

A PAGE OF GENERAL INTEREST TO WOMEN READERS

Krumbles

The New Whole Wheat Food with the *Delicious Flavor* originated by the Kellogg Toasted Corn Flake Co.

BATTLE CREEK, MICH. and TORONTO, CANADA

TO SEE the way people take to KRUMBLES at the first taste—you might suppose they never before had eaten anything that tasted good.

True—never before has there been a whole wheat food with such a full, rich flavor and sweetness.

Krumbles is prepared from the finest of whole wheat—all the wheat—cooked, "krumbled"—and delicately toasted, by a special process original with the Kellogg Toasted Corn Flake Company.

A dish of Krumbles with good milk or cream is a square meal in itself—an admirably balanced food. Go easy with the sugar—the more you chew Krumbles the sweeter it tastes!

Made in Toronto, Canada.

In the WAXTITE package—10c. Look for this signature.

W.K. Kellogg

W. K. KELLOGG CEREAL CO., Toronto.



Children like Krumbles and it builds them up



ADVERTISER PATTERNS



A SPLENDID DRESS IN TAILORED STYLE.

Waist—1730. Skirt—1744. The smart yoke facing on skirt and waist, the jaunty sleeve and pocket trimmings, all new style features on this design. The waist and skirt may be finished separately. As here shown, striped taffeta in green tones was used. The waist is made with a coat closing and the collar may be rolled high or low. The sleeve in wrist length is finished in shirtwaist style. In elbow length it has a flare cuff extension. The skirt pattern is cut in six sizes, 22, 24, 26, 28, 30 and 32 inches waist measure. It will require 8½ yards of 36-inch material to make the entire dress for a medium size. With waist and skirt separate, the waist will require 2½ yards of 36-inch material and the skirt 4½ yards of 44-inch material. The skirt measures 2½ yards at its lower edge.

This illustration calls for two separate patterns, which will be mailed to any address on receipt of 10 cents for each pattern in silver or stamps.

ADVERTISER PATTERN DEPT. Please send above-mentioned patterns, as per directions given below, to:

Name.....

Town.....

Province.....

Age (if child's or miss's pattern).....

Measurement: Bust..... Waist.....

Caution: Be careful to inclose the above illustration, and send the pattern wanted. When the pattern is sent measure you need only mark 22, 24 or whatever size you desire. If you desire a skirt, 22, 24, 26 or whatever length you desire, write only the figure representing the length. It is not necessary to write "inches" or "yards" after the figure. Reach you in less than one week from date of application.

"Normal-ize" in place of a "country lass"? Best of success at your studies when you begin. You might remove some of the soil from the waist by putting some cornmeal in a pillowcase, rubbing the blouse in it well, and leaving for a day or so. But probably to get it in gasoline would be in fact, if satisfactory of all. If you have a patch of the goods handy, test it before immersing the blouse.

It's difficult to give really helpful suggestions for some one else's clothes, but you may gain some ideas from this. Nothing seems so serviceable as navy blue for school or office wear; a good serge skirt, and blouse of blue pongee, with sailor blouse of serge for the colder weather (class rooms are not always warm).

Stir until the sugar is dissolved. Then cover the top with a clean cloth and set it in a warm place for about four weeks for it to ferment. When it has ceased to ferment, drain off carefully through the cloth and pour into bottles. Seal tightly and lay on their sides in a cool, dark place.

Twilight in the Park. Dear Miss Grey—This is my first letter. Can you print me a favor on your page? It is called "Twilight in the Park."

"Oh, I met her at the gate, and she chose something else. A handbag or camera is a nice gift. Embroidery is especially prized and they may be purchased in a great variety of styles and prices. If you are engaged, a ring or wrist watch is not too expensive to give. A pretty bracelet might please her very much.

3. Please send me the flags, as we have a constant demand for them. 4. Say: "I am glad to meet you."

Helpful—Not Meddling. Dear Miss Grey—I see where you tell "Silver Bell" that you have a number of correspondents from this town. So I thought I would add to the list. You certainly receive some very interesting letters.

2. Consider first what she has, then choose something else. A handbag or camera is a nice gift. Embroidery is especially prized and they may be purchased in a great variety of styles and prices. If you are engaged, a ring or wrist watch is not too expensive to give. A pretty bracelet might please her very much.

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Daily Bible Question Club

By Rev. T. S. Linscott, D. D. (All Rights Reserved.)

The six daily studies for this week constitute the International S. S. Lesson for next Sunday. Read the Bible Story on which this study is based, as you ponder the following questions:

The word of the cross.—1 Cor. 1:1, 25.

Golden text.—Far be it from me to glory, save in the cross of our Lord Jesus Christ. Gal. 6:14.

8. Verses 8-11. Show how it is possible to hold the same opinions and still be divided in heart, and to hold different opinions and be one in heart.

9. If two men are contentious, that is, bitter toward each other, can you say or not, and why, that neither of them is a Christian?

10. Verses 12-16. When a church is contentious, as here described by Paul, by what kind of argument can you show that it is a Christian church?

11. If two men actually quarrel over proper subjects, or the mode of Christian behavior, why are they not followers of Satan?

word) as you are? You are a disgrace to this fair Canada of ours. Do you ever knit or do anything for the boys, who are letting you use "freedom of speech"? You said you thought you were entitled to it, but please remember if it were not for our soldier boys you would not be here to use it. You are simply disgusting.

1. What will take iron rust off white shoes?

I will close now, with best wishes to Mail-Box.

Please tell me meaning of name.

AUSTRY.

P.S.—Will copy any of the following songs: "The Paved Court of Blue," "Nellie Grey," "My Heart Has Learned to Love You," "When Jack Comes Back," "Khaki," "Never Let Yourself Forget That You Are Irish, Too," "Dixie Law."

Ans.—We'll all hope that attention to studies will bring you success. I am not sure, but fancy your name has the same derivation as Aurora or Aurelia, which means "dawn, golden or morning redness." One authority says it means "fresh"—but, of course, in the nice sense of the word! Your offers of songs are passed on.

Nice For Supper.

Dear Miss Grey—I have been one of the silent readers of your page, but now come for help from your page.

No menu for a simple Sunday evening supper?

2. When a girl is going to her own church and her boy friend a stranger, should she proceed with him to the seat if there are no others?

I don't think I shall join the contest in knitting as I'm rather slow, but have knit three pairs for some of the boys.

I hope to see the story in the paper, but I'm not going to ask about my writing, as I have my last year's teacher's opinion and that quite squelched me along that line. Wishing the page every success, I sign myself,

JUST NINETEEN.

Ans.—(a) Cold sliced tongue, potato salad, relish, ripe raspberries, tea, biscuit, light cake, tea.

(b) Salad of green peas and chopped beets, in lettuce nests, or sliced tomatoes if preferred; salmon loaf, sliced; nut bread, bananas in jelly, cake, tea.

(c) Salad of green peas and chopped beets, in lettuce nests, or sliced tomatoes if preferred; salmon loaf, sliced; nut bread, bananas in jelly, cake, tea.

2. Yes, in all cases, where there is no usher, a girl walks down the aisle slightly in advance of her escort.

The teacher and her husband had an "off" day when he judged your writing. I think it's quite nice.

"Cinder" Block.

Dear Miss Grey—I am sending a block for "Aunt Nannie's" quilt. Hope it is right.

The red print is not very good, but it is the best we can get at our country store, and I cannot embroider very much. So, if it is not good enough for quilt, just burn your quilt off with it and drop it in the W. P. B. Tours, as ever,

CINDER.

Ans.—Don't you ever dare to insinuate that I'd use one of "Aunt Nannie's" blocks to dust my desk? Yours will go to "Aunt Nannie" with all the rest.

Quilts at 81.

Dear Miss Grey—Inclosed you will find a red and white block for "Aunt Nannie's" quilt.

I am 81 years old, but I still place a number of quilts every year for my grandchildren and great grandchildren.

I enjoy reading your very interesting page. I wish I was near enough to drop in and help "Aunt Nannie" quilt her love quilt.

Sincerely yours, EIGHTY-ONE.

Dear Miss Grey—Grandma—We take our hats off to you. Am sure "Aunt Nannie" will think a great deal of your block when she knows that one more than four score made it. May you long continue to read the page.

"Caesar's" Oration?

Dear Miss Grey—Here's to the Mail-Box in general, to two or three in particular, and to Miss Grey, "formerly from nobody seems to know just where, and now playing a prominent part on the Advertiser staff."

Back again! I come to greet the Mail-Box, with a little feast.

Oh, Cynthia Grey, so wise and gay, I've learned what draws us night and day: You and your troupe of dancin' fair, With "Laughing Eyes" so free from care.

And, "Silver Bell," the little witch, (I tell the truth) she needs the switch. But "Clammy Ann," with o'er a wheeze, Take my advice keep from the breeze. And then the rest, we'd have you all Come soon again, not wait till fall.

"Laughing Eyes," I saw where you were sending information as to the whereabouts of "Caesar." So in order

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Midsummer Sale of Cottons

COMMENCING THURSDAY MORNING

This sale is being put on with the express object of giving our customers the opportunity of filling their cotton wants, before we advance our prices, as we will be forced to do in the near future. It will be real economy to take advantage of this sale, as all prices quoted here represent old and special values, and mean a saving of from 25% to 35% on future buying.

Sheetings, Pillow Cottons, Sheets, Pillow Cases, Bedspreads and Cottons Specially Priced for This Sale.

Pillow Cases

HEMMED PILLOW CASES in sizes 40, 42 and 44 inches, very special at..... 75c each

HEMSTITCHED PILLOW CASES, 40, 42 and 44 inches; fine quality cotton at..... 19c each

HEMSTITCHED PILLOW CASES in a heavy quality cotton; sizes 40, 42, 44 and 46 inches..... 25c each

Sheets and Sheetting

SHEETS, size 2x2½ yards; ready-to-use, extra special value at..... 75c each

HEMSTITCHED SHEETS with a fine linen finish, excellent quality cotton, special at..... \$2.25 pair

80-INCH BLEACHED SHEETINGS with a round thread, splendid wearing quality, specially priced at..... 29c yard

White Cottons

HEAVY WHITE COTTON in a splendid wearing quality..... 10c yd.

40-INCH LONGCLOTH of superior quality, very special, at..... 15c yd.

42-INCH NAINSOOK, lovely quality for gowns and underwear, special at..... 15c yd.

42-INCH NAINSOOK, a very fine quality at a special price..... 20c yd.

Pillow Cottons

CIRCULAR PILLOW COTTON in 42, 44 and 46-inch widths, very special at..... 19c yd.

HEAVY CIRCULAR PILLOW COTTON, 40, 42, 44 and 46-inch widths; worth 30c yard, sale price..... 25c yd.

PLAIN PILLOW COTTON in 40 and 42-inch widths only, priced..... 16c yd.

Bath Towels

35 dozen Bath Towels; white and colored, to sell at..... 25c pair

Hemmed white Bath Towels; extra large size at..... 25c each

Bedspreads

Dimity bedspreads, splendid for summer use at..... \$1.25 each

Marseilles spreads, medium size, special at..... \$1.49 each

GRAY'S LIMITED.

AGENTS FOR THE LADIES' HOME JOURNAL PATTERNS

140 DUNDAS STREET. Phones 115, 116.

GRAY'S LIMITED.

Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

Blocks Gone Astray. In the past fortnight several letters addressed to Cynthia Grey have found their way to the dead letter office, because insufficiently stamped. Readers not receiving replies to their letters may assume that there has been one of these fated epistles.

I should not mind the letters going astray, so much, only for the fact that a number of them evidently contained blocks for "Aunt Nannie's" quilt. I have letters from "Mrs. Homebird," "Magnolia" and "Reka Don," all stating that blocks were sent in, but they never reached this office. I can only say I am sorry, but as will be understood, I have no way of rescuing these from the vaulty regions of the D. L. P. at Ottawa.

CYNTHIA GREY.

Out Helping Dad. Dear Miss Grey—I am coming into your cosy corner again, looking for a breeze. My, but hasn't it been warm lately? I have been helping dad with the hay, and it is fierce. The sun just seems to scorch a person.

"A Neighbor." I think, was asking about developing films. We do all of our ourselves, so that perhaps I could help a little.

Fill your dish with four ounces of lukewarm water, open one of the powders and dissolve in it the contents of the large package. Next dissolve the contents of the smaller package in the solution, but be sure the powders are thoroughly dissolved before you put the film into it, and do not leave it in more

than five or seven minutes; if you find that solution too strong, put about six or eight ounces of water in it; we use a measuring jar.

I hope this will be of some use to "A Neighbor." I will add that she will always find directions on the packages of developing powder. I find that my letter is getting awfully long, so will close, with best wishes to Miss Grey and readers. A MILD LIGHT.

Ans.—You're a good little girl to be helping dad, despite the heat, and I'm sure he values your help. On "Neighbors" behalf, thank you for the hints re developing.

What Should He Give? Dear Miss Grey—This is the second time I have written you, but I have received no reply in the papers to my questions. I suppose you are kept very busy, but, if possible, please answer by July 27, as I expect to go overseas in a short time.

1. Should a young soldier going overseas give a present to the girl he had been going with before he went?

2. What would be a suitable gift for the above question?

I will give to any one sending in their name to me.

4. When introduced to girls, what would a suitable reply be?

Thanking you in advance, I am,

Ans.—1. Yes, he might give her a remembrance of some sort. If not engaged the gift should not be of great value.

2. Consider first what she has, then choose something else. A handbag or camera is a nice gift. Embroidery is especially prized and they may be purchased in a great variety of styles and prices. If you are engaged, a ring or wrist watch is not too expensive to give. A pretty bracelet might please her very much.

3. Please send me the flags, as we have a constant demand for them.

4. Say: "I am glad to meet you."

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