



Employers-- SERVE LIPTON'S

Workers become fatigued as the afternoon wears on, but a cup of Tea refreshes them, stimulates their energies, and causes them to finish the day's labour with pep and zest.

Try the experiment with your employees. The results will please you.

But be sure to order Lipton's Tea to get the best results. We grow it, blend it, and pack it ourselves, consequently we guarantee its quality, flavour and stimulating qualities.

LIPTON'S
TEA PLANTER, CEYLON
THE UNIVERSAL TEA

300 CUPS TO THE POUND SOLD EVERYWHERE



LOCAL AND GENERAL.

Two trains of invalided soldiers past thru here on the 10th, en route to the West.

Canadian editors have arrived in England.

King George received in special audience, on the occasion of the King's and Queen's Silver Jubilee, Dr. Beland, M. P., for Beauce, Que., recently liberated from a German prison.

The total lives lost in the Nashville railway collision is fully 125.

The New York World subscribes \$1000 towards a Fund for a suitable memorial to Major John P. Mitchell, who was lately killed at an aviation Camp, and for four years was one of the best Mayors that city ever had.

Mrs. McKay, wife of Dr. D. M. McKay of Vancouver, B. C., is in Truro, visiting her sister, Mrs. H. V. Kent, Prince Street.

Sergt. Gino of the Royal Italian Flying Corps, who was training American aviators to handle Caproni battle-planes on the 7th, died to his death at Hempstead, Long Island, before thousands of people. He misjudged distances and crashed to the earth.

Mrs. Alberta S. Black and sons, Russel and Beverley of Toronto, are in Truro, for a few weeks. Mr. Black and son Seymour are on an auto trip through the new England States and will arrive here at a later date.

The funeral of the late Rev. Dr. Allan Pollock in Halifax, on the 10th, was attended by citizens of all creeds and ranks in life. It was a public testimony to the esteem in which this great man was held.

Montreal, July 10—1918—An important evolution of the large paint industry controlled by Brandram-Henderson Limited has just been announced. This concern has acquired the plant of the Alberta Linsed Oil Mills, at Medicine Hat, Alberta. This firm will produce their own Linsed oil in the west and bring it East in their own tank cars.

Will those who have books to send to the troops at Aldershot, kindly send them to the Court House to be packed. Remember all kinds of books are wanted, it is a small thing to ask from each one here and may be the means of doing a great deal of good to many boys far from home.

Owing to the serious illness of his mother, Mrs. Jack Pepper, Master H. Tom Wall, Toronto, was unable to attend the funeral of his grandfather, the late A. E. Wall, Halifax, who died June 19th, at Amherst.

NEW CITIZENS FOR TRURO.

William I. Dodge, has come to Truro from Minnesota, and purchased the interest of A. E. Farquhar, in the Truro Market, Ltd.

Mr. Dodge is a native of Nova Scotia, but has been in teaching profession in the United States for many years. He is a brother-in-law of Lyman Sutherland, the other partner in the firm.

Mr. and Mrs. Dodge and baby have taken up residence the E. D. McMullen home, corner of Victoria and Pleasant Streets.

We welcome these good citizens to our town.

Now for a final drive; a great, shove between this and Monday night; and Truro has raised per \$9000 for the Red Cross.

A P. E. I. girl went West to teach she got a school with eight kids only, grades one and two; and with a stipend of \$75 a month and has a Ford to carry her to and from school. She fell on her feet; and the next flat will be she'll marry a western farmer.

At the 65th Annual Meeting of the Nova Scotia Medical Society in Liverpool, there were 35 Doctors present. The attendance was almost entirely from the Western part of the Province. Doctors, are too busy these days, with 25 per cent of the profession at the war, to attend Medical Societies.

Wallace Logan, son of H. J. Logan, ex-M. P., who for a number of years was fighting tuberculosis in different sanatoriums and climates, has so far recovered from that dread disease, that he was able to pass a medical examination and is now in the ranks of the overseas forces fighting Huns.

Coal areas at Grand Lake, N. B., will soon be under development, an expenditure of some \$300,000 is to be authorized for a mining plant at once.

Mrs. Graham Durning of Five Islands is visiting her brother, Mr. Wm McLellan in Amherst.

Captain J. H. Pratt, well known here when he was commander of the fisheries schooner Curlew, and who was thought to have lost his life when the steamer George L. Eaton, of which he was master, was torpedoed off the European coast, is safe in France, so says a cable.

Attend A Good School.

Our School is affiliated with the National Association of Accredited Schools of Canada and the United States. That is evidence of our high standard.

You should attend an Accredited School. Success Business College, The School for Better Results, Truro, Nova Scotia.

How She Knew.

Wife (at breakfast)—Oh John, I'll bet I know who you gave your seat to coming home in the car last night. Hub (Who had been out having a quiet little game)—Nonsense, my dear! How could you guess? How do you know I gave up my seat to anyone?

Wife—Yes, you did. You dear, kind old boy, you let a poor old Irishman have it, for I distinctly hear you say in your sleep, "Oh that's all right I'll stand pat."

Saskatoon, Sask., July 10—Sentence of \$150 fine or thirty days' imprisonment was meted out to R. C. Nolan, a farmer, from Quinton, Sask., on a charge of refusing to register two weeks ago. He chose to the jail sentence the case also committed him for trial on a charge of having written letters to friends in Canada containing matter derogatory to the government in regards to the registration.

FOUR NEW COOK BOOKS.

The war has been made the excuse for all kinds of books and booklets, some of them very good and some indifferent. There have been informative pamphlets that did not inform and educational books that did not educate until we are perhaps a little skeptical when we hear that others have been added to the hundreds we already have.

But the Food Board has endeavored to give the women of Canada something new, eminently practical and distinctive in the shape of four cook books, which will help them to solve many of their war-time problems.

No matter how clever a woman may be in her own kitchen she can usually learn something from an expert and the leading strings given her in these booklets range strictly "within the law" so that, in following them, she may rest assured that she is conducting her home on food control principles.

In each case a fore-word by Mr. Henry B. Thomson, Chairman of the Canada Food Board contains practical advice and appreciation of the service women have already rendered. Charts, cartoons and indices give "punch" to the booklets and make them simple to follow. They do not contain one recipe that cannot be carried out by the least experienced housekeeper and they are all economical and intended to spell conservation of the food-stuffs needed overseas.

The all-important subject of bread-making is treated in one book and the use of substitutes is clearly explained. In another, fish, the best substitute we have for meat, is dealt with, and we are given bowing acquaintance with the lesser known varieties that are just as delicious as higher-priced fish if properly cooked.

With the fruit season at hand the canning, drying and storing of fruit and vegetables is a timely subject for another, while the fourth is a compilation of different ways and means of cooking vegetables. The almighty Potato, needless to say, is given pre-eminence.

The books have attractive colored covers. After all, there is none of us who turns aside from a pretty picture without looking twice at it. And the woman who sees the outside of the new booklets will certainly hasten to look between the covers. Once she does that she is certain to return again and again for plain, practical advice and helpful hints. It is hoped that those books are going to mean a great saving in food-stuffs and that they will teach Canadian women the most advanced principles of conservation.

They can be procured from the provincial committee of the Canada Food Board at five cents apiece. Write for them immediately.

NEWSY NOTES FROM "BLUE-NOSE."

San Francisco, July 4th, 1918.

Editor Daily News: Last Saturday I went to Sebastopol and visited among the berry fields, this year is a wonderful crop, and it surely is a beehive of berry pickers. Many from this city old and young, are spending a very profitable vacation in those fields, and there is plenty of work for many more who want to go. I visited at the home of N. E. Everett who cultivates and farms ten acres, he has already sold about five tons of different varieties of Logan berries and expects at least ten tons more this season.

Mrs. Ida Annand who has been spending the past three months here, left this morning to visit her sister Mrs. Farnell at the home of the A.O.F. at Saratoga.

Her daughter, Mrs. Hugh Garnett and family of Willows, Cal. arrived in town last evening and are spending their holidays at the Manx Hotel on Powell St.

Her other daughter, Mrs. Geo. Kirkpatrick of Colusa, is expected tomorrow to visit her eldest daughter, Naomi, who is training for a nurse at the San Francisco Hospital.

Mr. J. T. Bell of Sparks, Nevada gave us a call on June 24th, he visited with his train master, and section foreman, who are sick in the Southern Pacific Hospital for some time.

He tells me about two hundred and fifty of our army boys, are to be stationed at Reno and about fifty are to enter the mechanical department of the Railway Shops at Sparks mechanics. They are also to have a vocational training, and instructed in mathematics, chemistry, physics, and other subjects, in Schools.

Last evening Mrs. M. J. Miller (formerly of Guysborough Co.) who has been a member of the A.O.F. was a favored "guest of honor" and presented with a handsome gold-pin, crested with a deer's head set with diamond eyes, emblem of the order. The occasion being a public installation of Officers, and reception to our Supreme Herald, many of their friends took advantage to show appreciation of their services in office, by presenting many handsome floral offerings.

Today our National Holiday has been a "Red Letter day" in San Francisco. Seventeen ships were launched

beginning at 10 a. m. and ending at 8.40 p. m. Charles Swab, the great Steel magnet and directing head of the United States emergency fleet corporation, arrived in this city yesterday, to be present at the launchings.

The boys of the orchestra of the Union Iron Works, largest shipbuilding plant here, laid down their hammers long enough to grab their instruments and hasten to meet him at the Ferry, and in grim and greasy overalls escorted him up Market St., to the St. Francis Hotel, where he says "boys" have lunch with me. "In these clothes?" the boys asked. "Yes in these clothes" he replied. These were the boys who helped to bring the "Blue Flag" to San Francisco the prize awarded to the nation's greatest Ship Building Plant.

This afternoon I attended the Literary Exercises in the Exposition Auditorium where Edwin H. Lemare opened the program by a selection on the Great Organ, of patriotic airs, followed by the reading of the Declaration of Independence.

Then followed the French National Anthem "La Marseillaise." Great Britain "God Save the Queen." Belgium "La Barbaconne." Italy "Garibaldi Hymn." Japan "Kimigayo." Russian "Solo Dance." Serbia "National Hymn." Greece "Hymn to Liberty." Each number sang in National costume and in their own language, attended by Boy Scouts carrying the Stars and Stripes and each nations colors. This was followed by a grand Community Sing, by everybody "Columbia the Gem of the Ocean." "My Own United States." "Long Long Trail." "Somewhere in France is the Lily." "Joan of Arc." "Keep the Home-fires burning." We'll Knock the Hells into Helligo-out of Helligo-out." "Swanee River." "Over There." Closing with the "Star Spangled Banner." The Auditorium which sets ten thousand was packed and many standing. BLUENOSE.

FOOD BOARD FLASHES FOR FEMININE FOLK.

"Botulism" has an unpleasant ring in the ears. In plain English it means poisoning from the eating of canned vegetables or fruits.

There is no reason why there should be one case of botulism in Canada this year provided the war garden produce is properly handled. No bacterial life exists, or can exist, in successfully canned products. Bacillus botulinus will never be found in properly canned goods.

Cooking canned vegetables for ten minutes at the boiling point after opening the jar for use will remove any danger in cases where complete success has not rewarded the efforts of the amateur canner.

FOOTBALL IN HOLY LAND.

(London Daily News)

There is a Desert Football League now, and it's "season" is in full swing. There is also a Sinai team—I regret to say at the bottom of the list. In towns with quite famous Biblical names you can hear now shouts of "Well played!" and "Off side!" I wonder what the Jebusites and the Perezites, the Hivites and the Hittites and the Amorites would think of it all if they could hear it.

DISPOSE OF OLD HENS AND BREEDING STOCK EARLY.

As soon as the breeding season is over, get rid of all male birds used in the breeding pens. When the egg yield drops in the early summer or when the egg yield does not pay for the feed, sell off all hens over two year old and even the year olds cull pretty well. Poultry at this time of the year will bring a better price than later and feed and space will be saved for the best of the year olds and the growing chicks. Old hens as a rule, especially of the heavier varieties do not pay for their feed in late summer eggs.

Sell the young cockerels whenever they are ready throughout the summer. Don't keep everything till the fall. Whenever the price is good sell the cockerels as broilers or as small roasters.

In an experiment carried on at the Experimental Farm in the spring of 1917 with Leghorn chickens, the sale of the cockerels paid all expenses for incubation, brooding and feed for themselves and pullets up until the first of September. When the pullets went into winter quarters on November 1st, they had cost over and above what had been paid by the sale of the cockerels just 3.9 cents each. This experiment showed not only that it paid to sell the cockerels early, but it also demonstrated that pullets could be raised much cheaper than they could be bought in the fall.

BORN.

MATTINSON—Center Street, Truro to, July 9, to Mr. and Mrs. J. S. Mattinson, a daughter—Evelyn May.

YOUR CUP OF TEA



Your cup of Tea means much to you. It is more than an item in the daily fare. It is the one thing that "rounds off"—or spoils—an enjoyable repast.

Tea is fortunately so cheap in this country that there are few who cannot afford Choice Tea. The cost per pound is only slightly higher than ordinary Tea, while the increased pleasure you get from every cup you make is worth many times the difference. It is true also, that a FLAVOR-FULL Tea like KING COLE Orange Pekoe will actually spend further—that is, make more cups to the pound. KING COLE Orange Pekoe is prepared particularly for lovers of Choice Tea.

UNUSUAL QUALITY EXCLUSIVE FLAVOR
Ask your grocer for it by the full name
SOLD IN SEALED PACKAGES ONLY



THE EXTRA in CHOICE TEA

GERMANS FEAR CANADIANS WITH BAYONET.

Canadians Sick of Taking Prisoners, So Exterminate Enemy When Possible.

Kenny Couillard of Montclair, New Jersey, who has been fighting with the 114th Battalion of the Canadian forces in France, was recently "gassed" and is now recuperating in the Second General Hospital at Bristol, England.

In a letter to a friend he said that nothing is too bad for the Germans.

"But believe me," he continued, "the Canadians have put the fear of God into them. The German never meets us hand to hand now. He'll fire a machine gun at us until we get up close and then he comes with his hands up squealing for mercy. We have gotten sick of taking prisoners, so that every time we go over the top we do our best to exterminate those that our wonderful artillery doesn't get. The enemy doesn't make many counter attacks on the Canadians unless he is absolutely driven to it."

L. O. L. AT VALLEY.

Suburban Valley never had such a crowd as on the Glorious Twelfth, when the L. T. B. in force, ask the Orangemen to meet at the pretty little Village of Valley, Col. Co. and give a full day's Celebration for the benefit of the Protestant Orphanage, Truro.

The crowds were simply immense and trains rolled in crowded with people from all sections of the country. The L. T. B. were on hand and these busy workers catered in good style for the hungry hundreds.

In the afternoon stirring addresses were made by Rev. Mr. Knott of Truro and Rev. Mr. Scoates of Belmont. It was indeed, a Gala day, and a most substantial sum was realized for the Bible Hill Orphanage.

SAVE THE CHILDREN.

Mothers who keep a box of Baby's Own Tablets in the house may feel that the lives of their little ones are reasonably safe during the hot weather. Stomach troubles, cholera infantum and diarrhoea carry off thousands of little ones every summer. In most cases because the mother does not have a safe medicine at hand to give promptly. Baby's Own Tablets cure these trouble, or if given occasionally to the well child will prevent their coming on. The Tablets are guaranteed by a government analyst to be absolutely harmless even to the newborn babe. They are especially good in summer because they regulate the bowels and keep the stomach sweet and pure. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

HOW IS YOUR APPETITE?

Loss of appetite during the summer months is a common trouble, and indicates that the digestive system is out of order. Lacking a healthy appetite many people—especially women—go too long without food, or eat sparingly because food seems to distress them, and it is no wonder that they complain that they are constantly tired and unable to stand the hot weather. This simply means that the digestive system is not doing its proper work, and that the nutrients that should come from the food is not being distributed to the various organs of the body. In other words the blood is growing thin and watery.

You need a summer tonic, and in all the realm of medicine there is no

tonic can equal Dr. Williams' Pink Pills. Take a short treatment with these pills now and notice how promptly your appetite returns and your power to digest food improves. Your food will then do you good, your strength will return and you will no longer complain that the hot weather tires you out.

The best time to begin taking Dr. Williams' Pink Pills is the moment you feel the least bit out of sorts. The sooner you do so the sooner you will regain your old time energy. You can get these pills through any medicine dealer or by mail at 50 cents a box, or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

REV. F. G. FRANCIS ACCEPTS MAHONE BAY CALL.

The Rev. F. G. Francis, Baptist minister at Great Village, has accepted a call to the Baptist Church at Mahone Bay and will leave for his new field of labor about the first of October. Mr. Francis has been at Great Village for four years and is very highly regarded by his parishioners, who will be sorry to lose him. The Church at Mahone Bay has been without a pastor since the first of the year, when the Rev. B. D. Knott, resigned to accept a call to Immanuel church, Tryro, Mr. Knott was pastor of the Mahone church for ten years.

GERMAN CABLES AND THEIR FAILURES.

There were two cables before the war from the United States to Germany, via the Azores, both owned by the German Atlantic Cable Company. In a few hours after War was declared Britain had both these cables out of business.

Then the Huns proposed to the great Western Cable Company to get a cable from the United States to Germany—some 4000 miles. The American Company did not make much move in this matter as War had broken out.

But even if all the whole thing had been financed and arranged there was the little difficulty of operating 4,000 miles of direct cable—a proposition the world has not yet been up against.

FIGHT THE HUNS WITH POTATOES.

The United States Food Controller says—

"Germany plants more than twice as many potatoes as the United States. Germany gets more than twice as many bushels per acre, and she eats three times as many potatoes. If we are going to win this war we must fight Germany man for man, shell for shell, potato for potato."

PIMPLES

AND
RUNNING SORES.
WOULD HOLD HEAD DOWN
FACE WAS SUCH A SIGHT.

Pimples are caused by the blood being out of order. Those festering and running sores appear on the forehead, the nose, the chin and other parts of the body.

There is only one way to get rid of this obnoxious skin trouble, and that is by giving the blood a thorough cleansing by the use of that grand old blood purifier Burdock Blood Bitters.

Mrs. Victor G. Fry, North Battleford, Sask., writes: "I used Burdock Blood Bitters when I was about 18. I was so bad with pimples and running sores, that when I went down town I would hold my head down when I saw anyone coming, my face was such a sight. I got two bottles and my face began to clear, so I kept on until I had a beautiful complexion."

I recommend it to everyone who is in a rundown condition, as it builds up the blood, and when the blood is all the face is clear."

Put up by The T. Milburn Co., Ltd., Toronto, Ont.