

uncertainty of life, to read it at once and to read the medical portions at least three times.

Is the House Surgeon of the Children's Hospital, Hackney, London, the inventor of the rubber drainage tube commonly used in cases of empyema.

In a recent paper read before the Ontario Medical Association, Dr. J. P. Brown seemed to make that claim for him. See *Canada Lancet* for July.

I give his exact words: "He (the House Surgeon), remarked that they always found difficulty in securing the tubes so as to avoid the possibility of accident; and that he had devised a method which secured perfect safety. He showed me the arrangement, and also two in actual use there. The end of the tube was split in quarter segments longitudinally. A circular rubber cap was then made with a hole in the centre large enough to admit the tube. The ends were passed through and by the application of heat welded on to the upper surface of the cap. The cap would thus effectually prevent the possibility of slipping in so much dreaded."

A few days ago I extracted a hair (*cilium?*) from the upper canaliculus of a patient's left eye. He thinks it must have found its way there from some other eye as it was of quite a different color from his own blepharides!

P. A. LAVER, M.D.,

Montreal July 16, 1884.

HYGIENIC FOODS.

The early practice of our oldest physicians, as well as the trade of many of our chemists a quarter of a century ago, prove that large quantities of "groats" and "prepared barley foods" were sanctioned and used by the profession. They were prescribed for children and invalids, and the results were most satisfactory. Of late years the use of these foods has materially declined, to the detriment of many whose diet should be almost restricted to fruit and cereals. A chief cause of the falling-off in the use of cereal foods has no doubt been the careless manner of their preparation, and we are glad to note that one firm at least has realized the importance of preparing the various grains so as to preserve all their valuable qualities, while presenting them in attractive form,

and treated in the light of all the scientific progress of the time. We have been led to these observations through receipt of a circular from Messrs. Fish & Ireland, of Lachute Mills, P. Q., who offer us the following valuable bill of fare:

Dessicated Wheat, (Hulled and Rolled);

Rolled Oats, (Oat Meal);

Dessicated Barley, (Hulled and Rolled);

Dessicated Rye, (Hulled and Rolled);

Patent Prepared Pea-Flour, (for Soup, Brose, &c.);

Superior Family Groats, (Pure and Fresh);

Patent Prepared Barley, (Pure and Fresh)

Parched Corn, (Green Corn):

Whole Wheat Meal, (made of the whole kernel of wheat except the outer bran);

These foods afford not only nutritious and delicate diet but also assist in laying the foundation of a strong muscular development as well as brain and nervous vitality. They contain a full proportion of diastase and the nitrogenous constituents so essential to the health and vigorous growth of the body in the earlier stages of life, and for the reconstruction of systems 'run down' with dyspepsia and other affections of the digestive organs. We have tried several of the foods above mentioned, and have no hesitation in recommending all the preparations of this house as worthy the confidence and endorsement of our readers.

Dr. Irwine (M.D. McGill, 1866) is now on the "Circassian" of the Allan Line, as Surgeon. He was for a number of years in the African Court, being held in high repute there. He was Physician to the King.

PRACTICE FOR SALE.

A competent general practitioner can learn of an opportunity to purchase an active practice, averaging \$3,000, located in a delightful region, famous as a resort for lung patients.

Good home and road outfit, with some furniture if desired. Reason: going to the city.

ADDRESS:

Adirondack Health Resort,

Bloomington, Essex Co., New York.