

Save Food

In a time needing food economy many people are not getting all the nourishment they might from their food.

It is not how much you eat, but how much you assimilate, that does you good. The addition of a small teaspoonful of Bovril to the diet as a peptogenic before meals leads to more thorough digestion and assimilation and thus saves food, for you need less.



A. D. Farrah & Co.
Newcastle, N. B.

School Supplies.

It will be to your advantage to prepare early for the reopening of school.

During the years we have specialized with this line we have learned to meet your requirements with accuracy.

It will be our pleasure to serve you whether orders are written or oral. Cash must accompany all orders.

FOLLANSBEE & CO.

BECAUSE THEY FIND SATISFACTION HERE

Many of the most particular families in Newcastle buy their meats and groceries regularly at this store. To satisfy our customers in every respect is our first consideration. And we do satisfy them by selling them the best and freshest Groceries, Meats, Vegetables and Fruits; by charging fair prices, and by according every customer fair and courteous treatment.

We would like you to become one of our satisfied customers. In this store you will find a carefully selected stock of groceries, fresh meats in variety, and the season's range of vegetables and fruits.

You can telephone your order. Our delivery system insures prompt service.

H. S. MILLER
GROCERIES, MEATS, ETC.
Opp. South and Pleasant Sts.
Telephone 22

PERSONALS

Mr. J. Ander was a visitor to Campbellton last week.

Pte. Harry Hachey is home from Camp Sussex for a few days.

Miss Marie Lodge of Moncton is visiting Miss Evelyn Williamson.

Miss Agatha Kelly of St. John is visiting her friend, Miss Mollie Morrissey.

Miss Dorothy and Vella Harris are spending their vacation with relatives in Backville.

Miss Alma LaBelle is visiting her parents Hon. C. H. and Mrs. LaBelle, at Dalhousie.

Miss Ida Pride of Fredericton Junction is the guest of her aunt, Mrs. H. H. Stuart.

Mrs. Green and little son of Somerville, Mass. are visiting Mrs. Keith Anderson.

Misses Addie Parker and Robinson of Fredericton were visitors in town today.

Miss Hilda Finley of Fredericton came over Thursday to visit Miss Edith O'Donnell.

Misses Lyle MacCormack and Helen Armstrong spent Sunday with friends at Youghall.

Mr. Joseph Wright, of Framingham, Mass. is visiting his parents, Mr. and Mrs. Arch Wright.

Mrs. John B. Jarvis, of Plaster Rock, N. B. is visiting her husband at Chatham Head this week.

Miss Jennie Copp, left Friday for Hampden Highlands, Me. to visit her aunt, Mrs. Fred A. Gilbert.

Mrs. Fred McLaughlin and son Leslie, of Bathurst, are visiting Mr. and Mrs. S. B. Miller this week.

Mrs. Harold Gates and three children of Millinocket, Me. is visiting her mother, Mrs. Charles MacGowan.

Miss Ruth Stewart has returned from Fredericton where she has been visiting her friend Miss Gertrude Clark.

Hon. D. Morrison went to Halifax on Wednesday to attend the Annual convention of the Canadian Fishery Association.

Pte. Frank Newman of the 1st Depot Battalion, Sussex, is spending a short furlough at his home in Douglasfield.

H. H. Stuart returned Saturday evening from a week's vacation in Fredericton, Harvey, St. John and Fredericton Junction.

Gr. A. B. Locke, of the 10th Siege Battery, Halifax, was a recent visitor in town, the guest of his brother, P. E. Locke, previous to his departure for overseas.

Miss Margaret Lawlor of Ottawa is spending her vacation with her mother, Mrs. J. R. Lawlor at the beach in Burnt Church.

Mr. and Mrs. Christopher Crocker, Col. and Mrs. Randolph Crocker and Dr. and Mrs. J. B. Crocker motored to Fredericton last week.

Mr. Norman Sutherland of Moncton is visiting his parents Mr. and Mrs. Murdoch Sutherland, Redbank.

Messrs. James Lamont, Douglas-town, Ed. Dalton, Charles and John Sargeant attended the races in Moncton last week.

Mrs. James Lyon of Millerton went to Bathurst on Saturday to spend a few days with her daughter, Mrs. Will O'Donnell.

Miss Bryce O'Donnell of Bathurst who has been visiting her grandparents Mr. and Mrs. Edward O'Donnell here returned home on Saturday.

Miss Reta and Yvonne Buckley Messrs. D. J. Buckley, Leonard O'Brien and George McDade were visitors to Fredericton on Wednesday making the trip by auto.

Miss Lottie E. Underhill returned to her home in Backville last week, having spent two weeks visiting friends in Newcastle and Nelson. While here she was the guest of her cousin Mrs. W. F. Harris.

On Friday afternoon, Miss Frances Astle entertained a number of her little friends at a party at her home. Those present were: Geraldine MacMichael, Katherine Malby, Brydie O'Donnell, Dorothy Steves, Elizabeth Jardine, Margaret Clarke, Kathleen Stables, Eileen Stuart and Carmenita McCarthy.

Mrs. Eunice Robinson of Millerton returned on Monday's limited from Nova Scotia where she had been visiting Mr. and Mrs. Holmes. A Frank spending some time at Liverpool and Chester, and motoring through the southern part of the Province. Mrs. Robinson was present at the launching of the ship "James B. Ross" on the third, at Liverpool, but by Mr. Ross and christened.

ENJOYABLE BAND CONCERT
The band of the Newcastle College Band on Friday evening.

Allies Take Breathing Spell

Paris, Aug. 13.—After four days of constant pressure in their offensive the Allies have been obliged to take a breathing spell in face of stiffening enemy resistance.

Whether the allied forces will resume their drive or not the fact remains that the Germans have been out-manoeuvred and a victory won.

As a result of the continuous pressure exerted on the line of the hills of Rollot and Boulogne LaGrasse, Gen. Von Hutier's position is somewhat worse than yesterday. The fall of Lassigny is imminent.

The enemy defense is now being offered, not by customary rear guards but by mobile groups of machine gunners.

Prisoners taken yesterday said that reinforcements for Von Hutier were not expected.

DEATH AT OLD TOWN

An Oldtown Me. despatch says:—Henry Curran died at his home in Great Works as the result of injuries received while at work in the plant of the Penobscot Chemical Fibre Co. Curran was the son of the late Donald and Elizabeth Curran of Georgetown P. E. I. Where he was born in 1858. His wife was Miss Katherine Griffith, of Newcastle, N. B. They have seven children.

Newcastle Schools will reopen on Tuesday, Sept. 3rd.

SUNKEN SHIPS BEING RAISED

War Brings Day of Resurrection for Many Vessels for Years Listed as Discarded Wreck.

Certainly the day of resurrection has come, for ships, hulks long since sunk, all but forgotten, rise in their very bones, take on renewed bodies and with the rhythmic heart-beat of new engines feel the blood coursing in their veins once more, observe the Boston Transcript. Abandoned coal barges, hulks of whale ships, of little cargo carriers that have lain at dismantled wharves for half a century, struggle from their graves in the ooze, feel again the measured clank of sailing iron, lift proud topmasts and shout with joy from the very diaphragms of their swelling sails as the forefoot thrills to the blast of blue water. Wrecks of the ancient side-wheelers rise as well and with a vigor of engine life such as did not exist in their day, go down to the sea.

The sea shore is probed for these, and the very lakes send their quota. At Ashland, Wis., for instance, on Lake Superior, the side-wheeler Emerald, sunk at the slip 24 years ago, is on her way up. The ore-carrier Sevons, which broke in two on a shoal six years since, is to be raised and put together again. And so the reports come from slip and shoal the world over.

If the war, with all its menace and its heartache, can give up once more a mighty merchant marine and revive the proud traditions of American seamanship, as it is fide fait, to it will have done one great thing: for the country.

A Lesson In Discretion.

The story that is being told of the visit recently paid to London by two Basuto chiefs contains a lesson in discretion which might be laid to heart by many. The Basutos had been to the front and learned many things and had come back to London and learned many more; for one thing they had learned all about spies. Small wonder then that the journalists, endeavoring to interview them, should find them non-committal. Speaking to a small group of journalists the Basutos thought it right to be very careful. "You never know whom you are talking to," they said, so the story goes, "that gentleman over there, for instance," regarding a substantial but entirely innocuous journalist, "wanted to know a lot of things, and how could we be sure he was not trying to find out when we were going back, so he could tell the Germans."

His Old Man.

"Look here, Charlie," said one young collegian to another who had been asked to run his eye over a letter which his friend had written to his father in which there was the inevitable request for money, "you have spelled jug g-u-e."

"I know," said Charlie, "but you see I need the cash, and don't want the old man to think I'm putting on airs. That's how he spells it."

CASTORIA

For Infants and Children
In Use For Over 30 Years
Always obtain the genuine article.

A Few Real Good Bargains

Real Bargains are rare now, but look over the following list and you will agree that these are bargains worth considering. We make these low prices in face of the fact that higher prices are expected, but we want more room in our Hardware floor for Fall Stoves.

"VICTOR RANGE" with Hot Closet and Reservoir, fitted for coal or wood. Regular price \$98.00
Now \$68.00

"Imperial" Double High Oven Range. The most handsome and up-to-date range on the market.
Reg. \$85.00 Now \$75.00

"Rotary" Sewing Machine guaranteed for ten years.
Reg. price \$45.00 Now \$35.00

"Vibrator" Sewing Machine guaranteed for ten years.
Reg. price \$35.00 Now \$28.00

"Model" Refrigerator, white enamelled provision chamber, two nickled wire shelves.
Reg. \$30.00 Now \$25.00

"Model" Refrigerator, white enamelled provision chamber, one nickled wire shelf.
Reg. \$20.25 Now \$17.00

TERMS CASH

[SATISFACTION GUARANTEED OR MONEY REFUNDED]

D. W. STOTHART

Dominion Express Foreign Cheques are accepted by Field Cashiers and Paymasters in France for their full face value. There is no better way to send money to the boys in the trenches.

Teacher Wanted

First or second class female school teacher, District No. 8 in the Parish of Nelson. Apply stating salary to
THOMAS G. CLARK
McKinleyville, N. B.

Teacher Wanted

Second or third class school teacher to teach in School District No. 3 North Esk. Apply stating salary to
HARVEY K. URQUHART
Sec'y to Trustees
Weymouth, P. O. N. B.

Teacher Wanted

Teacher for School District No. 14. Apply stating salary to
H. S. TOZER,
South Esk, N. B.

Teacher Wanted

Second or Third class teacher for school District No. 9, Upper Nelson. Apply stating salary.
JAMES GALLANT, Sec'y
31-33rd
Upper Nelson, N. B.

This is Straw Hat Time . . .

And we have a range that cannot fail to please you. Every new shape is on display in Panamas, Sailors, etc., and you are sure to find the one that will look good, as well as feel cool and comfortable upon your head these warm days.

Drop in and See our Offerings in the Hat Line

Russell & Morrison

MENS' AND BOYS' OUTFITTERS

MACKAY'S SUMMER SALE

Begins Thursday, Aug. 15th

and lasts until Saturday, August 31st. Take advantage of this opportunity of securing many lines at a substantial saving during this sale.

Summer Dress Materials

These include Muslins Prints and Gingham
Sale Price 15c yd.

Better quality of Prints and Gingham
Sale Price 23c yd.

Grey Cotton

Reg 25c quality
Sale Price 5 yds for \$1.00

Ladies' Undervests

Sleeveless Vests nicely finished with lace trimming
sale price 23c each

Children's Vests

Reg 25c value sizes 1 to 5 years
Sale Price 19c each

Talcum Powder

In large size tins, reg. 25c
sale price 15c each

Sheeting

Bleached or unbleached 2 yds. wide reg 60 quality
Sale Price 49c yd.

Reg 50c value
sale price 43c yd.

Cotton Hose

Ladies and Children's Black Ribbed, Stockings reg. 25c quality
sale price 19c pair

Wagon Dusters

Fringed Lap Dusters in Blue or Green reg. 75c
sale price 59c each

Japanese Rugs

Size 27x54 in nice assortment of Patterns reg. 50c quality
sale price 39c each

Reg \$1.00 quality size 36 by 66
sale price 79c each

Boys' Summer Sweaters

In navy blue or Khaki reg. 50c
sale price 43c each

Lace

Valencienese Edging or Insertion reg 4 and 5c quality.
sale Price 3c yd.

Embroidery

Edging or Insertion Reg. 7c quality
sale price 5c yd.

Men's Suspenders

Reg 40c quality
sale Price 29c pair

Curtain Scrim

36 inches wide in White or Cream reg. 15c
sale price 12c yd.

Colored Scrim

sale price 9c yd.

A. H. MACKAY, - Newcastle