

THE MODERN
TURKISH OR ROMAN BATH,
 140 ST. MONIQUE STREET.

FOOT OF MCGILL COLLEGE AVENUE

MONTREAL.

Established 1869
 Rebuilt and enlarged 1873. Reno-
 vated, Improved and Re-
 furnished 1884.



Again Enlarged and Im-
 proved 1885, by the
 addition of 32 Rooms.

PUBLIC BATHING HOURS.

GENTLEMEN,		6 to 8 A.M.	1 to 9 P.M.
	LADIES, 10 to 12 noon.		
SINGLE BATH.....	\$1 00	THIRTEEN TICKETS.....	\$10 00
SIX TICKETS.....	5 00	ORDINARY WATER BATHS, from 25 to	50 cents.

A departure from these rates will be made in all cases of necessity.

"The Bath that cleanses the inward as well as the outward man, that is applicable to every age, that is adapted to make health healthier and alleviate disease, whatever its stage or severity, deserves to be adopted as a national institution, and merits the advocacy of all medical men; of those whose especial duty it is to teach how health may be preserved, and how disease may be averted."—*Dr. Erasmus Wilson, London.*

"If I were asked to give a brief and distinctive definition of the Turkish Bath, I would say: It is that which claims the exclusive, pre-eminent power of physiologically opening the safety valves of the living mechanism; or developing a high activity of the depurating function, of the animal body, and so fulfilling the first grand indication for the cure of all diseases."—*Dr. John Balbirnie, London.*

Apart from one of the largest, the most complete and best constructed Bath on this Continent, the Institute affords facilities for the administration of many of the various forms of Hydro-Therapeutic treatment, as well as for the practice of the "Swedish Movement Cure," and of "Massage." The most modern apparatus for these forms of treatment, run by machinery, having been recently introduced.

The Sanitarium in connection therewith provides accommodation for resident patients. Special attention being devoted to the treatment of Chronic Diseases.

Convalescents, as well as others interested in health matters, will find at this institution a quiet comfortable Home and many advantages not obtainable elsewhere in the Dominion.

Among the many diseases successfully treated at this institution, may be mentioned Rheumatism, (acute and chronic in all its forms), Dyspepsia, Debility, Nervousness, Liver and Kidney Derangements, Dropsy, Neuralgia, Coughs, Colds, Bronchitis, Catarrh, Chills and Fever, &c., &c., and all impurities of the blood.

Terms and all information required will be furnished on application

D. B. A. MACBEAN, M. D.

1885.