## VII. SUNDAY REGULATIONS.

1.—On Sunday morning, the officers shall be all present at the Gaol, which shall be opened at the same time as on other days.

2.—After the beds are neatly folded up, and the wards and cells swept clean, and all dirt, filth, and ashes removed out of the wards, the convicts sentenced to hard labour shall be conducted into the yard, where they will remain half an hour, for exercise, and shall then be secured in their respective A convict shall then be let out by the keepers from each ward, who shall receive the clean shirts which shall be provided for the occasion, and distribute the same among the inmates of the respective cells of the ward under the immediate inspection of After the wards shall have been thus the keeper. supplied with shirts, the convict shall again return, and be again secured in his own cell.

3.—The officers shall remain at their stations until the bell ring for breakfast, when the convicts shall be let out of their cells, and conducted to the mess table; and when they return from breakfast, they shall take and carry with them their cans of fresh water for drinking during the day, which shall be filled, and placed in a convenient place for them to take up.

4.—The convicts shall then be locked up in the usual manner by the keepers, who, after having deposited their respective keys in the key-room, may retire from the Gaol until the hours for divine service. except one keeper, who shall remain on duty in the

5.—At the hours fixed for the performance of

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