

“Popular belief in the wisdom of vaccination has received a severe blow in Germany, where a large number of children (those vaccinated for the first time, and others revaccinated after an interval of twelve years) have fallen dangerously ill. The flesh about the punctured part decaying and sloughing off, and the bodies being covered with sores and boils. It is thought unlikely that any of the children will recover. Impure virus appears to have been the cause of this calamitous event.”—*Toronto World* of 8th Nov.

An important question for us all to ask is. Where is the pure virus?

## REV. JOHN WESLEY,

ON HEALTH.

[EXTRACT NO. 2.]

Without any concern about the obliging or disobliging any man living, a mean hand has made here some little attempt toward a plain and easy way of curing most diseases. I have only consulted herein experience, common sense, and the common interest of mankind. And supposing they can be cured this easy way, who would desire to use any other? Who would not wish to have a physician always in his house, and one who attends without fee or reward? To be able (unless in some few complicated cases) to prescribe for his family as well as himself? Experience shows that one thing will cure most disorders, at least as well as twenty put together. Then why do you add the other nineteen? Only to swell the apothecary's bill? Nay, possibly, on purpose to prolong the distemper, that the doctor and he may divide the spoil. (Mr. Wesley was probably unaware of the remedy for this medical malady which is adopted in China—that of suspending payment to the doctors during illness, and paying them when well.) Mr. Wesley proceeds to give “a few plain rules” of living, which he tells us are chiefly transcribed from Dr. Cheyne. Some of these appear to be superfluous: we must therefore be content to make selections:—1. All pickled, smoked, salted, and highly-seasoned food is unwholesome. 2. For studious persons, about eight ounces of animal food, and twelve of vegetable, in twenty-four hours, is sufficient. 3. Water is the wholesomest of all drinks: quickens the appetite, and strengthens the digestion most. 4. Strong, and more especially spirituous liquors, are a certain, though slow poison. 5. Experience shows there is seldom any danger in leaving them off suddenly. 6. Coffee and tea are extremely hurtful to persons of weak nerves.

☞ In the event of any irregularity occurring in the delivery of this publication, the Editor requests that he may be addressed respecting it.

“PULPIT CRITICISM,” by the same author, sold at HAWKINS & Co.'s, 67 Yonge Street.  
Price \$1.00 per annum.