

STORIES OF LONDON'S STREETS

The names of streets are more closely linked with history than many people imagine, a fact which is borne in mind by the visitor to London who adds greatly to the interest of a tour round the capital of the Empire.

Fleet Street, the hub of the newspaper world, for instance, received its name from the Fleet, a swiftly-moving stream, now converted into a sewer. Mitre Court, Polcon Court, and Red Lion Court were so named to perpetuate the memory of three ancient taverns which bore these signs for many years.

Shoe Lane is founded upon a traditional story of the devil who, whilst kidnapping a certain Lady Hatton of Queen Elizabeth's day, dropped one of her shoes in Shoe Lane and her cloak in Cloak Lane, near Cannon Street. White Friars Street once marked the western boundary of the monastery of the Carmelites, or White Friars, which was built in the year 1245; while Blackfriars Bridge and Blackfriars Road were named after the monastery of the Dominicans, or Black Friars, who established themselves on the site of Printing House Square.

Ludgate Hill was named after the old Lud Gate built by King Lud in the year 66 B.C., on the spot where the railway now crosses this busy thoroughfare. The gate was removed in 1760.

Cheapside denotes that side of the Cheap where the rich goldsmiths had their premises, the Cheap being originally the Saxon word for market; while Broadway was considered a fine road in the days when London streets were so narrow that opposite neighbors could shake hands out of the top-story windows.

Shopkeepers, too, have influenced the names of many streets. Frommenger Lane was the habitation of the frommengers during the reign of Edward I.; Bread Street that of the bakers; Friday Street the home of the fishmongers who supplied the fast-day markets; while Milk Street was the site of the ancient milk market.

The Old Jewry was the privileged quarter of the Jews and their first synagogue was erected there in 1262. Throgmorton Street and Nicholas Lane were both named after Sir Nicholas Throgmorton, a wealthy London banker who is said to have been poisoned by one of the Earl's of Leicester in 1571.

Threepenny Lane is a corruption of Three Needle Street, so called from the arms of the Needle-makers' Company, while Houndsditch was the old ditch beyond the city wall which was popularly regarded as the proper depository for dead dogs.

The coaching days were responsible for the name of Snow Hill, formerly described as "Snow Hill," from the fact that the stage-coach passengers intended for the "Saracen's Head" were generally fast asleep when they arrived at their destination.

Holborn is a contraction of "The Hollow Bourne," indicative of a stream in a hollow. The name appears in the Domesday Book as "Holebourne." The Strand literally means the strand of the Thames, and at one time Somerset House and a few other large mansions were the only buildings on its southern side; while Covent Garden was originally Convent Garden, belonging to St. Paul's Convent.

Rotten Row is really a corruption of route de roi, the French for "Route of the King," to the historic royal residence at Kensington. The well-known thoroughfare Piccadilly was named after "Piccadilla Hall," its most westerly building during the reign of Elizabeth, which was used as a depot for the sale of the then fashionable Piccadilly lace, so called on account of its little spear-like points.

Southampton Street and Grafton Street and Fitzroy Square are designated after the Earls and Lords of Southampton, who were the ground landlords at the time when the names were bestowed.

A Mighty Appetite. In robust ages and in a more primitive society there used to be much popular interest in the sort of competition in which the prize went to the man who could dispose of the largest amount of food in a given time. A contest of that sort was organized in a mining town in the north of England. One competitor, a giant collier six feet in height and broad in proportion, succeeded in disposing of a leg of mutton, a plentiful supply of vegetables, and a plum pudding washed down with copious draughts of ale. He was unanimously declared the winner and was being triumphantly escorted home when he turned to his admirers and said:

"Eh, lads, say, don't say nowt 'a' this to my old woman, or she won't gie me no dinner!"

A promising new variety of timothy has been originated by the Division of Forage Plants of the Dept. of Agriculture, Canada. A few superior strains of western timothy, Kentucky blue grass, and red clover also have been developed. The new timothy is being put out under the variety name of Boon.

RED ROSE TEA 'is good tea'

Next time try the finest grade—
RED ROSE ORANGE PEKOE

Surnames and Their Origin

NEVIN.
Variations—MacNevin, Bone, Bonass, Bowen.
Racial Origin—Irish.
Source—A given name.

The family name of Nevin should not be confused with that of Niven, though, owing to the ease with which one form may be corrupted into the other, through the simple transposition of vowels which sound very much alike, there is no doubt that there have been many instances in which Niven has been changed into Nevin, and vice versa.

The family name of Nevin, unlike Niven, is distinctly Irish. It is not found among the historical lists of the Scottish clans.

It is derived from the given name of "Cnaimhin," which means a bone, and appears in its true Irish form as "O'Naimhin" or "MacNaimhin," with a pronunciation virtually the same as "nevin."

In some cases Irish clans of this name trace it back to a younger brother of "Owen Mor," or Owen the Great, one of the ancient Irish monarchs, though the family name does not track back to this same individual in all cases.

At various periods under pressure of English laws and customs, the name has been translated into the English equivalent "Bone," and into Bonass and Bowen on account of their similar sounds.

The name is a family name of Bowen, also of Welsh origin, but it is not the

same, being the modern form of "Ap Owen," or "son of Owen."

ARBUTHNOT.
Racial Origin—Scottish.
Source—A locality.

Several conflicting and fanciful explanations have been given of the origin of the family name of Arbuthnot.

The truth is that it is one of those family names which were originally place names, and in its first use it designated merely the place from which the individual had come or the territory over which he held some sort of suzerainty.

Arbuthnot is a place in Scotland. The oldest records show it was at one time spelled Aberbuthnot.

One family bearing this name at least traces back in unbroken line to the period in the Middle Ages when the name was deliberately adopted as a result of the feudal sway which it held over the district.

But while there is a chance that any one bearing this family name might trace his ancestry specifically to this family at some period or other, it does not necessarily follow that such is the case. Some ancestor who merely lived in that district might have become known by the name upon his moving to some other locality. Whether feudal sway or mere former residence was indicated, the prefix to the family name in the first place would have been the same, "de," the Norman-French method of saying "of."

HEALTHY CHILDREN ALWAYS SLEEP WELL

The healthy child sleeps well and during its waking hours is never cross but always happy and laughing. It is only the sickly child that is cross and peevish. Mothers, if your children do not sleep well; if they are cross and cry a great deal, give them Baby's Own Tablets and they will soon be well and happy again. The Tablets are a mild but thorough laxative which regulate the bowels, sweeten the stomach, banish constipation, colic and indigestion and promote healthful sleep. They are absolutely guaranteed free from opiates and may be given to the new-born babe with perfect safety. You can obtain the Tablets through any medicine dealer at 25 cents a box, or by mail, post paid, from The Dr. Williams' Medicine Co., Brockville, Ont.

The dress of a New Guinea woman lasts her a lifetime. It consists of the tattooing made on her skin or of a series of small scars made in a pattern across her chest and shoulders.

Serve Mustard with all meats

Mustard neutralizes the richness of fat foods and makes them easier to digest. Mustard enables you to enjoy and assimilate food which otherwise would burden the digestive organs.

but it must be Keen's

You Can Stand on this Wash Board

Our SMP Pearl Ware Wash Board is so strong, tough and durable that a full-grown man or woman can stand on it without doing the rubbing surface or any part of it the least harm! The enameled surface won't chip, flake or peel off. Think of the wear there is in such a wash board! There is the same wearing qualities in all articles in SMP Pearl Ware. Try out the wash board and be convinced.

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MONTREAL TORONTO WINNIPEG
EDMONTON VANCOUVER CALGARY

Science Baffled by Scents.

Science can do marvels for sight, hearing, and touch, but so far it has accomplished nothing for our sense of smell.

Attempts have been made to find the means by which deer and other animals detect a man's presence even though he is a mile or more away and out of sight. It seems fairly certain that the secret lies in a wonderfully keen sense of smell, yet elaborate tests have not proved this.

Civilized man has lost the keen power of smell with which he was originally endowed, but many savage races retain it. A tribe in Northern Japan track game by the nose alone, exactly like a dog. There is also an Indian tribe in Brazil with the same gift.

Occasionally a member of one of the wilder races of the world has been known to detect a man's presence by the power of smell. Dean Buckland, the British geologist, could tell the locality in which he happened to be simply by smelling the earth. Once, on being lost while out riding with some friends, he picked up a handful of earth, sniffed it, and announced, correctly, that they were near Exbury. James Mitchell, the blind deaf-mute, invariably recognized his friends by the odor peculiar to them when they entered his room.

So far from deciding how our olfactory nerves work, science has not yet discovered what scent is. A grain of musk, for example, will perfume a room for years, and yet, on being weighed, will be found not to have diminished even a fraction in size.

THE GROWING GIRL

Requires a Mother's Constant Care and Watchfulness.

In their early teens it is quite common for girls to outgrow their strength, and mothers should carefully watch the health of their daughters at this time, for it is when strength is sapped by too rapid growth that anaemia develops. The first signs may be noticed by peevishness, languor and headaches. The face grows pale, breathlessness and palpitation follow, with low spirits.

At the first symptom of anaemia mothers should act at once. Neglected anaemia often leads to decline, but if you see that your daughter's blood is enriched there need be no cause for anxiety. The finest blood enricher ever discovered is Dr. Williams' Pink Pills. The pure, red blood created by the pills will quickly banish all signs of anaemia. They will build up your girl's health and ensure her a robust girlhood. Give your daughter a course of Dr. Williams' Pink Pills now. Make her strong like thousands of girls and women throughout Canada who have been rescued from the clutches of anaemia by Dr. Williams' Pink Pills.

You can get Dr. Williams' Pink Pills through any dealer in medicine, or by mail at 50c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

I Like Bulbs in Windows.

Years ago, when I lived in a cold house and the plants would freeze now to be really nice, I learned the value of the hardy bulbs. I could have flowers even if the soil in the pots should freeze a crust. A light chill had no effect on even the more tender sorts, such as the paper-whites and freesias, while the hyacinths seemed to welcome the cold. Then if I wanted flowers in a room where I kept no fire, but where the temperature was well above freezing—around 50 or 60 degrees most of the time—I could have them, for all the hardy bulbs like such cool quarters. They will do better in a cool room than in a warm one, though in the ordinary living-room temperature they will do well if kept moist.—H. A.

Youth Asks.

I wonder what they know. They must be very wise. With all a lifetime garnering Behind their dulling eyes:

And yet they talk of tiny things And petty things long known. And handle life that burns so hard As if it were a stone.

Oh, what are life and living And what is great and small? For I am sick with wisdom. Who have not lived at all! —Margaret Widdemer.

Buy your out-of-town supplies with Dominion Express Money Orders.

Drivers Improve With Age.

According to Dr. J. J. Snow, nationally known psychologist, automobile drivers between the ages of 30 and 39 are least likely to have accidents, while those from 20 to 29 are constitutionally more careless. The old supposition that married men are less likely than single men to have accidents has been definitely disproven, he declares. Fitness to drive an automobile is solely a matter of intelligence, caution and quick nervous reaction to the needs of a sudden emergency.

You can always tell the age of a Japanese woman by looking at her hair. She wears a gold pin in her hair until she reaches the age of 25. At 30, the pin is white. At 40, the women wear plain shell combs. It would take a mind reader to tell the age of an American woman by her hair. They bob from 6 to 96.

Minard's Liniment for Rheumatism.

The best Tobacco for the pipe

OGDEN'S CUT PLUG

OGDEN'S LIVERPOOL

Masks and Faces.

The making of plaster masks from living faces bids fair to supersede portrait-painting and photography in Vienna. A well-known sculptor has established a studio for this purpose, and is doing a thriving business—the majority of his clients being women.

A mask of this kind can be made in a quarter of an hour, and costs about twenty-five dollars. The skin is smeared all over with grease, the eyes closed with sticking plaster and the ears stuffed with cotton wool. A tube between the lips, and another in the nostril, prevents suffocation, while silk threads are placed on the skin before the plaster is put on to make it easy to remove when the "sitting" is over.

Masks of women made in this way are often finished off with wigs, while those of men may be adorned with hats. Their terrible rigidity and death-like pallor have an effect which is both weird and gruesome to the last degree. But the sculptor could not get orders for statues and he had to live. So he started this business, which bids to become far more remunerative than the mere carving of marble.



A Month Later.
Anna—"It's such a pity you were sick at Easter and couldn't wear your new spring hat."
Anne—"Yes—and now it's entirely out of style!"

Minard's Liniment Relieves Pain.

An American tourist was shown to a room in a hotel in Brussels, where he found twenty candles stuck in a chandelier. As it was dark, the attendant lighted them all, but the guest had been in European hotels before and made him put them out immediately.

This was of no avail, however. In his bill next day he found them charged—"Twenty candles, ten francs" (two dollars). He went back to the room and took out all the candles, wrapped each one in a bit of paper and slipped them into his overcoat pocket. When he was about to leave the house he found the servants drawn up in two lines in the hall, ten maid servants on one side, the maid servants on the other, all smiling and ready for the expected tip. Then he drew out his package and distributed the candles, one to each. "Allow me, monsieur," he said, with a bow; "permit me, madame. They are very superior candles. I can assure you, I paid ten cents apiece for them." Then he stalked out and left them all staring at the candles like a set of wooden images.

BEECHAM'S PILLS Sweeten the Stomach

TROUBLED WITH ECZEMA ON FACE

Very Itchy. Caused Eruptions. Could Not Sleep. Cuticura Healed.

"I was troubled with eczema on my face. It broke out in a rash on my chin and was very itchy. Scratching caused eruptions and in a few weeks it spread all over my face. I could not sleep, and when I washed my face I would almost have to scream."

"I read an advertisement for Cuticura Soap and Ointment and ordered a free sample. I purchased more, and after using two cakes of Soap and one box of Ointment I was healed." (Signed) Miss Kathleen Rothenbush, Box 40, Duff, Sask.

Use Cuticura Soap, Ointment and Talcum daily and keep your skin clean and healthy.

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Is Britain Tilting?

Is Britain becoming higher in the north and lower in the south? Scientists say that it is.

Recently a number of readings have been taken to find out the height above sea-level of the land in various districts. The results show that since the last readings were taken, about fifty years ago, the North of Scotland has risen about half an inch, while the South of England has sunk by rather less than that distance.

It is already an accepted fact that land is rising and falling in other parts of the world. The coast of Norway, for instance, is rising about half an inch a year, while the coast of Holland is sinking by that amount.

Britain once formed part of the mainland of Europe. The land in between gradually sank until the sea covered it and formed the English Channel and the North Sea. Such earth movements, gradual or convulsive, are in operation ceaselessly upon the earth's surface. Their impulse seemingly arises from the fact that, the core of the earth being of heavier material than the crust on which we live, the latter naturally responds to the expansion or shrinkage of the mass, largely metallic, which it surrounds.

A Fight Under the Sea.

A diver named Cappadona tells a graphic story of a terrific underwater encounter which he has just had with a sting-ray more than a yard square.

While repairing cables off the French Mediterranean coast, Cappadona spotted the fish behind some rocks. Suddenly the ray dashed at him and almost stunned him with a blow of the tail.

The man defended himself with the dagger divers always carry and stabbed the fish between the eyes, but a perfect rain of tail blows followed, and the fish only died off when apparently bleeding to death.

The sting-ray emits electrical shocks with its tail. When drawn up, Cappadona was found to have a seriously wounded arm.

The natives of New Guinea eat grub worms, rats, lizards, frogs, snakes and crocodile eggs along with other meat and vegetables.

Head Noises and Deafness

Frequently go together. Some people only suffer from Head Noises.

LEONARD EAR OIL

relieves both Deafness and Head Noises. Just rub it back of the ears, in and out, and follow directions of Dr. J. B. Leonard for "Care of Deafness" enclosed in each package. Leonard Ear Oil is for sale everywhere.

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Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monocyclic acid of Salicylic Acid (Acetylsalicylic Acid, "A. R. A."). While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their special trade mark, the "Bayer Cross."