

for he felt poor and weak, and not able for the work God had sent him to do. He was weary and unhappy, and lay down under the juniper tree to sleep; but God had not forsaken nor forgotten him.

*God Strengthens His Servant*—While Elijah slept God sent an angel messenger to him. The angel touched him and spoke (v. 5). He awakens, and there beside him is a cake or loaf of bread and a jar of water. He ate and drank and lay down again to sleep. Again the angel came and touched him, telling him to get up and eat for there was a long journey before him. He did as the angel said, and for many days he traveled till he reached Mount Horeb (Outline), the same mountain on which God had given His law to Moses hundreds of years before.

*Elijah at Mount Horeb*—God sent Elijah to Mount Horeb that he might be strengthened and comforted, and trust God more, when he remembered here all God's goodness to His people on their long journey from Egypt. Here is a cave (Outline) which Elijah made his resting-place. God again speaks to him, asking him what he is doing there. He had now had rest and food and strength, and God wants him to again be at work for Him. Elijah tells God how sad he felt because of

the idol worship and wickedness of His people. God told him to come out of the cave and stand upon the mountain top.

*The Still Small Voice*—Describe what happened there (vs. 11-13). God then sent Elijah to do some more work for Him, rested and strong and trustful.

*Golden Text*—Repeat and explain.

*Waiting Upon the Lord*—"Do you think God helps little people when they are tired and unhappy?" asked a wistful little voice, as Mabel threw herself on the lounge after trying to work out a difficult sum in division. "Of course He does dear; just tell Him all about it, and He'll find a way to help you", said the sweet-faced mother who had many a time gone to Him for help and strength. Mabel went to sleep, and when she awoke she felt so bright and ready for work. Her big brother Arthur came and sat down beside her, and showed her just what was the matter with that troublesome sum, and soon it all came right. It is a good thing to wait on the Lord, as our Golden Text says. "He sends us help even in the little troubles", said Mabel to herself. "I'll not get down-hearted any more."

*Something to Think About*—I should be hopeful.

#### FROM THE PLATFORM

## What Doest Thou Here?

Begin with questions to bring out the main points in the Lesson, such as: What news was brought to Jezebel? What message did she send to Elijah? To what city did Elijah then go? Whom did he leave here? How far into the wilderness did he go? Under what sort of bush did he rest? What did he request of God? What did this request indicate? How did God answer the request? What question did God ask of Elijah at Mount Horeb? What was the prophet's reply? By what signs did God make His presence known? What was the "still small voice" intended to teach Elijah? How was he affected by hearing it? What question was again asked of Him? What answer did he repeat? What three commissions were given to him? Now print the question twice asked of Elijah, and press its application to each scholar. Is each in the place where God would have him to be, and doing the work which God would have him to do?