Lorraine Waring looks forward to spring, the time to Greg, five, watches while Lorraine brushes a special basting abandon her kitchen in favour of a backyard barbecue. Son

# Welcome spring with a steak the barbecue season is back

Is you barbecue still stored away at the back of the garage or down in the basement?

Lorraine Waring has a double hibachi all set up on the patio ready to abandon her kitchen on the first warm spring evening.

"I enjoy fancy cooking," she says, "but I really don't like cooking every night for dinner. Barbecuing is more like fun.

Lorraine and her husband Glen are both from Edmonton where barbecuing is a way of life and hospitality is synonomous with the smell of sizzling steak. They moved to Mississauga almos two years ago and have met many new friends, quite a few through the Mississauga Newcomers Club. Lorraine is the new president.

The Warings enjoy entertaining but with three small children, Greg, five, Nicole, two and a half, and Richard, one and a half, there isn't much time for formal dinners. They prefer casual evenings instead, inviting guests over for a backyard barbecue.

Lorraine's menu might include steak, potatoes, mushrooms, tomatoes, fresh asparagus with hollandaise

#### What's cooking

squares topped with whipping cream. Some of the

Buy a sirloin steak that is two to two and a half inches thick and weighs five to six pounds (this will serve 10 to 12 people).

Make incisions around the edges, brush both sides with scotch and rye and let stand uncovered at room temperature for three hours. Mix 1 tsp. salt, ½ tsp. each pepper and thyme or tarragon and rub all over steak just before cooking. Melt 2 tbsp. each of butter and dry sherry with 2 tsp. of Worcestershire sauce to use as a basting sauce.

When fire is ready, (this means the coals are grey) brush one side of the steak with the basting mixture and set on the grill five to six inches from the heat. Broil 15 minutes, basting every five minutes. Turn and broil another 15 minutes, basting again every five minutes (turn only once). This timing

sauce and gingerbread is for rare steak; medium will take 25 minutes per side and well done, 35 minutes. Cut the meat into thin slices, slightly on the bias. Serve.

> POLISH POTATOES Lorraine got this recipe from a Polish family back in

Boil new small potatoes enough for several for each

Take one cup of whipping cream and warm it slowly in a frying pan. Add 2 tbsp. chopped fresh dill. Add the boiled potatoes. Pour into a serving dish and serve. TOMATOES AND SOUR CREAM Slice fresh ripe tomatoes. Mix one cup of sour cream

with chopped green onions or chives. Spoon the mixture in the centre of a plate containing the sliced tomatoes. CHAMPIGNONS FARCIS

These can be served as hot hors d'oeuvres or as a garnish for a meat platter. 12 large mushrooms 2 to 3 tbsp. melted butter

2 tbsp. butter 1/2 tbsp. flour

1/2 cup heavy cream 3 tbsp. fresh minced parsley

1/4 cup grated Swiss cheese to 2 thsp. melted butter. mushrooms Remove

stems and save. Wash and dry the caps, brush with the melted butter and arrange hollow-side up in a shallow baking dish. Season lightly with salt and pepper. Wash and dry the stems and mince. By handfuls,

twist in the corner of a towel to extract as much juice as possible. Saute with the shallots or scallions in butter for four or five minutes until the pieces begin to separate. Lower the heat, add flour and stir for one munute. Stir in cream and simmer for another minute or two until thickened. Stir in parsley and seasonings.

Fill the mushroom caps with the mixture, top each with 1 tsp. cheese and dribble on droplets of melted butter. Set aside until ready to finish the rest of the meal. About 15 minutes before the meal is served, bake the mushrooms in the upper third of an oven preheated at 375 degrees.

Calendar and Bloor Street ends of the

**MAY 21** 

beginning at 7 p.m. There is

no admission charge but a

collection will be taken.

Refreshments will be on

Association is sponsoring its

annual community fireworks

Roads). Refreshments will

per family and proceeds will

go towards local community

Alan Edmonds, author of Voyage to the Edge of the park, will open at 8 p.m. Free patio ships will be given to all the children. Everyone World, about the Canadian scientific ship Hudson, talks about his book at Central is welcome. **MAY 21** Library, at 7:30 p.m.

The Clarkson Lions Club Drum and Bugle Corps is **MAY 16** holding a Victoria Day The Port Credit Residents' Association is holding its parade today beginning at annual meeting and election p.m. at Lorne Park Seconof officers this evening at 8 p.m. at Clarke Hall, 161 dary School. The parade route goes west along Truscott to the Park Royal Lakeshore Rd. W., in Port Credit. The program will include speakers and a Plaza. In addition to the parade, there will be a decorated bicycle and wagon review of the past year's contest. Contestants should meet at 1 p.m. at Whiteoaks

A movie The Broken Bridge, about how mentally ill children can be taught to communicate with their parents, is shown this morning at 10:30 a.m. at the Burnhamthorpe Library.

**MAY 17** There will be a public meeting at 8:15 p.m. in the Texaco Room of the Port Credit Library to hear what the Baha'i faith is all about. **MAY 17** 

sale The Broken Bridge is movie about teaching mentally ill children how to MAY 21 The Lyndwood Recreation communicate with their parents. It will be shown this morning at 10:30 a.m. at display at 8 p.m. at Dellwood Burnhamthorpe Library. Park (Cawthra and Arbour Burnhamthorpe's chess club p.m. be available. Admission is \$2 meets at MAY 18

The Credit Valley Chapter of Parents Without Partners is holding a dance this evening in the Sheridan Auditorium Sheridan Mall. All single are parents

**MAY 18** The Solo Parents Association of Etobicoke-Mississauga is holding its regular monthly dance this evening at 8 p.m. the Moose Lodge, Lakeshore and Browns Line All single parents are welcome **MAY 19** 

The adventures of a 12-year old cabin boy in the days of wooden ships are told in Captain Stormalong, one of several movies for children Lakeviev planned for at 10 a.m. Library **MAY 19** 

A puppet show followed by stories is featured at the Port Credit Library story hour this morning at 10:30 a.m. Children four to 12 years old are welcome to attend.

Applewood Homeowners Association is holding its biggest Victoria Day fireworks display ever at Applewood Hills Park. Entrance gates, located at the Golden Orchard Drive activities. Everyone is

The Mississauga Chapter of the Association for Children with Learning Disabilities is holding an informal publicmeeting tonight at 8 p.m. at Cawthra Park Secondary School to discuss the association's special programs available for children — swimming canoeing, skating and gym, as well as adult meetings

MAY 23 Shaw's Heartbreak House is the subject for the last meeting this season of Lakeview Library's Great Books Club at 8:30 p.m. Meetings will resume in the

**MAY 24** 

Audrey Hadfield, an expert on children's books, talks A Victoria Day fireworks display will be held this about Liberating our Little Girls at the Burnhamthorpe evening at dusk at Bur-nhamdale Park, Bloor and Library at 10:30 a.m. Dixie, off Havenwood. There will also be a decorated bike. **MAY 24** trike and wagon contest and parade for children after 12

The Alpha Epsilon Service Club is holding a '73 Blossom Tea and Fashions at the home of Helen Oughtred, 2354 Prince John Lane, at 1:30 and 3:30 p.m. Fashions are courtesy of Lily's Fashions, Oakville. Proceeds will go to the club's children's clothing centre For tickets or information call June Beach, 822-9219, or Pam MacDonald, 822-4642. MAY 24

The Erindale branch of the Canadian Cancer Society is an education

meeting at the Erin Mills Display Centre, 3170 Erin Milis Parkway. Dr. Michael H. King of the Mississauga Hospital will speak cancer research. Refreshments will be served and

handicrafts will be on sale. MAY 24 The Alpha Epsilon Service Club is holding a '73 Blossom Tea and Fashion show at the home of Helen and Gordon Oughtred, 2354 Prince John Lane. There will be two

The Mississauga Times, Wednesday, May 16, 1973—19 sittings at 1:30 and 3:30 p.m. For more information call June Beach at 822-9219 or Pam MacDonald at 822-4642. MAY 26

All former, students. teachers and friends of Riverside Public School, Port Credit, are invited to a reception in honour of Albert Gerhart who is retiring as principal of the school. The reception will be held at the school from 2 to 5 p.m.



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#### A Message from the President

We are pleased to announce that our plans for Centre #2 have been finalized. Our Mississauga Centre will have all the same excellent facilities found at our Scarborough Centre; a superb gym, whirlpool, sauna, eucalyptus and sunrooms, hairdryers, vanity



As well, our Mississauga Centre will have a beautiful indoor pool, squash courts, and an executive running track, making it the best equipped Health Centre in the West Metro area.

But we want you to find out for yourself. Be my guest.

Wayne T. King, President

Drop into our Mobile Unit and fill out an entry form for a CHANCE TO WIN A ONE YEAR FREE MEMBERSHIP.



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chassis powers this compact 20"
beauty, scuff-resistant Walnut
vinyl finish wraps it up. Complete with dipole antenna, earphone jack, and traditional Electrohome reliability. Only a few available at this far-below-regular price.



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