

WHOOPING COUGH LEFT A NASTY, DRY COUGH.

Doctors Could Do No Good.

Mrs. A. Mair wright, St. Mary's, Ont., writes:—"I feel it my duty to write and tell you the good your Dr. Wood's Norway Pine Syrup did for my little boy. He had whooping cough, which left him with a nasty, dry hard cough. I took him to several doctors, but they did him no good, and I could see my little lad failing day by day. I was advised to take him to another doctor, which I did, and he told me he was going into a decline. I was telling a neighbour about it, and she told me to get a bottle of Dr. Wood's Norway Pine Syrup, and give it to him regularly. She then got to tell me how much good it did her children, so I got a bottle, and gave it to my little boy, and was so pleased with the result that I bought another one, and by the time he had finished it he had no cough. He is now fat and strong, and I would not be without a bottle in the house on any account."

Whooping cough generally begins as a common cold, accompanied with coughing and a slight discharge from the nose. It is, as a rule, more of a child's trouble but also affects adults.

Dr. Wood's Norway Pine Syrup is a sure preventative if taken in time, and is also a positive cure for any of the after effects.

"Dr. Wood's" is put up in a yellow wrapper, three pine trees the trade mark, price 25 and 50 cents.

Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

How to Conquer Rheumatism at Your Own Home

If you or any of your friends suffer from rheumatism, kidney disorders or excess of uric acid, causing lameness, backache, muscular pains: stiff, painful, swollen joints, pain in the limbs and feet; dimness of sight, itching skin or frequent neuralgia pains, I invite you to send for a generous **Free Trial Treatment** of my well-known, reliable **Chronicure**, with references and full particulars by mail. (This is no C. O. D. scheme.) No matter how many may have failed in your case, let me prove to you, free of cost, that rheumatism can be conquered. **Chronicure** succeeds where all else fails. **Chronicure** cleanses the blood and removes the cause. Also for a weakened, run-down condition of the system, you will find **Chronicure** a most satisfactory general tonic that makes you feel that life is worth living. Please tell your friends of this liberal offer, and send today for large free package, to **MRS. M. SUMMERS, Box E. 86—Windsor, Ont.**

TRUSS WEARERS FREE

Attention: The **PLAPAO-PADS** are different from the truss, being medicine applicators made of self-adhesive purpose to hold the parts securely in place. No straps, buckles or springs—cannot slip, so cannot chafe or compress against the pubic bone. Thousands have successfully treated themselves at home without hindrance from work and conquered the most obstinate cases. Soft as velvet—easy to apply—inexpensive. Awarded Gold Medal. Process of recovery is natural, so no further use for truss. We prove what we say by sending you Trial of **PLAPAO** absolutely FREE. Write TO-DAY. Address, **PLAPAO LABORATORIES, Bldg. 231, St. Louis, Mo.**

LADIES

A safe, reliable and effectual monthly medicine. A special favorite with married ladies. Can be depended upon. Mailed securely sealed upon receipt of \$1.00. Correspondence confidential. **J. AUSTIN & CO., Chemists, Simcoe, Ont.**

Dr. T. A. Goodchild EYE SPECIALIST

Late Chief Clinical Assistant
Royal Ophthalmic Hospital, London, Eng.

Steele Block

Hours 10-12; 2-5

Phone Main 3247

and domestic animals are becoming more and more subject to the disease. The more thoroughly civilized and the more thoroughly domesticated the race, the greater the liability to cancer.

What to do in Hemorrhage of the Lungs

Heisler and Tomor recommend the following simple measures, which are effective means of controlling hemorrhage of the lungs:

1. Keep the patient very quiet in a half-lying position.
2. Restrain the movements of the lung from which the hemorrhage comes by strapping that side of the chest with adhesive plaster.
3. Apply hot water bottles, thermophores, photophores, or other applications of heat to the legs.
4. Tie a light bandage around each leg and each arm, close to the body. The bandage should be tight enough to hold back the venous blood and not sufficiently tight to interfere with the arterial circulation.
5. Apply an ice-bag over the affected lung.
6. Introduce into the rectum small enemas, each containing about one dram and a half of gelatin in a half pint of water with half a teaspoonful of salt. This increases the coagulability of the blood.
7. Empty the bowels by means of an enema at 100 degrees. Avoid straining in emptying the bowels.

Stories of a Physician

Not long ago I was sitting (says Sir Thomas Clouston) between two artists at dinner, one a Royal Academician, the other a budding and rising artist. The former said, "I do not know why it is, but I have never been able to touch one single drop of alcohol; it gets into my head at once." I said, "That is just because your brain is so finely constituted; in fact, you are a genius." He was perfectly satisfied with the answer. The rising artist on my left said, "I can take any amount of alcohol and not feel it." "For a very good reason," I said, "there is absolutely nothing to affect." He did not seem so satisfied with the answer. We have approached this doctrine of temperance for years from the medical point of view. Unfortunately, this prescription is not always to the taste of the public. Sir Andrew Clark was once consulted by a Scotsman. The physician enquired carefully into the details of the case, and advised him to give up alcohol. The Scotsman made a bee-line for the door. "May I remind you," said Sir Andrew, "that my fee is two guineas." "You will get no fee from me," was the reply, "I am not taking your prescription."

Temperance in the Army

The Rev. A. A. L. Gedge, Chaplain to the forces, Fulwood Barracks, in the course of a brief speech at the Guild Hall, Preston, Eng., made special allusion to his experience among the recruits, observing that out of 287 who recently went through his hands 260 described themselves as total abstainers. In spite of the country's enormous drink bill, Mr. Gedge did not think we need despair, and certainly not, so far as the army was concerned, for it was now no longer the "fashion" to get drunk. The majority of the young men who entered joined the Army Temperance Association.

A Cure for Rheumatism.—A painful and persistent form of rheumatism is caused by impurities in the blood, the result of defective action of the liver and kidneys. The blood becomes tainted by the introduction of uric acid, which causes much pain in the tissues and in the joints. Parmelee's Vegetable Pills are known to have effected many remarkable cures, and their use is strongly recommended. A trial of them will convince anyone of their value.

NO ONE STRONGER THAN HIS STOMACH.

The celebrated Dr. Abernethy of London was firmly of the opinion that disorders of the stomach were the most prolific source of human ailments in general. A recent medical writer says: "every feeling, emotion and affection reports at the stomach (through the system of nerves) and the stomach is affected accordingly. It is the vital center of the body * * * *". He continues, "so we may be said to live (through) the stomach." He goes on to show that the stomach is the vital center of the body. For weak stomachs and the consequent indigestion or dyspepsia, and the multitude of various diseases which result therefrom, no medicine can be better suited as a curative agent than

Dr. Pierce's Golden Medical Discovery.



MRS. MURKEN.

"Several months ago I suffered from a severe pain right under the breast-bone," writes MRS. G. M. MURKEN, of Corona, Calif. "Had suffered from it, off and on, for several years. I also suffered from heart-burn, did not know what was the matter with me. I tried several medicines but they did me no good. Finally, I was told it was my liver. I did not dare to eat as it made me worse. Whenever I swallowed anything it seemed that I would faint—it hurt so. I grew very thin and weak from not eating. Was told to take Dr. Pierce's Golden Medical Discovery. I took five bottles of it, and could feel myself getting better from the first dose. I could eat a little without pain and grew strong fast. To-day I am strong and well and can do a big day's work with ease. Can eat everything and have put on flesh wonderfully. I will say to all sufferers write to Dr. Pierce. He has my undying gratitude."

Free to Men Only

Would You Like to be a Strong,
Husky, Manly Fellow Once More?

New Method Without Drugs

The attached coupon entitles you to one illustrated copy of my pocket compendium, and guide for the self-restoration of lost strength. (See description below.) Upon hearing from you, this valuable little book of private information for men will be sent by return mail in plain, sealed envelope. Please call or write today.

There is a new and marvellous method for restoring lost manly strength for renewing the vigor of youth, which every man should know of, a self-restorer which operates without the use of drugs or medicines, a new way to treat yourself and by which it is my firm belief any man anywhere who is content to lead a decent life, free from excesses and dissipation, may be almost certain to restore his full manly vigor and strength, if he but makes the little effort that is called for in connection with the use of a little vitalizing appliance which I have patented and am now distributing all over the world.

Please remember that a man is not one day older than he actually feels, and therefore no matter what your age, if you are young or elderly, married or single, large or small, if I can show you, reader, how you can yourself actually add to your system, nerves and blood the very nerve force to vital vigor, which may have been drained away, and which is necessary to make you strong, vigorous and capable again, then I have shown you the real secret of perpetual youth, and how you can again be filled with vitality and again be just as powerful in your influence and just as thoroughly manly in your capacity as the biggest, fullest blooded, most successful fellow of your acquaintance.

I call my vitalizer a **HEALTH BELT** because it is worn around your body in the position of an ordinary belt. It sends a great, soft, strength-giving supply of a force I call vitality into your body at night while you sleep. I would like you to call or to write and get my free book that you may know the whole wonderful account of what my **HEALTH BELT** is doing for others who were looking for safe and sure means to restore vigorous health and to rid the body of pains, aches and weaknesses.

Note—My **HEALTH BELT**, with special attachment, is used by women as well as men for rheumatism, kidney, liver, stomach, bladder disorders, etc.



MANLY MEN RULE THE WORLD

86-Page Book Sent Free

My 86-page illustrated booklet (pocket size) was compiled by me to answer fully and correctly those questions which are asked privately by any man needing new strength and who seeks personal advice pertaining to the ailments and weaknesses he wishes to overcome. The book, fully illustrated, with photo reproductions, contains much that a single or married man should know. It also fully describes my **HEALTH BELT** and tells how you may secure one to use in your own case, should you decide you want to use one. Remember the book is sent absolutely free, in plain, sealed envelope. Why not write for a copy today? Or, if nearby, please call. Hours—9 to 6.



W. A. SANDEN CO.,

140 Yonge St., Toronto, Ont.

Dear Sirs—Please forward me your book as advertised, free.

NAME

ADDRESS