Face to face

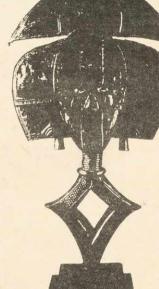
BY MONA KIRAGU

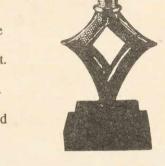
I came face to face with Racism And my first impulse was to run and hide But I found, so far from home, There was nowhere to run Nowhere to hide.

I came face to face with Racism When I thought I was stronger. I steeled myself, to be prepared Boasted that I did not care. But deep inside, my heart wept And my mind rebelled as did my whole being.

I came face to face with Racism It was a racism so blatant so bare That I could only stand agape Only tell myself I had imagined it.

I came face to face with Racism. A different type of racism. One that was subtle, hidden and disguised to perfection It crept stealthily past me, And had I not looked, It would have passed me by.





Black is beautiful

BY JODY WARNER

The standard of feminine beauty in North America has both sexist and racist undertones. First of all, the image of beauty is created and projected primarily by North American caucasian men. They are able to do this by controlling the fashion business and different forms of media that disseminate the picture of a beautiful woman. Obviously this is a sexist set-up as women are being told how they should look in order to be attractive rather then choosing a portrayal by



and for themselves. Racism comes into play when you consider the accepted image of a beautiful woman is a skinny, tall, fairskinned woman with definite European features. This automatically excludes all women of colour. To combat this, peoples of African descent need to create alternative visions of beauty so our children. will realise their own physical radiance. After all, as the famous 60's

slogan goes, "Black is Beautiful" and ain't that the truth honey! The following is a poem celebrating the naturally fleshy body many women of African descent possess.

Invitation If my fat was too much for me

would have told you would have lost a stone or two

I would have gone jogging even when it was fogging I would have weighed in sitting the bathroom scale with my tail tucked in

I would have dieted more care than a diabetic

But as it is I'm feeling fine feel no need to change my lines when I move I'm target light

Come up and see me sometime Come up and see me sometime

My breasts are huge exciting amnions of watermelon your hands can't cup

my thighs are twin seals. fat slick pups

there's a purple cherry below the blues of my black seabelly

there's a mole that gets a ride each time I shift the heritage of my behind

Come up and see me sometime.

Poem by Grace Nichols

I came face to face with Racism Again and again

It wanted to change me - to own me

To make me its slave. How difficult, how humbling it was

To fight it with a shrug ... a smile

I came face to face with Racism The encounter shook my deepest beliefs in myself, But I came out standing. Not as tall as before - not as proudly, But still - standing.

I came face to face with Racism I wish I could say I left unscathed. I did not. But I learnt that to fight it with hate

Would be to serve its purpose. I realized that I had to move forward

Move on and create a world that had no place for it I discovered that the only weapon

was to live its antithesis Without restraint, without compromise.

I came face to face with Racism, And I laughed.

(Dedicated to ALL peoples who have faced discrimination based on their race, creed or nationality.)



Pieces of African wisdom

The following are traditional sayings of insight from different African cultural groups.

It is the rainy season that gives wealth — Hausa

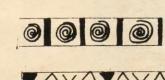
Much silence has a mighty noise - Swahili

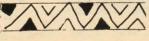
Infinite boiling will soften the stone -Konkomba

The rain does not all fall on one roof - Ewe

Ninety-nine lies may help you but the hundredth will give you away

-Hausa A weak person goes where he or she is smiled at - Herero





BY BINDZILE LUKHELE

All my woman

courage

She, African woman Lifts her head above the chilly wind Her wing across the ocean

Spreads over white deserts, Deserts white with cold rejection And gathers her every offspring Under her wing offering Identity in experience and action Under her sheltering care Colour is not excuse for abuse, Gender no reason for silence Her warmth breeds no comfort to compliance Nor rears conflict within her brood of sister against sister, sister against brother and brother against brother But love warms their bond

Wherever they abound

pride Embrace your children Caught in traps, not of their own

making Who ever struggle to be free

Mother of resilience, Sister of

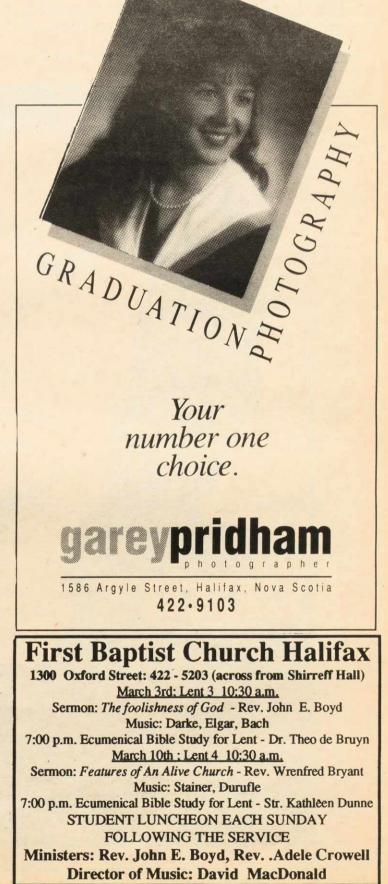
Spread your wings of colour and

Those who hide in her confidence See her head, erect with hope Against the wind of superficial change

And know that She,

African woman, will always be In this desert of white and cold.





Thursday, February 28

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