

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS
Bears the Signature of

Chas. H. Fletcher

The Kind You Have Always Bought
In Use For Over 30 Years
THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

FALL SUPPLIES YOU WILL SOON NEED

Washing Machines, \$4.25 to \$10.00; Wringers, \$3.00 to \$4.50; Food Choppers, \$1.00 to \$1.50; Chopping Bowls and Knives; Sherwin-Williams' Paints, Varnishes and Floorwax; Blankets, 75c. to \$3.00; Halters, 65c. to \$1.65; Lanterns, 75c. to 1.15; Cow Chains, 15c. to 30c.; Stanchions, 10c.; Stable Brooms, 75c.; Guns, 5.00 to 25.00; Rifles, 3.00 to 15.00; Ammunition; Razors, 25c. to 5.00; Pocket Cutlery at any price; Glass in all sizes at old prices.

THE N. B. HOWDEN EST.

An Echo Through All Time

Across the ocean, they are expecting with some interest our fellows from Valcartier. "England," says the latest Times, "longs to welcome the Canadian troops when they reach these shores, and, since their enlistment is known to all, we trust the opportunity will not be denied her at the proper time. The Canadian forces must march through the streets of London, and will receive such a greeting as will echo throughout the Dominion."

Whether they march through London or not, there will be more to it than an echo through this country. There will be an echo through all time. These men in England will turn a new page in history. They will represent something which has not been seen before, to say nothing of the scale of it. In the Boer war, 8,000 Canadians,

nearly as many New Zealanders and twice as many Australians fought for the flag; but they did so under British pay. They went, as the Ottawa Journal points out, from patriotism and affection, as our men go now also; but they went on a basis partly skin to that of mercenaries. This time, they go as the men of sister nations. The lion's whelps are full-grown. The new thing is come of volunteer armies from the ends of the earth to aid a motherland without money and without price. Well may they march through the metropolis of the English-speaking world, this army of 32,000 Canadian volunteers with their 7,000 horses and 70 guns, to be followed by like armies from Australia and New Zealand, bound for battle in Europe for the British flag. They will mark an epoch in the history of the earth. Publicity? Surely.

VITAL FORCE

Disease germs are on every hand. They are in the very air we breathe. A system "run down" is a prey for them. One must have vital force to withstand them. Vital force depends on digestion—on whether or not food nourishes—on the quality of blood coursing through the body.

DR. PIERCE'S Golden Medical Discovery

Strengthens the weak stomach. Gives good digestion. Enlivens the sluggish liver. Feeds the starved nerves. Again full health and strength return. A general upbuilding enables the heart to pump like an engine running in oil. The vital force is once more established to full power. Year in and year out for over forty years this great health-restoring remedy has been spreading throughout the entire world—because of its ability to make the sick well and the weak strong. Don't despair of "being your old self again." Give this vegetable remedy a trial—Today—Now. You will soon feel "like new again." Sold in liquid or tablet form by Druggists or trial box for 50c by mail. Write Dr. R. V. Pierce, Buffalo, N. Y.

Dr. Pierce's great 1006 page "Medical Adviser," cloth-bound, sent for 31 one-cent stamps.

Scientific Farming

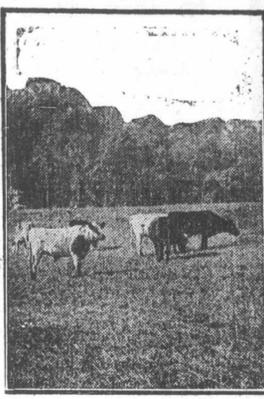
BUILDING UP THE HERDS.

Community Bull a Good Idea if Handled Right.

From bulletin of Ohio experiment station.

In communities where the herds are small and the individual dairyman does not feel that he can afford to purchase a pure bred bull for his own use, it is a good plan for two or more men to own one in partnership. An entire community may own one or more bulls and co-operate in their use. In such cases it will be necessary for the community, or at least the persons co-operating, to select and advance the interests of one breed—that is, bulls of one breed should be used, whether on grade or pure bred cows.

This plan would make it possible to shift the bulls from one herd to another without the bad effects of breeding the offspring of a bull of one breed to a bull of another breed, and the necessity of disposing of a valuable bull rather than use him on his own property.



A COMMUNITY MAY OWN ONE OR MORE BULLS.

Where more than one bull is used an association should be formed and the business conducted by honest, competent officers. This association could cover a large territory and handle a large number of bulls. In this way the grade cattle of a section can be improved rapidly without great cost to any one individual. The association may be confined to pure breeds or to grades or it may include both. Such organizations are being operated in many states and are meeting the expectations of their members.

NEW VEGETABLE FROM JAPAN.

Experiments With Udo Indicate It is a Welcome Addition to the Table.

[Prepared by the United States department of agriculture.]

For persons who like novelty in their food and in their gardens an interesting field for experiment is offered by the new Japanese vegetable, udo. Nurserymen have grown the udo under the name of Aralia cordata for ornamental purposes for twenty years or more, but as a vegetable it is still comparatively unknown. On rich soil it grows to a height of ten feet or more, producing a very ornamental mass of large green leaves and, in the late summer, long, loose flower clusters, sometimes three feet in length. In appearance it is much like a large variety of the spikenard or petty morel, a native of our woodlands.

The blanching shoots of the udo have a characteristic flavor. Properly prepared they are delicious, or so the author of bulletin 84, just published by the United States department of agriculture under the title of "Experiments With Udo, the New Japanese Vegetable," has found them. The plant requires little care and with the same space devoted to it yields approximately the same amount of food for the table as asparagus and is ready for use at about the same time in the spring. After the first frost it dies down each autumn to come up again in the spring, much as asparagus and rhubarb do. A patch of it can be forced each spring for at least six years and probably much longer.

Udo growing is not yet sufficiently general in this country for the most inexpensive methods of cultivating to have been worked out, and conditions in America are so different from those in Japan that little benefit can be derived from the experience of oriental growers. It is, however, reasonable to assume that the cultivation of the udo presents few difficulties. It is adapted to a wide range of climate, as is shown by the fact that it grows all over Japan, but no part of Japan suffers from drought. In this country the udo has

done best in moist regions, in particular in New England, the Atlantic states as far south as the Carolinas, in the rainy region of Puget sound and in the trucking sections of California.

In the cooking of udo there is still abundant room for innovators. In all experiments, however, one thing must be remembered. When raw the stems contain a resinous substance which gives them a decided and to many persons unpleasant taste of pine. It is, however, easy to eliminate this by soaking thin slices of the stems in ice cold water for an hour or two or by boiling them in two or three waters, as is often done with strong flavored vegetables.

FOR YOUNG FOLKS

A Wonderful Exhibition of Babies in New York City.

PARADE IN THEIR HONOR.

Johanna Wiggers, the Prize Winner, Was Born in Germany—Called a Perfect Baby—Many Other Things of Interest to Little People.

Little Miss Johanna Wiggers, the heroine of baby week in New York city, rode up Fifth avenue in great state in an automobile preceded by a band playing triumphal music and followed by nearly a thousand other babies. Johanna, however, was accounted best of them all. She took the first prize as a perfect baby. She is two



Photo by American Press Association.

JOHANNA WIGGERS.

years and four months old and ranks 100 per cent in physical perfection. The mayor of the city gave her the medal and also \$50 in gold which went to the winner. Johanna acted the little lady she is and shook hands with the mayor. Johanna was born in Germany and came to this country when she was eight weeks old.

The Disappearing Coin.

To make a quarter disappear from a glass of water after hearing it drop is a very puzzling trick. The articles necessary to perform this trick are a glass of water, a handkerchief, a quarter and a piece of clear glass the exact size of a quarter.

To perform the trick advance with the piece of glass hidden between the second and third fingers of the left hand and holding the quarter in plain sight between the thumb and first finger of the same hand and the handkerchief in the right hand. Throw the handkerchief over the left hand and gather up the glass piece in the fold of the cloth, allowing the coin to drop into the palm of the left hand while covered. Remove the left hand and hold out the piece of glass with the handkerchief drawn tightly around it. Any one can touch the cloth covered glass, but it cannot be distinguished from the quarter. While this is being shown slip the quarter into a pocket. Spread the handkerchief over the glass of water and allow the glass disk to drop. A distinct click will be heard when it strikes the bottom. Raise the handkerchief, and nothing will be seen, as the glass will not be visible in the water.

There is a distinctive style in Swifts' ordered clothing.

Constipation

is an enemy within the camp. It will undermine the strongest constitution and ruin the most vigorous health. It leads to indigestion, biliousness, impure blood, bad complexion, sick headaches, and is one of the most frequent causes of appendicitis. To neglect it is slow suicide. Dr. Morse's Indian Root Pills positively cure Constipation. They are entirely vegetable in composition and do not sicken, weaken or gripe. Preserve your health by taking

Dr. Morse's Indian Root Pills

HIS HEALTH IN A TERRIBLE STATE

"Fruit-a-tives" Healed His Kidneys and Cured Him

HAGERSVILLE, ONT., AUG. 26th. 1913.

"About two years ago, I found my health in a very bad state. My Kidneys were not doing their work and I was all run down in condition. I felt the need of some good remedy, and having seen 'Fruit-a-tives' advertised, I decided to try them. Their effect, I found more than satisfactory.

Their action was mild and the result all that could be expected. My Kidneys resumed their normal action after I had taken upwards of a dozen boxes, and I regained my old-time vitality. Today, I am enjoying the best health I have ever had."

B. A. KELLY

"Fruit-a-tives" is the greatest Kidney Remedy in the world. It acts on the bowels and skin as well as on the kidneys, and thereby soothes and cures any Kidney soreness.

"Fruit-a-tives" is sold by all dealers at 50c. a box, 6 for \$2.50, trial size 25c., or will be sent on receipt of price by Fruit-a-tives Limited, Ottawa.

Veterinary Surgeon.

J. McGILLICUDDY
Veterinary Surgeon,

HONOR GRADUATE ONTARIO VETERINARY College, Dentistry a Speciality. All diseases of domestic Animals treated on scientific principle. Office—One door south of the Guide-Advocate office. Residence—Main Street, one door north of Dr. Brandon's office.

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Licensed Auctioneer.
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PROMPT attention to all orders, reasonable terms of order may be had at the GUIDE-ADVOCATE OFFICE

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Life, Fire and Accident Insurance, including Sick Benefits, Live Stock, and Automobile Insurance.

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ALEX. JAMIESON AUDITOR.
PETER McPHERDAN, Wainstead, P. O.
AGENT for Warwick and Plympton.

CHANTRY FARM Shorthorn Cattle and Lincoln Sheep

Present offering—Sheep of both sexes, a grand lot of lambs, also a few yearling rams and ewes.

ED. de GEX - KERWOOD, ONT.

A pupil of the Lucan high school, suspended for irregular attendance, committed suicide by shooting himself with a revolver in his father's barn.