

*Friday Morning.*

O LORD God, merciful and gracious, long suffering and abundant in goodness and truth; thou keepest mercy for thousands; thou pardonest iniquity and transgression and sin. How excellent is thy loving kindness, O God! The children of men shall put their trust under the shadow of thy wings. And therefore do we still look up to that bountiful hand, from whence we have received all our good things. O Lord our God, be favourable unto us, as thou usest to be unto those that love thy holy name! O look not upon the sin of our nature, nor the sins of our hearts and lives, which are more than we can remember, and greater than we can express. It is of the Lord's mercies that we are not consumed—because thy compassions fail not.

O God, be merciful unto us miserable sinners, for his sake whom thou hast exalted to be a Prince and a Saviour, to give repentance unto thy people, and forgiveness of sins. Be merciful, O God, be merciful unto our souls, which have greatly sinned against thee. O heal our backslidings, renew us to repentance; establish our hearts in thy fear and love; and establish our goings in thy way, that our footsteps slip not.

And now that thou hast renewed our lives and thy mercies to us this morning, help us to renew our desires and resolutions and endeavours to live in obedience to thy holy will. O restrain us from the sins into which we are most prone to fall, and quicken us to the duties we are most averse to perform; and grant that we may think, and speak, and will, and do, the things becoming the children of our heavenly Father, through Jesus Christ our Lord. Our Father, &c.

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*Friday Evening.*

O LORD, thou wast before all, thou art above all, and thy years shall not fail. Thou art the searcher of our hearts; thou knowest the dullness and hardness, the vanity and deceitfulness of them. We were born sinners, and so have we lived. We have added sin to sin; we have abused thy great and manifold mercies, tempted thy patience, and despised thy goodness; and justly mightest thou have cast us into outer darkness, where is wailing and gnashing of teeth.