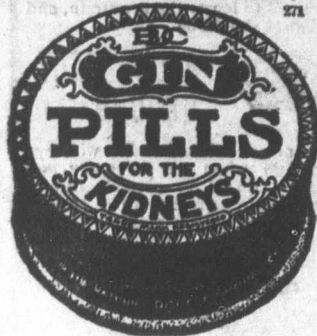


## YOUR BACK

is a Barometer. When it hurts, it means that the Kidneys need help. Take Gin Pills—Canada's own remedy for all Kidney and Bladder Troubles. 50c. a box, 6 for \$2.50. "Made in Canada".



## CENTRAL Business College

STRATFORD, ONT.

ONTARIO'S BEST PRACTICAL TRAINING SCHOOL. We have thorough courses and experienced instructors in each of our three departments.

Commercial, Shorthand and Telegraphy.

Our graduates succeed, and you should get our large, free catalogue. Write for it at once.

D. A. McLACHLAN - PRINCIPAL.

## PIANOS

Bell, Gerhardt, Heintzman, Marten Organs.

Sewing Machines.

White, Standard, and New Home Rotaries, Raymond and New Williams.

Renfrew Standard Gasoline Engines Start without cranking.

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Gramophones, Records and Supplies of all kinds.

H. Schlemmer

LOVELL'S BAKERY

When you spend a dollar you expect to get a dollar's worth. When you get our bread you get your money's worth.

BREAD 6c. PER LOAF

NEILSON'S BULK CHOCOLATES

"THE KIND THAT ARE DIFFERENT"

LOVELL'S BAKERY

PHONE 73.

These Things do Not Count

Never let a day pass without doing something that you know will please God.

Never take a step over one duty to perform another. Take them as they come.

Never covet the possessions of others unless you want to lose your own.

Never ask the Lord for something you don't expect He will give you.

Never sleep with enmity in your heart against anybody.

Never have much to say about yourself to strangers.

Never put a stone in the way of the timid hearted.

Never take a step without asking God to lead you.

Never live where you wouldn't be willing to die.

Never receive a favor without being thankful.

Never think about things of great importance.

## Making the Little Farm Pay

By C. C. BOWSFIELD

Miss Annie L. Glidden of Dekalb, Ill., is one of many women who are successful in farm management. She owns and manages thirty acres a mile from town and is making a record of which her friends speak with pride.

Miss Glidden is a city girl, educated and refined, belonging to one of the most prominent families in northern Illinois. She inherited from her uncle, Joseph F. Glidden, enough capital to enable her to buy thirty acres of land at \$200 an acre and equip this little farm with live stock and machinery. She did not start the enterprise in a haphazard way, but went about it systematically after careful study. It seemed best to her to diversify her products, so that she would not be dependent on a single crop.

She keeps a large part of the farm in alfalfa and has a record of making \$32.50 per acre from this legume in one season, there being three cuttings of the plant. Few people in northern Illinois have reached these figures with alfalfa. Five tons to the acre in three cuttings is considered above the average, and it is not best to cut the plant more frequently than this. At \$18 this makes a return of \$90 per acre. All who know anything about farm earnings will understand that this is far



A LARGE PART OF THE FARM IS KEPT IN ALFALFA.

above the average, but similar results can be obtained where intelligent care is given to the cultivation of alfalfa.

Miss Glidden at the outset was ambitious not only to make her farm a financial success, but to demonstrate the wisdom of having a rotating scheme and of selecting a variety of products for which there is a steady cash demand in provincial towns as well as in large cities. Much of her success comes from management along this line, as she always has two or three small fields of highly profitable vegetables.

She also has succeeded fairly well in getting two crops from a patch of ground in one season. This is done by producing lettuce, radishes, peas,

## NOTHING BETTER FOR WEAK WOMEN

"I Never Spent Any Money That Did Me So Much Good as That I Spent for Vinol."

Bellefontaine, Ohio.—"I wish every tired, weak, nervous woman could have Vinol for I never spent any money in my life that did me so much good as that I spent for Vinol. My nerves were in a very bad condition, making me very weak, tired, and worn out and often drowsy headaches. I had tried cod liver oil, doctor's medicines, and other preparations without benefit.

"One day a friend asked me to try Vinol. I did and soon my appetite increased, I slept better and now I am strong, vigorous and well and can do my housework with pleasure."—Mrs. J. F. LAMBORN, Bellefontaine, Ohio.

Nervous, weak, tired, worn-out women should take Mrs. Lamborn's advice and try Vinol for there are literally thousands of men and women who were formerly run-down, weak and nervous, who owe their good health to Vinol.

It is the medicinal, tissue building elements of the cod's livers, aided by the blood making, strengthening influence of tonic iron, contained in Vinol, which makes it so efficient in all such cases.

T. B. Taylor & Sons, Druggists, Watford.

beets, etc., in the early part of the summer and following them with sweet corn, peppers, spinach, celery and other vegetables which cannot be planted while there is any danger of frost in the spring. This scheme of growing succession crops can be worked in various ways. Land has to be heavily fertilized in the fall. This and thorough cultivation during the growing period will maintain soil fertility. Miss Glidden varies from her program in such a way that the labor is evenly distributed throughout the year, or at least this point is kept in view, but naturally field work becomes pretty heavy in connection with vegetable growing. She has a paying poultry plant and in a short time will be able to market several beef animals every year.

A farm of thirty acres conducted on this plan will yield an income of \$2,000 or more after paying for the labor required. Naturally some seasons will be better than others and profits will not always be the same, but this energetic young woman has found a system of making her farm pay, and her success with thirty acres has made some of the men folks who have much larger tracts gasp with astonishment. The day has come, in the opinion of agricultural experts, when farms of ten to thirty acres will be made sufficient to occupy the time and talents of highly trained and progressive men and women.

Both in fact and theory farms are becoming smaller, and experts now hold that a fair living income for a family may be gained from one of these small tracts. Ten acres, if wisely managed, will return an annual profit above operating expenses of \$1,500 to \$2,500. Larger places give returns in proportion when the owner has ability and suitable equipment. There are plenty of truck and fruit farms in the United States which can show a yearly revenue of more than \$500 an acre. This only has come about in recent years since the present high level of produce was reached, and therefore many old fashioned farmers who devote themselves to dairies or one or two grain crops are still unaware of what may be accomplished by modern methods.

## NEIGHBORHOOD CHARITY.

The cry for food for war-ridden Europe has awakened our people to renewed appreciation of their duties to needy neighbors both in the next townships and in the countries beyond the seas.

The bins and larders of American farmers are the least influenced by the ravages of the present war, and the large harvest recently reaped brings an obligation to share with those who without food. Shiploads of foodstuffs have sailed from American ports, and a systematic distribution of aid in Europe has been splendidly organized. But there are in every American community a few families that have felt the pinch of financial depression and are obliged to deny themselves even common necessities.

Too much attention cannot be called to our need of caring for those near to us, however urgent may be the demands of those at a distance. We have seen families subsisting on two scanty meals a day in communities where hundreds of barrels of potatoes were lying in the sheds awaiting a rise in price.—Country Gentleman.

## GRADING SEED CORN.

May Be Graded Better Before Ears Are Shelled Than Afterward.

Seed corn may be graded better before the ears are shelled than afterward. The United States department of agriculture specialists in corn investigations consider it difficult to grade shelled corn satisfactorily.

If the seed ears vary greatly as to size of kernel they should be separated into two or three grades according to size of kernel. These grades should be shelled separately, tested in the corn planter and numbered to correspond with the number on the planter plates that are found to drop them most uniformly. These arrangements can be completed before the rush of spring work begins.

The first operation in properly shelling seed corn is the removal of the small kernels from the tips of the ears and the round, thick kernels from the butts. The former are less productive than the other kernels of the ear. The round butt kernels are as productive as the other kernels of the ear, but do not plant uniformly in a planter.

Shelling seed corn carefully by hand is profitable. The greater the average shelled the greater the profit. Into a shallow pan or box each ear should be shelled separately, rejecting any worn

eaten or blighted kernels. If the supply from the one ear appears good and contains no poor kernels it is poured into the general supply and another ear shelled in the same way.

## The Cabbage Maggot.

The cabbage maggot is the principal handicap in the production of early cabbage and cauliflower. The insect is present in most communities where early cabbage is grown and occasionally causes extensive damage to this crop.

Of the insecticides that are employed to destroy maggots about the roots of the plants carbolic acid emulsion has generally been regarded as the most efficient. Tests with the emulsion at recommended strengths have demonstrated that it will prevent the hatching of the eggs and is fatal to the younger stages of the larvae. It may, however, cause injury to young seedlings and is not a safe remedy for the treatment of plants recently set in the field.

The value of tar pads, or hexagonal tar paper collars, for the purpose of



CABBAGE MAGGOT.

preventing the adult of the cabbage maggot from placing eggs about the stems of the plants has been demonstrated, but in spite of its effectiveness this method of protecting cabbage has not been generally adopted by truck growers. Tar pads will protect early cabbage from the pest at a cost of about \$1.40 per thousand plants. Truck growers, who are subject to losses by the cabbage maggot, are urged by the New York agricultural experiment station to test the tar pads experimentally as a basis for more extensive operations against this pest.

## Site Pays For Itself.

Thousands of farmers and scientists add their testimony and proclaim positively that the site pays for itself in one year, that it doubles or even quadruples the value of the feed crop. An acre of good silage will keep a cow or steer one year.

## CASTORIA

For Infants and Children. The Kind You Have Always Bought Bears the Signature of *Wm. D. Gifford*

## A Red Cross Appeal to the Farmers

Our country, with its Allies, is waging a great war for justice, for the protection of small nations in the enjoyment of their rights, for continued and growing freedom, and for the maintenance of a pledged word of honour. Much destruction and desolation are being caused. Canada's first conscription is now in the thick of it. Some will fall sick; many will be wounded; some will pay the last full measure of devotion to their country and its cause.

The Red Cross Society exists to succor the sick and wounded in war. It needs more money to provide more beds at hospitals in Great Britain and France; it needs more money to pay more Red Cross nurses; it needs more money, and more things made by women, to supply clearing hospitals, base hospitals and recovering hospitals.

I appeal to farmers to send me sums from \$1 to \$50, during the first week in May. Every \$50 provides one additional hospital bed with the giver's name over it. By sending me about \$10,000, you would serve your country well, bring credit to yourself and make us all very proud of you. For the sake of the wounded boys, make the gift substantial. It will be an investment towards the recovery of some Canadian soldier who stood in our stead that our cause might be upheld.

Faithfully your friend,  
JAS. W. ROBERTSON,  
Chairman,  
Red Cross Society at Ottawa.

It Will Cure a Cold.—Colds are the commonest ailments of mankind and if neglected may lead to serious conditions. Dr. Thomas Electric Oil will relieve the bronchial passages of inflammation speedily and thoroughly. And as it eases the inflammation it will stop the cough because it allays all irritation in the throat. Try it and prove it.

## OWES HER LIFE TO "FRUIT-A-TIVES"

Cured Both Stomach Trouble and Headaches

PALMERSTON, ONT., JUNE 20th, 1913. "I really believe that I owe my life to 'Fruit-a-tives'. Ever since childhood, I have been under the care of physicians and have been paying doctor's bills. I was so sick and worn out that people on the street often asked me if I thought I could get along without help. The same old Stomach Trouble and distressing Headaches nearly drove me wild. Sometime ago, I got a box of 'Fruit-a-tives' and the first box did me good. My husband was delighted and advised a continuation of their use."

Today, I am feeling fine, and a physician meeting me on the street, noticed my improved appearance and asked the reason. I replied, "I am taking Fruit-a-tives". He said, "Well, if Fruit-a-tives are making you look as well as you feel, take them. They are doing more for you than I can."

Mrs. H. S. WILLIAMS.  
"Fruit-a-tives" are sold by all dealers at 50c. a box. 6 for \$2.50, trial size 25c. or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

## SOCIETIES.

### Court Lorne, No. 17 C.O.F.

Regular meetings the Second and Fourth Mondays of each month at 8 o'clock.

Court Room over Stapleford's store, Main street, Watford.

B. Smith, C. R. J.

H. Hume R. Sec., I. K. Collier, F. Sec.

## CHANNY FARM KERWOOD

Shorthorn Cattle

—AND—  
Lincoln Sheep

ED. DECEX, Proprietor  
Kerwood Ontario

## OUR CLUBBING LIST

THE GUIDE-ADVOCATE AND

Family Herald and Weekly Star	\$1 85
Weekly Mail and Empire	1 85
Weekly Farmers Sun	1 85
Weekly London Free Press	1 85
Weekly London Advertiser	1 65
Saturday Globe	2 00
Northern Messenger	1 40
Weekly Montreal Witness	1 85
Hamilton Spectator	1 85
Weekly Farmer's Advocate	2 35
Daily News	3 00
Daily Star	3 00
Daily World	4 00
Daily Globe	4 00
Scientific American	4 75
Mail and Empire	4 00
Morning London Free Press	4 00
Evening London Free Press	3 00
Morning London Advertiser	3 00
Evening London Advertiser	3 00

## GRAND TRUNK RAILWAY SYSTEM

### TIME TABLE.

Trains leave Watford Station as follows	
GOING WEST	
Accommodation, 109	8 44 a.m.
Accommodation, 111	2 55 p.m.
Chicago Express, 1	9 09 p.m.
GOING EAST	
Accommodation, 110	7 43 a.m.
New York Express, 6	11 02 a.m.
New York Express, 2	3 00 p.m.
Accommodation, 112	5 16 p.m.
C. Vail, Agent Watford	

## Fair Dates

Forest—Sept. 29, 30.
Strathroy—Sept. 20 to 22.
Potterville—Sept. 22 to 25.
Sarnia—Sept. 27 to 29.
Wyoming—Oct. 1, 2.
WATFORD—OCT. 5, 6.
Alvinston—Oct. 7, 8.
Glencoe—Sept. 27 to 29.
Bridgen—Oct. 4, 5.
Florence—Sept. 30, Oct. 1.
Sombra—Oct. 11, 12.

Deos R. Davis, K.C., the first colored barrister admitted to the bar in Canada, died at his home in Amherstburg on Tuesday at the age of 69 years. He was made a King's Counsel in 1908 by the late Sir James P. Whitney.

The death occurred of pneumonia on Thursday, April 1st, of Mr. Christopher A. Hayes, an old and highly respected resident of Alvinston, in his 68 years. He leaves to mourn his loss a widow, three sons and one daughter.

## Get Into C Us Quickly-

For we promise to all is said and do they can get th

## "The Watfor Me Money

ESTABLISHED 1870.

## Registered Stallion

The report of the Stallion Board of Ontario for 1914, just gives the following names from There are 134 horses registered County of Lambton:—  
S. Smith—"Killdeer Chief."  
W. B. Annett—"Lord of the Barons' Jim."  
Brander Bros.—"Union Mac."  
W. F. Reid—"Baron's Jim."  
McGillivuddy & Roche—"L. Rite."  
Hartman & McManus—"Ja Robt Campbell."  
Miller—"W. B. Annett—"Carmine."

A Pill That Lightens Life. Man who is a victim of indigestion and business becomes miserly. He cannot concentrate upon his tasks and loss and vend him. To such a man i Vegetable Pills offer relief. A treatment, according to direct convince him of their great e They are confidently recomme cause they will do all that is cl them.

THREE colored men stood on shore street corner. "Them Ger boys kin hit yo' 8 mile off," said "That ain't nuffin," scorned Jo thiah French guns pick a m free, ten miles off!" Jim's so him almost speechless. "You said nuffin' 'bout shootin'—an all ain't mentioned GUNS! dem English shootin' irons n know yo' address!"

If one be troubled with c warts, he will find in Hollow Cure an application that will en Heve suffering.

## Le

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MARTIN SENIOR

PAINT & VARNISHES