

THE LITTLE BOY BOOK

there are other powers and qualifications which he would have no use for as a boy, but which he needs very much as a man, and these do not begin to develop in him until he is a young man, and are not fully developed until he is a full-grown man. These are, too, the powers and qualifications of which a man has a perfect right to be most proud.

A boy is a boy until he reaches the age of from thirteen to fifteen years. From then on until he reaches the age of about twenty-three he is in the stage of young manhood, at which time he should be fully developed as far as his physical side is concerned. During this period, from boyhood to young manhood, certain changes occur in your body—both inside and out. Some changes which are to prepare your body gradually for the coming