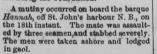
What BREAKS Down Yoons MEN.— It is a commonly received notion that hard study is the unhealthy element of college life. But from tables of the mor-ality of Harvard University, collected by Professor Pierce from the last triennial statelogue, it is clearly demonstrated that this is an error for the excess of deaths for the first ten years after graduation is found in that portion of each class inferior in scholauslip. Every one who has seen the curiculum knows that where Æschy-lus and political economy injures one,late hours and rum punches use up a dozen and that the two little fingers are heavier than the lies of Euclid. Dissipation is a with and sure destroyer, and every young man who follows it is as the early flower exposed to untimely frost. Those who ave been inveigled into the path of vice are named 'Legion,' for they are many— mough to convines every novitiate that is the fiesh,— every function of the bones, the flesh,— every function of the human body. The brains, the heart, the bones, the flesh,— every point and faculty are overtasked; worn and weakened by the terrific energy and passion loosed from restraint, until like a dilapidated mater ware the avert point and faculty or restraint, until like a dilapidated mater ware the every function of the bones, the flesh,— every function of the flesh into runous decay. Fast

A plan has been proposed in England to enable workmen to spend their holi-days in an agreeable and pleasant man-ner. A "Mutual Hospitality Company" is to be formed, so that members wishing to visit another town from their own will be entertained economically among their friends, and thus be saved many of the inconveniences and expenses of travel. Such a society would answer in Canada.

Postmaster-General Randall has, in confermity with the recent act of Con-gress, issued orders to his subordinate to send to the Dead-Letter Office all letters, circulars, &c., concerning lotteries, gift concerts, and similar swindles.

The approaching meeting of the Canada Medical Association promises to be one of no little interest, and Montreal is prepar-ing to give a hospitable reception to those attending the Convention.

Guelph April 1st 1868





SPAFFORD'S JAS. MASSIE & CO., NEW GROCERY STORE! "BARCLAY" SHUTTLE Sewing Machine. IMPORTERS. E. O'DONNELL & CO OFFER FOR SALE THE FOLLOWING GOODS : Makes the Genuine Look Stitch Which is alike on both sides of the material ed, and will not rip or ravel; using two the and adapted to light and heavy goods, coarse fine threads; very large Shuttle and Bobbin, so simple that a child can be taught to work ficiently in avery short time. China, Crockery and Glassware ! TEAS-Hif Chests Young Hyson, Gunpowder, Twan-kay and Japan. Chests and Hif Chests Souchong and Congou. Caddies Orange Pekce. (In the Store lately occupied by C. & T. Meredith, Wyndham Street.) ALSO A CHOICE STOCK OF Suited to all kinds of Family and General Sewing. Tailoring, Mantie Making, and the use of Dress makers, Manufacturers of Shirts, Collars, Shirtz Ioaks, Clothing, Hats, Caps, Corsets, Linen Good & They work equally well upon Silk, Liane Woollen and Cotton Goods, with silk, cetter of COFFEES-Bags Green and Roasted Java, Jamaica, Maraicaba, Laguayra and Rio. Wines, Liquors and Whiskies SUGARS--Bbls. Crushed A., Dry Orushed, Ground, Yellow Refined No. 2, 21 and 3. Ends and Barrels Demerara and Porto Rico. Which they are determined to sell cheaper than any house in the trade. Parties wishing to purcha nything in their line will find it to their advantage to give them a call. As they are determined to linen thread. They will seam, quilt, gather, fell, cord, braid bind, hem, tuck, and perform any species of fin or coarse sewing, making a beautiful and perfec stitch, alike on both sides of thefabric sewed. SELL FOR CASH ONLY! Office and Salessoom : 56 King-St. West. Toronto. Toronto, May6, 1868. TOBACCO-Caddies and Boxes of all the standard brands in 10's, 4's and 8's, with a large as-sortment of Virginia Twists. GREAT BARGAINS MAY BE EXPECTED. E. O'DONNELL & CO. Instruction, Exercises, and Music Wyndham Street, Guelph, 7th August, 1863 RICE-Bags Arraoan and Patna FOR THE VIOLIN. FRUIT-Boxes Layer, Bunch and Valentia Raisins. Barrels Choice and New Currants. Bags Filberts, Walnuts, Almonds & Brazils, Boxes and Barrels new French and Ger-POR THE VIOLIN. C Soph's School, complete, \$4. Abridged, \$2. Maras' Instructor with Pleyel's Duets, \$2.75. Mo-dern School by Fessenden 25.00. Sandners' Belf-Instructing School, \$2.26. May's Operatic Meth-od, \$2.50. Hull's Practical Method, \$2.36. Hen-ning's School, \$2.30. Ole Buil Instructor, 960. containing esclinatizations and 200 foxorite Melo-dies, 75c. Violin Complete, \$1.25. Violin made teary, 75c. Jewet's National Teacher, 75c. Kreut-zer's 40 Studies, \$2.50. Woodbury's Instructor, 50c. How's School -Self-Instructor Without a Master and Ethiopian, each 50. Pleyel's Violin Duets, 75c. Maided, nost-paid, on receipt of price by OLIVER DITSON & CO., Publiakers, 277 Washington-St., Boston, or CHAS. H. DITSON & CO., 711 Broadway, New York. daw H Commercial Union Assurance Company CHIEF OFFICES-19 AND 20 CORNHILL. LONDON, ENGLAND. CA.PITAL - - - £2,500,000. Fire Department. Fire Dopartment. THE success which has attended the Company's operations has been such as fully to realize the most sangume expectations of the Directors, who have resolved to extend the business more widely, and now offer to the Canadian Public PERFECT SECURITY guaranteed by large subscrib decapital and Invested Funds. PROMPT SETTLEMENT OF CLAIMS.—The Directors and General Agents, being gentlemet largely sengaged in commerce, will take a liberal and business like view of all questions coming before man Prunes. Cartoons new Choice French Prunes. SPICES—Cases finest Nutmegs and Cloves. Bags and Bbls Black and White Pepper. Jamaica Ginger, Allspice and Cinnamon. Life Department. Life Department. To Volunteers assured in this Company, are permitted, without extra charge, to do duty on the Prontier, and to engage in repelling margueling attacks. Eighty per cent of the Profits of the Whole Life and Annuity business are divided among partici-pating Policy Holders. Claima are paid one month after Proof of Death. By a recent Act of Parliament a Wife can now hold a Policy on the life of her Husband free from all other claims. NORLAND, WATBOY 5.00, for an extent of the Policy on the life of her Husband free from all other claims. SYRUPS-Bbls Amber, Golden and Standard. PICKLES & SAUCES-A full assortment of Cross and Blackwell's, Morton's, Flett's, &c. TROTTER & GRAHAM. all other claims. MORLAND, WATSON & Co., General Agents for Canada Office-355 and 387 St. Paul St., Montreal, PREDERICK COLE, Secretary, Inspector of Agencies-T. C. LIVINGSTON, P. L.S., Upper Canad T. C. LIVINGSTON, F. L.S., OPA We would call particular attention to our Stock of the following, which for Purity and Genuineness cannot be surpassed.