

**22-26. Fruit of the Spirit**; the beautiful virtues that will appear in our lives, if we choose the road in which the Spirit guides. Think out what each of these virtues means. **They that are Christ's**; bought by His blood, and therefore belonging to Him, 1 Cor. 6 : 20. **Crucified the flesh**; become willing to die rather than do wrong. **We live in the Spirit**. He puts a new life within us. **Walk in the Spirit**. We show that we have this life by following His guidance in our daily conduct. **Vain glory, provoking . . . envying**; all "works of the flesh" to be shunned.

**III. Two RESULTS.—Ch. 6 : 7, 8. Be not deceived.** Evil-doers, such as the drunkard, may cheat their fellowmen, and may think they can cheat God. But it is they themselves whom they cheat most thoroughly. **God is not mocked.** "Mock" means to treat with contempt. We cannot treat God thus and escape punishment. **Whatsoever a man soweth . . . also reap.** There is a choice of seed; but the seed once chosen and sown, the kind of harvest is fixed. **Soweth to his flesh**; as the drunkard does. **Reap corruption.** Strong drink leads to certain and terrible destruction. **Soweth to the Spirit**; follow His will in thoughts, desires and words. **Reap life everlasting**; a life of blessedness now, to be made perfect in heaven.

#### DAILY READINGS

(By courtesy of I. B. R. Association)

M.—Temperance lesson, Gal. 5 : 14-26. T.—Temperance lesson, Gal. 6 : 1-8. W.—Dead unto sin, Rom. 6 : 11-18. Th.—Flesh and Spirit, Rom. 8 : 5-14. F.—Putting off, Eph. 4 : 17-24. S.—Works of darkness, Eph. 5 : 7-21. S.—Sowing and reaping, Rom. 2 : 1-11.

**Prove from Scripture**—That temperance is a fruit of the Spirit.

**Lesson Hymns** Book of Praise, 251 (Supplemental Lesson); 111; 101; 7 (Ps. Sel.); 528 (from PRIMARY QUARTERLY); 246.

#### FOR FURTHER STUDY

**Juniors**—From which Epistle is the Lesson taken? Who wrote it?

**15-18** To what are those likened who yield to evil passions? What will happen to those who injure others? Who should be our Ruler? What is it that strives against Him? Who gives us freedom?

**19-21** How many guides are referred to here?

What are they? To what will the "flesh" lead its followers?

**22-26** What will come into our lives if we follow the Spirit? Why do we belong to Christ? What is it to "crucify the flesh"? What does the Spirit give us? How do we prove that we have the Spirit?

**Ch. 6 : 7, 8** What is the result of following the flesh? Of following the Spirit?

**Seniors and the Home Department**—What has the Epistle to the Galatians been called? From what does it teach that Christians are free?

**15-18** What two powers strive within us? What is the evidence of this strife? Explain "not under the law". What is assured to those who walk after the Spirit?

**19-26** What classes of sins are mentioned in vs. 19-21? What one sin leads to many others? What is the drunkard's doom? (1 Cor. 6 : 10.)

**Ch. 6 : 7, 8** What two sowings are spoken of here? Describe the harvest that results from each. When will the harvest be reaped? (Matt. 13 : 39.)

#### THE LESSON IN LIFE

1. With our power of choice, we are like the man who swings open and shuts the huge and heavy gates of a canal lock. We can give admission to all the sweet and uplifting influences of the Spirit into our hearts, and we can close the door against the evil persuasions of the flesh.

2. "Maybe the thought is better than the deed, And God looks at the great endeavor, The high intent, and therefore is not vexed, When the thing done is small; For God so loves us failures, that He looks Not to our hands for what they have accomplished.

But rather to our hearts for what we would "

3. Henry Müller, a pious German, who lived two hundred years ago, used to say : "When I look upon the youth of our day, I see six grave-diggers. The first is drunkenness. How many kill themselves with excessive drink! The seed must spoil when there is too much moisture. Therefore, young man, if you wish to live, give up drinking."—Peloubet.

4. Everybody knows the "D" class. It has in it the men whom no railway company wants to run its engines or operate its telegraphs, on whose lives no insurance company wants to take a risk, who break under any severe test of muscle or brain, who fill the ranks of the failures and the wrecks. It is a class to keep out of.

#### FOR WRITTEN ANSWERS

1. What two rulers strive in us for the mastery? .....

2. To what does following the flesh lead? Following the Spirit? .....

3. How may we be sure of a blessed harvest? .....