

policy statement and suggestions for training programmes. This arose from extensive research on programmes in Canada, the United States, and Britain, and reached the conclusion that concern over retirement was great in all classes - unskilled labourers, store clerks and executives. They recognized that there are two methods - a lecture discussion series and individual counselling. They came up with recommendations that the Council should encourage the use of both methods; that because of trained leadership and better content, universities and community colleges should develop such courses, that the Council would co-operate with the Ontario Office on Aging, universities, community colleges, employers, labour unions, in sponsoring model demonstration discussion courses (apparently not carried out). In addition, the Council operates a number of programmes dealing with the problems of the elderly, including those of early retirement. They are also co-operating with the Ontario Ministry of Community and Social Services in a survey "Opinions About People" that should give a scientific view of attitudes toward older people and retired people.

There are two main points about the work of the Council: first, that they could and would be of great help in providing assistance in setting up any sort of counselling programmes both by providing advice based on experience and in providing useful literature, e.g., "Guide to Services for Old People in Ontario"; and secondly, a retired person might find that the Council offers a fascinating opportunity for voluntary work on behalf of retired or about-to-be-retired persons.

SENIOR CITIZENS' FORUM, MONTREAL: This organization is funded by the United Federation Appeal Fund, and hope for support from New Horizons' programme. They also have a nominal fee from those of their members who can afford it. They have had some experience in preparation for retirement courses, and developed a manual for