Conducted by HELENE

A glance through the fashion papers, which of late years have become so numerous that one wonders how they all find readers-is it that fashion papers keep up the fashions or vice versa ?-is enough to deter all but the most courageous of men from venturing on matrimony. The pages and pages of advertisements alone, of racing gowns, "Bridge" gowns and ball gowns, of hats, corsets, coats and lingerie of the daintiest and expensive and most perishable sorts, not to mention other less straightforward "aids to beauty," such as powders and hair-dyes, transformations, and "toupees," and various similar secrets of the feminine toilet-are they not enough to stamp the entire sex with the marks of frivolity and extravagance, of vanity and deception and insincerity, with which some woman-haters like to brand them? Reading these realize the wisdom of those old laws which forbade the use of certain fine textures and colorings to all save those of exalted rank. Would it not up our minds to forego these useless accessories: to adopt a sensible everyday costume or uniform for working hours at least? It needs not necessarily be an ugly one, any more than the dress of the typical dairymaid, or the hooded cloak and short petticoat of the Connemara peasant is ugly. It would at least relieve our bodies from the wearing incubus to the drawing-room. His free our minds from the hopeless and useless problem of trying to "follow the fashions," and would give us wiser things.

LISTEN TO THE CHILDREN.

We must not only be ready to talk to and advise the children, but also to listen while they talk. Give the same attention as to your most welcome guest.

Often some little incident of quite broad and impersonal, and I from as much dust as possible. am amazed at the grasp and reasoning of the mind of my son, not yet six, on the whys and wherefores and rights and wrongs of things. Have the lace to soak for at least half an we have now, truly "heart to manner: Put into a small lined heart," will help him to consider and decide for the right in after years?

persons seem ofttimes coarse and defective when judged through the eyes and ears of a child. I have to dissolved and then strain into be constantly making excuses to my boy for what he sees and hears. I am trying to desclop in him the power to consider the character of the people, and right and wrong Both girls and boys need this equipment.-Good Housekeeping.

\*\* \*\* \*\* WATER AS A NERVE FOOD. "If nervous women would only drink more water they would not

nurse the other day.

"Nearly every physician will commend a woman who is suffering from nervous prostration or nervous exhaustion to drink lots of water between meals, but many women who do not come under the doctor's care would feel better and look better if they would drink, say, a quart of water in the course of day. Water is a nerve food. It has this, and place another piece of pa sipped gradually, as one can test for

# WORKING GLOVES.

Keep the inside of the old glove you wear around the house for the lowed to become begrimed with the dust and dirt of the work, they are almost as hard on your hands as

which, being loose and strong, the best to work in-the cleansing fluid sometimes seems to take the natural oil, leaving them dry and harsh to the touch. When that occurs rub a little pure vaseline into them-just a little, so as not make them greasy.

CARDINAL LOGUE'S REBUKE. The Irish Catholic tells the follow ing incident of Cardinal Logue:

The virtue, beauty and charm day as ever. This being admitted, it is a pity a well-known Catholic hostess, who, for obvious reasons must be nameless, should, at a dinner party at her house, have Cardinal Logue such serious offense in the matter of dressing. The lady in question and some of her smart women friends were heroically decollete one of the coldest nights of the year. His Eminence, as most people know, makes no attempt of conealing his feelings, looked unutterable things during dinner, scarcely raised his eyes, and spoke with same fashion papers, one begins to chilliness that sent a veritable icy breeze through his hearers. the lady rose, at the end of dinner, to give the signal for retiring to the drawing-room, the Cardinal drew from his pocket a large, white handbe well if we (women) could make kerchief, saving: "My dear Lady -, allow me to save you from with this remark he draped his hostess' ample shoulders in the silker folds. "If you could only see yourself now," the Cardinal added, "you would realize how very much better you look." Lady K- turned crimson to the roots of her hair, but she did not attempt to remove the Cardinal's draping as she led the guests of this modern overdressing; it would nence's action has, of course, been criticized, and some of the women say it was cruel in the extreme. The general idea, however, is that it is a great lack of good taste for ladies more money to spend on better and to appear in exaggerated evening dress when the Church is represented, more especially as some time back they were informed that it. was especially desired that

should not do so. HOW TO RENOVATE BLACK LACE.

Spread the lace out on a sheet of paper, and brush carefully day related starts a conversation soft brush, then shake it to free it

If it is spotted or stained in any way, rub it gently with a cold sponge dipped in cold tea, and then allow I not reason to hope that the talks hour in tea prepared in the following saucepan one teaspoonful of gum arabic, one dessertspoonful of dry tea The acts and conversation of grown and a pint of boiling water.

Simmer these slowly over the fire stirring occasionally until the gum is

The gum arabic in the tea will give a slight stiffness to the lace. If the lace is made of silk, teaspoonful of alcohol may be added to the other ingredients, which will help to give the silk a-gloss. This is also a good way to stiffen black

After the lace has been soaked in the above solution for the necesbe so nervous," remarked a crained sary time, squeeze it gently between the hands and then in the folds of re- a cloth, and put it through the

> Pull out all the points with the fingers, roll the lace in a dry cloth and let it remain at least an hour When about iron, spread a sheet of kitchen paper smooth side uppermost, on a piece of double felt or thick ironing blanket; spread the lace smoothly on top of per with the glossy side downward on the top.

> If the rough side of the paper placed next to the lace it will peel off in small pieces. Iron the lace carefully on the top of the paper with a cool iron, and, when partly the points of lace and then iron again with the paper over.

Never touch the lace with the bar the work would be. Caspline will iron, as any glazing would quite English examination. If I answer clean almost any sort of glove, al-though with the heavy ones—the castoffs of the men of the family, washing and dressing of lace is cer-

and care; it cannot be hurried over, but it is interesting, and nothing better repays for the time and labor bestowed upon it.

#### TIMELY HINTS.

Walls and ceilings that are spoiled by a smoky lamp or stove can be cleaned by making bags or pads of cheese cloth folded double and filled with a mixture of equal parts corn meal and corn starch. Rub the walls straight down and up; the pads will be black with soot and the walls fresh and clean: never use to a moist cleaner for soot or smoke as it will make a bad matter worse. In laundering embroidered linens the designs will stand out beautifully if they are froned on several

thicknesses of Turkish toweling. A clean firebrick is more satisfac tory as an iron stand than ordinary piece of filigree cast iron. which not only admits the air to the bottom of the iron, but ducts the heat from it. Being non-conductor of heat, the brick retains the heat in the smoothing iron

Two potatoes grated in a basin of warm water will give better re sults than soap in washing delicate or woollen goods, ribbons,

To slip the rod of a freshly laun dered curtain into place try moist ening the hem. The rod will go in easily without damaging the fabric.

#### \*\* \*\* \*\*

RECIPES Macaroni Croquettes.-Have ready a large kettle of boiling water. Select half a package of macaroni and without breaking plunge it gradually into the water, turning it round catching your death of, cold," and Take from the water when it is tender, dry on a towel and with a sharp knife cut it in pieces an eighth o an inch wide. Drop into cold wasaucepan put one tablespoonful flour, one scant teaspoonful of salt one quarter of a teaspoonful white pepper, a dash of cavenne and a very little grated nutmeg. well-mixed, add one cupful of milk and stir until thick and smooth Cook five minutes, add the beaten yolks of two eggs, three tablespoons ful of grated cheese and the macaroni, drained and dried. Take from the fire and spread on a greased When cold and firm shape into croquettes. dip in egg, roll in bread crumbs and fry in smoking Serve hot with tomato sauce

Danish Fritters. - Five eggs one cupful of flour, one quarter of a teaspoonful of salt, one teaspoonful of powdered cinnamon, the grated rind of one lemon, one quarter of a cupful of chopped tron. Mix the dry ingredients, beat the eggs and add them with suffi cient cold milk to make a very thick drop batter. Grease the bottom and sides of a frying-pan with a little butter, pour in the batter and place at the back of the stove where it can cook without being too deeply colored. Turn out and cut in two-inch pieces across at the ends to facili tate raising. Drop them into deep fat which is smoking hot; when they swell and rise to the surface they ar done. Drain on unglazed paper and

dust with powdered sugar. Frozen Nougat Pudding.—Blanch one-half of a pound of shelled alnonds, spread out on a pan and se in a very moderate oven until a pale yellow; put in a frying-pan one cupful of sugar and place on the back of the stove until the sugar begins with a metal spo to melt; stir and when melted throw in the nonds and shake and stir until the syrup is a good coffee color; at once from the fire and pour out on a greased pan. When cold, pound to a powder and add it to a custard made from the volks of eight eggs, one cupful of sugar and one quart of cream. When cold freeze until very firm, stir in a meringue and four tablespoonsful of sherry; repack and set away for three hours.

### **FUNNY SAYINGS**

A member of the faculty of the University of Wisconsin tells of some amusing replies made by a pupil undergoing an examination in Eng lish. The candidate had been instructed to write out examples of the work clean. If they are al- finished, remove the paper, pull out indicative, the subjunctive, the potential and the exclamatory moods His efforts resulted as follows:

"I am endeavoring to pass an twenty questions I shall pass. If I answer twelve questions I may pass. God help me t'

Canon Ainger used to tell this story of the stage manager at the Lyceum drilling the witches in the great Brocken scene (infernal gions) in "Faust." The w infernal re-The witches came on hopping and skipping, as merry as you like, when the manager

sternly checked them: do at all! You must'nt look 'appy! You mustn't look 'appy! You're not on 'Ampstead 'Eath-you're in 'Ell.'

"Poets are born, sir," said an in dignant versifier to an eminently practical editor.

"Of course they are," responde the editor suavely; "you didn't imagine that I thought they were products of an earthquake?"

"They are born; born, sir-do you understand?

"I think I do." The editor rubbed his chin reflectively. "But why are they born ?" he added at length. And the poet went his way sadly

Sunday School Superintendent Fighting again, William Baker! How many times have I told you when struck on the cheek to turn other cheek to the striker?

William-Please, sir, 'e 'it me the nose, and I've only got one .-Smiles.

Author.-You have no idea many stamps I use posting my manuscripts to various editors Critic.-Very likely. I think there ought to be excursion tickets for manuscripts at reduced rates.-Tit

Bits.

aged 5, had her photo-Nellie, graph taken recently, and when the proof was sent home her mother said she looked too solemn, asked why she didn't smile. "I did smile, mamma," said Nellie, "but I guess the man forgot to put down.

## Remarkable island where wild animals are tame

That wild animals become extreme ly tame is well known.

Several years ago some residents on one of the channel islands of Southern California introduced number of black-tailed deer, which were protected to such an extent that in time they discovered that they were privileged characters and assumed nearly the absolute tempt for human beings held by the sacred bulls of India that crowd men and women from the road. They persisted in entering gardens dav destroying the plants, and finally to locate them the dwellers on the island had bells fastened to them. One buck made his home near the town of Cabrillo and walked about the place and over the hills with the freedom of a dog. When a boat landed off the pier the buck ran down to greet the newcomers and share their lunch and became a welcome guest at barbeques and lobster and clam bakes.

Nearly all animal life is protected at this island. I have counted half a hundred bald eagles in an 11-mile run, have seen them take a large fish from the water within easy gunshot, and they build their nests on pinnacles that are not difficult approach. The sea birds are equaltame. Gulls gather in flocks a few feet from those who feed them, in the winter flocks of cormorants swim into the bays and are so tame that they merely divide when a boat passes and fishermen often find that the cormorants take off bait and I have seen a long-winged bird under the water at a cast, using its are moving out and over the wings to fly along and take \* the lions constantly, yet they are bait, and at times scores or seabirds are seen inshore feeding upon never molest them. The enormous small shrimps, paying no attention animals have become so tame that

of tameness to be seen here is that the shore to feed from their hands. of the sea lions. For ages the ani- It so happened that I was upon the mals have held possession of a mass sands when no sea lions were of rock on the shore of the islands. sight, and upon asking a boatman A few years ago many were killed by vandals, but laws were passed the as though calling for a dog, and and for a number of years the lions have been protected and the call several times, whereupon rookery has increased in size until a from among the anchored boats apsplit has recently occurred and an- peared not only Ben but two large ed half-way up the island.

It has been the custom for years for fishermen in cleaning their fish entific American. to toss the refuse into the bay and the sea lions formed the habit coming down to the bay at this time to dine thereupon. At first only one or two came; now a band of two large bulls and several females make their headquarters at the bay or spend most of their time there, constituting a valuable sanitary corps, as they eat every fragment of fish,

ulle THE POET'S CORNER

#### LEAVE-TAKING.

You who do not know, stand by the door and watch from there Impatient at the long delay and fool-

With which I take each little thing from its accustomed place-The tiny clock, the old Satsur

vase. The imaged Virgin and the Child, And winsome Psyche who has smiled At her brook-mirrored beauty-trifles

And yet, and yet the hours that they recall!

you who stand beside the door and watch from there. Impatient at the long delay and fool-

ish care. know the tender touch, the linger ing hand

Are reasonless to you who do not And count the little room, at best but a poor place

With meagre share of sunlight, lack ing grace Of rare, rich hangings that so subtly please

And charm the fancy and invite to

You cannot know that here, that here was built a shrine

Where my soul worshipped, learning the divine Sweet mystery of love, that 'tis the place

Where love lies buried. But I hide the trace Of tear lest you should know. secret's mine

The secret of the grave and of the -Margaret Hannis, in Watson's Magazine. .. .. ..

THE SANDSHORE IN SEPTEMBER

Dim dusk on the sea where a star The night steals across the sand. Purply-brooding the shadows hover And by the headland a white-sail

Skims on to the darkening land.

Far in the west still the hue is glowing Of a sunset's crimson death, The troubled tide o'er the bar

And vibrant winds are coming and going With the salt foam in their breath. shines over,

Slow from the eastward a fog

creeping, Spectral and chill and white, Soon it will wrap the wide sea

sleeping And the sandshore, given o'er to its keeping. Will dream and gleam through the night.

Why need we linger when o'er the meadows The glow of our homelight shines

Dear, let us leave the sandshore to its shadows And hand in hand go across the mea

dows To that love-star in the pines -L. M. Montgomery, in September

Donahoe's. water and going through variou tricks of interest to the looker-on. But a few feet away from the sea lions are the boat stands of the sembling the petrel follow my line fishermen and boatmen, and boats

to observers photographing them.

The most remarkable illustration them and readily come out upon where they were he began to whis sea to call "Here Ben!" repeating. other settlement has been establish- bull sea lions, which must weighed half a ton, followed three smaller females.-Sci-

They Are Carefully Prepared .- Pills which dissipate themselves in much effect upon the intestines, and to overcome costiveness the m administered must influence the action of these canals. Parmelee's Vegetable Pills are so made, under the the gulls joining in the feast. When not feeding the sea lions pass time lying within a few feet of beach, sleeping or playing, the males and young leaping from the mach to the bowels.

WHEN I GO HOME.

It comes to me often in silence, When the firelight sputters low-When the black uncertain shadows Seem wraiths of the long ago; Always with throb of heartache That thrills each pulsive vein, Comes the old, unquiet longing For peace of home again.

I'm sick of the roar of cities, And of faces old and strange; I know where there's warmth of welcome,

And my yearning fancies range Back to the dear old homestead, With an aching sense of pain; But there'll be joy in the coming When I go home again.

When I go home again! There's music

That may never die away And it seems the band of angels, On a mystic harp to play, touched with a yearning sad-Have ness

On a beautiful, broken strain, To which is my fond heart wording-When I go home again.

Outside of my darkening window Is the great world's crash and din, And slowly the autumn's shadows Come drifting, drifting in, Sobbing, the night winds murmur To the plash of the autumn rain; But I dream of the glorious greeting When I go home again. -Eugene Field.

HER TRANSPLANTED ROSE.

He came to her in the early dawn-And lived in her arms one day, But the little baby soul was tired, It had come such a long, long way. But a whisper grew at the lips of the world.

The sun rode, hushed and high, She looked and caught the eye

God As the sorrowing winds went by. And her heart lay close to the heart

While the morning held its breath.

Ah, me! The messenger stole so near, And the name on his wings was Death! And the child with the summons

came at dusk, Looked up with eyes of blue

Straight into the vision, as though to sav: "How long I have watched for

Then fell back cold on his mother's breast,

And she knew, though her eyes were dim, While this meant torturing grief to

her, It was endless peace to him. And the flowers they sent to the

mother's room Withered beside her bed; But her little immortal flower was safe,

She smiled when they called it dead.

# IF WOMEN **ONLY KNEW**

ies every day with aching backs that really have no business to ache. A weman's back wean't made to ache. Under ordinary conditions it ought to be strong and to help her bear the burdens of life.

It is hard to do housework with an aching back. Hours of misery at leisure or at work. If women only knew the cases. Backache comes from sick kidneys, and what a lot of trouble sick kidneys cases in

But they can't help it. If more work is put on them then they can stand it's not to be wondered that they get out of order Backache is simply their ory for help.

# DOAN'S KIDNEY PILLS

THURSDAY, SET

Dear Girls and Boys: The tinkle of the school

been heard in every nook

er of our land, and alr

small girl and boy have fil

to the appointed task there is something irkson daily grind, but when or the way ahead and of the and women who have over books, just as you ing, and to whom the ta more pleasant than it is t present day little ones, we also realize the mark made and the positions we must remember that in every case the result abundance of brains, but t of putting to good use ligence had been their sha age, little ones. There amount of room at the t ladder. No necessity shoved to the wall at the the crowd who have not enough to put one foot 1 other. The rounds of the not any further apart to years ago, so go ahead a It was really too bad t letter was delayed, but b than never. I certainly i Lillie T. in hoping that a sins will be regular contr appreciate Lillie's very k tion to call on her; but that I have a very limit of time on my hands, bu very pleased to have pieces and nephews come how the True Witness is I am sure it would be ver ing for them. Agnes is in of fruit picking. It reall lots of fun, and makes n could be with you. Of c cousins are interested in letters. And why not? they join with me in hor very soon Joseph will b enough to run around How jolly that Annie O' was a success and what was realized for the church Love to all the cousins. AUNT

Dear Aunt Becky:

.. .. ..

You cannot imagine w are having after we come school these nights pick plums and pears up off th which fall from the trees. ther went gathering butte the woods to-day and got They are nice to have in much nicer than this time but I cannot wait . that them, as I like them so are having very nice weat but the mornings and ever very cool. We had a ver tric storm last Sunday n my sister left for Roches went by boat, and the wa very rough after the storp esome to see her go, fo not see her again until ne mer. We are getting alo teacher: very much, she is so k Well, Auntie, the summe gone again and all my fl about dead. I think I and do some fancy work evenings. Well, as I ha more to write I will clos

Your niece, Lonsdale, Sept. 8. .. .. ..

of love to you and cousing

Dear Aunt Becky:

You cannot imagine how I felt when I saw my lett so I resolved that I wor in. School opened or the fourth, much to the teachers and pupils, I thir that all the cousins will regular in writing to the a few days our retreat starting. In a little whi techism classes on Sunday opened and I am very gle tle sister goes to catechi Sunday when it opens. I dear Auntie, if you would to see me. I live in the

The great success and reputation that it has already obtained proves that Luby's, Parisian Hair Renewer restores gray hair to its natural color, and from its