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"Fruit-a-tives", and you will be agreeably surprised at the great benefit

you will receive". A. ROSENBURG.

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tainly, over the figures of a quarter

century ago, but due, I am afraid, not so much to the conversion of the

Scotch as to the natural increase of

tinuous immigration of Irish and

continental Catholics. On the solid

body of the Scotch nation, I fear we

make little impression : we have not

but let that pass.) Still there are

cold," from all classes; in any considerable town-parish. I think there

are always some converts on hand, largely no doubt through marriage.

In rural districts there is not much

progress. There are several reasons

(1) To begin with (besides the indifference to all religion, the gross

other causes everywhere the same)

there is the terrific age long hostility and hatred of Rome and its ways,

ever deep down in the people's hearts

and kept burning by the Protestant

Reformation Society, the Hope Trust,

the Knox Club, and the anti-Catholic

agencies. The Scotch don't indulge in explosions like the Orangemen,

but they are stolidly, dourly hostile.

They make excellent converts when

once genuinely convinced, but con

version is generally made very hard

for the Scotch backwardness.

naturalism, pride, ignorance,

coming in out of the

the Irish resident here, and the con

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I advise any one who suffers from that

589 Casgrain St., Montreal.

April 20th, 1915.

REV. F. P. HICKEY, O. S. B. FOURTH SUNDAY OF ADVENT

CHRIST THE REDEEMER 'He will save us." (Isa. xxxiii, 22.)

Advent is drawing to a close, my dear brethren and we come to the end of the text, 'The Lord is our Judge, the Lord is our Lawgiver, the Lord is our King : He will save Christmas-time naturally leads us to think of Him Who came to "save

His people from their sins." (Matt. The remembrance of His coming should make us glad and grateful. The cheery thoughts and holy joys of Christmas are founded on the belief that "He will save us," or, as the prophet says again, "God Himself will come and save us." (Isa. xxxv. 4)

What was the reason, the motive, of this infinite goodness of God? That is the first and uppermost thought when we hear "He will save us." was a happy and a blessed thing for us, but what motive led God to do it? Simply, completely through love. God did not need us; He was no better with us; it was all for our sakes. Pure love brought the Son God on earth, a Man for our sakes, to save us. With gratitude behold Him and adore Him, God the Son made

Man for our redemption.

And as He was God and Man, He had the full power to save us. As God, He could not have suffered; as Man alone, His redemption would not have satisfied the infinite justice and ess of God. But in Jesus Christ, true God and true Man, is vested all power and authority. "The Lord is our Judge, the Lord is our Lawgiver, the Lord is our King: He will save us." He is the giver of all grace, the object of our worship and adoration.

By what means and in what man did our Lord save us? He did what love prompted Him to do. And what was that? "The Word was made flesh and dwelt among us." John i. 14.) He became Man to be

And, being born. He dwelt on earth for thirty three years, Emmanuel, God with us. And to win our sym-pathy, and to show us sympathy, He made Himself like unto us. He could feel cold and hunger and the hardships of poverty; He could feel un-kindness and neglect. He could show friendship, and love, and loyalty; He could be faithful to the end. He made Himself one of us—sinners were His friends; He loved little children; the sick and the distressed made His kindliness betray His almighty power, for He could not help but heal them.

When reading the Gospel narrative it is but natural for us to yearn to have lived in those days, and to have seen Him, and to have been near Him, and to have listened to His My dear brethren, Christ a figure in history is not His life would have become a fable by this, His name and fame a myth. His power and influence would have waned, and how few Taithful ones would have been found in the doubting, disbelieving mass of mankind. No, a historical Christ is not enough. The love that prompted Him to become Man, that same love urged Him not to come and go, but to remain ever with us. And He truly is, as He promised to be-" I with you all days, even to the consummation of the world." (Matt. liters.

see Him now-see His miracles, acts Sacrament of the altar. The same motive that urged Him to become Man impelled Him to institute the Holy Eucharist. The same power which could save us—the almighty power of God — could change the bread and wine into the Body and Blood of Christ. The same means, which love dictated. simplest, easiest way of being in the midst of us. Under the appearance of bread-bread which can always be had; bread, whose properties to feed and nourish all understand-He put Himself in the reach of all. This was His very object, that all might come to Him, that He might save

And does the Blessed Eucharist continue the work that He did on Yes, the Blessed Sacrament can and will save us. First, it can save us, for it is God. The Blessed Sacrament is the Body and Blood, Soul and Divinity, of Jesus Christ.

And, secondly, it does save us. For, offered in the Mass, the Body and Blood of Christ is the sacrifice for sin, Calvary renewed on the altar. The sight of Jesus on our altars makes the Almighty prolong His patience and be merciful to us, His poor children. "Look not upon us, but on

the face of Thy Christ."

And, lastly, the Blessed Sacrament proves the love of Christ and awakens ours. Proves His love, for even He could do no more! What more could the Blessed Sacrament. Love for Jesus on the alter is the spring and source of all the holiness in men's lives-the strength of martyrs, the success of missionaries, the purity and patience of virgins, the perseverance of all those who have been

FIVE MINUTE SERMON to save the world, is here to save and fervour than this holy Christmas time, the anniversary of His coming to save us? We have not to go far to find Him. Bethlehem is here. The same motive that brought Him to Bethlehem brings Him here upon our altar—His love. Let this proof of His love awaken ours in return.

TEMPERANCE

WHY?

1. Some say alcohol gives strength. If so why do athletes abstain while training for a race or other contests

requiring strength?

2. Some say alcohol gives endurance. If so, why do great employers of labor cut off the supply of drink when work of an especially arduous or lengthened nature is required? Some say alcohol gives If so, why do travelers in the Arctic

remain unharmed? 4. Some say alcohol is good in hot countries. If so, why did Stanley refuse it to his men in his forced march across Africa in search of

regions who take drink succumb to

the cold, while total abstainers

Emin Pasha? 5. Some say alcohol steadies the operation?

denly to give up the use of alcohol. If so, why do prisoners, most of whom are obliged suddenly to abstain improve in health?—Catholic Temperance Advocate

NORWAY'S FIRST TOTAL ABSTI-NENCE ORGANIZER

When the first American Temper ance Society was organized in Boston in the early part of 1826, to promote with us. to be like us, to be one of us. abstinence from distilled liquors, The mystery of Christmas tells us of there was toddling about the home this. We go over to Bethlehem to of a small shopkeeper in Stavenger, see what has come to pass. Faith Norway, a little two year old boy who takes us by the hand, and entering was destined to be the founder of a great national total abstinence society in that country, the first in all Scan-

> The growth of this boy from childhood to youth ran parallel with the growth of the idea in the American temperance societies, that to combat intemperance, abstinence from rum, beer, wine and cider is as necessary as abstinence from whisky and brandy.

The year that the Stavenger boy, Asbjoern Kloster, was ten years old a temperance convention in Phila-delphia voted down a proposition to include beer and wine in the temperance pledge, but three years later at a great convention in Saratoga, attended by prominent philanthropists, clergymen and representatives from many of the 8,000 American temperance societies then operation, the total abstinence pledge

was recommended. The same year in the home town of the Norway boy, now approaching his thirteenth year, the first temperance society in Norway was organized on a little more liberal basis and than the first ones in America, namely moderation in the use of supernatural religion. The spirits. At that time every house ignorance, of course, we are prepared holder in Norway was permitted to distill spirits for his own use and from the time the permission was given, 1816 to 1833, the consumption rose from 6.8 liters per capita to 16 people have sunk into a profound

nence society in Scandinavia, one of Revelation, the God whom their of mercy to our own souls. For He that has continued to grow in numis with us yet in the Blessed bers and educational activity and bers and educational activity and has been a preponderating influence in the present strong anti-alcohol sentiment of that country.-Scien

AUTOMATIC CATHOLICS

They rush from their homes on Sunday morning, hurrying along as they catch the peal of the Mass bell from the distance, only to arrive at church door as the congregation is rising for the reading of the gospel. They consume a few minutes in busying themselves about their personal comfort and by about the time they have fixed themselves comfortably the Sanctus bell has rung. They have hardly caught of the altar yet; they turn distractedly from side to side, taking

mental note of the millinery if they are women. Then comes the solemn hush for the Consecration. With head bowed they ejaculate a short prayer, mechanically stroke their breast and, the Consecration over, the canon of the Mass, with its intenseness and secrecy and sclemnity, is last upon them. They can hardly hold the steeds of distraction plunging through their brain. Only one whose soul is anchored at the chalice appreciates the ebb and flow of that sacrificial sea. There is so little to feed the Himself? The thought of this awakens our love, and makes us realize that the highest work of our love is to believe and adore Christ in the Blassed. Second of the series of the great sacrifice. It is so easy to yield to distractions, so difficult to like the Blassed. fix the soul on the wonderful mystery | itself as Naturalism. enacting. The little bell tinkles again-domine non sum dignus. A moment of suggested reverence, a

dust from the clothing and the first us still. What better opportunity rush towards the door bears with it could we have of renewing our faith generally those who have been last to enter.—Canadian Messenger.

RELIGIOUS CONDITION IN SCOTLAND

Rt. Rev. H. G. Graham, formerly a Presbyterian

Minister
I gladly avail myself of the hospi tality of this valuable journal to offer a few remarks about poor old Scotland and its Catholicity. The only claim I can make to speak with any interest in the subject at all is that I happen to be a brand plucked from the burning of Presby-terianism. Through no fault of my own, I was born of a long line of parish ministers-respectable gentle men, so far as I ever heard or knew of them—and, partly of them-and, partly, no doubt through my own fault, I kept up the fun by becoming one myself. As, according to a common Scotch saying, ministers' sons are the worst. I was quite a suitable person for the profession. When I vested, I was minister of a parish in Lanarkshire where memories of "the killing times" under the Stuarts were still rife, and where a monument at the Battlefield of Drumclog testified to the victory of "our Covenanting forefathers" over "Bloody Graham nerves. If so, why do surgeons forefathers" over "Bloody Graham abstain before beginning a delicate of Claverhouse" (bad augury for me) Bloody Graham and his dragoons. Although it was 6. Some say alcohol sustains the bealth. If so, why do insurance companies take total abstainers at a companies take total Popery, or if driven from that, they will say: "After all there is but a paper partition between them." The one is almost as difficult for them to swallow as the other. "Thanks and praise be to God and little Laud to the Devil" was how a cautious cleric expressed it on a trying occasion in those dangerous days.

My period of internal misery and ritualistic capering came to an end, to my intense relief, and the doubtno less intense relief of parishioners, when I told off in 1903. I nearly caused my dear old father a paralytic seizure when I went to tell him I was bundling up and making for Rome. He thought he should never see me more. By next morning, however, he had regained his Scotch philosophic composure, and cannily remarked. "You'll be needing some money for this business." (I wasn't, but later he sent a goodly sum to the Collegio Scozzese, Rome. He had not the faintest glimmering what Catholicism really is: neither had a sister of mine, a tor's widow who remarked to a friend not long ago: "You know my brother is the worst kind of Catholic; he's a Jesuit.' them a Jesuit is not a member of a religious order, but only a more than usually objectionable Catholic, bigotted, aggressive and proselytizing, in short, offensive (in the military

sense as well.) You never know Protestantism thoroughly till you become a Catholic; I have learnt a whole lot about it since I "turned," and two things I have learned in particular, the quite preternatural ignorance of Protestants about the Catholic Church, and the unprecedently unique absence amongst them of all knowlfor in a country that has groaned under three hundred years Presbyterian teaching and traditions. But besides that the trouble is that naturalism. The God they adore is He organized in Stavenger in the God of nature, and their religion becember, 1859, the first total abstiforefathers not many generations back did worship to a great extent, with His divine and indefeasible claims upon them, has largely disappeared from their vision.

You can see that from the present state of religion. Time was when the people used to read the Bible and have family prayers and keep the fast days. They never missed the Kirk or the "Sawbath" and got their children christened and so on. Gone are those days now-not among all, of course, but among vast masses especially in towns, who never go to Kirk and never pray. They leave their children unbaptised, and simply are "without God in the world." With all this, religious instruction takes a back seat in the schools, elbowed out by the crushing demands of the secular code. As they find it impossible to serve God and Mammon simultaneously, they have plumped for Mammon. Formerly, if you contended with a Protestant, he would meet you with passages of Scripture or answer from "The Shorter Catechism," and you knew where you were. He couldn't do that now, he doesn't know them well enough. He will only say, "I don't think God would do this," or "I don't believe that," and all the queerest notions under the sun-that is, he is making his own religion, and doesn't care a the Bible or not. The pretence that Bible is abandoned, and very proper-Protestantism has realized

There are no statistics available reverence almost forced from in-difference by the piety and attention of the congregation. The received of the congregation. The people in the congregation given in the Official Directory as the rear of the church take their cue over 548,000 (i. e., between 1/8 and saved.

If we are cold and unloving, it is all our own fault, for He, Who came

from those before them, bow their l/9 of the whole, of which 400,000 called the economic objection to were in the Glasgow Archdiocese last gospel is spent in brushing the alone. This is a great increase, cereso will find the economic objection to called the economic objection to called the economic objection to were in the Glasgow Archdiocese alone. This is a great increase, cereso well if you were a Papist. It is

thing necessary. OF MONTREAL

(5) Then we have no stepping-stone, no halfway house here as in England towards the Catholic Church, Ministers daren't prepare their flocks by teaching Catholic doctrines and practices as the High Church clergy do so well across the border. A Catholicizing agency like the Anglo-Catholic "Society of St. Peter and Paul" would be inconceivable in the Presbyterian Kirk. The gulf between Presbyterianism and Rome is great, deep, unbridgeable; and it must be taken at one big, tremendous jump. Most people are too stiff to take it.

They can no longer identify it with a whether it will all make much differtestants now consider the Pope as 1 was a sufferer from these complaints for know. tion, Music, brought about a kind of

One thing most consoling and greatly to the good, is the magnifi-cent Catholic control of our own schools, and the united and deter mined front presented to the government by clergy and people on nothing helped me. Then I was induced school question,—a burning one at to try "Fruit-a-tives", and now for present. This is one direction, and a very public one, in which the Church, small in numbers though it be, makes its power felt and known by the country at large. The un-compromising, immovable stand for

When all is said and done, the overpowering obstacle in the way of conversions is the terrific prejudice and demoniacal hatred against Catholicism, inherited and drunk in with their mother's milk. It is there in spite of you. People couldn't explain ignorance—for a man will not inquire should he? He does not know it

What can be done? Something more than we have done, I admit; and something must be done if there is to be any considerable progress. That, amidst the mountains of preju dice and bigotry, there are a good many who have ceased to believe in all forms of Protestantism and are heartily sick of it. and are enough disposed to listen to the Catholic claims, I am quite sure. The best method of reaching them, without doing more harm than good, is the great problem. Scotland is not like England, still less like America. Yet no advance will ever be made without a certain amount of friction and opposition. We must make up our minds for that. Catholicity is is ever a sign that shall be contradicted. May the Almighty lead us soon on to the right lines for bringing back the wandering sheep to the One Fold and satisfying souls that are hungering and thirsting for the Truth!—The Catholic Convert.

for them. Persecution and bigotry are rife; they are penalized, disowned, driven out, looked down upon. (2) Very strong here is the idea of race prejudice in becoming a Catholic. "Mary-worship," the Pope, Mass, and other of the old fashioned and fairly respectable (because theolo al) objections to Catholicism, hardly count now-a-days at all, because hardly any Protestant knows anything about theology, either Catholic or Protestant. The objection now is that you are going back upon a decent father and mother (supposing they are decent) by "turning Irisk." You become the blacksheep of the family, your name will not be mentioned by any sympathetic neighbor or visitor, or only in a whisper, like that of the son who has gone to the dogs and has left the house or been "shipped." Then the "heartbreak to the mother" is played for all it is worth, and females especially feel all these sentimental appeals when attracted by the claims of Rome.

(3) And "Catholicism is Irish". is another terrible objection. The Scotch (except in the far north, where the Catholics, too, are Scotch) identify Catholicity with Irishryinevitably, of course, since five sixths Cross. of the faithful here are Irish. Now they don't like the Irish (except as fighters), and so they do not like the "Irish religion," which they think is not meant for the Scotch. If Catholicism were a Scotch thing, it would not be so bad. There's no use talk-Wallace and Bruce and St. Margaret, and so on. They pretend not to believe or to know anything about twopenny ticket whether it is that of the Bible or not. The pretence that lic. "If they were, they shouldn't Protestantism is the religion of the Bible is abandoned, and very properly and honestly; it is the religion of yourself. It is a weird thing to see how. Protestration 1. It they were, taey shouldn't have been, and we had a Reformation to change them." "Still, that proves that Catholicism was Scotch in those days, doesn't it?" "Well, that doesn't matter; we don't bother our heads about what our forefathers were, we don't want Roman Catholicism now anyway." And so there you are again. It is not a question of what is right or wrong in religion,

(4) And this leads to what may be

not favorable to "prosperity," and prosperity with a zest is the one

On the other hand, the War has

done something to disillusion and educate a lot of people, especially the Danish invasion of the eighth censoldiers who have been serving in Catholic lands. What they have seen there has opened their eyes to the power and beauty of Catholicity. minority and with the underdog as in this country. They write home and tell about it. But I doubt ence to the home staying Scotch, and should think, from what I have heard, that quite a majority of Propro-German-why, I don't really

catholic people is something to be proud of, and must impress those who are not utterly impervious.

how they got it—perhaps they were never taught it. But it is in them, a part of their nature. And it is this that leads to the corollary obstacle, about a religion that he hates-why broken through or penetrated their lines (perhaps we haven't tried to, because he does not want to know.

CATHOLICS HONORED

In one issue of The Tablet of Lonon, England, there is recorded awarding of the Victoria Cross to less than three Catholic soldiers. One of these, Private Wilfrid Edwards, of the Yorkshire Light Infantry, is a youth of twenty-four and a convert to the Church. He enlisted immediately upon the outbreak of the War and has been twice wounded. Another recipient is Quartermaster Sergeant William H. Grimbaldeston, King's Own Scottish Borderers, of Blackburn, who in the early days of the War had been severely wounded at Loos while assisting a comrade. The third recipient of the Cross was Private William Ratcliffe of the South Lancashire Regiment, who had won the Military Medal at Messines. The present decoration was bestowed for the valiant capture of a gun from the enemy. The same issue of our London contemporary gives particulars of thirteen recent cases of Cath olic officers awarded the Military

NON-CATHOLIC'S PRAISE OF THE ROSARY

Among recent writers "outside to add their testimony in the walls tion religion of Scotland and about favor of the Church and her tenets must be placed Orison Swett Marden. who writes thus appreciatively of the Rosary: "Those who are too narrow minded or too prejudiced to "Those who are too see anything good in a creed which is not their own, often sneer at the Catholic custom of 'saying the Rosary.' To them it is only superstition, nonsense, to repeat the same prayer over and over. do not understand the philosophy as well as the religion underlying this beautiful old custom. They do not know the power that inheres in the repetition of the spoken word and in it is a question of what I want, what will please me. the influence of the thought expressed."

Weakness on both sides is, we so well if you were a Papist. It is know, the motto of all quarrels.

Love does not linger in the home where rudeness shows its unlovely qualities. It chooses to dwell in the home where the spirit of unselfish ness, of self-control, of thought fulness, and charitableness makes

the atmosphere sweet. The art of illuminating writing on vellum was carried to unrivaled perfection in the Irish colleges and mon asteries, and the manuscripts of this class preserved in Dublin and London, fac similes of which are now placed in many American public libraries, as well as those of European universities, bear witness to the high state of civilization attained by the Irish people during the peaceful and prosperous centuries that folcontinued until the demoralizing

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