

VINOL CREATES STRENGTH

Positive—Convincing Proof

It is all very well to make claims, but can they be proven? We publish the formula of Vinol to prove the statements we make about it.

It Cod Liver and Beef Peptones, Iron and Manganese Peptones, Iron and Ammonium Citrate, Lime and Soda Glycophosphates, Casein.

Any doctor will tell you that the ingredients of Vinol as published above, combine the very elements needed to make strength.

All weak, run-down, overworked nervous men and women may prove this at our expense.

There is nothing like Vinol to restore strength and vitality to feeble old people, delicate children and all persons who need more strength.

Try it. If you are not entirely satisfied, we will return your money without question; that proves our fairness and your protection.

Taylor & Son, Druggist, Watford, Ont. Also at the best druggists in all Ontario towns.

MEN WHO ENLISTED IN 149 BATT. AT WATFORD

Lieut. W. H. Smyth, Headquarters
Ottawa.
Lieut. R. D. Swift, Scout Officer.
Sergt. W. D. Lamb
Sergt. M. W. Davies
Sergt. S. H. Hawkins
Sergt. E. A. Dadds
Sergt. W. C. McKinnon
Sergt. Geo. Gibbs
Sergt. H. Murphy
Sergt. C. F. Roche
Corp. W. M. Bruce
Corp. J. C. Anderson
Corp. J. Menzies
Corp. S. E. Dadds
Corp. H. Cooper
Corp. C. Skillen
Corp. C. E. Sisson.
L. Corp. A. I. Small
B. O. S. — B. C. Culley
C. O. S. — C. McCormick
Pte. A. Banks
Pte. F. Collins
Pte. A. Dempsey
Pte. J. R. Garrett
Pte. H. Jamieson
Pte. G. Lawrence
Pte. R. J. Lawrence
Pte. C. F. Lang
Pte. W. C. Pearce
Pte. T. E. Stillwell
Pte. A. H. Lewis, Band
Pte. G. A. Parker
Pte. A. W. Stillwell
Pte. W. J. Saunders
Pte. A. Armond
Pte. W. C. Aylesworth, Band
Pte. R. Clark, Bugler
Pte. S. L. McClung
Pte. J. McClung
Pte. C. Atchison
Pte. H. J. McFeley
Pte. H. B. Hubbard
Pte. G. Young
Pte. T. A. Gilliland
Pte. D. Bennett
Pte. F. J. Russell
Pte. E. Mayes
Pte. C. Haskett
Pte. S. Graham
Pte. W. Palmer
Pte. H. Thomas
Pte. F. T. Thomas
Pte. B. Trenouth
Pte. E. A. Shaumessy
Pte. W. Zavitz
Pte. W. J. Sayers
Pte. Lot Nicholls
Pte. John Lamb
Pte. Eston Fowler
Pte. E. Cooper.
Pte. F. A. Connelly.
Pte. F. Whitman.
Pte. Edgar Oke.
Pte. White.
Pte. McGarrity.
Pte. Wilson.
Pte. Richard Watson, Cen. Engineer
Pte. L. H. Aylesworth, Band.

No Free Notices

The Guide-Advocate, in common with other papers in Ontario, now makes a charge for all notices inserted of Coming Events, whether admission fees are charged or not. Under this head comes all notices of Church Functions, except religious services.

Lodge and Society Meetings and Entertainments.

Women's Institutes.
Christmas Trees.
Farmers' Clubs.
Red Cross meetings.
Any Coming Event.

Our charge for these notices is five cents per line. Minimum charge 25c. Six words make a line. When sending in notices state who is responsible for payment or send cash with order.

Reports of all meetings inserted free of charge and welcomed. It is the advance notice only that is subject to charge.

DRAFTING AN ARMY

Conscription Had Its Origin In France In 1798.

THEN SPREAD OVER EUROPE.

The Terrible Power It Placed In Napoleon's Hands Forced The Other Nations To Adopt The System—Its Introduction Into This Country.

Conscription originated in France in 1798. At that time the country had just passed through the long and bloody war of the French revolution, which the monarchs of Europe had banded together to crush. France, under Napoleon, had come forth victorious, but her army was exhausted, and it was evident that some new system of recruiting would be necessary, as volunteer enlistment no longer sufficed.

It was then that General Jourdan brought forth and passed the law establishing conscription. Since then it has been the basis of all French military legislation and, to a certain extent, of that of all other countries.

It was through the terrible power of conscription that Napoleon was enabled to carry on the gigantic wars which characterized his reign and by means of it, after losing in the snows of Russia the largest army that up till that time had ever been put into the field, to reappear a few months later with another army almost as large.

Out of necessity the other nations were forced to follow France's example, and conscription became general. Under the French regime every citizen between the ages of twenty and twenty-five was liable to service for five years. Prussia, however, still further developed the powers of conscription by reducing the period of service in the ranks and passing her soldiers as soon as they were sufficiently trained into a reserve force, thus by degrees training her whole population.

This latter system, which was considered as one of the most far-reaching and important events of the last century, owed its origin to the conditions imposed on Prussia by Napoleon at the treaty of Tilsit, whereby Prussia was restricted to a standing army of 43,000 men. She kept to the letter of the law by maintaining her army at the prescribed number, but her trained citizen reserve force was limited only by the population of the country.

The military history of the United States is as remarkable as the rise and rapid growth of the nation itself. In 1790, as fixed by an act of congress, the rank and file of our army amounted to 1,216 men, and in 1814 an English expedition with only 3,500 men was able to seize and burn Washington.

Conscription first made its appearance here at the time of the war between the states. At the beginning of the war in 1861 our whole regular force was but 14,000 men. At first the northern army was increased by volunteer enlistment, but the unexpected prolongation of the war proved this method too slow to replenish the waste of the armies, and in 1863 the government resorted to a draft.

The first attempt to carry it out met with forcible resistance and led to a serious riot in the city of New York, which lasted for several days. All opposition, however, was put down and the draft executed with all possible forbearance and justice. Exemptions and substitute purchases were so freely given in the north that the draft had little effect except as a stimulus to the states in bringing to full strength their quotas of volunteers by voting bounties.

In the south, however, conscription was sweeping from the first, and toward the end of the war it became omnivorous. Every man between the ages of seventeen and fifty-five was legally liable to service, the only excuse being physical incapacity. The total number of men called under arms by the government of the United States between April, 1861, and April, 1865, amounted to more than 2,750,000, nearly half of this number being raised by conscription. If to this we add the 1,100,000 men from the southern states the total armed force of the country at that time amounted to almost 4,000,000, drawn from a population of only 32,000,000.

COULD HARDLY LIVE FOR ASTHMA. Writes one man who after years of suffering has found complete relief through Dr. J. D. Kellogg's Asthma Remedy. Now he knows how needless has been his suffering. This matchless remedy gives sure help to all afflicted with asthma. Inhaled as a smoke or vapor it brings the help so long needed. Every dealer has it or can get it for you from his wholesaler.

Coal mining companies in the Lehigh Valley district of Pennsylvania will employ women in positions outside the shafts. Among the jobs which they are eligible for are those of breaker hands, head tenders, welghers and runners.

END THAT COUGH!

Peps will end it! Simply dissolve Peps tablets in your mouth. The Pine forest vapors which are thus released are breathed down to the remotest parts of the air passages and lungs, soothing and healing the inflamed membranes and bringing quick relief from that irritating and exhausting cough. Mrs. Luther Brown, of Wilson's Beach, N.B., writes: "For two years I was troubled with a very bad cough. At nights it became worse and I coughed incessantly and could not sleep. I tried every remedy I had ever heard of, but nothing did me any good until I used Peps. Even the first few tablets gave me relief. I continued their use, with the result that my cough has entirely disappeared." These breatheable Peps are also recommended for colds, sore throat, bronchitis, catarrh, asthma and chest and lung troubles. 50c. box, 3 for \$1.25. All dealers or Peps Co., Toronto.

PEPS

Latest of New Devices in War

The latest of new devices in the present war is in the use of luminous paint. This is used not only on land, but on sea and in the air. A piece of linen ten inches square, covered with luminous paint, is tacked on the back of the shoulders of infantry attacking enemy trenches in the dark. This is done so that when the first line of men go over the top, they will not be mistaken for enemies in the dark by the second line of men who follow. The paint is also used for the purpose of making compasses luminous at night. Over 100,000 marching compasses are in daily use by the Allied armies, each fitted with a luminous radium dial readable at any time, even on the darkest night. Aeroplanes skim along through the night, the aviators guided by radium-bedecked compasses. At sea, the doughty little sub destroyers shoot hither and thither with never a light to be seen—the radium-lighted compass-dial answers the question. The man using it can see the dial all the time, while the ship itself is shrouded in darkness.

Zinc sulfid has long been known for its ability to "store" light. Exposure to sunlight will cause it to glow feebly for some time in the dark. By mingling with it an almost infinitesimal quantity of radium, the exciting function of the sunlight is rendered unnecessary, and the glow is rendered practically permanent.

Safety First Hints

Some safety hints for the wise, which are intended to guard against serious accidents and a possible loss of life, are being sent out broadcast by the electric light companies. From them may be selected the following: Do not cover an electric globe with paper or cloth. It may start a fire. Do not hang an ordinary lamp cord over a nail or metal work. Do not leave a cord connected when you are through with it. Do not touch any wire that is down on the ground, whether it be electric or telephone or guy wire. In an emergency, remove a wire with an instrument equipped with a wooden handle, keeping the full length of the handle between yourself and the wire.—Popular Science Monthly.

Knew Where to Find One

The Christmas shopping craze had increased the business of the local music store a hundredfold, and the proprietor had been compelled to take on an extra boy, a somewhat raw specimen.

"If a customer should come in whilst I am not in the shop and wants to see a flute, banjo or mandolin, you know what to show him, don't you?" he asked the boy, after having explained these details to him carefully. The boy nodded.

The proprietor was then about to give him instructions regarding those instruments that were out of stock, and began:

"Suppose a customer should ask for a lyre?"
"I'll send for you at once, sir," put in the young hopeful.

Britain's New Sea Lord

Sir Rosslyn Wemyss, England's new Sea Lord, was born in Wemyss Castle, Fife, Scotland, April 12, 1864, his father being Sir Rosslyn Erskine Wemyss, and his mother the only daughter of the late Sir Robert Morier, G.C.B., a well-known diplomat who matched his wits more than once with Bismark. It is said, indeed, that he was the first British diplomat to perceive the peril to the rest of Europe and the Empire that Bismark was building up. The First Sea Lord was aloft almost from the cradle, fishing and sailing being his favorite sports. He entered the navy in 1877 as an ensign, became a lieutenant ten years later and became a commander in 1898 and a captain in 1901. He was appointed Rear-Admiral in 1911, and was made Vice-Admiral at the time he went to the East Indian appointment a year ago. He was sent to the Mediterranean shortly after war broke out, but was recalled to the Grand Fleet because his specialty was the handling of big ships. As commander of one of the naval units he took part in the Battle of Jutland, and was mentioned in despatches for his fine work.

Hard on the Lions

The Rev. Charles H. Spurgeon's keen wit was always based on sterling common sense. One day he remarked to one of his sons:

"Can you tell me the reason why the lions didn't eat Daniel?"

"No, sir, why was it?"
"Because the most of him was backbone and the rest was grit."—Tit-Bits.

She Was Bound To Get It

Day by day, as a Pennsylvania housewife saw her household and kitchen furniture slowly disappear, she perceived that the moment approached when a final stand must be made. One morning, when Tommy, son of the borrower, appeared at the back door with the statement, "Ma wants the wash boiler," the housewife determined to act.

"You tell your ma that when she brings back what she has already borrowed, I will lend her the boiler." In a little while Tommy reappeared.

"Ma wants to know what she has borrowed."

"There is a pound of flour," began the other, "a peck of potatoes, a cup of sugar, a can of coffee, a half-pound of lard, some onions, and butter and spices, the screwdriver, the hatchet, a pair of scissors and—" she paused reflectively—"three spools of thread, a paper of needles, and—"

But Tommy was gone. Presently he rapped on the back door again.

"Ma says for you to write them down. I forgot some of them."

Whereupon the housewife sat down with pencil and patiently made an alphabetical list of all the articles she could remember.

Tommy took the list and disappeared. A half hour later he once more appeared at the back door and announced:

"Ma says if you will lend her the wash boiler to carry them in, she'll bring them home."

And then she sent us off to school, And when you didn't go, She wondered what got into boys That they played truant so.

Yes, still we praise her jam, her pie, Her coffee and her steak, But where's the man who sighs for pants Like mother used to make?

Taking No Chance

There is a certain church in Toronto blessed with a very handsome young minister who always makes it a point of standing at the church door after the services to greet his congregation as they pass out. One Sabbath morning along came a bright-looking servant lass just from the Highlands, and with his usual cordiality, the minister grasped her hand, saying, "I am very glad to see you here this morning. Will you not tell me your name and address, so that I may call on you soon?"

"Thank ye, sir," replied the maid, withdrawing her hand, "but, ye see, I've got a sweetheart at home already, and I'm thinking he wadna like it."

Women compose one-third of the employees employed in the chemical industry in Sweden.

Children Cry FOR FLETCHER'S CASTORIA

SELF DEFENSE

DEFEAT BACKACHE AND KIDNEY TROUBLE WITH ANURIC.

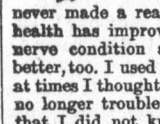
Many people in Canada have suffered from rheumatism and kidney trouble and have found Anurie to be the most successful remedy to overcome these painful and dangerous ailments.

The lucky people are those who have heeded Nature's warning signal in time to correct their trouble with that new discovery of Dr. Pierce's called "Anurie." You should promptly heed these warnings, some of which are dizzy spells, backache, irregularity of the urine or the painful twinges of rheumatism, sciatica or lumbago. To delay may make possible the dangerous forms of kidney disease, such as diabetes or stone in the bladder.

To overcome these distressing conditions you should take plenty of exercise in the open air, avoid a heavy meat diet, drink freely of water and at each meal take Dr. Pierce's Anurie Tablets (double strength). You will, in a short time, find that you are one of the firm indorseers of Anurie, as are many of your neighbors.

Send Dr. V. M. Pierce, Buffalo, N. Y., or Bridgeburg, Ont., 10c for trial pkg.

St. Catharines, Ont.—For several years I suffered with gravel and with uric acid, causing rheumatic pains. Nothing ever helped me until I commenced to take 'Anurie,' and the first thing I noticed was that the gravel had disappeared and has never made a reappearance. My general health has improved and I have a better nerve condition and my eyesight seems better, too. I used to have such dizzy spells at times I thought I would faint, but these no longer trouble me. My only regret is that I did not know of Anurie before."
—Mrs. H. MARJORAM, 124 Albert St.



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J. H. HUME.

AGENT FOR FIRE, ACCIDENT AND SICK BENEFIT COMPANIES. REPRESENTING Five Old and Reliable Fire Insurance Companies. If you want your property insured, call on J. H. HUME and get his rates.

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SHORTHORN CATTLE and LINCOLN SHEEP SOLD OUT

Will buy any number of registered or good grade Lincoln ram lambs or yearlings for immediate or September delivery, write or phone.

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