well arranged and equipped kitchen." After reading her paper Miss Robson passed drawings and plans of well arranged kitchens and farm homes. She also showed samples of labor-saving devices. A miniature ironing board to attach to the wall by means of a hinge was shown. This board could be folded to the wall when not in use and thus occupy very little kitchen space. Every one was much interested in Miss Robson's topic, and she felt well repaid for the pains she had taken and the time she had spent in the preparation of the subject.

Mrs. Fry served buffet luncheon to the guests and the usual collection for the

Belgian Relief Fund was taken, and added \$4.80 to the fund. After an hour of social intercourse the ladies adjourned.

O. M. Hodgson.

August Meeting

The August meeting of the Hartney H.E.S. met in the Town Hall on Thursday afternoon, the first of the month.

Mrs. Dr. Graham read a paper on "First aid before the doctor comes." She first explained the body and its anatomy. She then explained different wounds, such as might happen to one engaged in housework, a cut causing capillary wound, a venous wound and an artery wound. A fracture of the different bones was explained, also dislocation of different bones.

Dr. Graham demonstrated a bandage for a broken jaw bone, a broken bone in the forearm, in the upper part of the arm, a broken collar bone, a fractured rib, a fracture of the bone between the thigh and the knee, a fracture between the knee and the ankle.

Mrs. Graham and Dr. Graham paused at intervals, giving the members the opportunity to ask questions on any points not thoroughly understood.

Mrs. Graham explained how ice and cold applications were beneficial to sprains. After Mrs. Graham explained treatment for different wounds, Dr. Graham demonstrated. Fainting was explained and treatment demonstrated. Bites from animals, particularly those likely to be poisonous were fully dealt with, and saving the wound to prevent spreading of poison was advised. The treatment for burns and scalds were explained. The paper and demonstration were particularly beneficial.

A vote of thanks was tendered Dr. and Mrs. Graham for their excellent paper and demonstration.

Miss Hazel Thomas gave a reading. The members voted \$15 for the Red Cross Fund that is promised by the Provincial H.E.S.

After serving light lunch the meeting adjourned.

O. M. Hodgson.

MACLEOD'S QUICK SERVICE TO THE FARMER

ON another page will be found the advertisement of MacLeod's Ltd., of Winnipeg, who specialize in Stationary Engineering Plants, Horse Truck Outfits, and in every conceivable detail of farm machinery and equipment belting and belting supplies, farm and blacksmithing tools of all kinds, harness, dairy equipment, steel stock tanks, domestic needs, such as high-class footwear, etc.

MacLeod's issue a most attractive catalogue, copiously illustrated, for which there can be no loophole for misapprehension in ordering, and from which the purchaser can select his or her wants just as if the article were seen and handled in the store. MacLeod's, like all honest traders who have built their business on real, as distinct from alleged "service," carry all risk of disappointment, and send out every order on the clear understanding of "perfect satisfaction or the money refunded," with all transportation charges which the purchaser may have paid.

On the solid footing of quality, service and price, this enterprising house basis its bid for western trade. Its financial standing is first class, and reference is permitted to any bank or Commercial Agency. We have personally seen a very large number of the most unqualified acknowledgements from western people who "bought and were delighted" with their experience at the hands of MacLeod's Limited.

Nut Stunt

On a table place eight nuts of the roly variety—such as walnuts, pecans, hazelnuts, etc. The problem is for each player in turn to put four on the back of each hand, using his hands to place the nuts and also his teeth if need be. After having placed the nuts, each must walk rapidly around the room; only such nuts as remain on his hands are counted in the game. Or scores may be omitted and each player perform the stunt again and again until successful.